



PROFESSIONAL ACADEMY

LEAD Forum

Leaders in Education & Development



# Sprint to Success:

## Building the Skills & Mindset for Peak Performance

07TH OCTOBER 2025

CLAYTON HOTEL LEOPARDSTOWN

9.30AM-2PM

REGISTER NOW





## SPEAKERS



### Paul O'Connell

Irish Rugby Legend and  
Former Munster & Ireland  
Captain



### Dr. Gemma McNulty

Learning & Development  
Leader & Expert



### Antonio Palacios

Chief Product &  
Technology Officer  
UCD Professional Academy



### Joy Siegel

Lead Learning Designer  
UCD Professional Academy

## AGENDA

- 9.30am: Registration & Networking
- 10.15am: Welcome
- 10.30am: Skill Sprints in the L&D Community: Summer Wins, and What's Next
- 11am: Paul O'Connell - Sprint to Success: Skills & Mindset for Peak Performance
- 12.15pm: Lunch
- 1pm: Dr. Gemma McNulty: Navigating C-Suite and Demonstrating the Value of L&D

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