

HUMANITY FORWARD

RELIEF GUIDE

Need food? Enter your address to find free, healthy meals being served by organizations in your community:

- Find a **food bank** near you / get help applying for SNAP benefits through Feeding America by [clicking here](#). If the zip-code search doesn't work, call **(800) 771-2303**
 - Find a **free meal** through No Kid Hungry by [clicking here](#).
 - Enter your zip code to find Meals on Wheels providers near you [here](#).
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Need heat? If you are unable to pay your heating bill, there are options available.

- You can fill out a **Low Income Home Energy Assistance Program (LIHEAP) application** [here](#).
 - For help filling out your LIHEAP application, find your local LIHEAP office [here](#).
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Facing eviction? The below resources will prove helpful to help you in this dire situation:

- **In a few weeks or a days:** The National Coalition for the Homeless has a short guide on what to do based on your particular situation. To read that information, [click here](#).
 - **Currently being evicted:** For a list of Tenant Organizations to contact for assistance in every state, [click here](#).
 - Some places offer **immediate rental assistance** and other financial assistance, enter your zip code here for a [list near you](#).
 - **Renters:** [click here](#).
 - **Homeowners:** [click here](#).
 - If you have been evicted, are currently experiencing homelessness, or are in transitional housing [click here](#).
 - [List of LGBTQ+ focused funds](#)
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Free Legal Aid / Other Services

- To find legal aid for matters relating to eviction, unemployment, or other related needs: [click here](#).
 - [A Know Your Rights Guide for Transgender People Navigating COVID-19](#)
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Receiving Your Stimulus Check

- Visit IRS.gov and use the [Get My Payment tool](#) (currently under maintenance in preparation for 2nd round of payments)
- **How will I get my check?** Starting in the new year, the IRS will send out payments on [paper checks](#) or prepaid EIP cards ([What is this?](#)) to those for whom it does not have banking information on file.
- **I never received my \$1,200 check.** Call the IRS query line setup for this at (800) 919-9835.
- **Moved recently?** If you received a check by mail last time but have moved since then, the check will either be forwarded to your new address (if you have USPS mail forwarding) or returned to the IRS. If your payment gets returned, the IRS will hold your payment until you provide a new address. You can ask a friend, family member, or shelter to use their address.
- **Be careful of scams.** Learn about common relief payment scams to keep watch for with this one page graphic from the FTC by clicking [here](#).
- **Don't file income taxes?** People who don't normally file income taxes may still be eligible for a payment. Those with an income below \$12,200 (\$24,400 for married couples) can get instructions on how to use the IRS's non-filers tool, then file a claim [here](#).