

MAY 2026

BRITISH ARMY CAREERS NEWSLETTER

This newsletter shares helpful updates, resources, and opportunities from the British Army to support young people as they explore career options and build skills.

- British Army Supporting Education



APPRENTICESHIPS & CAREERS

GET SKILLED QUALIFIED CONFIDENT STARTED

HR SPECIALIST

The Staff and Personnel Support Branch helps keep the Army ready to deploy by managing people, finances and information. You will also gain a Level 3 Business Administration apprenticeship as part of your training.

GOLDEN HELLO

Get an extra £5,250 with a Golden Hello, when you join as a Regular Army HR Specialist. Talk to a recruiter to find out if you're eligible for this financial incentive.

MASTER YOUR CRAFT



VIRTUAL EVENTS



GAME ON:
Army Careers for Women in Rugby

MONDAY 11 MAY
18:00 - 19:00

[BOOK YOUR PLACE](#)



GAME ON:
Breaking Down the Army Assessment

TUESDAY 26 MAY
18:00 - 19:00

[SAVE YOUR PLACE](#)



HOW TO JOIN SERIES:
Officer

WEDNESDAY 24 JUNE
18:00 - 19:00

[JOIN THIS EVENT](#)

RESOURCES

Help students explore VE Day through real stories and source material, hearing first-hand experiences from Commonwealth soldiers, British prisoners of war, auxiliary workers and German civilians.

[ADD TO YOUR CURRICULUM](#)



CLASSROOM SUBJECTS TO CAREER OPPORTUNITIES

HEALTH & SOCIAL CARE: FROM EVERYDAY CARE TO ARMY MEDICAL SUPPORT

Health and Social Care subjects help build the knowledge, behaviours and practical skills that link directly to medical roles in the British Army.

KEY CURRICULUM LINKS:

- Understanding health, wellbeing and how the human body works.
- Infection prevention, hygiene and safe working practices.
- Clear communication and patient care.
- Professional behaviour, confidentiality and safeguarding.

DENTAL NURSE

HEALTH AND SOCIAL CARE SUPPORTS THIS ROLE BY DEVELOPING:

- Patient care and reassurance
- Knowledge of hygiene, infection control and safety
- Organisation, record-keeping and teamwork

IN THE ARMY, DENTAL NURSES:

- Support dentists during treatments
- Help look after soldiers' oral health at home and on operations
- Work in clinics, medical centres and deployable medical facilities

[DENTAL NURSE](#)

HEALTHCARE ASSISTANT

HEALTH AND SOCIAL CARE SUPPORTS THIS ROLE BY BUILDING:

- Practical care skills and empathy
- An understanding of health needs and wellbeing
- Confidence working with people in challenging situations

IN THE ARMY, HEALTHCARE ASSISTANTS:

- Support doctors, nurses and medics
- Help care for injured or unwell personnel
- Work in medical centres, field hospitals and on deployment

[HEALTHCARE ASSISTANT](#)



SEARCH
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JOBS

WANT TO BOOK A TALK, REQUEST MATERIALS OR ASK A QUESTION?

Call your local office or email the Army Outreach team at;
rg-nrcoutreachadmin@mod.gov.uk

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BASE
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ARMY APPLICATION AT A GLANCE

BREAKING DOWN THE ARMY ASSESSMENT

Many parents, teachers and students have told us they don't always feel fully informed about how the Army assessment centre works or how best to prepare for this part of the application process.

**JOIN OUR WEBINAR ON TUESDAY
26 MAY AT 18:00 - 19:00**

We'll talk through the process, answer your questions, and help you feel more confident about what's ahead.

[BOOK YOUR PLACE](#)



ALIGNING WITH GATSBY BENCHMARKS

FREE LESSON LIBRARY

Explore our free Lesson Library with over 35 adaptable assemblies, activities, lesson plans and schemes of work - all designed to support careers education.

[PLAN YOUR NEXT LESSON](#)



EMPLOYER TALKS (YEARS 9+/S3/S4)

Use our interactive presentation to explore the wide range of Army roles. It's a simple, engaging way to help students learn about Army life and the different career paths available.

[REQUEST A TALK](#)



CAREERS FAIR (YEARS 9+/S3/S4)

We can visit your school's careers fair to talk with students about Army roles, apprenticeships, sponsorship options and what Army life involves, helping them explore opportunities with confidence.

[CONTACT THE OUTREACH TEAM](#)



ARRANGE A WORKSHOP (YEARS 9+/S3/S4)

This hands-on workshop helps students build confidence, resilience and communication skills through engaging team challenges, giving them a practical way to develop key skills they can use in and beyond school.

[BOOK A WORKSHOP](#)



WORK EXPERIENCE (YEARS 9+/S3/S4)

Students can join a four-day residential Army experience to build leadership, teamwork and resilience. A one-day version may be offered when training or accommodation limits availability.

[APPLY FOR A PLACEMENT](#)



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SPOTLIGHT ON

WHERE SKILLS, CAREERS AND REAL EXPERIENCES COME TOGETHER

In a recent Skills Development Scotland Career Stories episode, two serving soldiers from The British Army share what life in service is really like and how their roles are helping them build practical, transferable skills for the future.

HEAR THEIR STORY



PARENTS

ARMY FOUNDATION COLLEGE OPEN DAY

The Army Foundation College Harrogate runs FREE Open Days twice a year. This is a fantastic opportunity for anyone aged 14-17 and gatekeepers interested in learning more about our college and what we have to offer as a Junior Soldier in the Army.

**JOIN US FOR OUR NEXT OPEN DAY AT AFC (H)
ON THE WEEKEND OF 4-5 JULY 2026!**

BOOK YOUR PLACE



STUDENTS

THINKING ABOUT JOINING THE ARMY BUT NOT SURE WHAT TO EXPECT?

You're not alone. Almost everyone has questions about what Army life is really like, and many serving soldiers say they wish they'd asked more before applying. Asking questions is one of the best ways to get the clarity and confidence you need.



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YOUTUBE SERIES - MYTH BUSTING: ARMY EDITION



DEPLOYMENTS & TRAVEL: THE REALITY

Soldiers explain what Army travel and deployment look like, from adventurous training and short exercises to operational tours, and why experiences vary by role, unit and posting.



EATING WELL IN THE ARMY

Can you join the Army if you're vegetarian or vegan? Soldiers explain how today's Army caters for all diets, from plant-based meals to Halal, Kosher and flexible food options.



LIVING ARRANGEMENTS EXPLAINED

Wondering if Army accommodation is mixed? Soldiers explain living accommodation, shared spaces, and what to expect during training and deployment, with first-hand insight into privacy, comfort, community and Army living.

HUBS

Find parent resources, step-by-step guidance and myth-busting information. Hear real stories on our Parent Perspectives Podcast, explore testimonials and watch expert-led webinars covering careers, applications and wellbeing.

PARENTS AND GUARDIANS >

Boost careers education with Gatsby-aligned resources, posters, myth-busting guidance and workshops. Explore real stories, testimonials and expert-led webinars to help you spark meaningful, confident career conversations in class.

EDUCATORS >



NEWSLETTER: REGISTER YOUR INTEREST

**PLEASE SHARE THIS
NEWSLETTER WITH
COLLEAGUES AND PARENTS**

REGISTER YOUR INTEREST >

WHO MAY ALSO BENEFIT

Encouraging your wider team and families to register ensures everyone has access to the same dependable insights, tools and updates - helping them feel informed, confident and better equipped to support young people.

GET IN TOUCH

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MATERIALS OR ASK A QUESTION?**

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