



BRITISH GYMNASTICS' SELECTION POLICY

Rhythmic Gymnastics

40th European Championships – Budapest (HUN)

22 – 26 May 2024

Junior Individual, Senior Group & Senior Individual

Document History

Version	Summary of changes	Document Status	Date
1.0	Original	Approved	09/11/2023

Schedule of information

#	Title	Description
1	Introduction	Overview of the competition, nominating and selecting bodies and team composition.
2	Financial Commitments	The European Championships for Juniors is a self-funded event .
3	Performance Targets	Discipline specific and overall Gymnastics performance targets for the 2024 European Championships.
4	Selection Timelines	Key date timeline for selection.
5	Competition Format	Information regarding the competition format for the European Championships
6	Gymnast Eligibility Criteria	The criteria that a gymnast must meet to be eligible for consideration prior to achievement of performance requirements.
7	Performance Standards	The scores that are required to be achieved by gymnasts to be considered for selection to the event listed in this policy
8	Performance Factors	The factors, that will be considered for selection.
9	Selection Panel	The list of voting and non-voting members of the selection panel
10	Selection Process	Key principles and dates/times that the selection panel will adhere to in relation to gymnast selection.
11	Selection Process for Team Coach places	The key requirements considered by the Selection Panel for team coach places.
12	Communication of selections	The time, date and method of communicating the selections to eligible gymnasts and coaches.
13	Expectations of selected gymnasts and coaches	The key requirements and expectations of gymnasts and team coaches once selected.
14	Communication of selections	The time, date and method of communicating the selections to eligible gymnasts and coaches.
15	Gymnast Appeals	The time and date window, and process to enter an appeal to the selections.
16	Injury and Replacements	The conditions and process whereby replacements may be made.
17	Team Organisation	Key dates and activity that the team will need to be aware of
18	Announcement	Information regarding the process for British Gymnastics announcements

<p>1. Introduction</p>	<p>The Senior & Junior European Championships is a performance competition and milestone event for 2024.</p> <p>This means that selections will be made based on the athletes most capable of performing and challenging to achieve the performance targets listed in Section 2 below.</p> <p>The selection of gymnasts and coaches to represent Great Britain at the Senior & Junior European Championships will be made according to this selection policy.</p>
<p>2. Financial Commitments</p>	<p>As the European Championships for Juniors is a self-funded event, each selected gymnast will be responsible for the full costs associated with their entry, travel and accommodation at the event.</p> <p>Estimated costs at the time of publication are £1100 per person, however please be aware this may change. Please note that that this does not include any domestic assembly or clothing costs, which will incur an additional cost where required.</p> <p>Upon confirmation of selection, payment of the full balance will be required by the stipulated deadline in your selection letter.</p> <p>No gymnast will be able to travel to the competition without completing the payments required by the given deadlines.</p>
<p>3. Performance Targets</p>	<p>The Performance Targets and the selection principles applied in this policy reflect the long-term direction and aims of the Rhythmic Performance Programme.</p> <p>British Gymnastics is targeting the following:</p> <p>Juniors</p> <ul style="list-style-type: none"> • For the Junior Individuals selected to score 25.000 for the ribbon exercise, and an average of 26.000 across the remaining three exercises. <p>Senior Group</p> <ul style="list-style-type: none"> • For the Senior Group selected to score 50.000 across the two exercises, and place within the top 14 groups. <p>Senior Individual</p> <ul style="list-style-type: none"> • For each Senior Individual Gymnasts selected to score an average of 28.500 across the best 3 exercises. For one of the Senior Individual Gymnasts to place within the top 24 individuals. • One gymnast to qualify to the All-Around individual final.
<p>4. Selection Timelines</p>	<p>1. The selection timeline will follow the details below:</p> <ol style="list-style-type: none"> a) Selection Panel meeting – will take place by Friday the 12th of April 2024 b) Internal Communication of selections – will take place by Monday the 15th of April 2024 c) Appeals window – will be in effect from 12.00 midday on the 15th of April 2024 to 12.00 midday on 17th April 2024. d) Formal Team announcement – by Friday 19th April <p>PLEASE NOTE: The dates may be amended based on the updated timelines from the FIG/LOC.</p>
<p>5. Competition Format</p>	<ul style="list-style-type: none"> • FIG Competition, FIG Code of Points

	<p><u>Junior Individuals format:</u></p> <ul style="list-style-type: none"> • Qualification and Team Ranking: 1-4 gymnasts to perform at least 1 exercise (maximum of 1 exercise per apparatus). 1 gymnast may perform all 4 exercises. Also constitutes qualification for Apparatus Finals. • Apparatus Finals: The 8 best individuals from the Qualification participate in the Apparatus Finals. <p><u>Senior Groups Format:</u></p> <ul style="list-style-type: none"> • Qualification and All-Around: group to perform 2 routines (1 with 5 hoops, and 1 with 3 ribbons and 2 balls). All-around ranking will also be established by adding the two scores together. Also constitutes qualification for Apparatus Finals. • Apparatus Finals: The 8 best Groups from the Qualification participate in the Apparatus Finals. The ranking is established according to the results obtained in each Final. <p><u>Senior Individuals format:</u></p> <ul style="list-style-type: none"> • Qualification: 2-3 gymnasts to perform 8 exercises (2 each of hoop, ball, clubs and ribbon). Alternatively, 1 gymnast may perform 4 exercises only. The results obtained in the Qualification determine: <ul style="list-style-type: none"> ○ the qualification for the All-Around competition made by adding the 3 best scores obtained in the Qualification. ○ the qualification for the Apparatus Finals ○ the ranking of the All-Around competitors ranked from the 25th to the last place. ○ the ranking of the competitors ranked from the 9th to the last place on each individual apparatus. • All-Around Final: The 24 best gymnasts from Qualifications participate in the All-Around Final (max. 2 per NF). The programme consists of 4 exercises with the four prescribed apparatus and the ranking is made by adding the 4 scores obtained with the four apparatus. • Apparatus Finals: The 8 best ranked gymnasts from Qualification participate in the Apparatus Final (max. 2 gymnasts per NF). The ranking is established according to the results obtained in each Final. <p><u>Team ranking:</u></p> <ul style="list-style-type: none"> • Team ranking is established using the Senior Groups and Senior Individuals scores, as follows: <ul style="list-style-type: none"> ○ Senior Individual gymnasts: the result of all 8 routines; plus ○ Senior Groups: the result of the 2 exercises.
6. Gymnast Eligibility Criteria	<ol style="list-style-type: none"> 1. Gymnasts are eligible for consideration provided they: <ol style="list-style-type: none"> a) are a British Citizen holding a British passport, or are in the process of applying for a British passport (see point 6) b) were born in 2008 or earlier (if senior), or born in 2009-2010 (if junior), c) have current British Gymnastics membership (minimum silver), d) are in possession of a current Gymnast Licence held with FIG and with no membership or doping violations at the time of nomination, e) have registered for selection – see below:

	<ul style="list-style-type: none"> f) have met the qualification requirements for Level 5 at Zonal Grades/Group Qualification in 2024. g) Have signed a World Class Programme Athlete Agreement (2021-2025) with British Gymnastics at the time of the nomination meeting. h) Are a member of the GBR Rhythmic Programme i) Have completed any additional third-party agency requirements (such as, but not limited to, UK Anti-Doping, the World Anti-Doping Agency and/or the British Olympic Association). <p>2. Gymnasts must register to be considered for selection, using the following links:</p> <ul style="list-style-type: none"> ▪ Groups: https://www.british-gymnastics.org/course/32065 ▪ Individuals: https://www.british-gymnastics.org/course/32064 by no later than 12 noon on Friday 9th February, and paying the fee of £25 per gymnast/group. <p>3. Individual gymnasts and groups wishing to be considered for nomination must compete in all three Designated Selection Events (DSEs):</p> <ul style="list-style-type: none"> a) DSE 1: 2024 Zonal Grades & Group Qualification – February 2024 <p>Following Zonal Grades & Group Qualifications, gymnasts, and groups on the GBR programme will be invited to trial at the following two DSE's. The selection panel's decision on numbers of gymnasts to be invited to the final two trials shall be final. Decisions on numbers will be determined by the standard of the gymnasts seen by the National Coaches, performances at controls and competitions during 2023/4. These decisions are not open to appeal.</p> <ul style="list-style-type: none"> b) DSE 2: During GBR camp at Lilleshall National Sports Centre, 21st-25th February 2023, exact date, and time to be confirmed. c) DSE 3: The National Open - 6-7 April 2024. <p>4. In order to be considered for nomination, a gymnast who is ill or injured prior to or during one of the Designated Selection Events must provide written authentication of the injury or illness by medical personnel* approved by British Gymnastics. This documentation must be submitted to the Performance Manager</p> <p>5. Any gymnast unable to compete at the listed Designated Selection Events can petition to the selection panel for consideration. Gymnasts are required to send a petition in writing explaining the reasons for being unable to compete at a DSE to the Performance Manager as soon as possible prior to the event. Any gymnast who is considered based upon a petition will be required to submit agreed competition routine footage to an independent British Gymnastics judging panel no later than 12:00 Friday the 5th of April 2024 from events between 1st January and 5th of April 2024. The judging panel will evaluate the performances to determine if they meet the standards listed in Section 7. The scoring of submitted routines is not open for appeal.</p> <p>6. Gymnasts meeting the eligibility criteria who are not members of the GBR Programme or who are in the process of applying for a British Passport may petition the selection Panel for inclusion, presenting evidence against the standards outlined in section 7. Petitions and any video evidence should be sent to the Performance Manager (Amy.nixon@british-gymnastics.org) by the deadline of 12:00 on Friday 5th February 2023.</p> <p><i>*Medical personnel must be a GMC registered doctor or HCPC registered physiotherapist in order to be approved by British Gymnastics</i></p>
7. Performance Standards	<p>1. Gymnasts or groups wishing to be considered for selection are expected to achieve the performance standards from Table 1 within at least one single competition during the Designated Selection Events listed in section 6.</p>

	<p>Table 1. Performance standards:</p> <table border="1" data-bbox="515 232 1489 667"> <tr> <td data-bbox="515 232 1002 367">Senior Individual</td> <td data-bbox="1002 232 1489 367">Expected to achieve an average of 27.000 across their best 3 apparatus within competition.</td> </tr> <tr> <td data-bbox="515 367 1002 533">Senior Group</td> <td data-bbox="1002 367 1489 533">are expected to achieve a total of 46.000 when adding the average of the top 2 scores for each of the 2 exercises within competition</td> </tr> <tr> <td data-bbox="515 533 1002 667">Junior Individual</td> <td data-bbox="1002 533 1489 667">expected to achieve an average of 23.5 in the ribbon exercise and 24.5 across the remaining 3 exercises within competition</td> </tr> </table> <p>2. Achieving the Performance Standards does not guarantee selection.</p> <p>3. In the absence of a sufficient number of gymnasts achieving the performance standards, the selection panel may take into consideration gymnasts who do not reach the performance standards due to injury, illness or other key factors in training and competition plans based on supporting the longer-term direction of the programme.</p>	Senior Individual	Expected to achieve an average of 27.000 across their best 3 apparatus within competition.	Senior Group	are expected to achieve a total of 46.000 when adding the average of the top 2 scores for each of the 2 exercises within competition	Junior Individual	expected to achieve an average of 23.5 in the ribbon exercise and 24.5 across the remaining 3 exercises within competition
Senior Individual	Expected to achieve an average of 27.000 across their best 3 apparatus within competition.						
Senior Group	are expected to achieve a total of 46.000 when adding the average of the top 2 scores for each of the 2 exercises within competition						
Junior Individual	expected to achieve an average of 23.5 in the ribbon exercise and 24.5 across the remaining 3 exercises within competition						
8. Performance Factors	<p>1. The panel will consider the following Performance Factors, when nominating gymnasts:</p> <ul style="list-style-type: none"> a) Gymnasts scoring potential to win a medal or achieve the performance targets, either as an individual or through a team contribution, at the Junior & European Championships 2024 b) Current and most recent performance form in the build-up to nomination, including performances at the Designated Selection Events (DSEs) c) Gymnasts’ potential to contend for medals at FIG internationals d) Major Championship and FIG International performance pedigree during the period of 1 January 2024 to 2 April 2024 e) Evidence of behaviours conducive to a positive team environment inside and outside of gymnastics environments f) Engagement with the National Programme including adherence to agreed IAP and goals g) Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider at its discretion h) In the opinion of the National Coach and the Selection Panel, deem competing at the event a suitable performance development opportunity. 						
9. The Selection Panel	<p>1. The Selection Panel will consist of:</p> <ul style="list-style-type: none"> - Performance Manager – BG Funded Disciplines (chair & non- voting) - Performance Director/nominated performance representative (non-voting) - Appointed Judging Representative (voting) - Technical Committee Chair (voting) - National Coach (voting) - Independent Observers* (up to 2 (non-voting)) (optional) 						

	<p>In the event of a conflict of interest a panel member will be excused from voting and a BG Performance staff member will take their place</p> <ol style="list-style-type: none"> 2. Prior to the commencement of the meeting, and no later than 72 hrs prior, all panel members must declare any conflicts of interest to the chair. 3. At the start of the meeting the chair will log any conflicts and confirm any arrangements based on any registered conflicts. 4. Whereby proposed selections can't be agreed through reaching a consensus, each decision maker will have 1 vote per available quota place. Selection Panel members must cast a vote for the nomination to proceed. 5. Following the Selection Panel meeting, a nominated Performance representative will forward the completed Nomination documentation including a list of nominated athletes and coaches to the Approvals Panel for review to ensure the selection policy has been adhered to. Once approved, the nominations will be confirmed with the chair. 6. In the event that the Approvals panel does not approve the nominations, the nomination panel will re-convene to address the Approval panel feedback and it will be re-submitted to the Approvals panel for review. <p><i>*Independent observers are in appointed to provide assurance that the policy is applied in a fair, consistent, and transparent manner. Independent observers could be appointed from (but not limited to) British Athletes Commission, UK Sport, British Olympic Association, Sports Lawyers, and other Olympic/Paralympic Sports Management professionals.</i></p>
<p>10. The Selection Process</p>	<ol style="list-style-type: none"> 1. Prior to the selection panel meeting information will be compiled from relevant personnel to support the panel's decision making during the meeting. This would include, but is not limited to: <ol style="list-style-type: none"> a) Analytics related to performances at the Designated Selection Events b) Analytics related to performances of other nations. c) Injury, illness, and training information related to gymnasts achieving the performance standards 2. The Selection Panel will meet to consider any relevant input from the British Gymnastics approved medical personnel, technical committee representatives, judging representatives and Performance staff to discuss the nomination of the gymnasts. 3. The selections for all available places will be made through discussion of the eligible gymnasts, reviewing the performance standards (section 7) and factors (section 8), and the ability to deliver the performance targets (section 3). 4. Gymnasts meeting the eligibility criteria will be considered against the Performance Factors. 5. A gymnast who is ill or injured prior to or during one of the DSEs must provide written authentication of the injury or illness by medical personnel approved by British Gymnastics. 6. A gymnast who meets the eligibility criteria but does not meet the Performance Standards can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Performance Factors. 7. The selected gymnasts and coaches will be those, in the expert opinion of the selection panel, most able to achieve the targets listed in section 2 'Performance Targets'. 8. As part of the selection process, a gymnast's allocation of apparatus/exercise requirements may be identified as part of the conditions of selection.


	<p>9. Whereby proposed selections cannot be agreed through reaching a consensus, each decision maker will have 1 vote per available team place. Panel members must cast a vote for the selection to proceed.</p> <p>10. At the selection panels discretion, it may identify non-travelling reserves.</p> <p>11. The selection panel will meet by Friday the 12th of April 2024.</p> <p>12. The nominated gymnasts will be subject to BG appointed approval panel</p> <p>13. The Performance manager/representative will then communicate the selections to all eligible gymnasts and coaches by Monday the 15th of April 2024</p>
<p>11. Selection Process for Team Coach places</p>	<ol style="list-style-type: none"> 1. British Gymnastics will confirm the number of Team Coach accreditations available at the 2024 European Championships. 2. British Gymnastics will consider its long-term programme aims when selecting team coaches, to support the achievement of the performance targets. 3. The allocation of coach accreditations will be made based upon the in the following priority order: <ol style="list-style-type: none"> a) Head National Coach b) Additional Primary Coaches 4. Based upon the availability of accreditations, competition strategy and longer-term strategy for Rhythmic Gymnastics, the allocation of primary coach accreditations will be made based upon the following priority order: <ol style="list-style-type: none"> a) A coach who can support the achievement of the team performance targets through working with the Head National Coach and Head of Delegation to support the team’s needs. b) A coach who can support the achievement of the team performance targets through working with gymnasts who possesses the highest probability of delivering the performance targets at the 2024 European Junior & Senior Championships c) Not all primary coaches are guaranteed selection. d) Any additional coach accreditations will be based upon the needs of the team and the achievement of the performance targets and budgetary constraints. <p><i>Please note: Coach selections are not open to appeal.</i></p>
<p>12. Expectations of selected gymnasts and coaches</p>	<ol style="list-style-type: none"> 1. Selected gymnasts and coaches, including reserve(s), (where agreed and at the National Coach’s discretion) will be expected to undertake all identified pre-competition activities (Camps and Competitions) laid out by the National Coach as part of the preparations for the Championships to prove their readiness to compete. 2. Selected gymnasts and coaches (including the reserve(s)) must also agree to observe all obligations outlined within the British Gymnastics’ Performance Athlete Agreement 2021 – 25 and any subsequent Codes of Behaviour adopted by British Gymnastics. 3. Delegation members will also be expected to follow the guidance in any document regarding roles and responsibilities of delegation members.
<p>13. Communication of selections</p>	<ol style="list-style-type: none"> 1. Once the Approval panel confirm the selection of the team, a member of the Performance team will notify all eligible athletes and personal coaches by 12:00 on 15th April 2024. 2. Once the communication of selections has taken place, the 48-hour appeals window comes in effect.

	<p>3. The communication of selections is strictly confidential and is not to be publicised. Athletes and Coaches shall refrain from making any public statements with regard to team selection until the official team announcement has been made.</p>
<p>14. Gymnast Appeals</p>	<p>1. Appeals can only be submitted from 12:00 on 15th April until to 12:00 on 17th April 2023 for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to.</p> <p>2. The selection of coaches and judges is not open to appeal under any circumstance.</p> <p>3. Appeals should be made following British Gymnastics' Appeals Process. Details can be found on the British Gymnastics' website; https://www.british-gymnastics.org/technical-information/performance-gymnastics/document-downloads/9101-performance-appeals-procedure-november-2017/file.</p>
<p>15. Injury & Replacement</p>	<p>1. In the event of injury and/or the need for replacement, any athlete may be called upon to join the Team at any time.</p> <p>2. Once Team selections have been confirmed by the Approval Panel, all selected athletes must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time until the point of the Championships.</p> <p>3. All selected athletes must declare any medications they are taking to the Performance Manager, along with evidence the medications in question have been checked using GlobalDRO to ensure compliance with anti-doping rules.</p> <p>4. An athlete or coach may be removed from the Team in the event of a non-compliance in training, a breach of responsibility to the Team, a violation of the Codes of Behaviour adopted by the Team or failing to reach performance expectations. Prior to removal the athlete or coach will be presented with the opportunity to attend a removal interview with the Performance Director (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the Performance Director. Decisions on these matters are not open to appeal.</p> <p>5. At any stage following the arrival of the Team at the competition and during the event, should any athlete fail to reach <u>performance</u> expectations in training or competition, the RHY Performance coach may recommend de-selection to Performance Director (or their appointed representative). The Performance Director will consider this recommendation, provide an opportunity for the athlete to attend an interview to make a counterargument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.</p> <p>6. At any stage following the selection announcement, should there be a doubt over the ability of an athlete to compete to the best of her ability <u>due to an injury or illness</u>, the following procedure will be adhered to:</p> <p>a) If there is a doubt over the health status (both physical and mental) of an athlete BG will request evidence from medical personnel of the standard described (a GMC registered doctor or HCPC practitioner) to ensure that participation in the event is considered safe and in support of the health and well-being of the gymnast</p> <p>b) As a secondary measure, where doubt exists with regards to the gymnasts capacity to compete to the best of her ability in support of individual and team performance, the gymnast will be asked to demonstrate current capability to perform her scheduled competition routine at a level within 10% of their expected final score. This routine will be assessed by an independent brevet judge</p>

	<p>c) In the event that the gymnast is unable to demonstrate the capacity to perform at the required level, they will be removed from the team without the option to appeal</p> <p>Any replacement(s) required will be made by the RHY Performance team. Decisions on these matters are not open to appeal.</p>
16. Team Organisation	<ol style="list-style-type: none"> 1. The Team will attend pre-event Preparation Camps and competitions in accordance to the Activity Planner (subject to change). 2. In the event that they have not already done so, all gymnasts within the Team will be required to sign and comply with the British Gymnastics' Performance Gymnast/Coaches Agreement. 3. In the event that they have not already done so, all coaches within the Team will be required to sign and comply with British Gymnastics' 'International and National Representative Coaches Code of Conduct'.
17. Announcement	<ol style="list-style-type: none"> 1. Selected Team Members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after British Gymnastics have announced the Team selection on the British Gymnastics website (www.british-gymnastics.org)
18. Any additional matters not covered by this Policy	<ol style="list-style-type: none"> 1. Any matters arising from the selection process that are not covered within this policy shall be determined by the Approval Panel acting at their sole discretion.

Selection policy for European Championships 2024 - Budapest, Hungary

APPROVED BY:

Signed  David Hart – Performance Director - BG

Signed  Vicki Pearson - Technical Committee Chair