

The logo for British Gymnastics, featuring the words "British" and "Gymnastics" stacked vertically in a white, sans-serif font. The background is a gradient of blue and purple, with a large white curved shape on the right side.

British
Gymnastics

Women's Artistic Gymnastics

Eligibility Criteria for British Championships & GBR / BG Squads

July 2025

Qualification to British Championships from 2026

Age 12 in year / 1 st year Aspire	Aged 13 in year / 2 nd year Aspire	Aged 14 in year / 1 st year Junior	Aged 15 in year / 2 nd year Junior	Aged 16+ in year Senior
<p>Gymnasts need to have achieved a minimum attainment score of 'Working At' in Excel 3 with a combined score at FIG Dev 3 to enter the British Championships.</p> <p>Gymnasts who show exceptional scores at Home Nation Championships may be invited by HNC / TA / WTC to enter British Championships for that year only.</p>	<p>All BG Junior / Aspire Squad Gymnasts will be given automatic entry to British Championships</p>			<p>All GBR Senior & BG Junior Squad Gymnasts will be given automatic entry to British Championships</p>
	<p>Priority will be given to Gymnasts who have previously achieved a minimum attainment score of 'Working At' in Excel 3 with a combined score at FIG Dev 3.</p>	<p style="color: red;">Priority will be given to gymnasts who achieved a minimum attainment score of 'Working At' in Excel 3 with a combined score at FIG Dev 3 in the <i>previous year only.</i></p>		<p>All remaining places are allocated through ranking at Home Nation Championships providing they score above 43.00.</p>
	<p>Any additional available Junior spaces will be ranked from Home Nation Championships providing they score above 41.50.</p>			

- Junior & Senior Gymnasts who are not successful in ranking are also permitted to enter Classic Challenge Gold.

Preferred Competition Pathway - Excel 3 & FIG Dev 3 / FIG Junior Dev

Competition Age at British Championships	Competition	Excel 3 & FIG Dev 3 at 11 Years	Excel 3 & FIG Dev 3 at 12 Years	Excel 3 & FIG Junior at 13 Years	Excel 3 & FIG Junior at 14 Years	Pathway from 15 Years
	Minimum Attainment at Excel 3 with a combined score at FIG Dev 3 / FIG Junior	✓	✓	✓	✓	X
12 years	1 st year Aspire	✓				
13 years	2 nd year Aspire	✓	✓			
14 years	1 st year Junior	✓	✓	✓		
		Ranking through Home Nation Championship for any available Junior places after 14 year old gymnasts with previous minimum attainment in Excel 3 have been allocated.				
15 years	2 nd year Junior	Ranking through Home Nation Championship for any available Junior places after 15 year old gymnasts who completed Excel 3 at 14 years have been allocated.			✓	
16 years +	Senior	All Gymnasts rank to British from Home Nations Championships				

Automatic entry to British Championships is for a maximum of three years (if qualification occurs at 11 years), then qualification will be from ranking at Home Nations Championships.

Excel 3 & FIG Dev 3

There will only be one National Excel 3 competition each year.

However, there **will** be a second opportunity for those gymnasts who were sick or injured at the time of Excel 3 competition. In order to be able to be considered for this, the following will apply:

- A medical note will be required.
- Gymnasts scoring within 1.50 of the 'Working At' score will also be invited.
- The second opportunity **will** occur within 12 weeks of the Compulsory Championships. The National Coaches will set a date and venue, where possible this will be at Lilleshall, at the same time as a BG / GBR Squad.
- If a gymnast is sick or injured at the time of the National FIG Development Competition, please write to WTC with a request to be considered for the combined list for entry into the British Championships.

Maximum number of competitors at British Championships

Level	Maximum numbers at British Championships
Aspire (12 & 13 years)	66 (includes max 2 rest groups in each round), <i>All BG Aspire squad gymnasts be in round 2 along with 1 group of disability masters</i>
Junior (14 & 15 years)	72 (includes max 2 rest groups in each round) <i>All BG Junior & Aspire squad gymnasts be in round 2</i>
Senior (16+)	54 (Seeded Competition) Round 1 – 5 groups of seniors & 1 group of aspire apparatus finalists (includes 2 rest groups), Round 2 – 4 groups with no rest groups. <i>All GBR Senior & BG Junior squad gymnasts be in round 2</i>

Ranking Eligibility

To appear on the Junior & Senior ranking list, please note the following:

- Scores will be taken from your Home Nation **ONLY**
- Gymnasts on a GBR / BG Squad do not need to rank.
- Aspire and 1st year Junior Gymnasts who passed Excel 3 and have a combined FIG Dev 3 / FIG Junior Development score do not need to rank.
- All other Junior & Senior gymnasts will rank through their Home Nation Championships.
- Junior gymnasts must score 41.50 or above at the Home Nation Championships to achieve a ranking.
- Senior gymnasts must score 43.00 or above at the Home Nation Championships to achieve a ranking.
- Apparatus specialists will be considered at the discretion of HNC.
- Junior & Senior gymnasts must have been entered into the British Championships to be able to rank.
- Any 1st year Junior gymnast who entered Classic Challenge Bronze in the previous year will not be eligible to rank.
- Any 2nd year Junior or Senior gymnast who entered Classic Challenge Silver in the previous year will not be eligible to rank.
- All gymnasts unsuccessful in ranking will have their entry fee for the British Championships refunded.
- Gymnasts who are unable to attend their Home Nation due to illness or injury can petition HNC / TA to have a recent FIG score considered for ranking. This score must come from a regional, HN, Club Teams FIG competition. Scores from Invitational competitions will not be accepted.
- If a gymnast is unable to gain a place at their Home Nation, entry as a guest to another Home Nation will be considered for ranking purposes.

BG / GBR Squads

- All GBR / BG Squad squad gymnasts from the previous year will have automatic entry to British Championships in the following year.
- All squads will be reselected following British Championships
- All BG / GBR Squads will run for a year from 1st April – 31st March
- BG Aspire squad will consist of a maximum of 24 gymnasts selected from Aspire British Championships and National Excel 3 Competition.
- BG Junior Squad will consist of 16 gymnasts selected from Junior British Championships.
- GBR Senior Squad will consist of 20 gymnasts including APA funded athletes and those selected from Senior British Championships.