COVID-19 In-School Health Plan

New York

Updated January 2022 – Subject to change based on local regulations

Since reopening our campus in August 2020, we have been constantly reviewing and improving our school’s health and safety measures. As the worldwide situation surrounding COVID-19 is constantly changing, we will continue to work in close cooperation and with recommendations of local and federal health organizations.

We understand that the uncertainty of this situation presents challenges for students and families, but we want to reassure you that the safety and health of our campus community is our priority. A clean certificate of health is required from home, and students are quarantined for a minimum of 5 days and tested for COVID-19 upon arrival to campus, as well as periodically, randomly tested throughout the school year. Our 24/7 Health Center continues to operate to ensure the health of our community and encourages students to see a nurse whenever they are feeling ill for proper evaluation.

We hope the following FAQs can provide you with guidance regarding our health protocol on campus.

FAQ

What are the requirements for students to be able to enter campus?
Students are required to provide a clean Certification of Health from home, declaring a negative COVID-19 test result taken before arrival. If a student is unable to get a COVID-19 test in their home country prior to departure, students are required to contact their local admissions office. Upon arrival to school, students will quarantine for a minimum of 5 days and receive a further COVID-19 test, and periodic, random testing will be carried out. These requirements will be adjusted to reflect the most current guidelines from the Centers for Disease Control and Prevention (CDC), Department of Health (DoH), and World Health Organization (WHO).

What is required of students in terms of personal hygiene in order to ensure the health of the entire campus community?
All students are required to wear a mask when out of their rooms and in public areas. Hand sanitizer is available throughout campus and students are required to use hand sanitizer when entering any room on campus. There are ample amounts of soap, paper towels and hand dryers available in public restrooms and frequent handwashing is highly encouraged. Students should not share or lend out personal equipment to roommates or classmates, such as books, laptops, phones. Communal bathrooms are cleaned twice a day and sink/vanity usage will be managed to maintain sanitary distancing.

How does the Health Center support student health and wellness?
The Health Center continues to operate 24/7 and to ensure the health of the community. Students who require appointments come at scheduled times and students requiring an Urgent Care visit are sent at designated times. Our Health Center has partnered with our local Urgent Care medical director for testing supplies and support for suspected COVID-19 cases.

What will you do if there is a suspected or confirmed case of COVID-19?
If there is a student suspected or confirmed to have COVID-19, they will be moved to an isolated room immediately for a period of 10 days. We have a special isolation ward on campus designated for this use should it become necessary. Their meals
will be delivered, and they will have daily wellness checks with one of our nurses. If students are well enough, they will be able to continue their studies online. They will be permitted to leave isolation after a cessation of symptoms, and/or completion of a full 10 days, whichever is longer.

If a student’s condition warrants it (per current guidelines and Nursing judgment), the student will be transported to the local Emergency Department via an emergency medical service. An adult representative from campus will be allowed to stay with the student.

**How has campus life changed to minimize risk of contamination and community spread?**
In accordance with the executive order issued by the Governor of New York, all students are required to wear masks in all public places including classrooms. We are facilitating COVID-19 vaccine clinics on campus and strongly encourage all students to take part. Students may not remove their masks to eat anywhere except designated areas (dining hall, Aux cafeteria and mezzanine) or in their rooms. There is also a maximum of 4 students per dining table.

When eating or drinking in a space around campus besides the dining hall, Aux cafeteria, mezzanine or their room, individuals may only remove their mask when they are "actively" taking a bite of food or sip of drink. After the food or drink is in their mouth, individuals must replace the mask over their nose and mouth while they chew and swallow.

**How has residential life been modified to support physical distancing?**
As we allocate rooms on campus, we are making sure that the appropriate physical distancing can be achieved in student rooms.

**What should a student do if they’ve come in direct contact with a positive case?**
Fully vaccinated persons do not need to quarantine if they are a direct contact to a positive case. The student will monitor their symptoms for 10 days and continue to practice good mask wearing. Unvaccinated persons must quarantine for 10 days. All students are encouraged to visit the Health Center if they are feeling ill.

**What guidelines are in place for staff and faculty?**
All Staff are required to be vaccinated to work at EF Academy New York. They must wear masks in public places.

**What will be done in case there is a surge in cases COVID-19 outbreak and/or renewed lockdowns in the New York area?**
We will continue to monitor recommendations from the Centers for Disease Control and Prevention (CDC), Department of Health (DoH), and World Health Organization (WHO) in addition to state and local authorities. Should any of our existing plans change, all students and families will be notified directly.

In the event there is a large surge of new COVID-19 cases in the state of New York, students will not be permitted to leave campus until our Health Center determines off-campus travel to be safe.

If you have questions about your enrollment for the 2022-2023 school year, please contact your Admissions Consultant in your home region.

For student specific guidelines, please refer to our Student COVID-19 Frequently Asked Questions.
Student COVID-19
Frequently Asked Questions

I do not feel well. Where should I go?
Please visit the Health Center in the west wing.

I tested positive for COVID-19. Now what happens?
If you test positive, you will be moved along with some of your belongings to the west wing for isolation for 10 days. Your family will be notified via email. If you feel well enough, classwork will be completed virtually during that time.

How long is isolation?
Isolation lasts for 10 days. Day 0 is your positive test date. Day 1 of isolation is the day following your positive result. For example, if a student tests positive on January 13th, January 14th is Day 1 of isolation. Day 10 of isolation would be January 23rd and the student would be released that evening.

What are some common COVID-19 symptoms?
Symptoms vary from person to person, but common COVID-19 symptoms include fever, cough, congestion, sore throat, muscle aches, headache and back pain.

What are the rules in isolation?
- You will remain in your isolation room and rest as needed.
- You may use the bathroom as needed.
- If you feel well enough, you will be expected to complete your schoolwork virtually.
- There should be no congregating in the hallway.
- You will be added to a Google chat group so you can reach the Residential Life team if you have any questions.

What about food in isolation?
Three meals a day will be delivered to you and left on the desk outside of your room. At the end of the hallway there will be snacks, fruit and water available. Information about food delivery will be listed in the Google chat.

What if I am sick and need medicine?
Students must remain in their rooms but can text the nurse phone for medicine: 914 527 3673.

How often will I see a nurse?
The nurses will assess each individual student in the morning and in the evening every day. They will also check on students as needed throughout the day and overnight.

Can I get mail delivery?
Yes. Please let a Residential Advisor know if you have mail in the mailroom.

What if I have a question about schoolwork?
Contact your Pathway Manager with academic-related questions.

My friend/partner/roommate/classmate/etc. tested positive. Do I need to get tested?
A fully vaccinated person does not need to test or quarantine for an exposure. You will monitor for any symptoms such as fever, cough, congestion, sore throat, muscle aches, headache and back pain. If you develop cold symptoms, you will be examined by a nurse.

I feel sick. Will I automatically get tested?
As we are in the middle of cold season, not every cough or cold symptom needs a COVID-19 test.