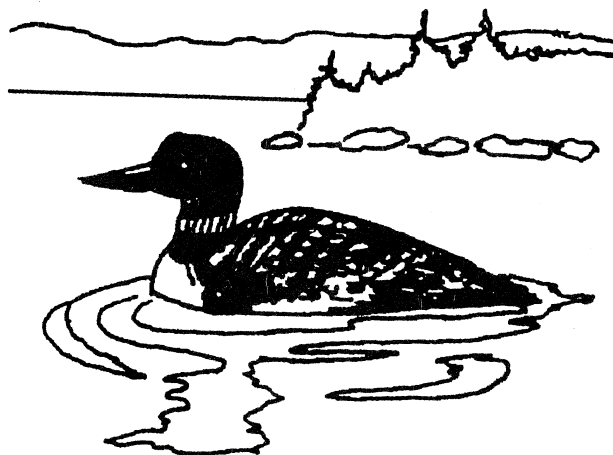


# Call of the Loon



Newsletter of the COLD STREAM CAMPOWNERS ASSOCIATION, INC

Spring 2010

## **Summer Bird-Feeding**

As the days get progressively warmer, we begin to see the return of our migrating birds. Their sweet melodies, heard floating in through newly opened windows, are one of the first distinguishable signs that winter has exited. Though bird feeding is a year-round event, the influx of birds brought by the warm summer weather provides a great opportunity for observing a variety of bird types not found in Maine during any other season.

To ensure that you attract as large a variety of birds as possible, the Maine Audubon Society recommends offering a large selection of food types and feeders in various locations around your yard. Some of the most common are:

- Sunflower seeds, grains and fruit on a platform feeder - cardinals, grosbeaks, and finches.
- Sunflower seed in hanging feeders – chickadees.
- Suet - woodpeckers, chickadees, tufted titmice, wrens, and warblers.
- Liquid hummingbird feeder – ruby-throated hummingbird. A mixture of 1 part sugar to 4 parts boiled water is recommended; do not use food coloring.
- Fruit – the best choice for attracting non-seed eating birds to your yard.
  - orange and grapefruit (cut in half) spiked onto a branch – orioles and select woodpeckers.
  - raisins, grapes and cherries sprinkled on a surface - northern mockingbirds, American robins, grey catbirds, cedar waxwings, and eastern bluebirds.

In addition to food types, the Audubon offers these simple reminders for effective bird feeding:

- Keep all feeders clean using a mixture of 10-parts water to 1-part bleach; do not use soap.
- Birds also need water for drinking and bathing; many will bypass a feeder if accessible water is not close by.
- Situate your feeders in proximity to a bird's natural feeding environment by placing next to trees and shrubs.
- Position feeders so they are inaccessible to cats and squirrels.

For more information, please visit the Maine Audubon Society's website at [www.maineaudubon.org](http://www.maineaudubon.org).

## **President's Report**

**By Dave Cook**

**What a winter this has been with only five snowstorms and March temperatures hitting the 60's. The ice went out on the lake the evening of Mar. 24 (or Mar. 25 AM). This is the earliest we have on record since 1934 (see our website for more dates).**

**Rene reported to the Board of Directors that our membership roster is increasing. However, there are still far too many land owners around the lake that haven't joined and we can really use your help to recruit members.**

**Many people think that CSCOA is just an Enfield road association and we need your help to continue getting the word out that we are far more. For instance, last year, we donated to the Enfield Station School when some of their athletic equipment was stolen. This year we are hoping to donate toward Maine's Fish and Wildlife service and the Enfield Hatchery to upgrade baitfish habitat or some similar project. Members are also involved with the Audubon Society's loon count and others monitor and report on water clarity. We also have our Water Quality Grant program that donates \$1500 each year to other worthy projects that help maintain our lake. In addition, our website offers a wealth of information on just about any water related subject and the bi-annual newsletter highlights what we are doing.**

**We would love to have more camp owners as members and that's where your assistance would be appreciated. Elsewhere in the newsletter is our membership roster. If you see that your neighbors are not listed, perhaps you can find out why they haven't joined or renewed and pass that information on to the board so we can address their concerns directly.**

**The past year we have been struggling to get CSCOA up to date regarding the IRS and past due filings. We were finally approved as a non-profit organization this past January (effective back to May of 1995) and thought that would give us some breathing room. But, we then learned the IRS wanted us to file the last three years' tax returns. Form 990 is more than ten pages long with all sorts of repetitive information previously filed when we were incorporated. But Rene did a masterful job of getting it all done and out the door in less than a month and a half.**

**Rene has also been updating the Lake Map as voted on by the members at our annual meeting. Although there have been many changes, they should be ready for you to pick up at our annual food sale on Saturday, June 26.**

**The annual food sale is one of our most successful fundraisers and this year it would be great to have a larger supply of donated food items since we normally run out. Pies and cakes are the best sellers, but baked beans, brownies, and other items have all sold in previous years.**

**We will also be doing another raffle this year and items are currently being collected. If you have an item that you would like to donate, please drop it off at my office (109 Abbott Dr – Enfield). You can also purchase any of our inventory items by calling or emailing me for an appointment to be sure I'll be around when you'd like to come get them. We only had a few people come to my home last year to purchase T-shirts or other items. But we have added embroidered polo shirts to our regular inventory and you can special order polar fleece jackets. More information on these items can be found elsewhere in the newsletter or view them on the website at <http://www.coldstreampond.com/newsales.htm>**

**I hope to see you all at the annual meeting. - Dave ([clssurveying@midmaine.com](mailto:clssurveying@midmaine.com))**

## **Cold Stream Campowners Association Water Quality Grant**

Water quality protection is the most important task of the Cold Stream Campowners Association. Our water quality protection grant program is funded solely by membership dues. That's right, no state funds, no federal funds; just annual membership dues support our water quality protection grant program. Your membership support makes it possible.

As a reminder, a \$1500 Grant is awarded annually by the Cold Stream Campowners Association for projects that address water quality issues on the camp roads. Qualified projects may include: ditching, culverts, storm water management, and tree removal. All those living on a Cold Stream Pond camp road are eligible. Anyone looking to complete projects that will help improve a current water shed issue is encouraged to apply. All applications are reviewed by the Grant Committee, Code Enforcement, and Penobscot County Soil & Water Conservation. The project(s) having the greatest impact on watershed, as determined by PCS&W, will be awarded all or a portion of the grant money. For an application and more information, please visit [www.coldstreampond.com](http://www.coldstreampond.com). **Application deadline is June 15th of each year.**

### **Board Briefs**

by Ellen Woolley

A great amount of work was undertaken by the Cold Stream Campowners Association Board members to restructure and organize the Enfield Road Committee. Written reports are now submitted at each meeting indicating road work accomplished and recommendations for improvement. Road contact persons must request repairs and services in writing for purposes of documentation. After grading of camp roads during the fall, most of the roads are in good shape.

Another project was bringing the organization in full compliance with the IRS. Many months were spent by the Administrative Assistant submitting the proper paperwork and fees and a change of by-laws, voted upon by the membership, finalized this process. As of this date, we are in full compliance with all IRS directives.

We received a grant for a Watershed Survey which will assist us in bringing conservation and watershed protection information to lake property owners. This will also enable us to apply for a Federal 319 Grant to remedy any issues related to our beautiful Cold Stream Pond and protect it for future generations. A survey will be forthcoming to assess property owners' knowledge of lake protection and several Board members and campowners are signed up for a workshop to become Watershed Stewards. Information gleaned from these sessions will be disseminated to the property owners at the Annual Meeting.

Campowners will be happy to know that our lake maps are in the process of being updated. Research is being undertaken at each town to check new owners and any changes of ownership to make the map as up-to-date as possible. Any property owner who is aware of a change should contact any Board Member through our website or contact information published in our newsletter. Pricing was finalized, as well as shipping costs for anyone wanting maps mailed.

A discussion was held regarding the website and whether or not a committee should be implemented to maintain the content found on it. After an open discussion regarding the purpose of the website, it was agreed to take actions to "clean up" the existing site to ensure that it is presentable and all links are functioning properly. Discussion regarding a committee or any further development of the site was tabled for a later date.

The Board unanimously voted to continue with our yearly donations to Maine Congress of Lakes Associations and the Maine Volunteer Lake Monitoring Program.

# IMPORTANT NUMBERS TO KNOW

## ***Emergency Numbers***

Enfield, Lincoln or Lowell 911  
 Lincoln: Ambulance 794-2911  
 Fire 794-6511  
 Police 794-2221

## ***Healthcare***

Penobscot Valley Hospital 794-3321  
 Health Access Network 794-6700

## ***Town Office/Code Enforcement***

Enfield 732-4270  
 Lincoln 794-3372  
 Lowell 732-5177

## ***Animal Control***

Enfield & Lowell: 732-4514  
 Bruce Hallett  
 Lincoln: Police 794-8455

## ***Veterinarians***

Timberland Animal Hospital 827-7177  
 Chester Animal Hospital 794-2706

## ***Other***

Warden Service 941-4440

**Cold Stream Campowners Association, Inc.**  
**109 Abbott Drive**  
**Enfield, Maine 04493**

## ***Officers***

David Cook, President 732-4650  
 Darold Wooley, Vice President 732-4063  
 Ellen Woolley, Treasurer/Secretary 732-5353

## ***Directors***

Jackie Proctor	Pete Lemay
Susan Harvey	Joe Cyr
Dick Blanchard	Vaughn Cole
Tom Quirk	Leonard Pelletier
Lynn Greenleaf	

## ***Administrative Assistant***

Rene Lindsay rtlindsay@midmaine.com

## **Road Association Contacts**

Enfield Road Association	Tom Quirk	947 - 8747	tquirk@quirkauto.com
Webb Cove Owner's Road Association	Dave Smith	732 - 6040	
Lower Webb Cove Road Association	Ed Woolley	732 - 5353	elwoolley@midmaine.com
Upper Webb Cove Road Association	Larry Wilson	446 - 6083	
Millett-Mallet Road Association, Inc.	Pete Lemay	732 - 4275	

## **Other Road Contacts**

Davis Road	Scott Jordan	732 - 4548	SJ_thepond@yahoo.com
Abbott Road	Dave Cook	732 - 4650	clssurveying@midmaine.com
Cedar Rest Road	Dwight Priest	732 - 4802	dpriest8@hotmail.com
Holiday Lane	Marion Morrison	732 - 6075 / 794 - 6332	
Holiday Lane Alt	Andrea Smith	732 - 4645	
Lemay Road/Dudley	Pete Lemay	732 - 3326	ce1939@midmaine.com
West & Paige Roads	Jeff Neal	732 - 4643	jeff@nealassociates.com
Cole Alley	Vaughn Cole	732 - 4145	aweeks2306@aol.com
Sargent Way/Camp Road	Ralph Leonard	827 - 2442	

**New Association Merchandise**  
***Polo-shirts and fleece jackets now available!***

The association is now offering both polo-shirts and fleece jackets with the Association's logo. Polo-shirts, along with t-shirts, sweatshirts, hats, and afghans are ***in-stock items*** and will be available for purchase at the Annual Bake Sale on June 26<sup>th</sup> and the Annual Meeting on July 24<sup>th</sup>. In addition, special purchases of \$100 or more will be accommodated by contacting Dave Cook at [clssurveying@midmaine.com](mailto:clssurveying@midmaine.com).

**Fleece jackets** are available by ***pre-paid, special order only***. Due to minimum ordering requirements by our supplier, we will only be accepting orders during the following time periods for pick up on the date specified:

- Order between now and June 26<sup>th</sup> (Food Sale) – pick up at the Annual Meeting (July 24<sup>th</sup>).
- Order June 27<sup>th</sup> through July 24<sup>th</sup> (Annual Meeting) – tentative pick up on Aug 21<sup>st</sup>.
- An additional order will be placed in November to accommodate Christmas gifts. Please watch the fall newsletter for ordering/pick up dates.

\*Samples of the fleece jackets (colors and sizes) will be available for viewing at both the Bake Sale and Annual Meeting if you are interested in seeing them before placing your order.

If you are unable to attend either of the summer events, but are interested in ordering a fleece jacket, please mail the following order form along with a check for full payment, to: Cold Stream Campowners Association, 109 Abbott Drive, Enfield, ME 04493.

All association merchandise can be viewed at our website: [www.coldstreampond.com](http://www.coldstreampond.com).

**Fleece Order Form**

(please print)

**Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_

**Zip:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

***All prices include tax:***

Blue, Full-Zip, Small	QTY: _____	@28.00	Item Total: \$ _____
Blue, Full-Zip, Medium	QTY: _____	@28.00	Item Total: \$ _____
Blue, Full-Zip, Large	QTY: _____	@28.00	Item Total: \$ _____
Blue, Full-Zip, X-Large	QTY: _____	@28.00	Item Total: \$ _____
Blue, Full-Zip, XX Large	QTY: _____	@30.00	Item Total: \$ _____
Grey, Full-Zip, Small	QTY: _____	@28.00	Item Total: \$ _____
Grey, Full-Zip, Medium	QTY: _____	@28.00	Item Total: \$ _____
Grey, Full-Zip, Large	QTY: _____	@28.00	Item Total: \$ _____
Grey Full-Zip, X-Large	QTY: _____	@28.00	Item Total: \$ _____
Grey, Full-Zip, XX Large	QTY: _____	@30.00	Item Total: \$ _____
Apple Green, 1/4 Zip, Small	QTY: _____	@28.00	Item Total: \$ _____
Apple Green, 1/4 Zip, Medium	QTY: _____	@28.00	Item Total: \$ _____
Apple Green, 1/4 Zip, Large	QTY: _____	@28.00	Item Total: \$ _____
Apple Green, 1/4 Zip, X-Large	QTY: _____	@28.00	Item Total: \$ _____
Apple Green, 1/4 Zip, XXL Large	QTY: _____	@30.00	Item Total: \$ _____

**Total Paid with order \$** \_\_\_\_\_

**Note:** All special order merchandise is non-refundable.





### **11<sup>th</sup> Annual Food Sale**

**Saturday, June 26, 2010**

**9am-noon**

**Enfield Senior Center**

Your support in making the Annual Food Sale a success is greatly appreciated. Donations of baked goods such as pies, breads, cookies, etc are needed and can be dropped off after 8am on the day of the sale.

Not a cook? That's ok, stop by and show your support by purchasing some of the many goods available.

All money raised goes directly towards supporting the Association's water quality programs and the preservation of Cold Stream Pond.

### **Annual Meeting**

**Saturday, July 24, 2010**

**8am-9am, Potluck Breakfast**

**9am, Meeting call-to-order**

Please bring a breakfast dish/item for all to enjoy. Drinks and paper products will be provided. All members are invited to attend, hope to see you there!

### **Lake Map Update**

The Cold Stream Campowners Association lake maps will be available at the Annual Food Sale and Annual Meeting. All members will receive one map free with their paid membership; they may purchase additional copies for \$5 each. Non-member pricing is \$10.

Please plan to pick up your copy at one of the summer events. When requested, maps will be mailed for an additional \$5 shipping fee.

### **Winter Wildlife**

This deer was spotted around dinnertime just wandering along and in no apparent hurry by Gayle and Al Theriault.

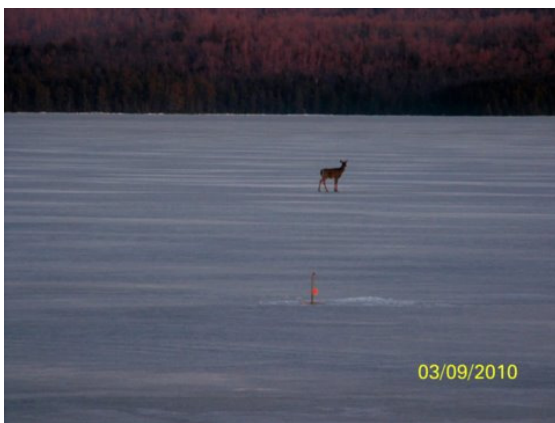


Photo taken by Gayle Theriault.

### **Ice Out**

Ice In – December 31<sup>st</sup>.

Ice Out – **MARCH 24<sup>TH</sup>!**

Ice out dates since 1934 can be found on our website at [www.coldstreampond.com](http://www.coldstreampond.com). The prior record was April 2 in 2006. The latest ice out date recorded is May 9, 1972.

As a response to the early ice out dates on many of Maine's waters, Gov. Baldacci signed an emergency law officially opening Maine's Open Water Fishing Season on March 25, 2010.



Photo (top): a view of the lake on March 24, 2010, (bottom): an immature eagle gets a ride on the ice flow as the ice goes out. Photos by Steve Greenleaf.



### **Local Area Transfer Station Hours**

#### **Enfield:**

Transfer Station - Wed & Sat 9-5

Trash Pickup - Every Monday

Recyclables Pickup - 1<sup>st</sup> & 3<sup>rd</sup> Monday

#### **Lincoln:**

Transfer Station - Daily 9-4

Closed Thursday

#### **Lowell:**

Wed 12-4, Sat 8-4, Sun 4-8

## Raffle

The Cold Stream Campowners Association will be holding a raffle to raise money for its various projects and association activities. Several prizes will be awarded including golf certificates, travel vouchers, and local restaurant certificates.

Raffle tickets will be sold at the Bake Sale and Annual Meeting. Prizes will be drawn at the conclusion of the Annual Meeting and all winners will be notified.

Prizes for the raffle are still being collected, if you have an item you would like to donated, please contact Dave Cook at [clssurveying@midmaine.com](mailto:clssurveying@midmaine.com) or 732-4650.

## ATV/PWC Classes

Due to the lack of interest, the Cold Stream Campowners Association will not be holding ATV and PWC Safety Classes for minors. For information on classes offered in the area, please visit

<http://www.maine.gov/ifw/education/safety/atv.htm>.

## **Summer Water Conservation Tips**

The Maine Water utilities Association offers the following reminders about efficient water consumption.

For more information, visit their website at [www.mwua.org](http://www.mwua.org).

- Water lawns/landscaping before 9 a.m. or after 6 p.m.
- Use a broom, not a hose, to clean decks, driveways and walkways.
- Use mulch to retain soil moisture and control weeds.
- Use a drip irrigation system or soaker hose.
- Select native plants, trees, and shrubs.
- Fix leaky faucets and toilets; they can waste from 50 to 100 gallons of water a day.
- Keep a jug of drinking water in the refrigerator versus running the tap until cold.
- Take shorter showers; the average 5 minute shower uses between 25 and 50 gallons of water.
- Fill up the dishwasher; avoid doing dishes by hand which can consume up to 20 gallons of water.
- Only run water when you need it; don't waste water by leaving the tap running while brushing your teeth, shaving, or washing fruits and vegetables.

## Enfield Road Committee Meeting

**July 20, 2010**

**6:00 p.m.**

**Enfield Town Office**

Each camp road in Enfield needs a ROAD CONTACT PERSON to represent their road. Without a contact person your road may not receive any or only a limited amount of maintenance. If your road is not represented and you are interested please contact Tom Quirk at 947-8747 or

[TQUIRK@QUIRKAUTO.COM](mailto:TQUIRK@QUIRKAUTO.COM)

## Volunteers Needed!

Each year, the Board is presented with various ideas and projects aimed at preservation of Cold Stream Pond. In addition to funding, most of the projects require manpower by way of volunteers. Because of this, the Association is limited on the types and number of projects it can undertake.

In order to increase our involvement and impact on this important endeavor, we need your help!

**Volunteers  
do not  
necessarily  
have the  
time; they  
just have  
the heart.**

-Elizabeth Andrew

Please considering volunteering your time, **even just a few hours a year can make a huge difference.** Please contact one of our board members or email us at [clssurveying@midmaine.com](mailto:clssurveying@midmaine.com) to find out how you can help.

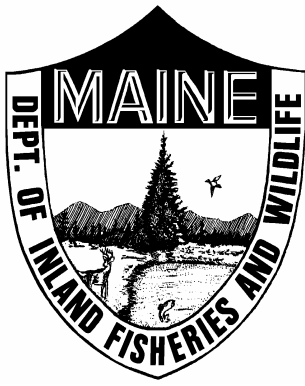
Together we can ensure that our lake is preserved for future generations!

## Dam Report

By Steve Greenleaf

The water level on March 24, when the ice went out, was 20" on the scale. As of June 7, the level is at 19" which is a little high for this time of year. The gate is currently open to allow for the level to lower a few more inches.





**DEPARTMENT OF INLAND FISHERIES & WILDLIFE**  
**WILDLIFE DIVISION**  
**PENOBSCOT VALLEY REGIONAL OFFICE**  
**73 COBB ROAD, ENFIELD, MAINE 04493**  
**PHONE (207) 732 – 4132 FAX (207) 732 – 4405**  
**Email : [mark.caron@maine.gov](mailto:mark.caron@maine.gov)**

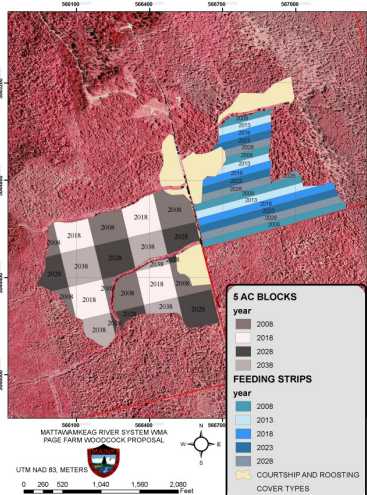
## **REGION F WILDLIFE REPORT: PAGE FARM HABITAT MANAGEMENT PROJECTS- PARTNERSHIPS PAYING OFF FOR WILDLIFE**

The Page Farm Unit is included within the 6,838 acre Mattawamkeag River System Wildlife Management Area, and is located in Drew Plantation. The Page Farm Unit encompasses 1206 acres and is a mix of fields, reverting fields, and early successional forest.

In 2005, Region F and the Penobscot Valley Chapter of the National Wild Turkey Federation (NWTF) developed a NWTF Superfund Project. This effort focused on reclaiming 12 acres of reverting fields for the benefit of the wild turkey. A wide variety of other wildlife species would also benefit from this project. To date the 12 acres of field have been chopped to remove woody vegetation including alders and dogwood. The fields were also herbicided. This past fall six of the 12 acres of field were cleared for planting using a bulldozer with a root rake attached. However, apple trees, high-bush cranberry and other mature trees were left in the fields for the benefit of wildlife. The fields were then seeded with two different conservation mixes purchased thru the NWTF and will be maintained by periodic mowing. This project will create wild turkey brood habitat in the area and will likely enhance poult survival and development, as well as benefiting other wildlife species such as grassland birds, deer, and woodcock.



Concurrent with the NWTF effort, Region F entered into an agreement with the Natural Resource Conservation Service (NRCS) utilizing their Wildlife Habitat Improvement Program (WHIP). This five-year agreement focused on a variety of wildlife habitat improvement practices including mowing of fields, tree planting and pruning, and road improvements. To date, an additional 10 acres of field habitat has been maintained, several soft and hard mast trees have been planted, pruning of several apple trees scattered about the old farm site has commenced, and road improvements have begun.



Beginning next winter Region F and the Department's Land Division will begin a habitat management project that will benefit both ruffed grouse and woodcock. The Department is partnering with the Wildlife Management Institute (WMI) on a project focused on benefiting the woodcock. The project will provide habitat conditions for all life stages of woodcock. Sixteen feeding strips 100 feet wide will be created on a five-year cutting cycle and 25-year rotation. Field maintenance and reclamation efforts as part of the NWTF and NRCS projects will dovetail nicely with the WMI effort. In addition, 69 acres of early successional woodland will be managed for the benefit of grouse, woodcock and other wildlife species. Five-acre clear-cut blocks will be created with 10-year cutting cycles and a 40-year rotation.

Without the opportunity to partner with such diverse groups as the NWTF, NRCS and the WMI, much of the work that has been and will be conducted on the Page Farm Unit would never have occurred. Thanks to these partnering efforts, wildlife will continue to benefit for generations to come.



## FISHERIES REPORT

Nels Kramer, Fisheries Biologist  
Penobscot Region  
Maine Dept. of Inland Fisheries & Wildlife  
16 Cobb Rd., Enfield, Maine 04493  
office 732-4131 e-mail [gordon.kramer@maine.gov](mailto:gordon.kramer@maine.gov)

This past February, I received a number of reports from anglers that had caught cusk (*Lota lota*) in Cold Stream Pond. A number of years ago we would have expected those reports would have turned out to be slimy sculpin (*Cottus cognatus*), a small fish that resembles a cusk that have been observed in minnow traps in Cold Stream Pond over the years. However, these reports were followed up with pictures and were of a size that could not be sculpins. My first thought was that someone had illegally moved cusk into the Cold Stream Pond for their own selfish reasons. However, after a fair amount of investigation, I have come to the conclusion that they most likely came into the lake from the outlet stream at some time when the fishway was operating.

Cusk were identified as being in the stream in 1951 when Lynn Bond and Stuart DeRoche did the first fishery surveys at Cold Stream and Upper Cold Stream Ponds. After searching through the files from the 1950's through the present, it was apparent from my research that cusk were never observed or identified in the lake, however. When the survey was written, it was assumed that because a single cusk was captured in the fish trap below the outlet dam, and at the time cusk were only thought to inhabit lakes, that meant that it must have come from the lake. We now know that cusk can be stream dwelling fish for their entire life history. I now believe that cusk, at some time since the fishway was installed in the outlet dam, made their way on their own into the lake. Just a theory and can't prove it, but it seems to be the most logical explanation. However, what is a mystery to me is why, after all these years of no reports, I get three confirmed reports in the space of a week this past winter? Go figure!

On a related note, I have received reports of largemouth bass being caught in the Big Narrows (Upper Cold Stream Pond)! I can say unequivocally in this case that the largemouth bass did not make their way into the Narrows on their own, and that someone moved those fish in purposely and illegally! Someone knows who did this, and there is a reward available through Operation Game Thief for any information leading to the arrest and conviction of the person or persons involved. Please call me or OGT at 1-800-253-7887.

### Slimy sculpin

**Common name:** Slimy sculpin

**Other names:** Miller's thumb, rock cusk, slimy muddler, brook cusk.

**Scientific name:** *Cottus cognatus*

**Origin:** Native

**Adult size:** Maximum length 4 ½ inches, although most adults 2 to 3 inches.

**Identification:** Bizarre little fish with a broad flattened head, with a tapering body with expansive, wing-like pectoral fins. Eyes high on the head, and the mouth is large and well provided with small teeth. There are small spines on the gill cover, and a patch of prickles behind the pectoral fin.



### Cusk

**Common name:** Cusk

**Other names:** Burbot, Lawyer Fish, Ling, Eelpout, Freshwater Cod

**Scientific name:** *Lota lota*

**Origin:** Native

**Adult size:** Sexual maturity is usually attained during third or fourth year. Males often mature at a smaller size than females. Aged (otoliths) Maine cusk average 18 inches and 24 ounces in their eighth year of growth, 20 inches and 32 ounces in their tenth year, and 24 inches and 62 ounces in their thirteenth year. The largest angler-caught cusk recorded in Maine was 18 pounds 8 ounces.

**Identification:** Cusk have an elongated body with a broad, flattened triangular head. The mouth is large and wide. A single chin barbel adorns the lower jaw. Scales are small and embedded giving burbot the appearance of being slimy. The anal and dorsal fins run nearly half the length of the body. In Maine, coloration ranges from a tan to dark brown background overlaid with dark brown to black mottling or spots. Some may be uniformly dark brown or black.



the

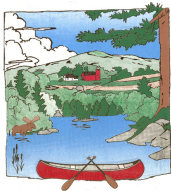
## A LAKER'S DOZEN

### 13 Ways You Can Help the Lake

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1. **Always check boat, trailer and equipment for plant fragments** before launch and after take-out.
2. **Respect Shoreland Zone Regulations.** Before making any change on your land, check with your town to see what's permitted and what's not in the shoreland: 250' of the lake and 75' of streams.
3. **Control storm water run-off** from buildings, paths, driveways and road. Check your property on a rainy day and fix run-off sites by planting vegetation or constructing swales to direct water flow away from the lake.
4. **Cultivate a wooded buffer.** Trees, shrubs and grasses slow the flow and filter soil and pollutants from rainwater before they end up in the lake.
5. **Limit lawn size,** mow less often, and don't rake duff within 75 feet of shore.
6. **Limit fertilizer,** herbicide and pesticide use. Long lasting residues in these chemicals can turn lakes green and harm aquatic life.
7. **Don't stress the septic system.** Inspect the system yearly. Pump the tank regularly. Systems 20 years and older should be inspected by a specialist. Use phosphorus-free cleaners, and detergents. Stagger laundry loads. Minimize water use. Don't put grease or toxics down the drain.
8. **Construct docks and floats with lake-friendly materials.** Choose cedar, cypress, plastic, or aluminum over wood that's pressure-treated with arsenic.
9. **Dogs, humans and boats should never be washed in the lake!**
10. **Observe headway speed within 200 feet of shore.** Boating in shallow water disturbs fish habitat and stirs up sediment.
11. When you replace a boat motor, **choose a clean 4-stroke engine.**
12. **Preserve wildlife habitat on land and underwater.** Lake shallows and shorelands are home to many native species and nurseries for young.
13. **Support your local lake association and Maine COLA.**

*Reprinted with permission: Maine Congress of Lake Associations [www.mainecola.org](http://www.mainecola.org)*



## Penobscot County Soil & Water Conservation District

1423 Broadway, Suite #2 • Bangor, ME 04401

Tel: (207) 990-3676 • Fax: (207) 942-1782 • [www.penobscotswcd.org](http://www.penobscotswcd.org)

### Cold Stream Pond Watershed Survey

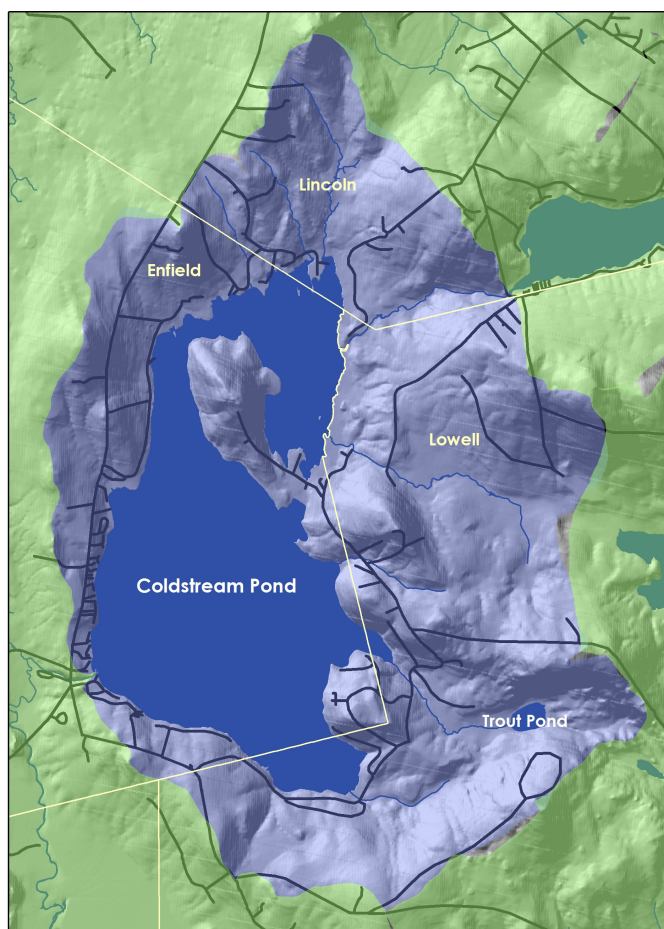
by Chris Brewer

As part of the Penobscot County Soil and Water Conservation District's continuing partnership with the Cold Stream Pond Campowner's Association, we wrote and received the Cold Stream Pond Watershed Survey 319 Grant from the Maine Department of Environmental Protection. The purpose of this grant is to conduct an erosion survey of the **entire Cold Stream Pond watershed**, which encompasses approximately 23 square miles in the towns of Lincoln, Enfield, and Lowell.

The Watershed Survey will identify sources of soil erosion, a major source of phosphorus, which can cause excessive plant growth, algal blooms, and murky water. Phosphorus and other pollutants reach the lake through stormwater runoff from anywhere in the watershed. The survey involves walking properties in the watershed to identify how water drains into the lake through ditches, small streams, or surface runoff. Our goal is to document trouble spots and then work to find reasonable solutions to reduce the amount of soil erosion and phosphorus draining into the lake. Any information that we collect is strictly used to analyze the pollution sources to Cold Stream Pond and none of the information gathered will be used for enforcement purposes. Once this information is analyzed we will attempt to receive further grants from MDEP to install Conservation Practices designed to reduce soil erosion impacting the lake.

**We are planning this survey to begin on May 15<sup>th</sup> and to be completed in by the fall of 2010.** If your property lies within the boundaries of the Cold Stream Pond Watershed, we are planning to include your property in the survey. If you are willing to allow the survey team to walk across your property, you don't need to take any action. If you do not want your property to be included, send a letter to Chris Brewer, District Manager of the Penobscot County Soil and Water Conservation District, at 1423 Broadway, Suite #2, Bangor ME 04401.

### Coldstream Pond Watershed



Penobscot County  
Soil & Water  
Conservation District



1 inch equals 0.876629 miles

#### Legend

- Town Lines
- Coldstream Pond Watershed
- Roads
- Open Water
- Streams

## **Opening Camp**

### ***From the Maine DEP Website***

A springtime ritual for many families is opening up their lakeside camp or cottage for the summer. In order to help protect the natural resources that "camp" represents, it is important to ensure that this yearly procedure is conducted in a manner that minimizes harm to these resources. The following are tips you can use to make the opening of your camp safer for the environment:

- When using cleaning agents, use natural products like baking soda and lemon juice when cleaning. Make your own "green" cleaning products and save money while protecting your health and natural resources.
- When using paints and stains, consider using earth tone colors so that buildings and other structures will blend better with the natural shoreline.
- Paint or stain docks away from the lake and allow at least 14 days of drying time before putting them in the water. Make sure to clean brushes, etc. away from the water to prevent materials from washing into the lake.
- **DO NOT** rake up the duff layer of leaves and pine needles that build up under the trees. These leaves act like a sponge and filter and help prevent pollutants from getting into the lake. As a cottage owner, it is one of the best things you can do to protect lake water quality.
- Check the shoreline and other areas of the property for soil erosion. Stabilize these areas with vegetation or rock riprap. If more than minor maintenance and repair is required, or if structural measures are necessary, contact your local code enforcement officer and the DEP to determine if permits will be needed before doing the work.
- Check your septic system's leachfield for any breakouts and consider having the tank pumped if it has not been pumped in the last 3 years. A properly functioning septic system prevents harmful pollutants from getting into the lake.
- When preparing your boat for another season, make sure to dispose of drained lubricating oils at a recycling facility or bring the oil to your local dealer for disposal. Wash the boat away from the water or at a commercial car wash. Check to make sure that the boat, trailer and other equipment are free of any hitchhiking plants. And tune-up that motor.

### **Boating Reminders**

- Check your boat and trailer for any plant fragments when launching and removing it from freshwater. Two species of invasive plants have already been found in Maine lakes and must be prevented from spreading.
- Use care when refueling and use absorbent material to clean up any spills.
- Minimize the wake from our boats when traveling near shoreline areas. This will cut down on shoreline erosion, protecting water quality and shoreline vegetation.
- Make sure no litter or wastes are discharged from our boats. These include cigarette butts, fishing line, old fishing lures, food scraps, sewage, etc.
- When operating a motorboat with more than 10 horsepower, a person under the age of 12 must be under the immediate supervision of a person located in the boat who is at least 16 years of age. A person under 16 years of age may not operate personal watercraft, which includes jet-skis. A person between 16 & 18 years of age may operate a personal watercraft if they have successfully completed an approved education course, or if they are accompanied by a person 18 years of age or older. Proof of age and course must be possessed while operating a personal watercraft.

### **Personal Watercraft (PWC) Requirements** (from Maine IF&W Laws and Rules)

- Any person under 16 years of age may not operate a personal watercraft which includes jet-skis.
- A person between 16 & 18 years of age may operate a personal watercraft if they have successfully completed an approved education course, or if they are accompanied by a person 18 years of age or older. Proof of age and course completion must be possessed while operating a personal watercraft.
- Anyone operating or riding on a personal watercraft must wear a Type I, II or III PFD.
- The parent or guardian of a minor under 18 years of age is responsible for the minor's actions while operating a personal watercraft.
- Personal watercraft may not be operated during the hours between sunset and sunrise.



## **"Maine" Ingredients**

### **Cream of Fiddlehead Soup**

From the Kitchen of Jackie Proctor

2 lbs. fresh fiddleheads, cleaned  
1 large white onion, chopped  
3 Tbsp. unsalted butter  
5-6 cups vegetable or chicken broth  
1 cup white rice  
2 Tbsp fresh sage leaves, chopped coarsely  
1 cup non (or low) fat sour cream  
1/2 cup heavy cream  
salt & pepper to taste  
1/4 tsp. fresh lemon juice

Cook Onion in 2 Tbsp butter over low heat in a large pot until transparent. Add fiddleheads and salt & pepper, stir for around five minutes until tender. Add 5 cups broth, rice and sage. Simmer until rice is soft (about 10-15 minutes).

Puree soup in a blender in small batches, until smooth. Return all soup to the pot.

Over low heat stir in heavy cream and sour cream, add a little more broth until it's the consistency you want. Bring to a boil, whisk in remaining tbsp of butter. Add lemon juice, stir. Serve in small bowls.

### **French-Fried Smelt**

15-20 smelts  
1 medium egg  
1 can flat beer  
1 cup plus 3 Tbsp. flour  
1/2 tsp. salt  
Shortening or oil for frying

Clean smelt, wash thoroughly and wipe dry. Heat oil in saucepan over medium to high flame or at 375 degrees on controlled burner. beat egg with milk or beer. Add flour and salt and stir until smooth. Dip smelt in batter and fry in hot deep fat until crisp and golden brown, about 3 minutes on each side. Remove from fat and drain on absorbent paper. For extra flavor, sprinkle with seasoned salt. Serve immediately.

#### **Alternatives to the flour coating:**

- Panko break crumbs
- bbq chips, crushed fine
- Frosted Flakes (or other sweetened cereal), crushed

#### **To spice up the traditional flour/cornmeal coating, try adding one of the following:**

- Chili powder
- Old Bay seasoning
- brown sugar
- parmesan cheese, finely grated

### **Salmon Sauce**

From the Kitchen of Rachel Keller

1 cup Raye's Winter Garden Mustard	2 cups sour cream
1 tsp. dill leaf	1/2 tsp. garlic powder
1 tsp. lemon pepper	

### **Rhubarb Coffee Cake**

From the Kitchen of Marilyn Dolan

2 cup flour, sifted	1 1/4 cup sugar
1 tsp. baking soda	1 tsp. salt
1 tsp. cinnamon	2 eggs
1/4 tsp. allspice	1/2 cup oil
1/4 tsp. cloves	1/3 cup milk
2 cups rhubarb cut into 1/2" pieces	

Mix & sift dry ingredients into a bowl. Beat eggs & milk, add salad oil; add to dry ingredients. Fold in rhubarb & spoon into a greased 9"X13"X2" pan.

#### **Topping**

2/3 cup flour	1/2 cup brown sugar
4 Tbsp. butter or margarine	1/4 cup chopped nuts

Spoon topping over batter and bake @ 350 for 50 min.

## Cold Stream Campowners Association Current Membership - 176

Adams,Marvin & Glenna	Gaetani,Anthony & Patrick	Leonard,Ralph & Anita	Sargent,Herb & Lori
Aiken,Daniel	Gaetani,Mary	Libby,Brad & Kristie	Saucier,Tom & Joan
Alberding,Nick & Jessie	Gaetani,Peter & Jean	Lindsay,Fletcher & Florence	Savage,Dick & Sonya
Applebee,Thomas & Lauren	Galm & Marcoulier	Ludden,Doug	Seiler,Richard & Gail
Applebee,Vinal & Marilyn	Gardiner,Keith	Mace,Ed & Daphene	Shafer,Sally
Artes,Lorna & Bryan	Garland,Scott & Tammy	Madden,Randy & Julie	Shaughnessy,Michael & Jeanine
Bard,Vinton & Betty	Gillespie,Scott & Pamela	Madden,Toni & Cindy	Shedd,John & Pat
Bergeron,George & Vicki	Giovino,Fred & Barbara	Mailman,Paul & Rose	Sirois,Tom & Barbara
Bevis,Kathy	Giroux,Francis	Mayer,Paul & Lynn	Smith-Parker,Milton & Andrea
Bickford,Betty	Goding Realty Trust	Maynard,Ed & Leona	Smith,Ben & Peggy
Bishop,Albert & Norma	Goode,Jane	McKinnon,Clyde & Susan	Smith,Manley & Mary
Blanchard,Kevin & Lori	Goslin,David & Melinda	McKinnon,Vaughn & Linda	Smith,Owen & June
Blanchard,Dick & Nancy	Gray,Ruth	McManus,Geri	Soule & Trafton
Bourgoin,Mike & Mary Jo	Greenleaf,Steve & Lynn	Mills,Jeffery & Tammy	Spencer,Harland & Katherine
Bradbury,Gordon & Betty	Gregoire,Robert	Morin,Robert & Lois	Spooner,Peter & Lynne
Brann,Joe & Jane	Hannigan,Calista & Earle	Morrison,Marion	Sprague,Bill & Jean
Brown,Bill & Sue	Harvey,Clayton & Sue	Mulligan,Kevin & Brenda	Spremullo,Carol & Gary
Buchanan,Gordon & Rachel	Haverlock,Mark & Bethany	Murray,Robert & Patricia	Stevens,Rusty
Buchanan,Mary	Haynes,Virginia	Nadeau,Randy & Cece	Tamburo,Alfonzo & Gail
Carle,Kenneth	Heal & Kolodgie	Neal,Jeffrey & Deborah	Tanous,Wakine & Ann
Carney,Pat & Jeanne	Henderson,Deborah	Needham,Jack & Mary	Tarleton,John & Julie
Chapman,Madelyn	Hitchings,Samuel & Robin	Nesin,Noah & Tammy	Theriault,Al & Gail
Clark & Rutherford	Hodsdon,David	ONeil,Steve & Nancy	Thomas,Donna & George
Clukey,Wayne & Ethel	Huntley,Steve & Barbara	Partridge,Belinda	Thomas,Ted & Beth
Cole,Peter & Jane	Jackson,Wayne & Brenda	Pelletier,Leonard & Rena	Thornton,Tom & Brenda
Cole,Vaughn & Gloria	Jenkins,Charlie & Ida	Pelletier,Roger & Linda	Tozer,John & Laura
Collins,Susan	Johnson,Robert & Katie	Persson,Peter & Sandra	Tozier,Mark & Michelle
Cook,David & Laura	Johnston,David & Glenda	Poulin,Jean Claude & Gisele	Wermer,John
Crocker,Marvin & Joan	Jordan,Scott	Powell,Mike & Gayle	West,Alison
Cyr,Joe & Suzanne	Kann & House	Priest,Eileen	West,John & Delma
Davenport,P.Clyde	Keller,John & Betty	Priest,Jeremy	West,Tom & Barbara
Deland,Ernest & Diane	Keller,Rachael	Proctor,David & Jackie	Weymouth Pines Limited
Deshane- Martin,Linda	Kelley,Paul & Tracy	Quirk,Tom & Gayle	Weymouth,Ronald & Lori
Dolan,Marilyn	King,Carroll & Edie	Randall & Hubbard	Whitmore,Robert & Kerin
Douglas-Burns,Geraldine	King,Phil & Mallie	Reinzo,John & Joan	Wilcox,Vicki & Shawn
Enochs,Bob	Kirsch,Frank & Guila	Reymer,Catherine & Robert	Willett,Willis & Amaryl
Ewing,Norman & Gay	Kolouch,Bob & Mary Jayne	Robinson,Bob & Betty	Wilson,Larry & Deb
Eyles,Steve & Alice	L'Italien,Marco & Jean	Rollins,George & Joanne	Winter,Clifford
Farrell,Gregg & Angela	Landry,Todd & Rina	Rossell,Therese	Wooley,Darold & Janice
Fenwood,Jim & Laurie	Landry,Jackie	Rullo,Jenny	Woolley,Ed & Ellen
Folster,Tim & Kathy	Landucci,Stuart & Monique	Russell,Joyce	Wurzel,Bob & Geraldine
Fortin,John & Margaret	Lane,Alan & Pat	Sanborn,Dennis & Marsha	Wyman,Donald & Judy
Furman,Rocky & Becky	Leighton,Bob & Colleen	Sargent,James	Yerxa,Don & Patty
Gaetani & Hall	Lemay,Pete	Sargent,Shane & Lee	Zych,James & Karen

### **Thank you to all members who continue to support the Cold Stream Campowners**

**Association.** This past year, we experienced the highest level of membership ever, and we have you to thank for it. Through continued membership growth, we will be able to have an even greater impact on the preservation our beautiful lake.

**Please help us with this endeavor by encouraging your family, friends and neighbors to join today!** If someone you know is not listed above, please share with them the importance of joining the Association and ensuring that our lake remains as pristine as it is today.

*The Cold Stream Campowners Association is a non-profit 501 (c)(3) organization; all donations, including membership fees, are tax deductible.*

**MEMBERSHIP RENEWAL!**  
**THANK YOU FOR YOUR CONTINUED SUPPORT!**

2010/2011 Membership Dues Form  
July 1, 2010 thru June 30, 2011

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Street Address: \_\_\_\_\_

Alt Phone: \_\_\_\_\_

Town: \_\_\_\_\_

Camp Road: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Circle one: Enfield / Lincoln / Lowell

Email: \_\_\_\_\_

**To renew or join: complete form and mail it, along with a check for \$30, to:  
Cold Stream Campowners' Association, 109 Abbott Drive, Enfield, ME 04493**

**FOR THE ANGLER**



**IF & W Revised Law Book**

A **revised** Open Water & Ice Fishing Laws and Rules book was released in March 2010 by the Inland Fisheries and Wildlife Department. The new book combines both the Ice Fishing and Open Water Fishing regulations into one document and is in effect from April 1, 2010 until March 31, 2012.

Two major revisions affecting Cold Stream Pond are the removal of the prohibition on night fishing during the winter season and an expansion of fishing opportunity in the fall under catch & release and artificial lures only regulations.

The following is the Cold Stream Pond regulation as stated in the new law book: **S-2** (Closed to the taking of smelts except by hook and line), **S-3** (Tributaries closed to the taking of smelts), **S-13** (No size or bag limit on bass), **S-22** (Daily limit on landlocked salmon: 1 fish). Daily bag limit on togue: 5 fish. Minimum length limit on togue: 14 inches. **From October 1 - December 31: S-6** (Artificial lures only), **S-7** (All trout, landlocked salmon and togue must be released alive at once).

For a complete listing of all rules and regulations, please pick up a new book at your local town office or view it online at [http://www.maine.gov/ifw/laws\\_rules/fishing/fishing.htm](http://www.maine.gov/ifw/laws_rules/fishing/fishing.htm).

**"KIDS ONLY"**

There are several "Kids Only" ponds and streams in our area that are stocked regularly by the IF & W. These ponds are identified by the S-9 code and are designated for fishing by children 16 years and younger. Areas are restricted to 2 lines per person. For a complete listing of "Kids Only" regulations, please refer to the IF & W Law Book. Current "Kids Only" locations:

- Cold Stream, from highway bridge on SR188 to red markers by old hatchery fishway, Enfield
- Pickerel Pond, located at the Maine Youth Fish and Game Club beside the Stud Mill Road near Milford
- Little Round Pond, Lincoln
- Jerry Pond and tributaries and outlet to barrier dam, Millinocket
- Johnny Mack Brook, Orono
- Rocky Brook, Lincoln
- Burlington Fire Pond, this pond is occasionally stocked for kids use. However, it is not identified in the law book.

**Fish Stocking Report**

Interested in finding out what area lakes and streams have recently been stocked by the Maine Department of IF&W? Visit their website at <http://www.maine.gov/ifw/fishing/reports/stocking/index.htm> for an up-to-date list of all stocking activity by county.

**COLD STREAM CAMPOWNERS ASSOCIATION, INC.**  
**109 ABBOTT DRIVE**  
**ENFIELD, ME 04493**

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**For more information on topics impacting Maine's lakes and streams,  
please refer to the following organizations and websites.**

**Online Resources**

Cold Stream Campowners Association – [www.coldstreampond.com](http://www.coldstreampond.com)  
PEARL (Public Educational Access to Resources on Lakes – [www.pearl.maine.edu](http://www.pearl.maine.edu)  
VLMP (Volunteer Lake Monitoring Program) – [www.mainevolunteerlakemonitors.org](http://www.mainevolunteerlakemonitors.org)  
EPA (Environmental Protection Agency) – [www.epa.gov](http://www.epa.gov)  
Maine DEP – [www.maine.gov/dep](http://www.maine.gov/dep)  
MCLA (Maine Congress of Lake Associations) – [www.mainecola.org](http://www.mainecola.org)  
Maine Audubon Society – [www.maineaudubon.org](http://www.maineaudubon.org)  
Maine State Planning Office – [www.state.me.us/spo](http://www.state.me.us/spo)  
Maine DEP Land and Water – [www.state.me.us/dep/blwq/index.htm](http://www.state.me.us/dep/blwq/index.htm)  
Lake Environmental Association – [www.mainerlakes.org](http://www.mainerlakes.org)  
Maine Lakes Conservancy Institute – [www.mlci.org](http://www.mlci.org)  
UMaine Cooperative Extension – [www.umext.maine.edu](http://www.umext.maine.edu)  
Maine Alliance of Road Associations – [www.maineroads.org](http://www.maineroads.org)  
Natural Resources Council of Maine – [www.nrcm.org](http://www.nrcm.org)  
Take it Outside – [www.take-it-outside.com](http://www.take-it-outside.com)  
Penobscot Soil and Water Conservation – [www.penobscotswcd.org](http://www.penobscotswcd.org)  
Think Blue Maine – [www.thinkblumaine.org](http://www.thinkblumaine.org)