TAKEAWAY MENU

Anytime eggs	COFFEE (Medium size)	5 0
Eggs are served with toast 11.5	Cappuccino 631kJ	5.0 5.0
Avo smash 3844kJ	Flat white 600kJ	5.0
Crumbled fetta, maple glazed bacon, seeds &	Latte 675kJ Long black 2kJ	5.0
poached egg on sourdough 16.9	Mocha 681kJ	5.4
poached egg on sourdough 10.9	Espresso 1kJ	3.8
Breakkfast potato hash 3345kJ Poached eggs, bacon, potato cake, baby spinach & tomato chutney 16.9	Long macchiato TU 676kJ	5.4
Egg benedict with bacon 2762kJ	TEAS & HOT DRINKS (Medium size) Hot chocolate 860kJ	5.4
Poached eggs, bacon & spinach on sourdough with	White hot chocolate 993kJ	5.4
warm hollandaise. 18.5	Chai latte 993kJ	5.4
warm nonandaise. To.5	Elmstock tea 18kJ	4.6
Halloumi & avocado breakfast roll 3070kJ	Zimotook tod Toko	
Halloumi, avocado, rocket, poached egg,	COFFEE OVER IOF	
caramelised onion & aioli on a milk bun 12.9	COFFEE OVER ICE	7.0
M: : 1	Iced coffee 1780kJ Iced chocolate 2140kJ	7.0
Mini breakfast frittata 1880kJ	Iced mocha 1830kJ	7.0
Eggs, potatoes, tomato & shallots wrapped in bacon,	Iced latte 288kJ	5.9
with tomato chutney 12.9	Coffee caramel blend 1650kJ	7.0
Bacon & egg sandwich 1905kJ	Chai cinnamon blend 2100kJ	7.0
Fried egg, bacon, tomato chutney & salad 12.90		
	CHILLED DRINKS	
Green island fritters 2605kJ	Still & sparkling water from	3.8
Two fritters served warm with avocado smash 13.9	Assorted juices	4.6
Corn & chorizo fritters 2422kJ	Soft drinks	4.0
Corn fritters & grilled chorizo with rocket, balsamic	Milkshakes	6.0
dressing & a poached egg 13.9	Smoothies	7.0
	EXTRAS	
Zucchini bacon & fetta fritters 2040kJ	Small chips 775kJ	4.0
Two fritters served warm with tomato chutney &	Small sweet potato wedges 1275kJ	4.5
salad garnish 13.9	Bacon 1100kJ	5.0
Chicken and mushroom crepes 3405kJ	Halloumi 615kJ	4.0
Two crepes filled with roasted chicken breast,	Hash browns 845kJ	3.5
sauteed mushrooms, baby spinach, ricotta & tasty	Roasted tomato 54kJ	4.0
cheese 15.9	Mushrooms 235 kJ	4.0
	Chorizo 760kJ	4.0
Chicken almond & herb flatbread 3990kJ	T " 11 000 000 M	0 .
Roasted chicken breast with parsley, toasted	Trading Hours 8:00am - 3:00pm Mon-	-Sat
almond, baby spinach and mayonnaise 14.9	10:00am - 3:00pm Sun	
Angel bay beef burger 4850kJ	Delivery Available Minimun order \$25	
Bacon, cheese, gherkins, aioli, rocket, tomato &	Delivery Fee \$5.00	
pickled spanish onion on a toasted mil bun 17.9	Store Phone No. 9581 5338	
promote openion of an account of the constant fill both fill	Store Filone No. 3001 0000	

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Jamaica Blue®

BLAT 4070kJ

Toasted sandwich with bacon, lettuce,

avocado, tomato & mayonnaise 16.9

Allergies? Please let us know. Traces of nuts & other allergens may be present in all dishes.

The average adult daily intake is 8700kJ