



Mindvalley U

Official Event Info

***The Energy of Burning Man.
The Ideas of TED.
The Tribe of a Lifetime.***

Come for 3 days or 2 weeks. Jul 20 - Aug 2. Tallinn, Estonia.

The background image shows a large, dimly lit lecture hall filled with people seated in rows, facing a stage. On the stage, there are several large projection screens. The central screen displays a stylized white bird logo on a blue background. Two side screens show a man in a blue suit speaking into a microphone. The audience is diverse in age and appearance, and the overall atmosphere is one of a formal yet intimate educational or professional gathering.

What is Mindvalley U?

Come for 3 days or 2 weeks. Choose your Experience.
A full-on immersion where transformation happens daily, connection runs deep, and you rediscover how life was always meant to feel. This is growth on your terms, at your pace—a spacious, intentional, community-driven event where deep learning meets deep living.

See www.mindvalley.com/u for details

**“Nobody does events like Mindvalley.
It’s a whole different universe.”**



Tallinn, Estonia. Europe's Best Kept Secret

We don't just hold an event in a city. We make the city your classroom. Tallinn's medieval old town, Baltic coastline, and long summer evenings become the backdrop for the most transformative 14 days of your life.

- [UNESCO World Heritage Old Town](#). Cobblestone streets, 13th-century towers, and rooftop views that take your breath away.
- [Baltic Midsummer Magic](#). July in Tallinn means 18+ hours of daylight, warm evenings, and a city fully alive.
- [Europe's Digital Capital](#). The birthplace of Skype and e-residency. A city where ancient meets future.
- [A City That Welcomes the World](#). Welcoming. Walkable. Affordable. And absolutely stunning in July.



The 16 Unwritten Rules of Mindvalley U

Rule 1

No one is a stranger - they're just a friend you haven't hugged yet.



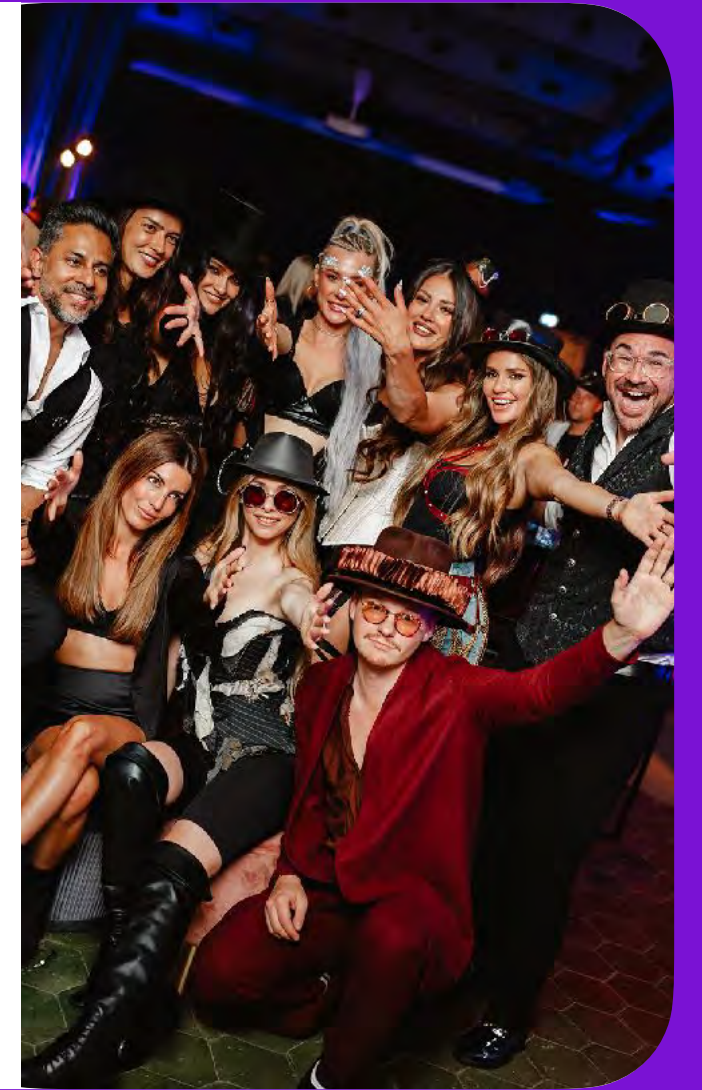
Rule 2

The word "networking" is banned. We're here for real human connection, not LinkedIn conversations.



Rule 3

Pack a second suitcase for costumes. When everyone is in costume, nobody has to perform.



Rule 4

We don't believe in introverts and extroverts. Humans are weirder, deeper, and more interesting than labels.



Rule 5

The sun doesn't really set in an Estonian summer. Sleep less, live more, and make memories while the light lasts.



Rule 6

Phones go in pockets. We respect privacy. Some moments are better lived than captured.



See all the rules here: www.mindvalley.com/u/rules

MINDVALLEY U SCHEDULE 2026



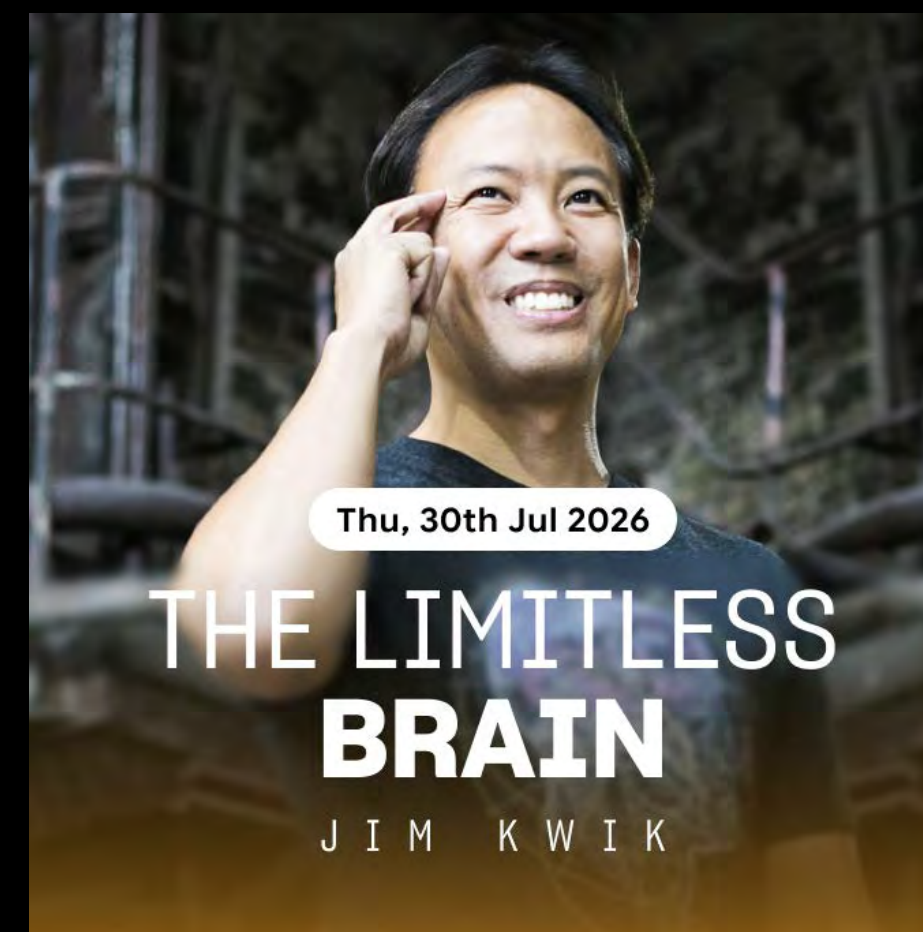
Speakers Updated Every Week. Check the Website for Latest.
www.mindvalley.com/u

BONUS THIS YEAR:

Deep Dive Accelerators

Exclusive talks with world-class experts.

Accelerators are extended sessions designed for those who want to go further —offering deeper learning, richer insights, and more transformative breakthroughs.



Speakers for Mindvalley U 2026



Sheleana Aiyana • Jade Shaw • Dawn Hoang • Regan Hillyer • Simon Alexander Ong • Rachel Pringle • Cynthia Thurlow • John Wineland • Natalie Ellis
Jamie Sea • Jeffrey Allen • Paul McKenna • Daniel Priestley • Vishen • Eric Edmeades • Shi Heng Yi • Maria Wendt • Dr. Jolene Brighten
Maya Raichoor • Kristina Mand-Lakhiani • Lee Holden • John Lee • Valeria Hinojosa • Dan Brulé • Marisa Peer • Nick Santonastasso • Lorin Krenn • Sensei Zen Takai
And many more to come...

Speak at Mindvalley U

Every year, we select approximately 75 ticket holders and give them the opportunity to step onto the Mindvalley Stage in front of hundreds of audience members. To apply, simply purchase your ticket and check your email for the speaker application details.

Getting on the Mindvalley Stage has changed the lives of countless individuals and helped launch some of the most recognized names in personal growth, including Jeffrey Allen, Marisa Peer, Dawn Hoang, Niraj Naik, and many others.



Scan to apply

A woman in a white, long-sleeved, floor-length dress is playing a violin on a stage. She is illuminated by several bright blue spotlights that create a dramatic effect. The air is filled with many small, white, confetti-like particles that are falling or floating around her. In the background, to the left, a drum set is partially visible. The foreground shows the dark silhouettes of a crowd of people, some of whom are holding up their phones to capture the performance. The overall atmosphere is festive and celebratory.

Parties, Socials & Celebrations

MON, JULY 20



7PM - 10PM

BLUE BLOCK PARTY

 ROTERMANNI

MON, JULY 20



10PM-1AM

ALT MONDAY

 SECRET

THU, JULY 23



FOR FIRST CLASS & VIP-TICKET HOLDERS

MIDNIGHT CABARET

 GLORIA

FRI, JULY 24



7PM - 10PM

BLACK BLOCK PARTY

 TELLISKIVI

SAT, JULY 25



MAIN EVENT

MARVELLOUS WONDERLAND

 PROTO INVENTION FACTORY

WEEK TWO · JULY 27 – AUGUST 2, 2026

TALLINN, ESTONIA

MON, JULY 27



7PM - 10PM

WHITE BLOCK PARTY

 ROTERMANNI

MON, JULY 27



10PM-1AM

ALT MONDAY

 SECRET

THU, JULY 30



FOR FIRST CLASS & VIP-TICKET HOLDERS

SUMMER BY THE BAY

 LILLEPAVILJON

FRI, JULY 31



7PM - 10PM

ESTONIA BLOCK PARTY

 TELLISKIVI

SAT, AUG 1



MAIN EVENT

NORDIC SUMMER SOIRÉE

 ESTONIAN OPEN AIR MUSEUM

Download our party guide: www.mindvalley.com/u/schedule



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www.mindvalley.com/u/schedule