



22nd March 2020

Dear Residents,

As we face into the current crisis together, community has never been more important.

ClontarfCocoon is our initiative of support for each other. We know that many neighbours and Road Associations have already responded to this issue and that local clubs such as the GAA and Rugby are also offering their services. The aim of this letter is to ensure that everyone in our area, especially those who are not on social media, is aware that there is help out there.

Whether you are an older person, someone in an at-risk category or a frontline healthcare worker, please be assured that there are neighbours in your area who are happy to help you. Maybe you need someone to do some shopping, to collect a prescription or to walk your dog. Whatever it is please ask and we will do our best to help.

You can contact us by phoning:

Name: Phone No:

Name: Phone No:

who are co-ordinating our response on your road.

Information about this initiative is on our website www.LoveClontarf.ie and on our Facebook and Twitter pages. A dedicated email has been established – ClontarfCocoon@gmail.com.

We are also making available a Health Information Form on our website. This form is for use by anyone, but especially older people or anyone with a medical condition. It is extremely useful to front line medical staff if you are admitted to hospital as it will contain information on all medications, previous illnesses, allergies etc. If you are unable to print this form from the website and would like a hard copy, please get in touch and we will drop one to you. Please understand that you keep this form at home; we will not be collecting any medical or any other data!

We have been in touch with the Gardaí in Clontarf so that they are aware of what we are doing. The Gardaí are here to help and support us in any way they can and should you need to, you can contact them on (01) 6664800.

Remember. the advice from the Government and the HSE is that we stay at home wherever possible. This initiative aims to make that possible for our valued older people and those with an underlying medical condition - don't hesitate to ask for help.

Finally, for up to date information and advice on Coronavirus visit HSE.ie or call 1850 24 1850.

Stay safe and well. We are all in this together.

Clontarf Residents' Association