AFTER SCHOOL 2020-21
ONLINE PROGRAM 2020-2021
SPECIALTY CLASSES
COURSES FROM AVENUES NEW YORK
LANGUAGE LEARNING
PRIVATE MUSIC LESSONS
COURSES FOR PARENTS
WELCOME

Our After School programs are going virtual this semester! And there is more—besides bringing your favorite activities to your home, we have included the most popular Avenues New York offerings to our catalog. Now, renowned American schools in theater, communication and financial education will also serve Avenues São Paulo.

With that, our students will have the opportunity to develop a myriad of projects and participate in international meetings throughout the semester, complementing their academic schedule. A truly world experience for our students from the comfort of their homes.

Please explore our catalog to consult options for all ages and interests and see how to enroll your child. We plan to update this catalog every month with new activities for our students.

We can’t wait to (virtually) see you soon!

The Extensions Team
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AFTER SCHOOL ONLINE REGISTRATION
To register your child, please access OPEN and click on “Afterschool & Camp. us Registration” under the My Child menu. You will receive an electronic confirmation after you complete the registration. The Extensions team will provide specific course details upon enrollment.

*Siblings are welcome to join our classes free of charge provided they share the same device.

**Private lessons (music and language) and courses for parents have a separate registration process. If you are interested in those offerings, please email extensions-sp@avenues.org.

WAIT LIST AND COURSE CANCELLATION
Enrollment is on a first-come, first-served basis. If a class is listed as full, please sign up for the wait list as we make every effort to open additional sections to meet the demand.

All classes are contingent upon enrollment and may be canceled prior to the first day if we do not reach the minimum enrollment. If a requested class is canceled, you will be notified via email.

CALENDAR AND SCHEDULE
This semester, all courses will run from August 31, 2020 to December 11, 2020. There are no after-school classes on holidays.

Please refer to our After School schedule to see the weekly schedule of courses.

PRICING
Prices are available for each course on the catalog.

CONTACT
If you have questions, please write to extensions-sp@avenues.org.
PROCEDURES
After School courses will be offered in online classrooms, through Zoom. For their safety and convenience, students should join classes using their school devices. If they need to enter the class using another device, please make sure to rename the user as the student’s first and last name.

All lessons will be supported by the Avenues team.

BILLING
Payment instructions will be sent via email by the Avenues Finance Team. Payments are due on the 15th of each month. If payment is not made by the due date, your child may not be able to participate in After School classes the following month.

Siblings are welcome to join our classes free of charge provided they share the same device.

DEMO LESSONS
Demo lessons take place in the first week of the month. Prior scheduling via email (extensions-sp@avenues.org) is mandatory.

MAKE UP LESSONS
If a child misses an after-school class due to illness or schedule conflict, we cannot offer a make-up class.

If an after-school class must be canceled due to teacher absence, we will compensate it by extending future classes to make up the time.

CANCELLATIONS
Cancellations must be made official by sending an email to extensions-sp@avenues.org by the 4th of each month.

If you send a cancellation request after this date, it will be processed in the following month and the current month will be charged.
Click on the classes to see their descriptions

### Nursery

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 p.m.</td>
<td><strong>Ballet</strong></td>
<td><strong>Capoeira</strong></td>
<td><strong>Yoga com música</strong></td>
<td><strong>Pastry Program</strong></td>
<td><strong>Oficina de Mini-Atores</strong></td>
</tr>
</tbody>
</table>

### Pre-Kindergarten

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
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<th>THURSDAY</th>
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</thead>
<tbody>
<tr>
<td>3:00 p.m.</td>
<td><strong>Ballet</strong></td>
<td><strong>Capoeira</strong></td>
<td><strong>Yoga com música</strong></td>
<td><strong>Pastry Program</strong></td>
<td><strong>Adventure Series</strong></td>
</tr>
</tbody>
</table>

### Kindergarten

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 p.m.</td>
<td><strong>Yoga com música</strong></td>
<td><strong>Futebol</strong></td>
<td><strong>Ballet</strong></td>
<td><strong>Adventure Series</strong></td>
<td><strong>Oficina de Mini-Atores</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TIME</th>
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<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:10 p.m.</td>
<td><strong>Mad Science</strong></td>
<td></td>
<td><strong>Capoeira</strong></td>
<td></td>
<td><strong>Circo</strong></td>
</tr>
</tbody>
</table>

### Grade 1

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:10 p.m.</td>
<td><strong>Mad Science</strong></td>
<td><strong>Learning Mandarin</strong></td>
<td><strong>Capoeira</strong></td>
<td><strong>Learning Mandarin</strong></td>
<td><strong>Circo</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
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<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:45 p.m.</td>
<td><strong>Yoga com música</strong></td>
<td></td>
<td></td>
<td><strong>Mini Musical Series</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 p.m.</td>
<td><strong>Futebol</strong></td>
<td><strong>Little Chefs</strong></td>
<td><strong>Ballet</strong></td>
<td><strong>Young Diplomats</strong></td>
<td><strong>Marcenaria</strong></td>
</tr>
</tbody>
</table>
# SCHEDULE

Click on the classes to see their descriptions

## Grade 2

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:10 p.m.</td>
<td><strong>Mad Science</strong></td>
<td><strong>Circo</strong></td>
<td><strong>Capoeira</strong></td>
<td><strong>Learning Mandarin</strong></td>
<td><strong>Desenho, recorte e colagem</strong></td>
</tr>
<tr>
<td>3:45 p.m.</td>
<td><strong>Yoga com música</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td><strong>Little Chefs</strong></td>
<td><strong>Ballet</strong></td>
<td></td>
<td><strong>Futebol</strong></td>
<td><strong>Marcenaria</strong></td>
</tr>
</tbody>
</table>

## Grade 3

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:10 p.m.</td>
<td><strong>Spanish</strong></td>
<td><strong>Circo</strong></td>
<td><strong>Spanish</strong></td>
<td><strong>Learning Mandarin</strong></td>
<td>Desenho, recorte e colagem</td>
</tr>
<tr>
<td></td>
<td><strong>Yoga for Teens</strong></td>
<td>Learning Mandarin</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td><strong>Aspiring Fashionistas</strong></td>
<td><strong>Futebol</strong></td>
<td><strong>Basquete</strong></td>
<td><strong>Musical Theater Lab</strong></td>
<td><strong>Hip Hop</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Tap Dance</strong></td>
<td></td>
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<td></td>
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</tbody>
</table>

## Grade 4

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:10 p.m.</td>
<td><strong>Spanish</strong></td>
<td><strong>Vida de Artista</strong></td>
<td><strong>Spanish</strong></td>
<td><strong>Futebol</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Yoga for Teens</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td><strong>Aspiring Fashionistas</strong></td>
<td><strong>Tap Dance</strong></td>
<td><strong>Astrônomos Mirins</strong></td>
<td><strong>Musical Theater Lab</strong></td>
<td><strong>Hip Hop</strong></td>
</tr>
<tr>
<td></td>
<td><strong>That's Hilarious</strong></td>
<td><strong>Entrepreneurs Club</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00 p.m.</td>
<td><strong>Taekwondo</strong></td>
<td><strong>Learning Mandarin I</strong></td>
<td><strong>Basquete</strong></td>
<td><strong>Learning Mandarin I</strong></td>
<td></td>
</tr>
</tbody>
</table>
## SCHEDULE

Click on the classes to see their descriptions

### Grade 5

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:10 p.m.</td>
<td>Spanish</td>
<td>Vida de Artista</td>
<td>Spanish</td>
<td>Futebol</td>
<td></td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>Aspiring Fashionistas</td>
<td>Tap Dance</td>
<td>Astrónomos Mirins</td>
<td>Hip Hop</td>
<td>Learning Mandarin II</td>
</tr>
<tr>
<td></td>
<td>Yoga for Teens</td>
<td>Entrepreneurs Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>That's Hilarious</td>
<td>Learning Mandarin II</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00 p.m.</td>
<td>Taekwondo</td>
<td>Learning Mandarin I</td>
<td>Basquete</td>
<td>Learning Mandarin I</td>
<td></td>
</tr>
</tbody>
</table>

### Grade 6

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 p.m.</td>
<td>Aspiring Fashionistas</td>
<td>Tap Dance</td>
<td>Spanish</td>
<td>Hip Hop</td>
<td>Learning Mandarin II</td>
</tr>
<tr>
<td></td>
<td>Spanish</td>
<td>Entrepreneurs Club</td>
<td>Learning Mandarin II</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yoga for Teens</td>
<td>Learning Mandarin II</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00 p.m.</td>
<td>Taekwondo</td>
<td>Broadway Show</td>
<td>Astrónomos Mirins</td>
<td>Learning Mandarin I</td>
<td></td>
</tr>
</tbody>
</table>

### Grades 7 - 12

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00 p.m.</td>
<td>Spanish</td>
<td>Hip Hop</td>
<td>Spanish</td>
<td>Tap Dance</td>
<td>Learning Mandarin II</td>
</tr>
<tr>
<td></td>
<td>Yoga for Teens</td>
<td>Learning Mandarin I</td>
<td></td>
<td>Learning Mandarin II</td>
<td></td>
</tr>
<tr>
<td>5:00 p.m.</td>
<td>Taekwondo</td>
<td>Broadway Show</td>
<td>Stock Market Club (only grades 7-9)</td>
<td>Taekwondo</td>
<td></td>
</tr>
</tbody>
</table>
### SCHEDULE

Click on the classes to see their descriptions

**Parents**

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m.</td>
<td>AeroJazz</td>
<td>AeroJazz</td>
<td></td>
<td></td>
<td>Ballet Fitness</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>Basic English</td>
<td></td>
<td>English</td>
<td>Conversation</td>
<td></td>
</tr>
</tbody>
</table>
ASTRÔNOMOS MIRINS

Astrônomos Mirins (Children Astronomers) aims to promote interest in the universe through exhibitions connected to online simulators and STEM workshops about astronomical themes such as observational techniques and sky recognition, our place in the universe, the solar system, basic notions of cosmology and exoplanets.

Instructor Bio
Michele Rascalha has a degree in Biology with an extension in Astronomy and Astrophysics from the Instituto Nacional de Pesquisas Especiais, and a Masters in Teaching, History and Philosophy of Sciences from UFABC. For almost two decades she has been dedicated to teaching Science, Astronomy and Astrobiology to children and adolescents, and is also Director of Educational Technology.

Monthly Cost
R$ 290

BALLET

Ballet develops balance, flexibility, rhythm and motor coordination, as well as creativity and confidence. Classic techniques are introduced gradually so students acquire a genuine appreciation for the dance. Ballet Paula Castro is the only representative of the Escuela Nacional de Ballet de Cuba in Brazil and of its teaching methodology.

Instructor Bio
Gabriela Baraldi Passy first started studying classical ballet at the age of 12, in Piracicaba, and didn’t stop dancing since then. She was a ballerina at Companhia Estável de Dança de Bauru (classical and contemporary dance company) and Paula Castro Companhia de Dança (classical company). Gabriela has been a teacher at Ballet Paula Castro since 2017, and currently studies and applies the methodology of the Escuela Nacional de Ballet de Cuba (ENBC). She also has a journalism degree from Unesp (2015).

Monthly Cost
R$ 390
This course allows children to learn specific technical skills in a fun way. To get started, students only need some space at home and a ball!

**Instructor Bio**
Carlos Henrique studied Physical Education at FMU and has a postgraduate degree in Sports Training from the same university. He is Head Coach of the Avenues JV Basketball Boys team and responsible for the methodological part of the NBA Basketball School.

Have you ever wanted to be part of a musical? In this course, children learn how to act, sing and dance while having fun!

**Instructor Bio**
Isabella Tilli is a Bachelor in Performing Arts from Escola Superior de Artes Célia Helena and an actress in the BenvindaCia theater company. She is also trained in choir and solo singing, ballet, tap, contemporary and musical jazz by the American schools Broadway Dance Center and Infuse Dance Studio.
**CAPOEIRA**

*Nursery + Pre-K*  
Mondays at 3:00 p.m.

*Kindergarten - Grade 2*  
Wednesdays at 3:10 p.m.

**Language**  
Portuguese

**Instructor**  
Mestre Eduardo Areias

**Monthly Cost**  
R$ 290

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**CIRCO**

*Kindergarten + Grade 1*  
Thursdays at 3:10 p.m.

*Grades 2 - 3*  
Tuesdays at 3:10 p.m.

**Language**  
Portuguese

**Instructors**  
Victoria Cabral e Raiza Lima

**Monthly Cost**  
R$ 290

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A mix of dance, combat and play, capoeira comes from Africa. In this course, students learn choreographies and the ginga, the characteristic swinging movement of arms and legs, while listening to the rhythm of *berimbau*.

**Instructor Bio**  
Eduardo Areias has been a capoeira master practitioner and teacher for over 30 years. Graduated in physical education, he has taught capoeira in Europe and Asia.

Circus is not only a performing art—it is also a fun physical activity with elements of gymnastics and acrobatics. In this course, children will develop strength, flexibility, balance and body control with simple equipment you already have at home. With plenty of opportunities for physical and artistic expression, classes will broaden imagination and build confidence.

**Instructor Bios**  
Victoria Cabral is the founder and director at Arte Movimento and has been teaching circus and dance since 2011. She holds a degree in Dancing and Movement from Universidade Anhembi Morumbi and is specialized in Motor Learning by the School of Physical Education and Sports at the University of São Paulo.  

Raiza Lima holds a bachelor’s degree in Physical Education from FMU and is taking a post-graduate course in Holistic Practices. She has been working as a circus teacher since 2016.
In this course, students explore various drawing techniques in a playful and entertaining way. Using different supports and everyday materials, each class focuses on a new way to learn how to draw in a simple and uncomplicated manner. Students explore effects, compositions and variations, promoting a path of discoveries in the artistic process.

**Instructor Bio**
Leticia Carvalho Barrionuevo is an art educator with a post graduation in Cultural Centers and Museum Education. She has experience with education in the context of art exhibitions. Leticia also teaches art in public schools in São Bernardo do Campo.

**Monthly Cost**
R$ 290

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**FUTEBOL**

Kindergarten
Tuesdays at 3:00 p.m.

**Grade 1**
Mondays at 4:00 p.m.

**Grade 2**
Thursdays at 4:00 p.m.

**Grade 3**
Tuesdays at 4:00 p.m.

**Grades 4 + 5**
Thursdays at 3:10 p.m.

**Language**
Portuguese

**Instructor**
Fábio Santos

**Monthly Cost**
R$ 220

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**DESENHO, RECORTES E COLAGEM PARA SE DIVERTIR EM CASA**

Grades 2 + 3
Thursdays at 3:10 p.m.

**Language**
Portuguese

**Instructor**
Leticia Carvalho Barrionuevo

**Monthly Cost**
R$ 290
HIP HOP DANCE

Grades 3 - 6
Thursdays at 4:00 p.m.

Grades 7 - 12
Tuesdays at 4:00 p.m.

Language
English and Portuguese

Instructor
Thiago Vianna
(Ballet Paula Castro)

Monthly Cost
R$ 390

An urban dance style born in the 70s and 80s to the sound of funk and disco music, hip hop has become ultra-popular around the world. With the new influences from African and Latin dances, it has developed some unique characteristics which will be explored in this course.

Instructor Bio
Thiago Vianna is a ballet teacher at Paula Castro and Millennium Dance Complex Los Angeles. He was cast in “In the Heights,” one of the most decorated musicals on Broadway, and was assigned the leading role in the Aladdin musical. Thiago was a dancer and performer at the International Hip Hop Festival San Francisco and creator of the Movimento pelo Movimento show, awarded with the Funarte / Klauss Vianna 2009. He also was the PROAC Hip Hop 2011 winner with the H-URB project. Thiago currently offers workshops and courses and participates in the judging panel in several dance festivals.

LITTLE CHEFS

Pre-K + Kindergarten
Tuesdays at 3:00 p.m.

Grades 1 + 2
Tuesdays at 4:00 p.m.

Language
English

Instructor
Julia Brandão
Amanda Fernandes Trabulsi
(Quintal 7 Cores)

Monthly Cost
R$ 390

This hands-on course allows children to discover the culinary arts and enhance their senses. It also encourages teamwork and develops values and skills such as creativity, organization, hygiene, and discipline.

Instructor Bios
Julia Brandão has degrees in Psychology and Pedagogy. She has worked for many years at international schools and has been an art educator and English teacher since 2017.

Amanda Fernandes Trabulsi completed her Gastronomy course at Senac in 2013. She has been studying Nutrition and working as a cooking teacher since 2018.
MAD SCIENCE

Kindergarten
Mondays at 3:10 p.m.

Grades 1 + 2
Mondays at 3:10 p.m.

Language
English

Instructor
Tiago Prates

Monthly Cost
R$ 290

Activities include rocketry, magnets, polymers, and even the science of toys. In each class, children are encouraged to give science a try and build their very own model rockets, periscopes, and more!

Instructor Bio
Tiago Prates has a degree in Musical Theater and has worked for O2 Filmes as a casting assistant. Currently a coordinator, trainer and instructor for the extracurricular department at Mad Science Brasil.

MARCENARIA

Pre-K + Kindergarten
Fridays at 3:00 p.m.

Grades 1 + 2
Fridays at 4:00 p.m.

Language
Portuguese

Instructor Bios
Ana Takenaka is a visual artist and educator. She develops projects to stimulate the playfulness and autonomy of children through artistic practices such as carpentry and engraving.

Olga Gouveia is a visual artist and a graduate in Pedagogy. She dedicates herself to the development of projects focused on teaching arts to children.

Sérgio Barrero is an architect. He has worked for several years teaching carpentry, ceramics and jewellery making to adults and children.

This course dives into how objects are built, and encourages students to create, not just to consume. The activities are run by experienced and trained professionals.

Instructor
Tiago Prates

Monthly Cost
R$ 490 (materials included)
OFICINA DE MINI-ATORES

Students’ imagination will come alive as they create stories, organize plays, build sets and make new friends. In this course, children learn songs and dances from favorite plays and movies as they navigate through all the aspects of creative expression. No experience necessary—just a love of fun and play!

Instructor Bio
Laercio Motta holds a degree in Psychology from Universidade de Petrópolis. Also an actor, he participated in many shows with the Companhia Circense Andança and has been working as a teacher since 2015.

Nursery
Thursdays at 3:00 p.m.

Pre-K + Kindergarten
Fridays at 3:00 p.m.

Language
Portuguese

Instructor
Laercio Motta
(Quintal 7 Cores)

Monthly Cost
R$ 390

VIDA DE ARTISTA

How does the everyday life of an artist look like? Students will explore various materials and techniques in a playful and relaxed way. They will paint, draw, build sculptures and objects with an investigative eye, promoting artistry through creativity and discovery.

Instructor Bio
Adriano Martins Franchini holds a degree in Architecture and is currently one of the visual artists that make up the team of art educators at OMA Galeria.

Grades 4 + 5
Tuesdays at 3:10 p.m.

Language
Portuguese

Instructor
Adriano Martins Franchini

Monthly Cost
R$ 290
**PAstry Program**

**Nursery + Pre-K**  
Wednesdays at 3:00 p.m.

**Language**  
English

**Instructor**  
Naomy Stankevicius  
Marcella Moleti  
(Centros Etievan)

**Monthly Cost**  
R$ 390

Pastry shows how amazingly delicious it can be to experiment, to make mistakes, to taste and even to clean. In this course, children conquer basic understanding of this traditional craft and the dedication of a true pastry chef.

**Instructor Bios**

Naomy Stankevicius has a bachelor’s degree in Portuguese Language and Literature from the University of São Paulo. She decided to learn confectionery and opened her own business, Farinha Biscoiteria. Today, she works at the administration department of Centros Etievan.

Marcella Moleti has a bachelor’s degree in International Relations from Unesp and studied Marketing in Rome, Italy (Tor Vergata) for a semester. With experience in communications and press relations, she currently works as an entrepreneur and pastry chef at Antonieta Confeitaria.

**TaeKwondo**

**Grades 4 - 6**  
Mondays at 5:00 p.m.

**Grades 7 - 12**  
Tuesdays and/or Thursdays at 5:00 p.m.

**Language**  
Portuguese

**Instructor**  
David Kerr

**Monthly Cost**  
1x week: R$ 250  
2x week: R$ 390

Taekwondo is an age-old Korean martial art with the basic principle of physical and mental balance. Among its many benefits are the development of muscular strength, balance and flexibility. Students will have the opportunity to train with David Kerr, four-time world champion.

**Instructor Bio**

David Kerr is a black belt Taekwondo instructor and four-time world champion. He has given seminars in Europe, USA and Canada. He has a Masters in Physical Education and Physical Activity Psychology.
TAP DANCE

Grades 3 - 6
Tuesdays at 4:00 p.m.

Grades 7 - 12
Thursdays at 4:00 p.m.

Language
English and Portuguese

Instructor
Fabio Brasile
(Ballet Paula Castro)

Monthly Cost
R$ 390

Born from jazz, tap dance focuses on the movement and the execution and creation of rhythm. Classes provide an aerobic activity where music and rhythm transform the students’ feet in musical instruments. Tap dance activates blood circulation, increases physical endurance, develops motor coordination and improves musicality and rhythm, while being a lot of fun!

Instructor Bio
Fabio Brasile is an actor, tap dancer and dancer graduated from Etec de Artes and Escola de Atores Wolf Maya. He has performed in several workshops and festivals, such as Brasil International Tap Festival, Tap in Rio, FloripaTap and Sampatapz. Fabio has worked alongside great names of the national and international tap dance scene like Steven Harper, Adriana Salomão, Felipe Galganni, Chris Matallo, Jason Samuel Smith, Jeff Calhoun, among others. He has also participated in several musicals such as “The Little Mermaid - The Musical”, “Os Aventureiros no Reino Congelado”, “Mary Poppins”, “Cinderella”, “Mamma Mia”, “Newsies Work Session”. Fabio has worked with Wolf Maya, Nathalia Timberg, André Dias, Tania Khalil, and other important names of the Brazilian Theater. He is currently a member of the Tap Dance group Grupo TAPZ.

YOGA COM MÚSICA

Nursery + Pre-K
Tuesdays at 3:00 p.m.

Kindergarten
Mondays at 3:00 p.m.

Grade 1
Tuesdays at 3:45 p.m.

Grade 2
Mondays at 3:45 p.m.

Language
Portuguese

Instructor
Flávia Maia

Monthly Cost
R$ 350

This class promotes a playful contact with the universe of yoga through original songs that tell a story or suggest a sequence of movements. With a combination of fun musical activities and notions of self-knowledge and body awareness, children will play by imitating animals and nature elements, while also searching for moments of calm and kindness.

Instructor Bio
Flávia Maia is a musician, composer, art educator and yoga instructor. She has been working with art education since 1999, with a focus on music instruction for children and training educators. Flávia has been practicing yoga for 14 years and during the last 6 years has been dedicated to sharing her knowledge with both adults and children.
YOGA FOR TEENS

Grades 3 - 5
Mondays at 3:10 p.m.

Grades 6 - 12
Mondays at 4:00 p.m.

Language
English

Instructor
Daniele Bertolo

Monthly Cost
R$ 350

Students will practice breathing exercises, yoga poses, visualizations and relaxation activities in engaging classes.

Instructor Bio
Daniela has been teaching yoga since 2014, after a sabbatical period in India. She studied yoga at the Sivananda Yoga Vedanta Centre and was trained as an ayurvedic therapist at the Sudarsanam Academy for Ayurveda and Yoga. Before that, she worked as a physical therapist, graduated from Universidade Federal de São Paulo and specialized in Neurology and Gerontology from Universidade de São Paulo. Most recently Daniela inaugurated a bed and breakfast retreat center in the Mantiqueira Forest and is learning a lot about slow living and honoring the natural flow of life.
SPARK BUSINESS ACADEMY
Besides promoting financial literacy, SPARK’s mission is to empower students, millennials and young professionals with the tools and mindset to make educated financial decisions and develop into responsible global citizens. Financial literacy is an essential 21st century skill that will give students an edge in life. See below the courses offered by the Spark Business Academy.

YOUNG DIPLOMATS
This fun class helps students develop a global mindset. Students explore cultural differences across countries (languages, clothes, traditions), play geography games and learn about famous landmarks. Playing with real foreign money helps them understand world currencies and trade. Students enhance their public speaking and presentation skills in a supportive environment. Students role-play as diplomats and explore solutions to key global problems like hunger, poverty and pollution.

Grades 1 - 3
Wednesdays at 4:00 p.m.
Language
English
Monthly Cost
R$ 790

ENTREPRENEURS CLUB
Join other intrepid students and learn what it takes to launch your own business. Students build self-confidence while developing business skills in strategy, marketing and finance. They select a business idea, learn to develop a business plan and make a pitch presentation on the last day. Students even create a real website and design their own business cards!

Grades 4 - 6
Tuesdays at 4:00 p.m.
Language
English
Monthly Cost
R$ 790
STOCK MARKET CLUB
Grades 6 - 9
Thursdays at 5:00 p.m.
Language
English
Monthly Cost
R$ 790

Students meet weekly to explore the world of investing and build a $100,000 portfolio they can track over time. Students learn college-level concepts (including diversification, market cap, interest rates, mutual funds, options, etc.) that will help them start investing early and analyze current market events and trends. This innovative experience empowers students with the tools and mindset to face future investment decisions with confidence and buy low, sell high! A solid foundation for successful future investors!

ASPIRING FASHIONISTAS!
Grades 3 - 6
Mondays at 4:00 p.m.
Language
English
Monthly Cost
R$ 790

In this “glam” online program students gain knowledge of the fashion industry and develop skills in fashion design, fashion marketing, fashion journalism and branding. Students explore popular brands, analyze industry trends (e.g., athleisure), design various articles of clothing, define their own brand, explore careers in fashion and more!

CHILD’S PLAY NY
Child’s Play NY offers the youngest thespians dramatic play classes that encourage creative expression, confidence and collaboration. Child’s Play NY classes are led by professional performers who help students explore the joyous energy of theater and make-believe. Through improvisation, songs and creative movement, children develop early literacy skills, empathy, problem solving and an increased understanding of the world in which they live. Child’s Play NY is heralded by Time Out Kids as a top acting class in New York and provides after-school enrichment to children in Manhattan and Brooklyn. See below the courses offered by Child’s Play NY.

ADVENTURE SERIES
Pre-K + Kindergarten
Thursdays at 3:00 p.m.
Language
English
Monthly Cost
R$ 790

Children will expand their imaginations as they dive into magical travels, embark on ocean adventures, act out fairy tales, improvise animal characters and more! Using their bodies, voices and minds, students reinterpret classic and contemporary children’s literature and are inspired to create their own adventures. Connections are made to literature and the world around them. Through inspiration and theater, children enjoy a creatively fulfilling semester!
MINI MUSICAL SERIES

Grades 1 + 2
Thursdays at 3:45 p.m.

Language
English

Monthly Cost
R$ 790

Self-expression and artistry are the name of the game in the Mini Musical program. Children use plots of popular shows as a springboard for their own mini-plays. Through improvisation and creative movement they flex their imaginative muscles. We then layer on theater technique: students learn the basics of vocal warm-ups, character development, singing and choreography from expert teachers. The unique blend of play and performance is realized in a final “movie montage” for friends and family. Students get to showcase their abilities as young storytellers, singers and dancers! Students work on a variety of content throughout the semester including Frozen, Lion King and Little Mermaid.

MUSICAL THEATER LAB

Grades 3 + 4
Thursdays at 4:00 p.m.

Language
English

Monthly Cost
R$ 790

Learn how to be a triple threat in this dynamic class for budding performers with Child’s Play NY. Students focus on songs, dances and characters from Broadway’s most celebrated and kid-friendly shows. They work alongside professional performers with years of experience bringing their passion to children. Class culminates in a movie showcase of scenes and songs.

THAT’S HILARIOUS

Grades 4 + 5
Mondays at 4:00 p.m.

Language
English

Monthly Cost
R$ 790

Children find their funny bone in this creative way into acting technique. Scenes are carefully selected for each young actor from a range of classical and contemporary plays. From pure silliness to sophisticated wit, children will have a great time turning their sense-of-humor into craft. Their work will be presented in a final movie montage showcase.
MANDARIN AND SPANISH
(GROUP CLASSES)

Dynamic lessons to improve and develop language skills for students in grades 1-12. Enrollment through OPEN.

Our partners
(Mandarin)
Escola São Confúcio offers communicative, fun and dynamic courses. Their faculty has extensive experience in teaching Mandarin to children and adults in Brazil. Language and culture come together throughout the course, as students become true global citizens.

(Spanish)
Troika is a language consultancy that provides customized quality language instruction and develops teachers and writes innovative educational content to change the world.

MANDARIN
(PRIVATE CLASSES)

Private 30-minute classes for students in pre-kindergarten and kindergarten. No previous knowledge of the language required. To sign up for private classes or schedule a demo lesson, please reach out to extensions-sp@avenues.org.

Our partner
Escola São Confúcio offers communicative, fun and dynamic courses. Their faculty has extensive experience in teaching Mandarin to children and adults in Brazil. Language and culture come together throughout the course, as students become true global citizens.
PRIVATE MUSIC LESSONS
FOR STUDENTS AND PARENTS

Monthly Cost*
30-minute classes
R$ 385/month

45-minute classes
R$ 525/month

60-minute classes
R$ 650/month

* With make-up lessons to compensate for holidays

You can learn how to sing and play a variety of musical instruments with private music instructors.

Classes available for students and parents. To sign up for private classes, please reach out to extensions-sp@avenues.org.

Our partner
Opus Music School specializes in private lessons for a wide variety of musical instruments such as trumpet, saxophone, violin, guitar, flute, clarinet, piano, drums, voice and more.
AERO JAZZ

Aero Jazz is a fun and dynamic class. It develops cardiovascular endurance, agility and flexibility.

Mondays and Wednesdays at 9:00 a.m.

Our partner
Ballet Paula Castro is a traditional and innovative dance school with more than 40 years in the market. Since 1994 it has been the official representative of the Escuela Nacional de Ballet de la República de Cuba (ENBC) in Brazil. Ballet Paula Castro was founded by the dancer, physical educator and psychologist Paula Castro.

BALLET BLEND

A blend of Pilates and ballet. This high-intensity class builds strength and improves flexibility and aerobic conditioning whilst burning fat.

Fridays at 9:00 a.m.

Our partner
Ballet Paula Castro is a traditional and innovative dance school with more than 40 years in the market. Since 1994 it has been the official representative of the Escuela Nacional de Ballet de la República de Cuba (ENBC) in Brazil. Ballet Paula Castro was founded by the dancer, physical educator and psychologist Paula Castro.

ENGLISH PRIVATE LESSONS

For any level of proficiency and fully customized to your needs. 45-minute lessons via Zoom.

Cost per lesson
R$ 275

Our partner
Troika is a language consultancy that provides customized quality language instruction and develops teachers and writes innovative educational content to change the world.

ENGLISH GROUP LESSONS

Dynamic lessons to improve and develop your language skills for Avenues parents. The weekly 90-minute classes happen on Zoom.

Mondays or Wednesdays at 10:30 a.m.

Our partner
Troika is a language consultancy that provides customized quality language instruction and develops teachers and writes innovative educational content to change the world.