









# An Edible Boston Adventure through Piedmont & Tuscany

**11** DAYS

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#### YOUR TOUR PACKAGE INCLUDES

9 nights in handpicked hotels

9 breakfasts

2 lunches

4 dinners with beer or wine

2 wine tastings

1 cooking lesson

Guided sightseeing tours

Expert Tour Director & local guides

Private deluxe motor coach

#### INCLUDED HIGHLIGHTS

Porta Palazzo Alba White Truffle air Balsamic vinegar villa tour Cooking lesson Tuscan butcher shop visit Florentine market visit

#### TOUR PACE

You will walk for about 3.5 hours daily across moderately uneven terrain, including paved roads and cobblestone streets, with some hills and stairs.



### In Italy, food is an art form.

Learn about northern Italy's rich culinary history by visiting local shops, secluded vineyards, and bustling markets. You'll witness the passion behind the creation of famous meats, cheeses, oils, and wines by interacting with the producers who keep the traditions alive. Attend the Alba White Truffle air and even try your hand at making some of the region's specialty dishes during a cooking lesson.

## **Itinerary**

#### Overnight fligh | 1 NIGHT

#### Day 1: Travel day

Board your overnight flight to Turin tod y.

#### **Turin** | 4 NIGHTS

#### Day 2: Arrival in Turin

Included meals: dinner

Welcome to Italy! Gather with your fellow group members at a welcome dinner featuring dishes that are typical of the Piedmont region.

#### Day 3: Sightseeing tour of Turin

Included meals: breakfast

This morning, set out on a guided tour to discover Turin, home to Italy's Royal Family, the House of Savoy.

- Make a photo stop at Santa Maria del Monte, which overlooks the Po river and the city center
- Pass through Piazza Castello to make your way inside Palazzo Madama
- Enter the Royal Church of San Lorenzo
- Walk through the Palazzo Reale courtyard to visit Caffè al Bicerin and try the famou bicerin coffe

Head to Porta Palazzo, the largest open-air market in Europe, where you'll have time to walk around and shop at your leisure. Then, visit the Peyrano Fabbrica chocolate shop and enjoy free time to explore Eataly.

#### Day 4: Truffle hunt & Alba White ruffle Fa

Included meals: breakfast

Set off for Alba on a full-d  $\,\,y$  excursion to learn all about one of Italy's most prized foods: the truffl

- $\bullet$  Try your hand at finding truffles with the help of an experienced hunter and
- Discover some of the key characteristics of the fungi, including how it looks and smells, during a guided lesson
- $\bullet$  Head to the White Truffle  $\,$  air, where you'll have plenty of free time to enjoy the festival, browse the markets, and sample local dishes

#### Day 5: Barolo

Included meals: breakfast, lunch

Enjoy a full day of delicious foods, regional wines, and beautiful sights in and around Barolo.

- $\bullet$  Stop at the village of La Morra and soak in panoramic views of the Langhe region
- $\bullet$  Step inside the UNESCO-listed Castle of Grinzane Cavour
- $\bullet$  Visit a winery in Barolo, where you'll walk through the vineyard and enjoy a light lunch followed by a wine tasting

#### Bologna | 2 NIGHTS

#### Day 6: Parmigiano Reggiano producer & balsamic vinegar villa

Included meals: breakfast, lunch

As you head to Bologna, Italy's culinary capital, stop to try some culinary delights.

- $\bullet$  Visit a local Parmigiano Reggiano producer and enjoy a cheese tasting
- Tour a family-run balsamic vinegar villa and discover how they produce their highend, aged balsamic known as Aceto Balsamico Tradizionale di Modena
- $\bullet$  Try the balsamic vinegar during a lunch featuring a variety of appetizers, a risotto dish, and a buff  $\,$  t of desserts

#### Day 7: Sightseeing tour of Bologna & cooking class

Included meals: breakfast, dinner

This morning, venture out on a walking tour with an expert local guide. \\

- Visit the University of Bologna, the world's oldest operating university
- Peruse the local fish and egetable market district and visit Piazza Maggiore Learn how to make tortellini, tortelloni, and tagliatelle during a cooking class this evening. Then, enjoy eating the meal you've prepared for dinner.

#### Tuscan agriturismo | 3 NIGHTS

#### Day 8: Tuscan agriturismo via Antica Macelleria Cecchini

Included meals: breakfast, dinner

Say goodbye to Bologna and make your way to an agriturismo located in the beautiful Tuscan countryside.

- Stop at Antica Macelleria Cecchini, a Tuscan butcher shop, and meet with the owner, Dario Cecchini
- $\bullet$  Tour the grounds of the agriturismo before gathering with your group for a wine tasting and dinner

#### Day 9: Culinary walking tour of Florence

Included meals: breakfast

Head into the nearby city of Florence and visit a traditional market, where you'll be able to purchase fresh, locally sourced foods for a picnic dinner this evening. Enjoy free time in the city before returning to the agriturismo this afternoon.

#### Day 10: Free day at Tuscan agriturismo

Included meals: breakfast, dinner

Spend a free day at the agriturismo and enjoy the activities that they offer includin walks through the grounds, spa treatments, cooking classes, wine and oil tastings, painting, hot-air balloon rides, bicycle tours, horseback riding, and Vespa tours. This evening, gather with your fellow group members to celebrate your trip during a farewell dinner.

#### Day 11: Departure

Included meals: breakfast (excluding early morning departures)
Transfer to the airport for your flight home