

LARGE PIZZA NUTRITIONAL INFORMATION

SUPER SUPREME	Pizza	Slice
Energy (kJ)	7,990	999
Protein_g	111	14
Fat. Total_G	74	9
saturated_g	25	3
Carbohydrate_g	196	24
Sugars_g	12	2
Sodium_mg	3,816	477

BBQ MEATLOVERS	Pizza	Slice
Energy (kJ)	8,411	1,051
Protein_g	82	10
Fat. Total_G	89	11
saturated_g	34	4
Carbohydrate_g	218	27
Sugars_g	36	5
Sodium_mg	4,287	536

HAWAIIAN	Pizza	Slice
Energy (kJ)	7,391	924
Protein_g	102	13
Fat. Total_G	58	7
saturated_g	19	2
Carbohydrate_g	207	26
Sugars_g	26	3
Sodium_mg	3,168	396

HAM LOVERS	Pizza	Slice
Energy (kJ)	7,256	907
Protein_g	106	13
Fat. Total_G	59	7
saturated_g	19	2
Carbohydrate_g	188	24
Sugars_g	7	1
Sodium_mg	3,499	437

CHICKEN SUPREME	Pizza	Slice
Energy (kJ)	7,468	934
Protein_g	109	14
Fat. Total_G	59	7
saturated_g	19	2
Carbohydrate_g	199	25
Sugars_g	21	3
Sodium_mg	3,508	438

VEGGIE SENSATION	Pizza	Slice
Energy (kJ)	8,423	1,053
Protein_g	109	14
Fat. Total_G	84	11
saturated_g	32	4
Carbohydrate_g	199	25
Sugars_g	18	2
Sodium_mg	3,353	419

HOT AND SPICY VEG	Pizza	Slice
Energy (kJ)	7,218	902
Protein_g	92	11
Fat. Total_G	59	7
saturated_g	17	2
Carbohydrate_g	201	25
Sugars_g	19	2
Sodium_mg	3,160	395

ULTIMATE HOT & SPICY	Pizza	Slice
Energy (kJ)	8,205	1,026
Protein_g	108	14
Fat. Total_G	80	10
saturated_g	27	3
Carbohydrate_g	195	24
Sugars_g	11	1
Sodium_mg	3,901	488

BBQ CHEESEBURGER	Pizza	Slice
Energy (kJ)	8,421	1,053
Protein_g	89	11
Fat. Total_G	80	8
saturated_g	30	4
Carbohydrate_g	229	29
Sugars_g	44	6
Sodium_mg	4,993	624

PEPPERONI LOVERS	Pizza	Slice
Energy (kJ)	8,153	1,019
Protein_g	104	13
Fat. Total_G	86	11
saturated_g	33	4
Carbohydrate_g	186	23
Sugars_g	7	1
Sodium_mg	3,221	403

BBQ BEEF	Pizza	Slice
Energy (kJ)	7,607	951
Protein_g	71	9
Fat. Total_G	72	9
saturated_g	27	3
Carbohydrate_g	218	27
Sugars_g	36	5
Sodium_mg	3,704	463

BBQ CHICKEN	Pizza	Slice
Energy (kJ)	7,587	948
Protein_g	75	9
Fat. Total_G	64	8
saturated_g	22	3
Carbohydrate_g	229	29
Sugars_g	52	7
Sodium_mg	3,811	476

MARGHERITA	Pizza	Slice
Energy (kJ)	6,793	849
Protein_g	91	11
Fat. Total_G	51	6
saturated_g	16	2
Carbohydrate_g	191	24
Sugars_g	11	1
Sodium_mg	2,499	312

HOT AND SPICY CHICKEN	Pizza	Slice
Energy (kJ)	7,676	960
Protein_g	108	14
Fat. Total_G	64	8
saturated_g	18	2
Carbohydrate_g	201	25
Sugars_g	22	3
Sodium_mg	3,743	468

CHEESE LOVERS	Pizza	Slice
Energy (kJ)	9,909	1,239
Protein_g	144	18
Fat. Total_G	114	14
saturated_g	54	7
Carbohydrate_g	188	23
Sugars_g	8	1
Sodium_mg	3,616	452

VEGAN MEDITERRANEAN	Pizza	Slice
Energy (kJ)	6,308	789
Protein_g	68	8
Fat. Total_G	47	6
saturated_g	13	2
Carbohydrate_g	198	25
Sugars_g	9	1
Sodium_mg	3,193	399

BUTCHERS BLOCK	Pizza	Slice
Energy (kJ)	9,242	1,155
Protein_g	95	12
Fat. Total_G	104	13
saturated_g	37	5
Carbohydrate_g	220	27
Sugars_g	39	5
Sodium_mg	5,014	627

CREAMY CHICKEN & BACON	Pizza	Slice
Energy (kJ)	7,628	954
Protein_g	90	11
Fat. Total_G	80	10
saturated_g	36	5
Carbohydrate_g	184	23
Sugars_g	16	2
Sodium_mg	3,404	425

AMERICANO	Pizza	Slice
Energy (kJ)	7,088	886
Protein_g	94	12
Fat. Total_G	61	8
saturated_g	21	3
Carbohydrate_g	186	23
Sugars_g	7	1
Sodium_mg	2,707	338

VEGAN CHEESE LOVERS	Pizza	Slice
Energy (kJ)	6,203	775
Protein_g	66	8
Fat. Total_G	45	6
saturated_g	16	2
Carbohydrate_g	198	25
Sugars_g	7	1
Sodium_mg	3,039	380

CREAMY GALRIC PRAWN	Pizza	Slice
Energy (kJ)	8,424	1,053
Protein_g	90	11
Fat. Total_G	86	11
saturated_g	30	4
Carbohydrate_g	212	26
Sugars_g	17	2
Sodium_mg	3,251	406

SPONGEBOB PIZZA	Pizza	Slice
Energy_kJ	9,600	1,200
Protein_g	113	14
Fat. Total_G	107	13
saturated_g	26	3
Carbohydrate_g	215	27
Sugars_g	29	4
Sodium_mg	4,800	600

HOT & SPICY PANEER	Pizza	Slice
Energy (kJ)	7,698	962
Protein_g	101	13
Fat. Total_G	70	9
saturated_g	26	3
Carbohydrate_g	202	25
Sugars_g	21	3
Sodium_mg	3,175	397

GARLIC PRAWN	Pizza	Slice
Energy (kJ)	7,308	913
Protein_g	108	14
Fat. Total_G	57	7
saturated_g	16	2
Carbohydrate_g	191	24
Sugars_g	10	1
Sodium_mg	3,171	396

BBQ MEGA MEATLOVERS	Pizza	Slice
Energy (kJ)	8,702	1,088
Protein_g	94	12
Fat. Total_G	90	11
saturated_g	35	4
Carbohydrate_g	219	27
Sugars_g	36	5
Sodium_mg	4,935	617

SMOKY CHICKEN AND BACON	Pizza	Slice
Energy (kJ)	8,145	1,018
Protein_g	116	15
Fat. Total_G	72	9
saturated_g	23	3
Carbohydrate_g	202	25
Sugars_g	25	3
Sodium_mg	4,107	513

EPIC PEPPERONI	Pizza	Slice
Energy (kJ)	10,885	1,361
Protein_g	132	17
Fat. Total_G	146	18
saturated_g	60	8
Carbohydrate_g	187	23
Sugars_g	7	1
Sodium_mg	4,640	580

VEGAN DELUXE	Pizza	Slice
Energy (kJ)	6,091	761
Protein_g	68	9
Fat. Total_G	39	5
saturated_g	12	2
Carbohydrate_g	201	25
Sugars_g	13	2
Sodium_mg	2,761	345

VEGAN MARGHERITA	Pizza	Slice
Energy (kJ)	6,009	751
Protein_g	67	8
Fat. Total_G	39	5
saturated_g	12	2
Carbohydrate_g	197	25
Sugars_g	9	1
Sodium_mg	2,761	345

SURF AND TURF	Pizza	Slice
Energy (kJ)	7,388	924
Protein_g	114	14
Fat. Total_G	57	7
saturated_g	19	2
Carbohydrate_g	192	24
Sugars_g	11	1
Sodium_mg	3,517	439

PANEER VEGGIE SENSATION	Pizza	Slice
Energy (kJ)	8,903	1,112
Protein_g	118	15
Fat. Total_G	96	12
saturated_g	40	5
Carbohydrate_g	202	25
Sugars_g	21	3
Sodium_mg	3,368	421

HOT HONEY PEPPERONI - THIN N CRISPY	Pizza	Slice
Energy (kJ)	8,175	1,021
Protein_g	101	13
Fat. Total_G	85	11
saturated_g	33	4
Carbohydrate_g	193	24
Sugars_g	21	3
Sodium_mg	2,385	298

HOT HONEY PEPPERONI - STUFFED CRUST	Pizza	Slice
Energy (kJ)	11,436	1,430
Protein_g	148	19
Fat. Total_G	137	17
saturated_g	65	8
Carbohydrate_g	209	26
Sugars_g	29	8
Sodium_mg	5,494	686

MEDIUM PIZZA NUTRITIONAL INFORMATION

SUPER SUPREME	Pizza	Slice
Energy (kJ)	4,905	817
Protein_g	52	9
Fat. Total_G	51	9
saturated_g	22	4
Carbohydrate_g	125	21
Sugars_g	12	2
Sodium_mg	2,502	417

BBQ MEATLOVERS	Pizza	Slice
Energy (kJ)	5,530	922
Protein_g	58	10
Fat. Total_G	65	11
saturated_g	27	5
Carbohydrate_g	127	21
Sugars_g	24	4
Sodium_mg	2,870	478

HAWAIIAN	Pizza	Slice
Energy (kJ)	4,477	746
Protein_g	47	8
Fat. Total_G	40	7
saturated_g	19	3
Carbohydrate_g	130	22
Sugars_g	19	3
Sodium_mg	2,077	346

HAM LOVERS	Pizza	Slice
Energy (kJ)	4,402	734
Protein_g	49	8
Fat. Total_G	41	7
saturated_g	18	3
Carbohydrate_g	120	20
Sugars_g	9	1
Sodium_mg	2,258	376

CHICKEN SUPREME	Pizza	Slice
Energy (kJ)	4,530	755
Protein_g	51	8
Fat. Total_G	41	7
saturated_g	18	3
Carbohydrate_g	127	21
Sugars_g	17	3
Sodium_mg	2,263	377

HOT AND SPICY CHICKEN	Pizza	Slice
Energy (kJ)	4,745	791
Protein_g	50	8
Fat. Total_G	46	8
saturated_g	18	3
Carbohydrate_g	128	21
Sugars_g	17	3
Sodium_mg	2,455	409

GARLIC PRAWN	Pizza	Slice
Energy (kJ)	4,532	755
Protein_g	54	9
Fat. Total_G	40	7
saturated_g	17	3
Carbohydrate_g	122	20
Sugars_g	11	2
Sodium_mg	2,203	367

ULTIMATE HOT & SPICY	Pizza	Slice
Energy (kJ)	5,088	848
Protein_g	51	9
Fat. Total_G	56	9
saturated_g	24	4
Carbohydrate_g	124	21
Sugars_g	11	2
Sodium_mg	2,569	428

BBQ CHEESEBURGER	Pizza	Slice
Energy (kJ)	5,366	894
Protein_g	60	10
Fat. Total_G	56	9
saturated_g	24	4
Carbohydrate_g	134	22
Sugars_g	29	5
Sodium_mg	3,164	527

PEPPERONI LOVERS	Pizza	Slice
Energy (kJ)	5,206	868
Protein_g	51	9
Fat. Total_G	62	10
saturated_g	29	5
Carbohydrate_g	119	20
Sugars_g	9	2
Sodium_mg	2,254	376

BBQ BEEF	Pizza	Slice
Energy (kJ)	4,900	817
Protein_g	50	8
Fat. Total_G	51	9
saturated_g	22	4
Carbohydrate_g	126	21
Sugars_g	23	4
Sodium_mg	2,425	404

BBQ CHICKEN	Pizza	Slice
Energy (kJ)	4,908	818
Protein_g	53	9
Fat. Total_G	47	8
saturated_g	19	6
Carbohydrate_g	133	22
Sugars_g	33	6
Sodium_mg	2,515	419

HOT AND SPICY VEG	Pizza	Slice
Energy (kJ)	4,425	738
Protein_g	42	7
Fat. Total_G	41	7
saturated_g	18	3
Carbohydrate_g	128	21
Sugars_g	15	3
Sodium_mg	2,107	351

BUTCHERS BLOCK	Pizza	Slice
Energy (kJ)	6,060	1,010
Protein_g	66	11
Fat. Total_G	75	13
saturated_g	30	5
Carbohydrate_g	127	21
Sugars_g	25	4
Sodium_mg	3,284	547

VEGGIE SENSATION	Pizza	Slice
Energy (kJ)	5,094	849
Protein_g	51	9
Fat. Total_G	56	9
saturated_g	26	4
Carbohydrate_g	126	21
Sugars_g	15	2
Sodium_mg	2,239	373

CHEESE LOVERS	Pizza	Slice
Energy (kJ)	4,798	800
Protein_g	52	9
Fat. Total_G	51	8
saturated_g	26	4
Carbohydrate_g	119	20
Sugars_g	9	1
Sodium_mg	1,978	330

CREAMY CHICKEN & BACON	Pizza	Slice
Energy (kJ)	5,366	894
Protein_g	57	9
Fat. Total_G	64	11
saturated_g	29	5
Carbohydrate_g	119	20
Sugars_g	10	2
Sodium_mg	2,166	361

AMERICANO	Pizza	Slice
Energy (kJ)	4,520	753
Protein_g	44	7
Fat. Total_G	47	8
saturated_g	22	4
Carbohydrate_g	119	20
Sugars_g	9	1
Sodium_mg	1,923	320

VEGAN MEDITERRANEAN	Pizza	Slice
Energy (kJ)	3,907	651
Protein_g	26	4
Fat. Total_G	35	6
saturated_g	16	3
Carbohydrate_g	127	21
Sugars_g	10	2
Sodium_mg	2,196	366

VEGAN CHEESE LOVERS	Pizza	Slice
Energy (kJ)	3,850	642
Protein_g	25	4
Fat. Total_G	34	6
saturated_g	18	3
Carbohydrate_g	127	21
Sugars_g	9	1
Sodium_mg	2,118	353

MARGHERITA	Pizza	Slice
Energy (kJ)	4,145	691
Protein_g	41	7
Fat. Total_G	36	6
saturated_g	17	3
Carbohydrate_g	121	20
Sugars_g	11	2
Sodium_mg	1,709	285

MEGA MEATLOVERS	Pizza	Slice
Energy (kJ)	5,689	948
Protein_g	65	11
Fat. Total_G	66	11
saturated_g	28	5
Carbohydrate_g	127	21
Sugars_g	24	4
Sodium_mg	3,224	537

SMOKY CHICKEN AND BACON	Pizza	Slice
Energy (kJ)	5,041	840
Protein_g	56	9
Fat. Total_G	51	9
saturated_g	22	4
Carbohydrate_g	129	32
Sugars_g	19	3
Sodium_mg	2,725	454

EPIC PEPPERONI	Pizza	Slice
Energy (kJ)	4,742	790
Protein_g	46	7
Fat. Total_G	52	9
saturated_g	24	4
Carbohydrate_g	119	20
Sugars_g	9	2
Sodium_mg	2,033	339

VEGAN DELUXE	Pizza	Slice
Energy (kJ)	3,816	636
Protein_g	26	4
Fat. Total_G	31	5
saturated_g	16	3
Carbohydrate_g	130	22
Sugars_g	13	2
Sodium_mg	1,980	330

VEGAN MARGHERITA	Pizza	Slice
Energy (kJ)	3,606	601
Protein_g	38	6
Fat. Total_G	24	4
saturated_g	8	1
Carbohydrate_g	118	20
Sugars_g	6	1
Sodium_mg	1,743	291

CREAMY GALRIC PRAWN	Pizza	Slice
Energy (kJ)	4,950	619
Protein_g	60	8
Fat. Total_G	50	6
saturated_g	24	3
Carbohydrate_g	118	15
Sugars_g	6	1
Sodium_mg	1,883	235

SPONGEBOB	Pizza	Slice
Energy_kJ	6,542	818
Protein_g	54	7
Fat. Total_G	85	11
saturated_g	24	3
Carbohydrate_g	145	18
Sugars_g	29	4
Sodium_mg	3,403	425

HOT & SPICY VEGGIE	Pizza	Slice
Energy (kJ)	4,905	818
Protein_g	50	8
Fat. Total_G	53	7
saturated_g	26	4
Carbohydrate_g	202	34
Sugars_g	21	4
Sodium_mg	2,122	354

PERSONAL PAN PIZZA NUTRITIONAL INFORMATION

SUPER SUPREME	Pizza	Slice
Energy (kJ)	1,629	407
Protein_g	18	4
Fat. Total_G	17	4
saturated_g	8	2
Carbohydrate_g	41	10
Sugars_g	5	1
Sodium_mg	967	242

PEPPERONI LOVERS	Pizza	Slice
Energy (kJ)	1,715	429
Protein_g	17	4
Fat. Total_G	22	5
saturated_g	11	3
Carbohydrate_g	37	9
Sugars_g	3	1
Sodium_mg	796	199

AMERICANO	Pizza	Slice
Energy (kJ)	1,294	324
Protein_g	13	3
Fat. Total_G	12	3
saturated_g	6	2
Carbohydrate_g	37	9
Sugars_g	3	1
Sodium_mg	594	149

CHEESE LOVERS	Pizza	Slice
Energy (kJ)	1,684	421
Protein_g	20	5
Fat. Total_G	19	5
saturated_g	11	3
Carbohydrate_g	37	9
Sugars_g	3	1
Sodium_mg	732	183

BBQ CHICKEN	Pizza	Slice
Energy (kJ)	1,539	385
Protein_g	21	5
Fat. Total_G	11	3
saturated_g	5	1
Carbohydrate_g	46	12
Sugars_g	13	3
Sodium_mg	1,515	379

BBQ CHEESEBURGER	Pizza	Slice
Energy (kJ)	1,657	414
Protein_g	22	6
Fat. Total_G	14	3
saturated_g	7	2
Carbohydrate_g	45	11
Sugars_g	9	2

SURF AND TURF	Pizza	Slice
Energy (kJ)	4,827	805
Protein_g	65	11
Fat. Total_G	42	7
saturated_g	20	3
Carbohydrate_g	125	21
Sugars_g	13	2
Sodium_mg	2,734	456

PANEER VEGGIE SENSATION	Pizza	Slice
Energy (kJ)	5,574	929
Protein_g	60	10
Fat. Total_G	68	11
saturated_g	34	6
Carbohydrate_g	202	34
Sugars_g	21	4
Sodium_mg	2,254	376

BBQ MEATLOVERS	Pizza	Slice
Energy (kJ)	1,560	390
Protein_g	19	5
Fat. Total_G	14	4
saturated_g	7	2
Carbohydrate_g	41	10
Sugars_g	6	2
Sodium_mg	937	234

HAWAIIAN	Pizza	Slice
Energy (kJ)	1,382	346
Protein_g	15	4
Fat. Total_G	11	3
saturated_g	6	1
Carbohydrate_g	45	11
Sugars_g	10	2
Sodium_mg	709	177

MARGHERITA	Pizza	Slice
Energy (kJ)	1,163	291
Protein_g	11	3
Fat. Total_G	9	2
saturated_g	5	1
Carbohydrate_g	38	10
Sugars_g	4	1
Sodium_mg	523	131

VEGGIE SENSATION	Pizza	Slice
Energy (kJ)	1,678	420
Protein_g	17	4
Fat. Total_G	19	5
saturated_g	9	2
Carbohydrate_g	41	10
Sugars_g	6	1
Sodium_mg	817	204

HAM LOVERS	Pizza	Slice
Energy (kJ)	1,167	292
Protein_g	11	3
Fat. Total_G	9	2
saturated_g	5	1
Carbohydrate_g	38	9
Sugars_g	3	1
Sodium_mg	1,030	257

BBQ BEEF	Pizza	Slice
Energy (kJ)	1,534	384
Protein_g	19	5
Fat. Total_G	13	3
saturated_g	7	2
Carbohydrate_g	42	11
Sugars_g	6	2

Sodium_mg	1,252	313
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Sodium_mg	976	244
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VEGAN MEDITERRANEAN	Pizza	Slice
Energy (kJ)	1,069	267
Protein_g	4	1
Fat. Total_G	8	2
saturated_g	4	1
Carbohydrate_g	41	10
Sugars_g	4	1
Sodium_mg	770	192

VEGAN MARGHERITA	Pizza	Slice
Energy (kJ)	994	248
Protein_g	4	1
Fat. Total_G	6	1
saturated_g	4	1
Carbohydrate_g	41	10
Sugars_g	4	1
Sodium_mg	662	165

SPONGE BOB PIZZA	Pizza	Slice
Energy_kJ	3,388	847
Protein_g	20	5
Fat. Total_G	52	13
saturated_g	9	2
Carbohydrate_g	65	16
Sugars_g	26	7
Sodium_mg	1,932	483

SIDES NUTRITIONAL INFORMATION

TRIPLE DIPPERS	Per Pack
Energy (kJ)	8,079
Protein_g	87
Fat. Total_G	112
saturated_g	44
Carbohydrate_g	145
Sugars_g	21
Sodium_mg	4,260

CHEESY GARLIC BREAD	Per Item
Energy (kJ)	2,703
Protein_g	19
Fat. Total_G	33
saturated_g	16
Carbohydrate_g	68
Sugars_g	4
Sodium_mg	1,124

SPUD BITES	30 Pack
Energy (kJ)	1,790
Protein_g	7
Fat. Total_G	25
saturated_g	12
Carbohydrate_g	41
Sugars_g	2
Sodium_mg	1,434

ALFREDO PASTA-SINGLE	Per Unit
Energy (kJ)	2,138
Protein_g	20
Fat. Total_G	30
saturated_g	20
Carbohydrate_g	39
Sugars_g	4
Sodium_mg	1,038

ALFREDO PASTA/CHICKEN-SINGLE	Per Unit
Energy (kJ)	2,372
Protein_g	27
Fat. Total_G	33
saturated_g	21
Carbohydrate_g	41
Sugars_g	7
Sodium_mg	1,347

BEEF LASAGNE-SINGLE	Per Unit
Energy (kJ)	1,751
Protein_g	21
Fat. Total_G	18
saturated_g	10

VEGAN DELUXE	Pizza	Slice
Energy (kJ)	1,036	259
Protein_g	4	1
Fat. Total_G	6	1
saturated_g	4	1
Carbohydrate_g	43	11
Sugars_g	6	1
Sodium_mg	662	166

VEGAN CHEESE LOVERS	Pizza	Slice
Energy (kJ)	1,038	260
Protein_g	4	1
Fat. Total_G	7	2
saturated_g	5	1
Carbohydrate_g	41	10
Sugars_g	3	1
Sodium_mg	730	182

GARLIC BREAD	Per Item
Energy (kJ)	2,278
Protein_g	13
Fat. Total_G	24
saturated_g	10
Carbohydrate_g	68
Sugars_g	7
Sodium_mg	903

VEGAN CHEESY GARLIC BREAD	Per Unit
Energy (kJ)	2,500
Protein_g	11
Fat. Total_G	29
saturated_g	15
Carbohydrate_g	71
Sugars_g	4
Sodium_mg	1,250

CHEESY SPUD BITES	8 Pack
Energy (kJ)	1,261
Protein_g	8
Fat. Total_G	15
saturated_g	5
Carbohydrate_g	33
Sugars_g	6
Sodium_mg	978

ALFREDO PASTA-SHARED	Per Unit
Energy (kJ)	4,277
Protein_g	40
Fat. Total_G	60
saturated_g	40
Carbohydrate_g	78
Sugars_g	8
Sodium_mg	2,076

ALFREDO PASTA/CHICKEN-SHARED	Per Unit
Energy (kJ)	4,743
Protein_g	54
Fat. Total_G	65
saturated_g	42
Carbohydrate_g	81
Sugars_g	14
Sodium_mg	2,694

BEEF LASAGNE-SHARED	Per Unit
Energy (kJ)	3,503
Protein_g	43
Fat. Total_G	36
saturated_g	19

Carbohydrate_g	41
Sugars_g	10
Sodium_mg	936

SPIRAL BOLOGNESE-SINGLE	Per Unit
Energy (kJ)	1,829
Protein_g	26
Fat. Total_G	15
saturated_g	7
Carbohydrate_g	47
Sugars_g	11
Sodium_mg	1,164

CREAMY PRAWN ALFREDO PASTA-SINGLE	Per Unit
Energy (kJ)	2,278
Protein_g	28
Fat. Total_G	30
saturated_g	20
Carbohydrate_g	39
Sugars_g	4
Sodium_mg	1,279

JALAPENO CHEESE BITES	Per Unit
Energy (kJ)	262
Protein_g	2
Fat. Total_G	4
saturated_g	2
Carbohydrate_g	6
Sugars_g	1
Sodium_mg	136

CHIPS - LARGE	Per Unit
Energy_kJ	2,220
Protein_g	8
Fat. Total_G	21
saturated_g	2
Carbohydrate_g	75
Sugars_g	4
Sodium_mg	870

MEAT BALL - 15pack	Per Pack
Energy (kJ)	2,011
Protein_g	36
Fat. Total_G	27
saturated_g	8
Carbohydrate_g	22
Sugars_g	2
Sodium_mg	1,295

MEAT BALL - 10pack	Per Pack
Energy (kJ)	1,341
Protein_g	24
Fat. Total_G	18
saturated_g	5
Carbohydrate_g	15
Sugars_g	2
Sodium_mg	864

MEAT BALL & SMOKEY BBQ 15pack	Per Pack
Energy (kJ)	2,509
Protein_g	37
Fat. Total_G	27
saturated_g	8
Carbohydrate_g	48
Sugars_g	25
Sodium_mg	2,116

MAC & CHEESE PASTA SINGLE	Per Pack
Energy (kJ)	2,299
Protein_g	27
Fat. Total_G	30
saturated_g	19
Carbohydrate_g	44
Sugars_g	4
Sodium_mg	1,066

LOADED MAC & CHEESE - HONEY HAM	Per Item
Energy (kJ)	2,480
Protein_g	31
Fat. Total_G	33

Carbohydrate_g	81
Sugars_g	19
Sodium_mg	1,872

SPIRAL BOLOGNESE-SHARED	Per Unit
Energy (kJ)	3,659
Protein_g	52
Fat. Total_G	29
saturated_g	13
Carbohydrate_g	95
Sugars_g	22
Sodium_mg	2,328

CREAMY PRAWN ALFREDO PASTA-SHARED	Per Unit
Energy (kJ)	4,557
Protein_g	56
Fat. Total_G	60
saturated_g	40
Carbohydrate_g	78
Sugars_g	8
Sodium_mg	2,558

CHIPS - REGULAR	Per Unit
Energy_kJ	1,617
Protein_g	8
Fat. Total_G	12
saturated_g	10
Carbohydrate_g	59
Sugars_g	1
Sodium_mg	120

MEAT BALL - 30pack	Per Pack
Energy (kJ)	4,023
Protein_g	72
Fat. Total_G	54
saturated_g	16
Carbohydrate_g	44
Sugars_g	5
Sodium_mg	2,591

MEAT BALL - 10pack	Per Pack
Energy (kJ)	1,341
Protein_g	24
Fat. Total_G	18
saturated_g	5
Carbohydrate_g	15
Sugars_g	2
Sodium_mg	864

MEAT BALL & SMOKEY BBQ 30pack	Per Pack
Energy (kJ)	4,520
Protein_g	73
Fat. Total_G	54
saturated_g	16
Carbohydrate_g	70
Sugars_g	27
Sodium_mg	3,412

MEAT BALL & SMOKEY BBQ 10pack	Per Pack
Energy (kJ)	1,590
Protein_g	25
Fat. Total_G	18
saturated_g	5
Carbohydrate_g	28
Sugars_g	13
Sodium_mg	1,274

MAC & CHEESE PASTA SHARED	Per Pack
Energy (kJ)	2,756
Protein_g	34
Fat. Total_G	39
saturated_g	25
Carbohydrate_g	44
Sugars_g	4
Sodium_mg	1,213

LOADED MAC & CHEESE - BBQ BEEF	Per Item
Energy (kJ)	2,545
Protein_g	31
Fat. Total_G	34

saturated_g	21
Carbohydrate_g	44
Sugars_g	4
Sodium	1,199

LOADED MAC & CHEESE - CHICKEN	Per Item
Energy (kJ)	2,477
Protein_g	33
Fat. Total_G	33
saturated_g	21
Carbohydrate_g	45
Sugars_g	4
Sodium	1,162

MELTS - BUFFALO CHICKEN	Per Item
Energy (kJ)	1,653
Protein_g	4.7
Fat. Total_G	21.5
saturated_g	10.1
Carbohydrate_g	45
Sugars_g	20
Sodium_mg	178

MELTS - HAM & CHEESE	Per Item
Energy (kJ)	2,520
Protein_g	31
Fat. Total_G	41
saturated_g	17
Carbohydrate_g	34
Sugars_g	5
Sodium_mg	1,102

CHEESE DUNK - TRIPLE CHEESE	Per Item
Energy (kJ)	2,243
Protein_g	26
Fat. Total_G	35
saturated_g	23
Carbohydrate_g	29
Sugars_g	7
Sodium	1,844

CHEESE DUNK - SUPREME	Per Item
Energy (kJ)	2,939
Protein_g	34
Fat. Total_G	47
saturated_g	29
Carbohydrate_g	35
Sugars_g	12
Sodium_mg	2,205

CHEESE DUNK - PEPPERONI	Per Item
Energy (kJ)	2,859
Protein_g	33
Fat. Total_G	47
saturated_g	29
Carbohydrate_g	33
Sugars_g	9
Sodium_mg	2,200

HOT HONEY BITES	Per Item
Energy (kJ)	248
Protein_g	2
Fat. Total_G	2
saturated_g	1.2
Carbohydrate_g	7
Sugars_g	0.7
Sodium_mg	147

LOADED GARLIC BREAD - BBQ MEATLOVERS	Per Item
Energy (kJ)	2,361
Protein_g	27
Fat. Total_G	36
saturated_g	16
Carbohydrate_g	45
Sugars_g	9
Sodium_mg	1,539

LOADED GARLIC BREAD - VEGGIE PANEER	Per Item
Energy (kJ)	1,727
Protein_g	14

saturated_g	21
Carbohydrate_g	47
Sugars_g	6
Sodium	1,253

LOADED MAC & CHEESE - BUFFALO	Per Item
Energy (kJ)	2,502
Protein_g	31
Fat. Total_G	33
saturated_g	21
Carbohydrate_g	45
Sugars_g	4
Sodium	1,292

MELTS - MEATLOVERS	Per Item
Energy (kJ)	2,966
Protein_g	37
Fat. Total_G	36
saturated_g	17
Carbohydrate_g	42
Sugars_g	11
Sodium_mg	1,704

MELTS - PEPPERONI	Per Item
Energy (kJ)	2,990
Protein_g	31
Fat. Total_G	42
saturated_g	22
Carbohydrate_g	32
Sugars_g	3
Sodium_mg	976

CHEESE DUNK - JALAPENO	Per Item
Energy (kJ)	2,257
Protein_g	26
Fat. Total_G	35
saturated_g	23
Carbohydrate_g	29
Sugars_g	7
Sodium	2,010

CHEESE DUNK - HAWAIIAN	Per Item
Energy (kJ)	3,090
Protein_g	42
Fat. Total_G	46
saturated_g	28
Carbohydrate_g	41
Sugars_g	16
Sodium_mg	2,731

CHEESE DUNK - HOT HONEY	Per Item
Energy (kJ)	2,472
Protein_g	26
Fat. Total_G	35
saturated_g	23
Carbohydrate_g	42
Sugars_g	16
Sodium_mg	1,848

LOADED GARLIC BREAD - PEPPERONI	Per Item
Energy (kJ)	1,922
Protein_g	15
Fat. Total_G	25
saturated_g	12
Carbohydrate_g	44
Sugars_g	9
Sodium_mg	1,290

LOADED GARLIC BREAD - BUFFALO CHICKEN	Per Item
Energy (kJ)	1,870
Protein_g	15
Fat. Total_G	19
saturated_g	10
Carbohydrate_g	46
Sugars_g	10
Sodium_mg	1,234

Fat. Total_G	20
saturated_g	11
Carbohydrate_g	46
Sugars_g	13
Sodium_mg	1,126

DESSERTS NUTRITIONAL INFORMATION

COOKIE WITH HERSHEY'S CHOC	Per Item
Energy (kJ)	6,952
Protein_g	18
Fat. Total_G	81
saturated_g	45
Carbohydrate_g	210
Sugars_g	146
Sodium_mg	944

BROWNIE WITH HERSHEY'S CHOC	Per Item
Energy (kJ)	9,270
Protein_g	23
Fat. Total_G	147
saturated_g	42
Carbohydrate_g	187
Sugars_g	184
Sodium_mg	432

COOKIE WITH NUTELLA	Per Item
Energy (kJ)	12,126
Protein_g	30
Fat. Total_G	144
saturated_g	66
Carbohydrate_g	378
Sugars_g	264
Sodium_mg	2,058

EVEREST ICE-CREAM VANILLA 120mL	Per Item
Energy (kJ)	546
Protein_g	2
Fat. Total_G	12
saturated_g	8
Carbohydrate_g	18
Sugars_g	16
Sodium_mg	41

EVEREST ICE-CREAM CHOCOLATE 120mL	Per Item
Energy (kJ)	602
Protein_g	2
Fat. Total_G	10
saturated_g	7
Carbohydrate_g	21
Sugars_g	19
Sodium_mg	65

EVEREST ICE-CREAM CARAMEL 120mL	Per Item
Energy (kJ)	592
Protein_g	2
Fat. Total_G	11
saturated_g	8
Carbohydrate_g	21
Sugars_g	19
Sodium_mg	119

SPONGEBOB ICE-CREAM; PINAPPLE SUNRISE	Per Item
Energy (kJ)	2,605
Protein_g	10
Fat. Total_G	35
saturated_g	24
Carbohydrate_g	67
Sugars_g	66
Sodium_mg	156

CHOCOLATE MOUSSE	Per Item
Energy (kJ)	1,720
Protein_g	3
Fat. Total_G	35
saturated_g	25
Carbohydrate_g	22
Sugars_g	19
Sodium_mg	84

CHOCOLATE LAVA CAKE	Per Item
Energy (kJ)	1,422
Protein_g	6
Fat. Total_G	15
saturated_g	6
Carbohydrate_g	25
Sugars_g	34
Sodium_mg	84

EVEREST ICE-CREAM VANILLA 500mL	Per Item
Energy (kJ)	2,270
Protein_g	7
Fat. Total_G	50
saturated_g	35
Carbohydrate_g	76
Sugars_g	68
Sodium_mg	170

EVEREST ICE-CREAM CHOCOLATE 500mL	Per Item
Energy (kJ)	2,505
Protein_g	10
Fat. Total_G	42
saturated_g	30
Carbohydrate_g	89
Sugars_g	81
Sodium_mg	270

EVEREST ICE-CREAM CARAMEL 500mL	Per Item
Energy (kJ)	2,730
Protein_g	7
Fat. Total_G	45
saturated_g	32
Carbohydrate_g	104
Sugars_g	94
Sodium_mg	695

SPONGEBOB ICE-CREAM; DILL PICKLE & MUSTARD SWIRL WITH BACON BITS	Per Item
Energy (kJ)	2,640
Protein_g	9
Fat. Total_G	32
saturated_g	22
Carbohydrate_g	77
Sugars_g	73
Sodium_mg	200