

PRICES /2020



LEARN A
NEW LIFE-
STYLE WITH
OUR CARING
SUPPORT.



You are in good hands at the VIVAMAYR Medical Center Maria Wörth. Our highly skilled and attentive staff provide world-class care as you rest and rejuvenate in comfortable facilities surrounded by alpine nature and a beautiful lake. Enjoy the variety of medical services and cosmetic treatments designed to enrich your new life.

Everything you need is right here.

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/ Rooms and Services

ROOMS & SUITEN

	Single Occupancy Per Night	Double Occupancy Per Person / Night
Standard	220	–
Comfort	275	187
Comfort Lake View	290	196
Deluxe Lake View	426	299
Junior Suite Lake View	665	415
Suite Lake View	900	615
Extra Bed (available in all categories, except standard)	–	150

APARTMENT & VILLA

Double Occupancy / Night

Apartment on the ground floor with lake view, private dock & parking	1.600
Apartment on the upper floor with lake view	1.250
Villa 187 m² (ground floor + first floor) with lake view, private dock & parking	2.750
Surcharge for each additional 3rd + 4th guest	300

Room rates excluding local tax (2,60 per person / day), medical services and cosmetic treatments.

Spacious:

Our junior suite and suite, the apartments and villa all have separate living and sleeping quarters.

Come Sooner, Stay Longer

Enjoy our beautiful rooms a few hours longer at 50% off the normal rate.

CHECK-IN
From 2:00 pm
CHECK-OUT
Until 12:00 pm

LATE CHECK-OUT
Until 5:00 pm

Me and
Vivamayr

INCLUDED SERVICES

- / Individually customised and medically prescribed dietary meals according to Modern Mayr Medicine
- / Still mineral water, soothing teas and a portable water bottle
- / Daily programme of activities
- / Free use of the wellness area: includes sauna, garden sauna, steam baths, pool, fitness room and more
- / Private lake access and sunbathing area with docks, beds and umbrellas
- / Fluffy bathrobe, spacious bath bag and a hot water bottle (for liver wraps) during your stay

MEDICINE

VIVAMAYR medical support and treatments are required to ensure a successful stay. The services provided are listed on page 06.



/ Medical Applications

MEDICAL APPLICATIONS

A variety of medical analyses and treatments are personalised to match your condition. Our interdisciplinary team accompanies you throughout the process, ensuring optimal comfort.

Medical Consultation	30 min	195
Manual Diagnostics & Therapy	30 min	195
Heart Rate Variability Measurement		295
VIVAMAYR Functional Stress Test with Medical Consultation		240
Emotional Detoxification with Psychological Consultation	60 min	230
Sleep Clinic		350
Abdominal Ultrasound Exam (organs / vessels)		210
Thyroid Gland Ultrasound Exam		110

Nutrition	Nutritional Consultation	50 min	190
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REQUIRED DIAGNOSTICS AND SERVICES

VIVAMAYR medical support and treatments are paramount to your success. The medical services listed below are obligatory:

1 x Initial Medical Examination	30 min or 60 min	195 390
1 x Final Medical Examination	30 min or 60 min	195 390
1 x Functional Myodiagnosis (Applied Kinesiology)	30 min	195
Medical-Manual Abdominal Treatment (according to doctor's advice)	15 min	85

SPORT SCIENCE
MOVEMENT
AND TRAINING
THERAPIES

Movement is a central theme of the VIVAMAYR principle. We'll show you how to move your body with pleasure.

Individual Training Session	25 min	85
	50 min	170
Muscle Building on a Vibration Plate System	30 min	85
Aquabike	30 min	85
Fitness Test with Breathing Gas Analysis		170
Bioelectrical Impedance Analysis (body fat composition)		75
Metabolic Analysis with an E-Scan		75
Customised Training Programme		60
Medi Tape Application		30
EMS (Electrical Muscle Stimulation)	25 min	85
Papimi Ion-Induction Device Therapy		70
Detensor Spine Therapy		45
Yoga	50 min	150
Stand Up Paddling (individual)	60 min	160
Stand Up Paddling (group max 4 persons)	90 min	60



/ Medical Applications

MEDICAL APPLICATIONS

Our individual selection of different holistic therapies guarantees optimal success.

Colon Hydrotherapy	170
Hyperthermia Therapy	90
Bloodletting	50
Medical Lipo-Laser + Training	235
H2 Breath Test — fructose / lactose	50
ECG Resting	90
Haematogenic Oxidation Therapy (HOT)	100
Hypoxi Training (IHHT)	105
Medical Laser Therapy	35
Intravenous Laser Treatment	60
Laser Therapy & Oral Irrigator	20

HYDRO THERAPIES

As proven and effective elements of the VIVAMAYR philosophy, hydrotherapy water treatments are a tried-and-true component of our traditional therapies.

Herbal Baths in a Hydroxneur Tub	15 min	49
Vino Forming Treatment (vinotherapy)	45 min	100
Herbal Oil Baths by Jungebad	20 min	65
Full Body Moor Mud Pack in a heated bed	20 min	55
Electrolysis Foot Bath	25 min	55
Medical Light Therapy	20 min	45
SalinAir Inhalation Cabin	20 min	40
Nasal Reflexology Therapy	15 min	20
Softpack Royal	30 min	90
Cryo Therapy		70

MASSAGES

Massages are an important pillar at VIVAMAYR. They help with detoxification and address specific physical and emotional blockages. We will find a therapeutical massage method that suits your individual needs.

Massage	25 min	60
	50 min	110
Shiatsu Treatment	50 min	150
Craniosacral Therapy	50 min	190
Osteopathy	50 min	190
Feldenkrais Treatment	50 min	150
Manual Mobilisation	50 min	150

LABORATORY TESTS

Lab tests reveal your personal metabolism and form the basis of your customised therapy.

Acid-Base and Mineral Nutrient Analysis	95
Free Radicals (FRAS) & Biological Anti-Oxidative Potential (BAP)	95
Standard Lab Test (including hormone status)	445
Full Blood Analysis	145
Fatty Acid Analysis	115
Urine Analysis	10
Urine Iodine Analysis	50
Cardiovascular Risk Factors	140
Haematogenous oxidation therapy	100

INFUSIONS

To counteract a lack of nutrients in our modern diet, we offer special infusion mixtures that bring the body back into balance.

Mineral Infusions and / or Vitamin Infusions according to medical prescription	85 to 140
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/ Cosmetic Treatments

FACIAL TREATMENTS

Regenerative beauty treatments support the skin during detoxification and foster a heightened sense of well-being.

PHYTOMER Cosmetic Treatment	60 min	92
for individual skin type	90 min	155
PHYTOMER Anti-Aging Care	90 min	180
PHYTOMER Men's Special	80 min	150
VITALASER & Hyaluron	60 min	210
Microdermabrasion (face)	60 min	119
Microdermabrasion & Ultrasound	90 min	176
Microdermabrasion & Fruit Acid	75 min	174
Hollywood TCA Peeling	60 min	240
Dermaplaning (face)	70 min	174
QMS Deep Cleansing Treatment	60 min	121
QMS Activator Treatment	60 min	121
QMS Collagen Rejuvenation	90 min	172
QMS Pure Oxygen Treatment	90 min	186

Single and Supplementary Treatments

QMS Lipzone Repair (single)	20 min	49
Supplementary with facial treatment	15 min	44
QMS Eye Reviver (single)	20 min	49
Supplementary with facial treatment	15 min	44
QMS Oxygen single or supplementary	30 min	66
Ultrasound	15 min	35
Microdermabrasion (face)	15 min	45

**ADDITIONAL
TREATMENTS**

We know the finishing touches make an attractive contribution to the whole. Please choose from these enhancements.

Eyelash Tinting		22
Eyebrow Tinting		17
Eyebrow Shaping		12
Face Massage	30 min	49
Facial Lymph Drainage	30 min	51
Head Massage	20 min	46
High Frequency (face)		17
Back Cleansing	50 min	57

**Warm Wax
Depilation**

Arms	44	Upper Lip	17
Full Legs	66	Upper Lip & Chin	23
Under Knee	42	Back	43
Armpit Zones	23		



/ Cosmetic Treatments

MANICURE AND PEDICURE

Give your hands and feet the care they deserve. They will thank you.

Pedicure with Peeling & Massage	60 min	60
Manicure with Peeling & Massage	50 min	50
Varnish		12
French Nails		17
Shellac		44
Shellac Removal		12

STYLING

A new lifestyle starts at the roots.

Let us nourish your healthy and beautiful hair.

Ladies	Wash / Cut / Blow Dry	from	70
	Wash / Blow Dry	from	50
	Keratin Treatment	30 min from	30
Gentlemen	Wash / Cut / Blow Dry	from	38
	Wash / Blow Dry	from	25

BODY TREATMENTS

Our body treatments are wonderfully relaxing and designed to restore the mind-body balance.

Seaweed Wrap / Marin Minceur	60 min	108
Sea Salt Peeling (individual treatment)	45 min	59
Sea Salt Peeling with a body treatment	30 min	42
Cellu-Activ Treatment	60 min	114
Cellulite Wrap	40 min	74
Hot Stone Massage	60 min	108
Chest & Décolletage (single treatment)		60
Chest & Décolletage (additional with treatment)		44

/ Terms of Payment

ROOMS, ARRIVAL & DEPARTURE

A deposit is not required. You can pay your bill at check-out by credit card, cash or debit card. Cheques are not accepted. Bank transfers must be received on the day of departure on our account. Room rates do not include medical treatments, cosmetic treatments and local taxes.

Cancellation If you wish to cancel your stay, please note that the required diagnostics and services (see page 06) will be invoiced in full, as well as a part of the room rate up to a certain period of time, as follows: 1 month before arrival: 40% / 1 week before arrival: 70% / 3 days before arrival: 90% / Early departure: 100%.

MEDICINE & COSMETICS

Medical treatments are scheduled exclusively following a medical consultation with you in person. In order to create a customised plan to suit your unique health needs, your treatments will be prescribed individually. Unfortunately, we cannot guarantee the availability of certain doctors and therapists.

Lab Tests Other individual laboratory examinations will be invoiced separately.

Appointments Appointments must be cancelled by 4:00 pm the day before, otherwise they will be charged in full.

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MEDICINE medbackoffice@vivamayr.com Extension 135

OUR LOCATION Seepromenade 11, 9082 Maria Wörth, Austria



YOUR NEW
LIFE BEGINS
WHERE ANCIENT
WISDOM MEETS
MODERN SCIENCE.

OUR LOCATIONS

Medical Center Maria Wörth

Medical Center Altaussee

Day Clinic Vienna

Day Clinic London

Clinic Dates International

