



How to Book Your 12-Week Group Coaching Session

Before purchasing, please review the current Group Coaching schedule on our website and choose the group that best fits your availability. New sessions are added on an ongoing basis, and registration is first come, first served. Specific future dates and times are only confirmed once they are posted on the website.

Program Overview

The 12-Week Group Coaching program is designed to provide shared support, accountability, and guidance as you apply the DNRS program. Each group meets weekly by Zoom for 12 consecutive weeks. The first session is 75 minutes, and the remaining sessions are 60 minutes. Groups are limited to 20 participants.

Payment Options

Payment Option	Details
One-time payment	\$289 USD
Payment plan	3 monthly payments of \$100 USD

Please note: For the 3 monthly payment plans, Visa, Mastercard, and American Express are accepted. PayPal is not available for the payment plan.

How to Purchase

1. Visit the [DNRS 12-Week Group Coaching Support](#) page.
2. Review the available groups for future reference when scheduling.
3. Choose your preferred payment option and add it to your cart.
4. Enter your personal details, including your name, phone number, and email address.
5. If you have a promotional coupon, enter it during the purchase checkout process.
6. **Continue to Payment**, enter your billing details, and complete your order.

After your purchase is complete, you will be directed to the scheduling page. If you are not ready to schedule, check your inbox for a **DNRS Order Receipt and Scheduling Link**. This email confirms your purchase and includes the scheduling link needed to complete your group registration.

Complete Your Group Registration

1. Open your **DNRS Order Receipt and Scheduling Link** email.
2. Click the scheduling link provided in the email.
3. Redeem your 12-Week Group Coaching session.

4. Select your preferred posted group start date and click **Book**.
5. Choose your time zone from the drop-down menu, then select **Continue**.
6. Complete the required registration form. Fields marked with a red asterisk are required.
7. Continue to the checkout page, review your order summary, and click Confirm to complete your group registration.

Booking code note: Your booking code should automatically apply when you use the scheduling link in your receipt email. If it does not, please enter the booking code in the coupon code field before completing your group registration.

Important: The order receipt confirms your purchase only. Your place in the group is confirmed only after you complete the scheduling steps and receive a separate booking confirmation email with the group start date and session details.

To cancel, please use the **View Appointment Details** link in your booking confirmation email. Once a group has begun, participants cannot transfer to a different group. Please note that cancellations for a refund or rescheduling are only available up to 5 days prior to the start date of the group.

Need Help?

Please contact us at info@retrainingthebrain.com or call 1-800-947-9389. Our Client Services Team will be happy to assist you.

