

Slough, Windsor and Maidenhead Branch

The aim of the Branch is to support anyone in this area whose life is affected by Parkinson's.
If you would like advice or information about anything to do with Parkinson's please phone:
Parkinson's UK Helpline: 0808 800 0303

June/July Update

Summer Afternoon Cream Tea Wednesday 11th June 2.00-4.00pm

Grovefield House Hotel, Burnham SL1 8LR

Please arrive by 1.45pm to begin promptly at 2pm

The deadline to send in your application forms has been extended until **Friday 23rd May**

Monthly Coffee Morning at the Jolly Gardener, Holyport, SL6 2ND

On the last Wednesday of each month from 10.30 am

For people with Parkinson's and anyone who has to provide transport.

Next meeting Wednesday 28th May

Charlie Williams, the son of our members Jo and John, is running the Windsor Triathlon on Sunday 15th June, raising funds for our Branch. Please support him by following this link

https://www.justgiving.com/page/charlietakesonthetri?utm_medium=FR&utm_source=CL&utm_campaign=015

Good luck and thank you, Charlie!

Branch meetings

The Huntercombe Hall, Burnham Park Hall, Windsor Lane, Burnham, SL1 7HR

<https://www.burnhampark.co.uk> We usually meet on the second Wednesday of each month. The room is booked from 1pm and the meeting starts at 1.30pm. The speakers begin their presentation at 2pm.

June 11th Afternoon Tea- details above.

July 9th Jeremy Mills will demonstrate the benefits of Tai Chi.

Jeremy's focus is on the therapeutic application of Tai Chi, using his knowledge of anatomy to augment his understanding of this internal art. He uses music extensively within his classes as a tool to aid rhythmic, even breathing and generate a calming atmosphere in which to explore the movements and maximise the cultivation of Qi.

There will be NO Branch meeting in August

Carers' Coffee Meetings on the third Wednesday of each month. We meet at the Café at Dorney Court, Court Lane, Dorney SL4 6QP any time between 10.30am and 12pm. The next meetings will be:

Wednesday 18th June, Wednesday 16th July and Wednesday August 20th

Parkinson's UK questionnaire

As part of their work on the disability support reforms Parkinson's UK want to know how the Parkinson's community feels about the UK government's proposed changes to PIP and UC. They have put together this [short anonymous questionnaire](#) and want as many people affected by Parkinson's to complete it.

It should take about 10 minutes to complete and will be open until **27 May**.

"Incurable Optimist" - Comedy from Paul Mayhew-Archer

Some of you may have seen Paul Mayhew-Archer present his show locally and this an opportunity to see him in Wokingham:

Wokingham Theatre, Cantley Park, RG40 5TU Friday 27th June 7pm

Paul is best known as co-writer of "The Vicar of Dibley", and more recently as one of the team on the Movers and Shakers podcast. He has presented his one man show around the UK and we now have the chance to see it in Wokingham.

Parkinson's UK Reading branch are promoting this event as a fundraiser with all proceeds to the branch. Tickets are £15.00, available from the theatre website, at

<https://www.wokinghamtheatre.org.uk/>

The car park is free with level access to theatre, and there are no steps to the front row of seats. Any queries, please contact Geoff Gee on membership@parkinsonsreading.org.uk.