

MON	TUES	WED	THUR	FRI	SAT	SUN	
				1	2	3	
4	<p><b>YOGA</b> Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p><b>HYDROTHERAPY</b> Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p><b>PHYSIOTHERAPY</b> Burnham Park Hall, SL1 7HR <u>Seated Exercise</u> 1.30pm - 2.30pm <u>High level standing class</u> 2.30pm - 3.30pm</p>	<p><b>BOXERCISE</b> Fifield, Maidenhead 12pm - 1pm</p>	<p><b>INDOOR BOWLS</b> Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	8	9	10
11	<p><b>YOGA</b> Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p><b>HYDROTHERAPY</b> Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p><b>BRANCH MEETING</b> Burnham Park Hall, SL1 7HR 1.30pm - 3.00pm 2nd Wednesday of each month</p>	<p><b>BOXERCISE</b> Fifield, Maidenhead 12pm - 1pm</p>	<p><b>INDOOR BOWLS</b> Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	15	16	17
18	<p><b>YOGA</b> Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p><b>HYDROTHERAPY</b> Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p><b>PHYSIOTHERAPY</b> Burnham Park Hall, SL1 7HR <u>Seated Exercise</u> 1.30pm - 2.30pm <u>High level standing class</u> 2.30pm - 3.30pm</p> <p><b>COFFEE MORNING FOR CARERS</b> Café at Dorney Court, SL4 6QP 10.30am - 12pm</p>	<p><b>BOXERCISE</b> Fifield, Maidenhead 12pm - 1pm</p>	<p><b>INDOOR BOWLS</b> Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	22	23	24
25	<p><b>YOGA</b> Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p><b>HYDROTHERAPY</b> Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p><b>PHYSIOTHERAPY</b> Burnham Park Hall, SL1 7HR <u>Seated Exercise</u> 1.30pm - 2.30pm <u>High level standing class</u> 2.30pm - 3.30pm</p> <p><b>COFFEE MORNING FOR PEOPLE WITH PARKINSON'S</b> The Jolly Gardener Pub, SL6 2ND 10.30am</p>	<p><b>BOXERCISE</b> Fifield, Maidenhead 12pm - 1pm</p>	<p><b>INDOOR BOWLS</b> Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	29	30	31