

MON	TUES	WED	THUR	FRI	SAT	SUN
						1
2	<p>YOGA Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p>HYDROTHERAPY Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p>PHYSIOTHERAPY Burnham Park Hall, SL1 7HR <u>Seated Exercise</u> 1.30pm - 2.30pm <u>High level standing class</u> 2.30pm - 3.30pm</p>	<p>BOXERCISE Fifield, Maidenhead 12pm - 1pm</p>	<p>INDOOR BOWLS Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	7	8
9	<p>YOGA Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p>HYDROTHERAPY Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p>BRANCH MEETING Burnham Park Hall, SL1 7HR 1.30pm - 3.00pm 2nd Wednesday of each month</p>	<p>BOXERCISE Fifield, Maidenhead 12pm - 1pm</p>	<p>INDOOR BOWLS Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	14	15
16	<p>YOGA Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p>HYDROTHERAPY Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p>PHYSIOTHERAPY Burnham Park Hall, SL1 7HR <u>Seated Exercise</u> 1.30pm - 2.30pm <u>High level standing class</u> 2.30pm - 3.30pm</p> <p>COFFEE MORNING FOR CARERS Café at Dorney Court, SL4 6QP 10.30am - 12pm</p>	<p>BOXERCISE Fifield, Maidenhead 12pm - 1pm</p>	<p>INDOOR BOWLS Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	21	22
23	<p>YOGA Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p>HYDROTHERAPY Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>	<p>PHYSIOTHERAPY Burnham Park Hall, SL1 7HR <u>Seated Exercise</u> 1.30pm - 2.30pm <u>High level standing class</u> 2.30pm - 3.30pm</p> <p>COFFEE MORNING FOR PEOPLE WITH PARKINSON'S The Jolly Gardener Pub, SL6 2ND 10.30am</p>	<p>BOXERCISE Fifield, Maidenhead 12pm - 1pm</p>	<p>INDOOR BOWLS Desborough Bowling Club, SL6 1XZ 12.30pm - 2pm</p>	28	29
30	<p>YOGA Holyport War Memorial Hall, SL6 2NA 10.45am - 11.45am</p> <p>HYDROTHERAPY Wexham Park Hospital, SL2 4HL. 5pm - 6pm (arriving at 4.30pm - 4.45pm)</p>					