

We are Parkinson's UK

David Newbold

April 2026

We're Parkinson's UK.

The charity that's here to support every Parkinson's journey, every step of the way. Wherever you're from, whatever you need.

We don't wait for change, we make it happen. We believe that together we'll find a cure. But that's not all we're working for. We campaign for better health and care, fund research into groundbreaking new treatments, and run life-changing support services.

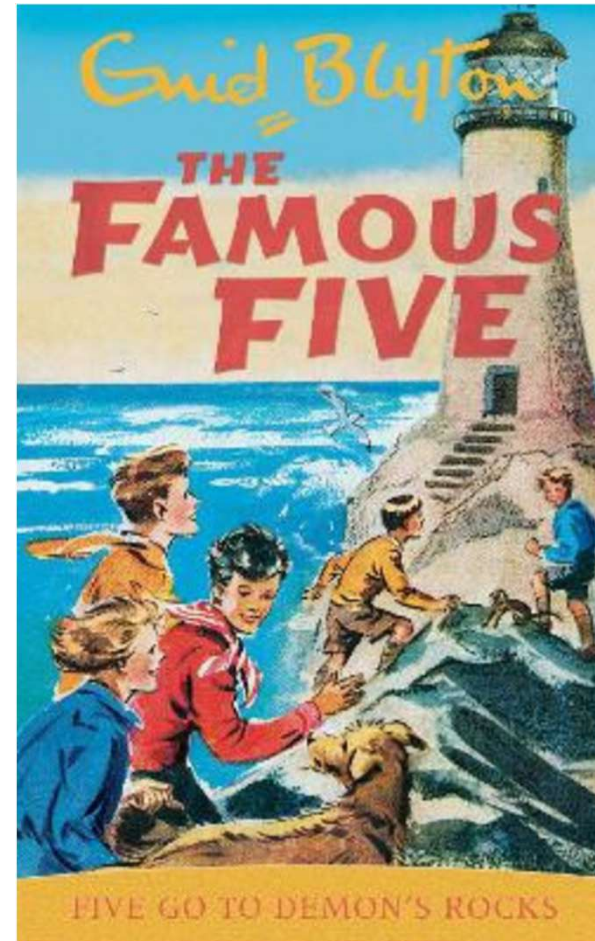
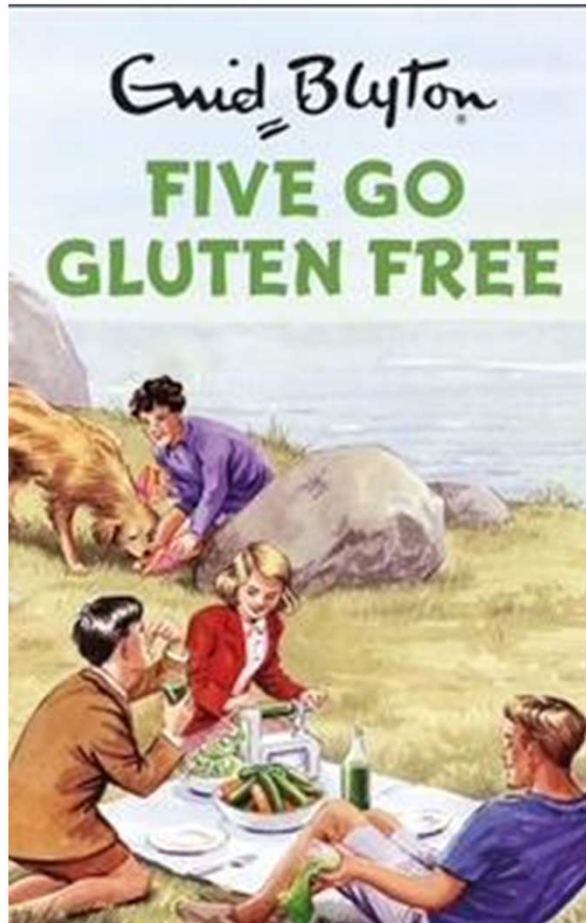
Families, volunteers, campaigners, fundraisers, scientists, health and care workers.

We're a powerful community united by one mission: improving life with Parkinson's.



What we do

The Famous Five... no not these 5....



We support – Helpline

Whatever your journey with Parkinson's, we're here for you.

Call our confidential Helpline on 0808 800 0303 to speak to one of our friendly expert advisers, including specialist Parkinson's nurses, care advisers, and benefits and employment advisers

We've got information and advice on all aspects of living with Parkinson's. Symptoms, medication, work, money issues, local activities and services, rights and access to care, relationships and family life, emotional support: whatever it is, we can help. And we can signpost you to other support too.



We support – Local Advisers

Whatever your journey with Parkinson's, we're here for you.

Speak to your Parkinson's local adviser

Our team of over 90 local advisers can give you more in depth and personal support wherever you live in England, Wales, Scotland and Northern Ireland. We can advise on everything from Blue Badges to benefits advice to accessing local services.



We support – Newly Diagnosed Support

Whatever your journey with Parkinson's, we're here for you.

Get help managing your diagnosis

Our information packs, webinars, courses and support groups can help you and your loved ones understand your Parkinson's diagnosis and better manage your symptoms.



We support – Groups, Groups, Groups!

Whatever your journey with Parkinson's, we're here for you.

Connect with other people with Parkinson's, families, friends and carers

Our amazing volunteers run 459 groups across the UK, in your local area or online. They're a great place to meet others who understand what you're going through, because they're going through it too.



We support – Getting Active and Staying Active

Whatever your journey with Parkinson's, we're here for you.

Find ways to get active, stay active and live well with Parkinson's

Whatever your fitness level, we'll help you find the right activities for you, from Parkinson's dance classes to videos of exercises you can do sitting down at home.



We research

We're searching for the cause, a cure and better treatments right now.

- We're the leading European charitable funder of Parkinson's research, with £41 million committed across 54 projects
- We set up the Parkinson's UK Brain Bank
- We've enabled breakthroughs like deep brain stimulation (DBS), the main surgery to treat Parkinson's
- We empower thousands of people with Parkinson's to join clinical trials, advise scientists, guide investments and raise funds



Latest Research news

- Last year we funded 13 new projects, tackling the causes of Parkinson's, developing new treatments and looking at non-drug ways to improve every day for people living with Parkinson's
- We launched a £10 million partnership with the UK Dementia Research Institute to form a Parkinson's Research Centre, combining expertise to push research designed to go from the lab to a new treatment sooner. It will employ up to 80 scientists who are all dedicated to Parkinson's research
- EJS ACT-PD has launched, the biggest ever research trial for Parkinson's testing 2 drugs with the potential to slow or even stop progression of Parkinson's. That means we're now funding testing of 3 drugs in phase 3 - the final hurdle before a new treatment can be approved for people to use
- Hallucinations can be common in Parkinson's, but there are no good treatments. We're funding a research study looking at repurposing an approved drug to treat hallucinations. If successful, this affordable, already licensed drug could become available to patients within a few years. But we urgently need people to take part in the trial. Find out more at: www.parkinsons.org.uk/tophat

We campaign and invest in the NHS

Public services are failing people with Parkinson's and we're determined to improve them.

- Our network of 10,000 campaigners are fighting for better health, care and benefits
- We protect Parkinson's services in your area, and across the UK
- We raise awareness with politicians
- We fund Parkinson's nurses – 70% of Parkinson's nurse posts across the UK since 1996
- [Thanks to you, we're close to our £9 million Nurse Appeal target.](#) Donations have allowed 23 new Parkinson's specialists to begin working including: 13 Parkinson's nurses (with 5 more approved to start soon), 2 occupational therapists, 2 speech and language therapists, 1 pharmacist, and more.



What to look out for

What's coming up?

- **World Parkinson's Day** is held annually on 11 April and we're excited to see activities and light ups planned across the UK! [See our map to find out what's happening near you.](#)
- [Walk for Parkinson's](#) is back for 2026. Join us at a Walk for Parkinson's to explore some beautiful locations whilst helping to raise vital funds, chat with others affected by Parkinson's and meet local Parkinson's UK representatives at our Event Village.
- **We're delighted to have a garden at RHS Chelsea Flower Show 2026!** Designed by gardener and BBC presenter Arit Anderson, plans were developed with gardeners living with Parkinson's and their loved ones. After the show in May, the garden will live on at Oxford's John Radcliffe Hospital.

Thank you!



Contact us by emailing
dnewbold@parkinsons.org.uk

 **Parkinson's UK**
For every Parkinson's journey

