Travelling safely in the winter



- Prepare your vehicle for the winter
- Completely **defrost** your windscreen
- Never make sudden manoeuvres
- Adjust your **speed** and keep your **distance**
- Check the weather report before you leave
- Park your car under cover when possible

- Check your bicycle
- Make sure you are **visible** in traffic
- Make sure you have the right equipment
- Park your bicycle in a covered bicycle shed when possible
- Always wear a **bicycle helmet**

Riding a **moped**?
Opt for a full-face helmet to a jet helmet.

- Double check whether the bus/train is running
- Wear **warm clothing**
- Sit down or **hold on tight** to a handlebar or safety bar
- Request your stop in good time so the driver does not have to brake abruptly
- Watch out for other road users when getting off the bus

- Wear **sturdy shoes** with extra grip
- Watch out for slippery spots
- Walk with splayed feet (like a penguin)
- Make sure you are **visible** in traffic
- Remove ice and snow from access paths

General tips for all road users

- **Leave on time**
- Be considerate to other road users
- **Dress warm**. A thick coat also reduces the chance of injuries or hurting yourself if you should fall
- Make yourself **visible** when it is dark

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