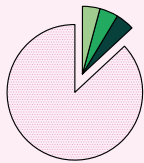


A simple jab for a healthy workplace

Protect your people: the benefits of a flu vaccine

Every year, the flu causes a spike in sick leave:

up to **15%** of your employees are affected.



Fatigue, lack of concentration, reduced performance,... The consequences go far beyond the symptoms themselves.

The flu vaccine:

reduces new cases by up to **80%**

and prevents **30%** of severe cases.



It also helps to prevent the spread of infection to colleagues, family and friends.



Employees with the flu stay at home for an average of

3 to 6 days.



Less illness = lower absenteeism costs

€1,608

That is the average direct cost of absenteeism per full-time employee per year. This includes salary, employer's contributions, insurance premiums, overtime, etc.

Source: SDWorx, Ziekteverzuimrapport 2025

Flu & work: prevention is better than cure.

A job =

-44%

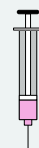
doctor's appointments

-17,4%

hospital admissions

➔ less absenteeism

Source: Sciensano, Virological Surveillance Report, season 2024-2025



The vaccine provides protection

10-15 days

after administration.

It is recommended that your employees get vaccinated from mid-October onwards. That way, you'll be ready for the flu season.

Source: BCFI, Influenzavaccinatie: winter 2025-2026



Order your vaccines online via the client portal [MyMensura](#).