

# Mentoring Course

A half-day course for managers, team leaders and mentors who want to support the growth of others while developing their own leadership skills. This course will build confidence in establishing effective mentoring relationships and equip you with practical tools to guide, challenge and inspire.

Half-day workshop

£250 per delegate

Available in-house



The  
Learning  
Company

**Learn how to guide, support and develop others through mentoring. This course is ideal for people who want to help others grow whilst enhancing their own leadership skills.**



**PROGRAMME VENUE**

Les Cotils Centre, St Peter Port.



**COURSE SIZE**

A group of 10 to 12 people



**WORKSHOP TIME**

9am to 1pm



**WHAT IS INCLUDED?**

Course materials

Certificate of completion

# The course at a glance



The Mentoring course helps you to develop your people-leadership skills, enabling you to support and challenge others as they seek to enhance their capabilities at work.

- **The role of the mentor**

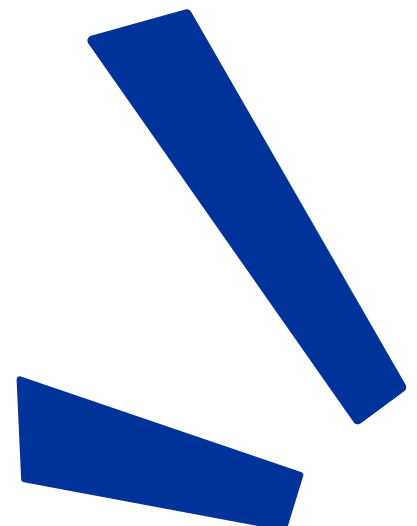
Explore what a mentor is and does, the difference between mentoring and coaching, how to establish an excellent mentoring relationship and maintain healthy boundaries.

- **Listen and Guide**

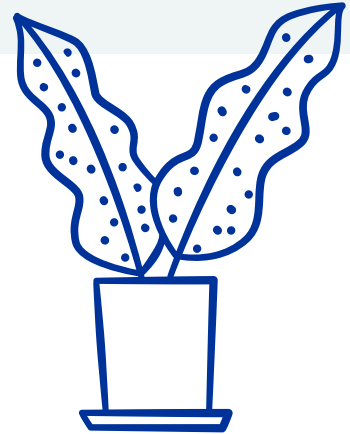
Learn how listen deeply, ask insightful questions and give feedback in a way that enables the mentee to grow.

- **Practical equipment**

Discover practical tools and practices for goal setting, personal growth and career development that can be brought to the mentoring relationship.



# What you will learn



- 1** How to **establish effective mentoring relationships** at the outset built on trust and clear expectations
- 2** How to listen deeply, ask insightful questions and reflect back so that the **real issues are brought to the surface**
- 3** Tools and models for **goal setting** and **personal development**
- 4** Ways to provide feedback to **accelerate the mentees' growth**
- 5** The importance of **ethics and boundaries**, including when and how to end the mentoring relationship



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