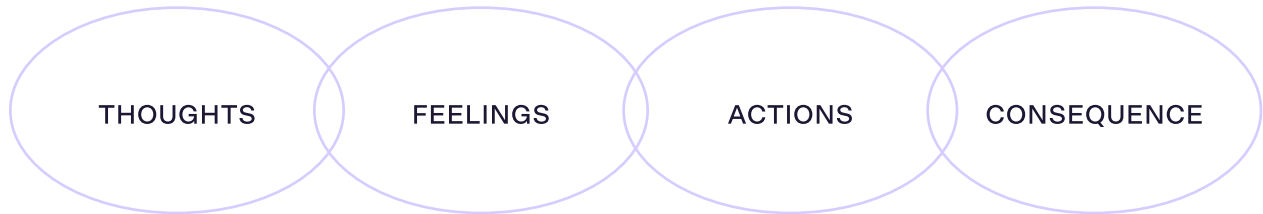




# Behavior chain analysis



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## Problem Behavior

Describe specifically

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## Vulnerability Factors

What made you more likely to engage in the behavior?

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## Prompting Event

What set off the chain?

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## Consequences

Immediate and long-term outcomes

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## New Skills to Try Next Time

Identify skills to break the chain at any point

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## Prevention Strategies

How to reduce vulnerability and prepare for future situations