Tobacco Use Disorder - DSM 5

A problematic pattern of tobacco use leading to clinically significant impairment or distress, as manifested by at least two of the following, occurring within a 12-month period:

1. Loss of control (inability to stop using)

2. Persistent desire/unsuccessful efforts to stop using

3. Craving (a strong desire to use the substance)

4. Failure to fulfill major role obligations due to use

5. A great deal of time is spent obtaining, using, and recovering from the use of substances

6. Continued use of substances despite having social or interpersonal problems caused or made worse by the use

7. Important activities are reduced or given up because of the use

8. Substance use in situations where it is physically hazardous

9. Continued use of substances despite having physical or psychological caused or made worse by the use

10. Tolerance

11. Withdrawal

Tobacco Withdrawal – DSM 5

A. Daily Use for at least several weeks.
B. Abrupt cessation of tobacco use, or reduction in the amount of tobacco used, followed within 24 hours by four (or more) of the following signs and or symptoms:
    1. Irritability, frustration, or anger
    2. Anxiety
    3. Difficulty concentrating
    4. Increased appetite
    5. Restlessness
    6. Depressed mood
    7. Insomnia
C. Signs or symptoms cause clinically significant distress or impairment
D. The signs or symptoms are not attributed to another medical condition or disorder

Coding: ICD-10 and DSM-5

Tobacco Use Disorder

305.1 (Z72.0) - Mild: Presence of 2-3 symptoms
305.1 (F17.200) - Moderate: Presence of 4-5 symptoms
305.1 (F17.200) - Severe: Presence of 6 or more symptoms

Tobacco Withdrawal

292.0 (F17.203)

Tobacco Use Counseling Procedure Codes (CPT)

Individual:

99406 (greater than 3 minutes up to 10 minutes)

99407 (greater than 10 minutes)

Group:

99411 (30 minutes)

99412 (60 minutes)