

# BrightBites

## Mythbusting FAQ's



### How are the sessions arranged?

Simply reach out to a local setting and offer a visit. Or Dentaid can link you up with an establishment that has requested a visit!



### Are parents/guardians welcome?

Most definitely! Where possible, we encourage them to attend to learn alongside their children.



### How long does a session last?

30 minutes, give or take



### What resources will I receive?

Rest assured, you'll receive everything you need to deliver a fun and interactive session



### What age bracket is BrightBites suitable for?

Children up to 11 years

**Top tip:** Our programme is actually quite versatile and can be tailored for alternative audiences



### What is covered in the session?

Everything from toothbrushing and teeth, to sugar awareness and dental appointments



### Do I need to be qualified to host a session?

Not at all! All you need is a bit of confidence and a DBS check\*

\*cost of DBS check covered by BrightBites



### Where are the sessions held?

Any childcare establishment - nursery, school, holiday club or library

