

Women-Only Ski Trips in Austria

It's all about women taking the lead on the slopes! Solo winter adventures and women-only skiing trips continue to thrive. After all, they offer a lot more than "just" an opportunity to master or newly acquire skills on the pistes. Participants stress the supportive and non-judgmental environment, where they can build up confidence and challenge themselves free from pressure. Many say they feel more relaxed learning among other women than in mixed groups. But it's more than that. Designed by and for women, these trips are often as much about connection as skiing: While carving fresh powder or unwinding with après-ski wellness in stunning settings, women have the chance to meet others who share their interests and form friendships – a great opportunity especially for those heading on a solo holiday.

Here are five women-only skiing options that perfectly combine adventure, community, and female empowerment on the slopes

Skisisters

Created by Danique and Tamar, two Austria-based twenty-somethings originally from The Netherlands, Skisisters runs women-only winter trips in different locations in the Austrian Alps. This season's locations are **Nauders** in Tirol and **Montafon** in Vorarlberg. There are trips for complete newbies as well as intermediate and advanced skiers who want to master their skills and/or dip their toes into freeriding. "This isn't about skiing the fastest, jumping the highest, or competing", the duo says. "It's about having fun, being unapologetically yourself, pushing boundaries at your own pace, and sharing the mountain with powerful, like-minded women." Danique and Tamar host all Skisisters adventures themselves. The trips are three to five days long, include accommodation with half-board, ski passes, female instructors, and wellness facilities, and start at €2,550 / £2,200. More details [here](#).

Women's Progression Days by Lorraine Huber

Professional freerider Lorraine Huber co-founded Austria's first freeriding school in **Lech Zürs am Arlberg** and has been organising women-only camps since 2008. They typically take place in March and April and are open to women from 18 to 65. The camps are three to four days long and include several hours of freeriding per day with female instructors, avalanche emergency training and technique video analysis, as well as goodies such as a relaxing yoga session or a professional photographer to document the adventures. Lorraine is a woman who knows what she's talking about: She won the Freeride World Tour in 2017 and is the daughter of a local ski instructor. Besides their signature freeriding camp Women's Progression Days also run a ski touring version. Both adventures start at € 860 / £640 (room, board, equipment and ski passes not included). More details [here](#).

Women Who Ski

Female skiers and snowboarders who value outdoor adventures and luxury will love the Women Who Ski holiday in **St. Anton am Arlberg**, jointly hosted by Kaluma Ski and fashion influencer Zoe de Pass (*Dress like a Mum*). Participants spend four nights at a luxury chalet with half-board (four course dinners and a complimentary bar including wine, beer, spirits, bubbles and soft drinks) and hit the pistes daily with local instructors. The skiing/snowboarding holiday is open to all skill levels, including complete beginners. On one night during their stay, the group will explore St. Anton's local restaurant and nightlife scene. The adventure is around € 1,900 / £1,650 and includes everything but flights and spa treatments at the hotel.

More details [here](#).

Lady Ski Week

Sun, skiing and cool beats await at the Lady Ski Week in **Grossarl** in March 2027. Those booked in will spend seven nights in the region and receive a 6-day ski pass (when arriving as a pair, the second pass is free!) as well as one complimentary ski lesson and an equipment test. They'll also receive a discount on Grossarl's Skikeriki offer (skiing from 7:30 AM with a guide followed by breakfast at a mountain hut). There's entertainment on and away from the slopes every day of the week, ranging from a dirndl and lederhosen night on the arrival day to speed dating on the chairlift and a giant slalom with fun stations, live music, and a DJ night. Skiers stay at holiday apartments, guest houses or premium hotels according to their budget and preference. Prices start at € 691,50 / £ 590. There's also a 4-day-option for those short on time.

More details [here](#).

Ladies Days in various ski regions

Women who don't want to book a holiday package but are still keen on bagging some female-only offers and discounts can make use of special ladies days and weeks throughout the Austrian Alps: [Ski amadé](#) has a special Ladies Week from 13-20 March 2027, featuring a 1+1 ski pass for 6 days, one free ski test per person and a ski course for one day when booking at a participating hotel or guest house. [Ski Juwel Alpbachtal Wildschönau](#) offers reduced 2-hour to whole day tickets for women every Tuesday all winter long, while [Skiwelt](#), has a 10% discount on day tickets every Wednesday from 13 January 2027. [Kitzbühel](#) offers female skiers 15% off on Mondays during the off peak season.