

Gabrugal Yana

Western Sydney Parklands – Liverpool Area



Gabrugal Yana is a beautiful bushwalk that winds through the Cumberland Plain woodland from Cecil Park to Middleton Grange.

The walk runs along a ridge line and features fantastic views to Sydney Harbour and the Blue Mountains. Most of the walk is on unsealed surfaces with some short hill sections and stepping stones. This makes the walk more challenging than some of the other trails in the parklands.

ART TRAIL

Gabrugal Yana is more than a bushwalk, it is an experience for people to learn more about First Nations culture and language on Country. Gabrugal Yana means 'walk of the Gabru (or Cabro) people' and is on the traditional lands of the Gabrugal (or Cabrogal) clan of the Dharug nation. Along the walk you will find six incredible artworks by leading First Nations artists, which represent six Dharug seasons.

GETTING THERE

You can get there by car or public transport. Start the walk at Wylde MTB & BMX where there is free parking. You can also enter at Robey Ave where there is some street parking. If you're travelling by public transport, the closest bus stop is on Elizabeth Dr opposite Duff Rd, which is approximately a 30-minute walk from Wylde MTB & BMX. Local residents can also walk, run or cycle into the Parklands.

STARTS AND FINISHES

You can enter the walk via Wylde MTB & BMX or the Robey Ave entrance to the Parklands. We recommend starting and finishing at Wylde MTB & BMX where toilets, drinking water and free parking are available.

ENTRANCE

Via Range Rd, Cecil Park.



GRADE 3



LENGTH
11km return
(4hr–4.5hr)



SUITABLE
Walking and
running



SURFACE
Sealed
and unsealed
surfaces

AMENITIES:



Gabrugal Yana



SIX DHARUG SEASONS ART TREES



- Dugara Guwara – Cold and windy
- Bayin Dyarra – Wet and cooler
- Bayin Gura – Cold getting warmer
- Yuruga Burra – Hot and thirsty
- Bunnal Murray – Warm and wet
- Dagara – Cold and frosty



REST STOPS / LOOKOUTS

- Badu Muruga – Water pathway
- Naady'u Badugu – I see to the water
- Warungad Ngurrayin – Place of our ancestors
- Naady'u Gulamada – I see the Blue Mountains
- Nanga Mayi Ngurra – Dreaming place

PARKLANDS MAP LEGEND

Accessible toilet	Bicycle parking	Parking	Walking trail
Amphitheatre	Dogs on-leash	Picnic shelters	Cycling path
BBQ	Dogs off-leash	Playground	Major entry point to Parklands track
Bench	Drinking fountain	Toilet	Parklands track
Bird watching	Function centre	Train station	Recreational trails
Café	Heritage location	Restaurant	Local/regional connections
Charcoal BBQ	Lookout	Art trees	

SAFETY

- Be sun smart – cover up with clothing, a hat and sunscreen.
- Stay hydrated – take water with you and stop to refill.
- Stick to the paths.
- If you're using a bike in the Parklands, you'll need to wear a helmet.
- In an emergency, call 000.
- Download this app to link you to emergency services by GPS if you get lost: emergencyapp.triplezero.gov.au