RESOURCEFUL AUSTRALIAN INDIAN NETWORK

RAIN

Please send Lunch orders atleast Two days in advance by call or message to

RAIN MOBILE 0493 422 369

Pick up between 11am to 12.30pm from 501, Forest Road, Penshurst, NSW 2222 - COST $18 Per Lunch

September 2026

DATE	BREAD/RICE	CURRY DISH	DAAL OR SIDE DISH	SWEET DISH
Monday, 31 August 2026	Roti (3pcs)	Dal Palak	Boondi Raita	Kesari
Tuesday, 1 September 2026	Pea's pulao	Green beans & potatoes curry	Tomato soup	Magaj
Wednesday, 2 September 2026	Thepla (2 pcs)	Cauliflower and Potato curry	Mung Dal	Shrikhand
Thursday, 3 September 2026	Jeera Rice + 1roti pp	Aloo methi	Kofta curry	Gulab jamun
Friday, 4 September 2026	Puri (3 Pcs)	Chole	Onion and Tomato salad	Kesari
Monday, 7 September 2026	Lemon Rice	Potato and Peas Curry	Pakoras	Mung Ladoo
Tuesday, 8 September 2026	Idli	Sāmbhar	Coconut chutney	Rasogulla
Wednesday, 9 September 2026	Roti (3pcs)	Daal palak	Cauliflower & potato curry	Suji halwa
Thursday, 10 September 2026	Fried rice	Sweet & Sour	Sweet corn soup	Magaj
Friday, 11 September 2026	Roti (3pcs)	Rajma	Beans Curry	Mung Dal Ka Halwa
Monday, 14 September 2026	Puri (3 Pcs)	Aloo Masala	Bhindi masala	Wheat Halwa
Tuesday, 15 September 2026	Jeera rice	Guvar & potatoes curry	Whole mung beans	Atta halwa
Wednesday, 16 September 2026	Paratha (2pcs)	Eggplant & potatoes curry	Whole Black urad dal	Shrikhand
Thursday, 17 September 2026	Pav	Bhaji	Tomato & onion salad	Fruit custard
Friday, 18 September 2026	Mint Rice	Veg Korma	Boondi Raita	Dal Payasam
Monday, 21 September 2026	Idli	Sāmbhar	Coconut chutney	Vermicelli Kheer
Tuesday, 22 September 2026	Rice	Bindi & potatoes curry	Toor Dal	Vermicelli kheer
Wednesday, 23 September 2026	Roti (3 pcs)	Dudhi & Channa dal	Pumkin soup	Fruit custards
Thursday, 24 September 2026	Plain rice + 1 roti	Palak paneer	Dal makhani	Lapsi
Friday, 25 September 2026	Rice	Eggplant & potatoes curry	Kadhi	Bajji
Monday, 28 September 2026	Roti (1 pcs) + rice	Doodhi Channa Kootu	Masal Vada	Fresh Fruit Salad
Tuesday, 29 September 2026	Upma	Sambhar	Cucumber raita	Gulab jamun
Wednesday, 30 September 2026	Jira Rice	Green beans & potatoes curry	Toor dal	Rice kheer
Thursday, 1 October 2026	Jeera Rice + 1 roti	Eggplant & potatoes curry	kadhi pakora	Magaj
Friday, 2 October 2026	Puri (3 Pcs)	Chole	Cucumber raita	Sheera

Please note - RAIN apologises for any change in the menu without notice due to unforeseen reasons