

1 Who I send money to?

Name:

Relationship:

Purpose (Food, rent, school, etc.):

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2 My sending schedule

3 Typical Amount

I get paid on:

My usual monthly total: \$

I will send money on:

Breakdown (if multiple sends):

☐ 1st of the month

Send 1: \$

☐ 15th of the month

Send 2: \$

☐ After each paycheck

Send 3: \$

☐ Custom:

Send 4: \$

4 Planned vs Emergency Sends

Planned monthly amount: \$

Emergency fund goal \$

☐ I will set aside a small amount each month for emergencies

5 Reminder Checklist

6 Typical Amount

☐ Set reminder before payday

Did I stick to my plan? ☐ Yes ☐ No

☐ Set reminder before rent due date (back home)

Unexpected sends this month: \$

☐ Check exchange rates (optional)

What I'll adjust next month: \$

☐ Confirm receiver details

7 Additional Notes