

THE NUMBERS AT A GLANCE

Q3 2026 · 1 July – 30 September 2026

£1,862

TYPICAL ANNUAL ENERGY BILL

Ofgem price cap, Q3 2026
2,700 kWh elec / 11,500 kWh gas
(comparability basis)

Published headline £1,663 uses revised usage benchmarks — unit rates are identical

5.0%

SHARE OF HOUSEHOLD INCOME

ONS median disposable income
£37,400/yr (HBAI FYE 2025)
Down from 7.1% peak in 2023

At revised benchmarks: 4.4%

+£142

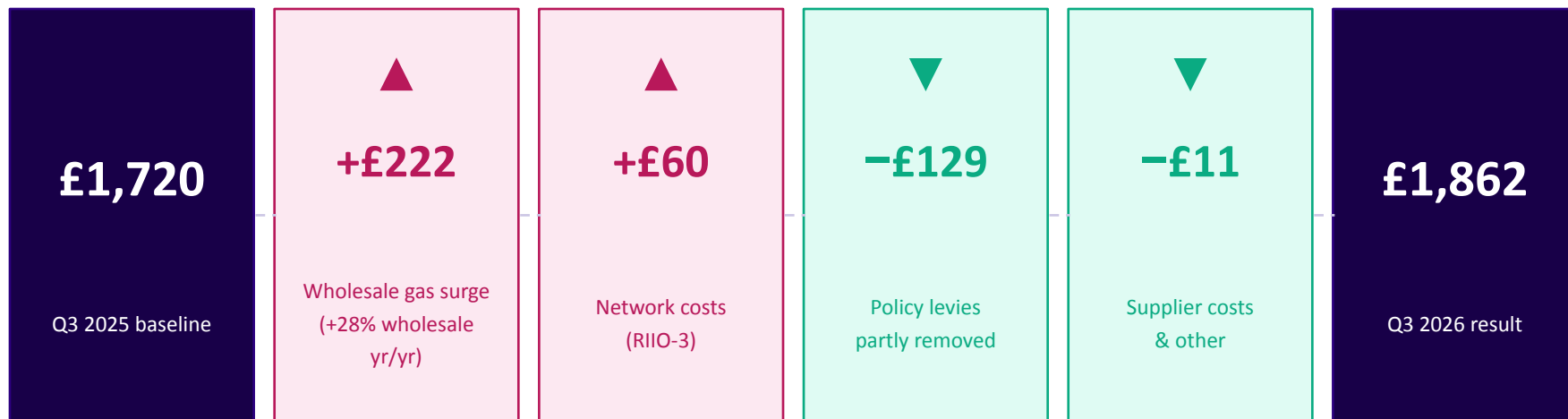
YEAR-ON-YEAR INCREASE

Q3 2025: £1,720
Q3 2026: £1,862
+8.3% year-on-year

Wholesale gas the dominant driver (+£222); policy levy cuts saved -£129

WHAT DROVE THE YEAR-ON-YEAR CHANGE

Q3 2025 → Q3 2026 · Consumption-neutral basis (2,700/11,500 kWh)



Wholesale gas: the dominant driver

Gas unit rate rose from 6.33p/kWh (Q3 2025) to 7.33p/kWh (Q3 2026). Electricity rose from 25.73p to 26.11p/kWh. Conflict in the Middle East disrupted supply through the Strait of Hormuz.

Policy levies partly removed

75% of the Renewables Obligation household share and ECO4 were removed from bills in April 2026 (Autumn Budget 2025). Without this relief, the cap would have risen £272 (+15.8%), not £142.

ELECTRIC HOME vs FOSSIL HOME · ANNUAL RUNNING COSTS

Typical 3-bed house · 7,000 miles/yr · Q3 2026 Ofgem price cap rates

FULLY ELECTRIC

COMBINED TOTAL (HOME + CAR)

£2,059

HOME ENERGY

Home electricity	£705
Heating & hot water	£834 <i>heat pump, COP 3.6</i>
Standing charges	£209 <i>electricity only</i>
Solar 4kWp + battery	-£696

CAR · 7,000 MILES/YR

Car fuel	£457 <i>EV, standard tariff</i>
Road tax + servicing	£550

FOSSIL FUEL

COMBINED TOTAL (HOME + CAR)

£3,817

HOME ENERGY

Home electricity	£705
Heating & hot water	£937 <i>gas boiler, 90% eff.</i>
Standing charges	£315 <i>gas + electricity</i>
No solar or battery	—

CAR · 7,000 MILES/YR

Car fuel	£1,110 <i>petrol, 45 MPG</i>
Road tax + servicing	£750

ANNUAL SAVING — FULLY ELECTRIC:

£1,758 on standard tariff

rises to £2,380 on overnight EV / heat pump tariff