

[LU:NEX]

HIGHER EDUCATION IN
HEALTH & SPORT



INTERNATIONAL
MOBILITY
OFFICE

Going Abroad - Student Guide

*We care, you succeed,
join the LUNEX experience.*



How to reach us:

mobility@lunex.lu

erasmus@lunex.lu

Tel: +352 288 494-37

Table of Contents

Application and Eligibility - Outgoing Mobility	4
Funding and Grants	6
Choice of Destination	7
Application Procedure	8
Academic Recognition	9
Logistics and Life Abroad	10
Practical Information	11
Before, During and After Mobility	12
Special Cases	13

1. Application and Eligibility - Outgoing Mobility

Who can participate in an international mobility programme?

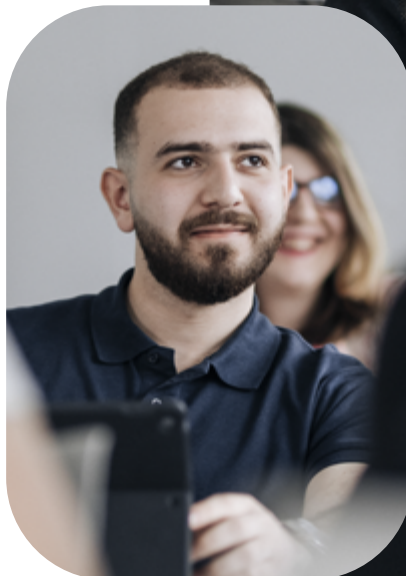
All students enrolled at LUNEX in Bachelor or Master programmes are eligible to apply for an international mobility period as part of their studies. This can take the form of a study exchange semester at a partner university or an internship placement in a company or organisation, either in Europe or outside Europe.

How do I know if a semester abroad is mandatory for me?

In compliance with the Luxembourgish Higher Education Law of 21st July 2023, a mandatory study semester abroad applies to students enrolled in the Bachelor programmes SES, ISM, and PT who started from the WS2025 intake onwards. Students who began these programmes before WS2025 are not affected. Other Bachelor programmes will only be included in future re-accreditation processes. All other students are encouraged to participate in mobility on a voluntary basis.

Does an internship abroad count as the mandatory semester abroad?

No, the mandatory semester abroad refers specifically to academic studies and not internships. While it is possible to follow modules that include internships, an internship alone does not replace the study semester abroad. Internships abroad remain voluntary.



1. Application and Eligibility - Outgoing Mobility

What if I cannot go abroad for a semester?

It is possible to be exempted from the mandatory mobility requirement under specific conditions listed on the university website. In such cases, students must complete an online application form and upload supporting documents. Each request is reviewed individually by a committee, and a response is provided within approximately 30 days. In such cases, students must complete an online application form available via the website and upload supporting documents:

[LUNEX Sharepoint](#)

For voluntary mobilities, timing is agreed individually with the Programme Leader.

Do I need a minimum language level?

Yes. If the host institution offers courses in a language other than English, students are generally required to have at least a B2 level in the language of instruction, depending on the partner university's requirements. Students should consult the list of partner institutions for details. After selection, language skills can be assessed using the Online Language Support (OLS) platform:

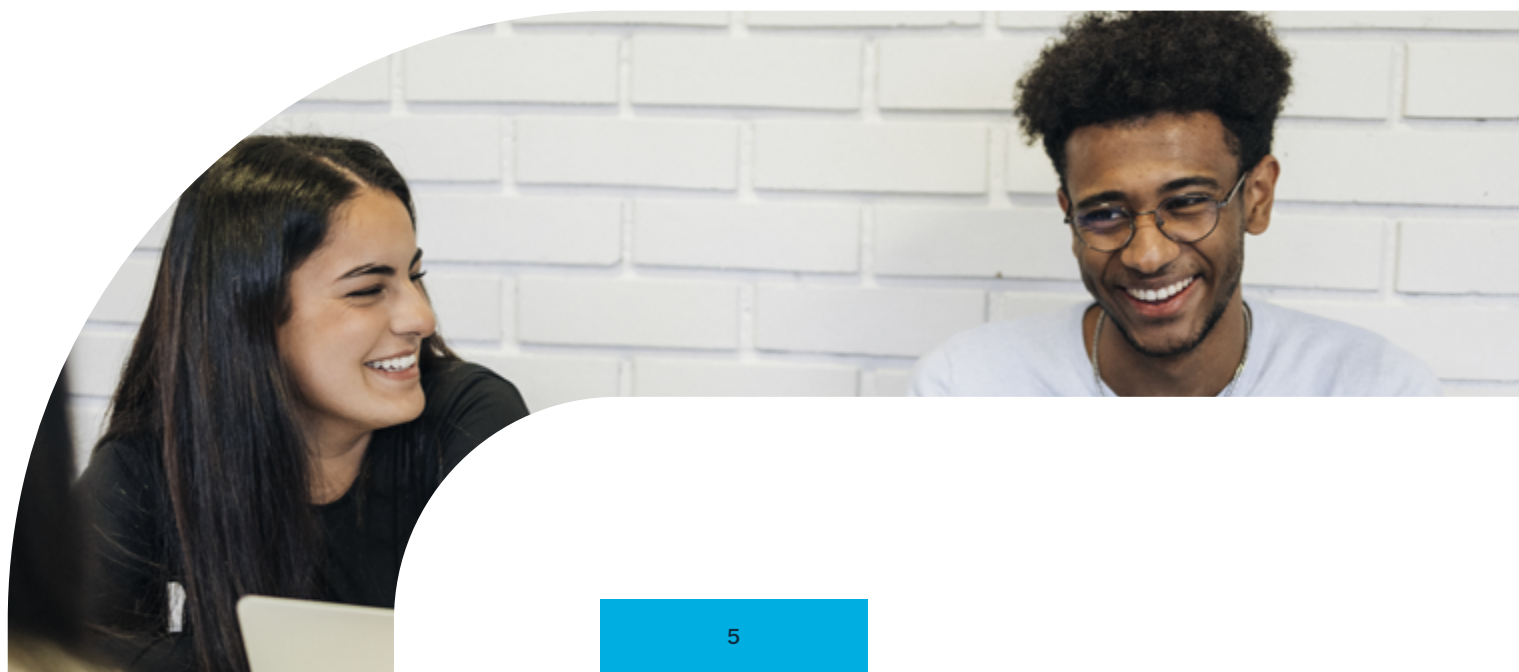
www.academy.europa.eu

Can I go abroad during my first year?

No, mobility is not planned during the first year. Each programme has recommended mobility periods defined by the relevant department. For Bachelor ISM and SES, the mobility semester is usually the 3rd or 4th semester, while for PT it is generally the 5th semester. These periods are chosen to ensure academic success and reduce the risk of difficulties adapting to a new academic environment.

How many mobility periods can I do?

Under the Erasmus+ programme, students may complete up to 12 months of mobility per study cycle (Bachelor or Master). This includes both study and internship mobilities.



2. Funding and Grants

Are there financial supports available for going abroad?

Yes. Mobility can be funded through Erasmus+ grants and, in some cases, national financial aid provided by the Luxembourg State. More information is available at:

www.mengstudien.public.lu

How much is the Erasmus+ grant?

The Erasmus+ grant depends on the modality (study or traineeship), the destination country and the duration of the stay. It is calculated based on the number of days spent abroad and generally ranges between 500 and 800 euros per month.

Can I combine different financial aids?

Yes, in some cases Erasmus+ funding can be combined with national financial aid from Luxembourg, depending on eligibility. More details are available at:

www.mengstudien.public.lu

Do I pay tuition fees at the host University?

No. During an Erasmus+ exchange, students continue to pay tuition fees only at LUNEX. No additional tuition fees are charged by the host institution. However, for non-Erasmus+, “free mover” mobilities, additional fees may apply.

When do I receive the Erasmus+ grant?

Once the mobility has been confirmed by the host institution and the Learning Agreement has been signed by all parties, the International Mobility Office issues a Grant Agreement.

This document is a formal contract that defines the conditions of the mobility, including funding, duration, rights, and obligations.

After signature, 80% of the grant is paid before departure, and the remaining 20% is paid after the mobility once all required documents and the final survey have been submitted. Payment delays may occur depending on administrative processing times.

Am I eligible for additional financial support (fewer opportunities)?

Students may be eligible for an additional Erasmus+ top-up if they are considered to have fewer opportunities, such as students with disabilities or from low-income backgrounds. Supporting official documents must be provided, and a declaration of honour must be signed. This support applies to both study and internship mobilities.

Is there a green travel top-up?

Yes. Students who travel using sustainable transport such as train, bus, or carpooling may receive an additional green travel top-up. Proof of travel must be provided, along with a signed declaration of honour.



3. Choice of Destination

How do I choose my partner University?

Students must consult the official list of partner universities for their programme on LUNEX Website. It is important to check language requirements and ensure that the selected institution is compatible with their academic programme.

Can I choose an University that is not on the list?

In general, no. However, if the institution is part of the Erasmus Charter for Higher Education (ECHE) network, a partnership may be considered. This process takes time and is not guaranteed.

Are some destinations more competitive than others?

Yes. Some partner universities are more popular and receive more applications than available places. In such cases, a selection process is applied.

4. Application Procedure

What are the application deadlines?

Applications for outgoing mobility are open twice per year. For the autumn/winter semester (September to February), the application period runs from 1 February to 1 March. For the spring/summer semester (February to September), applications are open from 1 August to 1 September.

How does the study mobility application process work?

Once the application is submitted and the deadline has passed, all applications are reviewed by the relevant department. Selection is based on academic performance, language skills, and motivation. Results are communicated within approximately 15 days.

After selection, the International Mobility Office confirms participation and assigns a host university based on availability and Erasmus+ funding. The nomination is then sent to the partner institution.

The host university contacts selected students for registration and course selection. In parallel, students work with their Programme Leader to prepare their Learning Agreement. This document defines course equivalences and must be approved by both institutions.

Once completed, students are officially registered at the host university, which then provides practical information such as accommodation and arrival procedures.

How does internship mobility work?

Internship opportunities are coordinated by programme teams and communicated via Canvas and programme channels. Students apply during the official application periods using the Erasmus+ traineeship mobility form.

Once submitted, applications are reviewed by the internship coordinator. If demand exceeds available places, a selection process may take place. In some cases, interviews may be required depending on the programme.



5. Academic Recognition

Will my credits abroad be recognised?

Yes. Credits earned abroad are recognised through the European Credit Transfer and Accumulation System (ECTS). This system ensures academic compatibility between institutions and allows students to continue their studies without delay.

A Learning Agreement is established before departure to guarantee recognition of selected courses.

How does the ECTS system work?

The ECTS system measures student workload, including lectures, independent study, assignments, and exams. One academic year corresponds to 60 ECTS credits, while one semester corresponds to 30 ECTS credits.

Can I choose courses freely abroad?

Students may select courses from the host university's catalogue, but all choices must be approved by the Programme Leader at LUNEX to ensure academic alignment and equivalence.

What happens if I fail exams abroad?

Failing exams abroad does not affect Erasmus+ funding, and students are not required to repay their grant. However, academic consequences depend on the host institution's rules.

If retakes are not possible during the mobility period, students may need to retake the module at LUNEX, which could delay their academic progression.



6. Logistics and Life Abroad

Does the host university provide accommodation?

Many partner universities offer student housing or provide access to housing platforms. However, accommodation is not always guaranteed. After nomination and acceptance, students receive detailed information from the host institution regarding housing options.

What is the cost of living abroad?

The cost of living varies depending on the destination country. Erasmus+ grants are adjusted according to these differences, meaning some students receive higher funding than others.

Most universities organise orientation weeks and cultural activities to support incoming students. Students are also encouraged to join student associations and connect through social networks to ease integration.



7. Practical Information

Do I need a visa?

Visa requirements depend on nationality and destination. EU students generally do not need a visa for mobility within Europe. Non-EU students must check visa requirements depending on the host country. For destinations outside Europe, a visa is usually required. Students are responsible for ensuring that all visa procedures are completed correctly.

What documents do I need before departure?

Before departure, students must ensure that all required documents are valid, including a valid ID or passport, a signed Learning Agreement, health and accident insurance, sufficient financial resources, and accommodation documents if applicable.

Do I need a bank account or local SIM card?

Opening a local bank account is generally not necessary for short-term mobility. A local SIM card can be useful but is optional.

What should I do if I encounter problems abroad?

Students must contact the International Mobility Office immediately in case of any issues during their stay abroad. If you need further assistance, please contact us at:

mobility@lunex.lu

Tel: +352 288 494-37



6. Before, During and After Mobility

Can I change my Learning Agreement?

Yes. The Learning Agreement can be modified during the first weeks after arrival, provided that changes are approved by both LUNEX and the host institution and that courses have not yet started.

Can I extend or shorten my mobility?

Yes. Any extension or reduction of the mobility period must be approved by the Programme Leader, the Mobility Office, and depends on funding availability in the case of Erasmus+ students.

Which documents do I need after returning?

For study mobility, students must submit a Transcript of Records and a Certificate of Attendance. For internships, a Certificate of Attendance and the completed “After Mobility” section of the Learning Agreement are required.

Is my mobility finished once I submit the documents?

For Erasmus+ students, mobility is only considered complete after submission of all required documents and completion of the EU survey, which is necessary to receive the final 20% of the grant. For non-Erasmus+ mobility, the process is complete once all documents have been received.

How can I value my mobility experience?

International mobility significantly enhances academic development, personal growth, intercultural skills, and employability. It also helps students build international networks and gain valuable experience in multicultural environments, which is highly appreciated by future employers.



7. Special Cases

What happens in case of force majeure?

In exceptional situations such as crises or force majeure events, special measures may be applied, including the possible interruption of the mobility period.

What about mobility for students with disabilities?

Erasmus+ strongly promotes inclusion and equal opportunities. Students with disabilities are supported through academic adjustments, accessibility services, and, where applicable, additional financial support. Host universities generally provide dedicated services to ensure full accessibility and inclusion during the mobility period.



INTERNATIONAL
MOBILITY
OFFICE

Going Abroad - Student Guide

Transforming Lives Through Health & Sport

+352 288 494-40

study@lunex.lu

50, avenue du Parc des Sports
L-4671 Differdange



Higher Education in Health and Sport.

[LU: NEX]