

[LU:NEX]
HIGHER EDUCATION IN
HEALTH & SPORT

2025

Annual Report



We care, you succeed, join the LUNEX experience.

Message from LUNEX Management

LUNEX has continued to evolve as a dynamic and international university of applied sciences, committed to delivering an outstanding and student-centred learning experience.

The 2025 reporting period has been marked by sustained growth, increasing internationalisation, and further consolidation of our academic and organisational structures.

In line with our strategic ambition to enhance the student experience from enrolment to graduation, we have strengthened the integration between recruitment, academic delivery, student support and career readiness. Particular attention has been given to the use of data and feedback to support decision-making and continuous improvement.

This report highlights our progress in teaching quality, student success, employability and international partnerships, while also identifying key risks and future priorities to ensure sustainable and responsible growth.

Our international environment, diversity of staff and students, and strong collaboration across departments continue to be central drivers of innovation and excellence.

As we move forward, LUNEX remains committed to combining academic rigour, applied learning and close engagement with industry and society.



Adjunct Prof. Dr. Matthias Afting
Member of the Board of Directors

Adjunct Professor in International Health Management



Mihaela Bozonca
Member of the Board of Directors

Director of Resources and Services



Assoc. Prof. Dr. Fraser Carson
Chair of Academic Excellence and Quality Assurance



Delia Marin
Quality Assurance Manager

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About LUNEX

LUNEX University of Applied Sciences (Établissement d'Enseignement Supérieur Spécialisé) provides a modern and international study and research environment at the heart of Europe. All study programmes are accredited by the Ministry of Research and Higher Education in Luxembourg, ensuring alignment with national regulations and the European Standards and Guidelines (ESG).

The institution operates within a structured governance and quality assurance framework, supporting academic standards, institutional transparency and continuous improvement. This framework promotes collaboration between academic leadership, administration and external stakeholders, ensuring that LUNEX programmes remain relevant, innovative and responsive to labour market and societal needs.



2015
foundation year



International, Innovative and Interdisciplinary

5

Bachelor Study Programmes

3

Master Study Programmes

+1200

International Students and Staff Members

All LUNEX study programmes are accredited by the Ministry of Research and Higher Education in Luxembourg



THE GOVERNMENT
OF THE GRAND DUCHY OF LUXEMBOURG
Ministry of Research and Higher Education



LUNEX Profile and Strategy

Mission

At LUNEX, we shape society and transform lives by educating future leaders and performing impactful research in health and sports.

Vision

Our vision is to be an internationally recognised European hub for health, sport science and management. We aim to transform the lives of individuals, communities and societies through high-quality education and impactful research. We plan to educate future leaders, inspiring them to innovate and explore. We strive to lead in education, research and community impact, underpinned by our motto: Made in Luxembourg: Made at LUNEX.

Our promise

We are focused on excellence in education, providing a dynamic and stimulating learning environment for all our students. We look to drive innovation through cutting-edge research, pushing the boundaries of knowledge in the health and sports sectors.

We do this within a high-quality framework.



LUNEX Core Values

At LUNEX, team spirit is extremely important. We treat each other with respect and actively help our students to achieve their goals.

Our commitment extends beyond imparting knowledge and achieving degree completion.

We are dedicated to fostering a comprehensive learning experience that provides our students with the skills and insights needed for lifelong success in a global world.

Our core values drive our approach:

Inspiration: we strive to inspire our students, creating role models within the health and sports sectors. In turn, they will inspire individuals, communities and society to care for themselves as well as for the lives of others.

Integration: we are open-minded and inclusive, integrating diverse perspectives and practices. We aim for balance across gender, generations, cultures, nationalities, amateurs and professionals, theory and practice, human and technological, the present and the future.

Innovation: we are passionate about exploring new avenues of research with optimism and enthusiasm. We believe in persistent innovation, supporting cutting-edge scientific research in order to improve the education we provide, and further deepen our impact on society.

Interaction: we engage and empower individuals with empathy, compassion and responsiveness. Every student matters. We are approachable and responsive to students' concerns. We believe a happy and secure student is a productive one.

Introspection: we continuously reflect on and improve our practices to bring out the best in people. We challenge ourselves to find better ways to achieve our ambitions.



LUNEX 2025

Key Events

MathSport International 2025

The MathSport International 2025 conference continued its exploration of the synergy between mathematics and sports on its second day, 5 June 2025, at LUNEX in Differdange.

This day presented a rich program of keynote speeches, three parallel sessions, two workshops on the use of artificial intelligence (AI) in sports and a unique engaging opportunity with world-renowned athletes.



ENPHE Forum 2025

We were honoured to host the 2025 Annual Forum of the European Network of Physiotherapy in Higher Education (ENPHE), a key event uniting physiotherapy educators, students, and researchers across Europe.

The ENPHE Forum is a physical event where physiotherapy academics and students meet to debate and share knowledge, present research findings, and discuss educational and professional topics.

It aims to foster collaboration, critical thinking, and the advancement of knowledge and good practice relevant to physiotherapy practice and education.



The LUNEX 2025 Key Events highlight the major initiatives and remarkable moments that marked the year, illustrating the institution's dynamic development and its commitment to advancing education, research, and professional practice in health, sport, and management.



Graduation Ceremony 2025

The LUNEX Graduation Ceremony 2025 marked a significant milestone in the academic journey of our graduates, celebrating the successful completion of their studies and their dedication to excellence. The ceremony brought together graduates, families, faculty, and members of the LUNEX community to recognise the achievements of students who have demonstrated commitment, perseverance, and academic distinction.

LUNEX graduates will carry forward the knowledge, skills, and values developed throughout their studies, into the next stage of their professional paths.

LUNEX Open Days

Our Open Days offers students and their families the opportunity to find out more about LUNEX and its study programmes.

Exploring our campus as part of a guided tour, take part in our study programme presentations and interact with teaching staff and current students.

Finding out about our courses, career opportunities, admissions procedures and student life, and immerse themselves in our research activities in our Sport and Movement Laboratory.

Open Days primary objective is to answer all questions so students can take the first step towards their future!



LUNEX Staff Overview

Successful teams thrive on diversity, team spirit and passion. The LUNEX staff strive to elevate education, expand research impact and build strong partnerships across the health, sport and research sectors.

LUNEX employs a team of international experts who strive to continually inspire and innovate by using student-centred didactics and research-lead teaching.



46

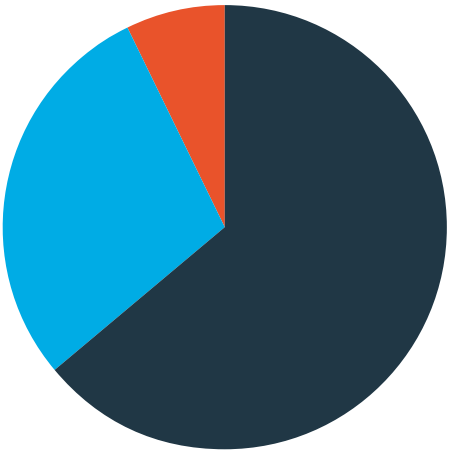
Women
23 Academic
23 Non-Academic



24

Men
21 Academic
3 Non-Academic

Education Level



- Bachelor**
7%
- Master**
29%
- PhD**
64%

Department Segmentation



From the total of 70 staff members:
63% are Academic
37% are Non-Academic



LUNEX Staff Nationalities



Portuguese
13%



Italian
13%



German
11%



Luxembourgish
9%



French
9%



Brazilian
7%



Belgian
6%



Romanian
6%



Spanish
4%



South-African
4%



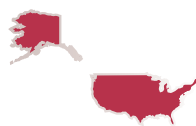
Greek
3%



British
2%



Russian
3%



American
1%



Polish
1%



Malaysian
1%



Lebanese
1%



Nigerian
1%



Chinese
1%



Palestinian
1%

21

Nationalities from the total of LUNEX 70 staff members.



Irish
1%



LUNEX Staff Gender by Department



Department of Management

Staff members: 6

Women: 2

Men: 4



Department of Health

Staff members: 25

Women: 14

Men: 11



Department of Sport

Staff members: 8

Women: 4

Men: 4

LUNEX Compartments

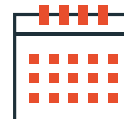


Institution Management

Staff members: 7

Women: 3

Men: 4



Administration

Staff members: 14

Women: 12

Men: 2



Research and Development

Staff members: 6

Women: 2

Men: 4



Marketing

Staff members: 4

Women: 3

Men: 1

LUNEX Staff Career Progression

Career progression and talent development remain central to the long-term sustainability of LUNEX. In 2025, staff promotions reflected both institutional growth and the commitment to recognising performance, leadership and pedagogical excellence.

The institution continues to strengthen transparent promotion processes, gender equity and career pathways. These initiatives contribute to staff engagement, retention and institutional continuity. In parallel, LUNEX monitors staff development needs and future workforce planning to support new programme development and maintain academic standards.



Bernini, Michela
Senior Lecturer



Eischen, Sanja
Lecturer



Harith, Sophia
Senior Lecturer



Pizzocaro, Serena
Research Assistant



Carson, Fraser
Chair of the Teaching
and Learning Council



Galasso, Svonko
Research Fellow



Hülzdünker, Thorben
Professor



Philippe, Michael
Senior Lecturer

Career Progression Parity:

 **4 Women**
promoted

 **4 Men**
promoted

Students Gender Distribution



414

Women studying currently at LUNEX, representing 41,11% of the total number of students.



593

Men studying currently at LUNEX, representing 58,89% of the total number of students.



Bachelor in Physiotherapy

Total of students: 467

Women: 202

Men: 265

Master in Physiotherapy

Total of students: 219

Women: 110

Men: 109



Bachelor in Sport and Exercise Science

Total of students: 148

Women: 29

Men: 119

Master in Sport and Exercise Science

Total of students: 30

Women: 8

Men: 22



Bachelor in International Sport Management

Total of students: 65

Women: 14

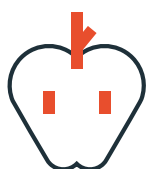
Men: 51

Master in Sport Management and Digitalisation

Total of students: 32

Women: 16

Men: 16



Bachelor in Nutrition, Fitness and Health

Total of students: 36

Women: 26

Men: 10



Bachelor in Corporate Health Management and Wellbeing

Total of students: 10

Women: 9

Men: 1

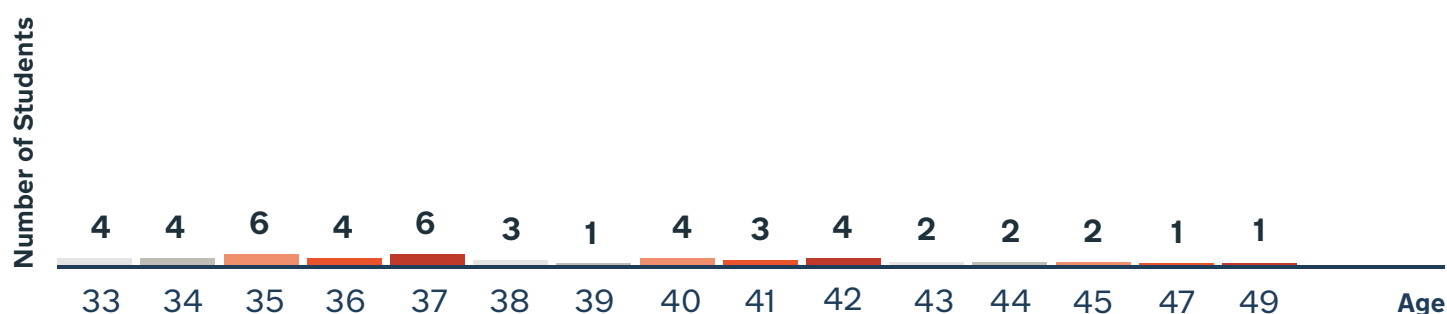
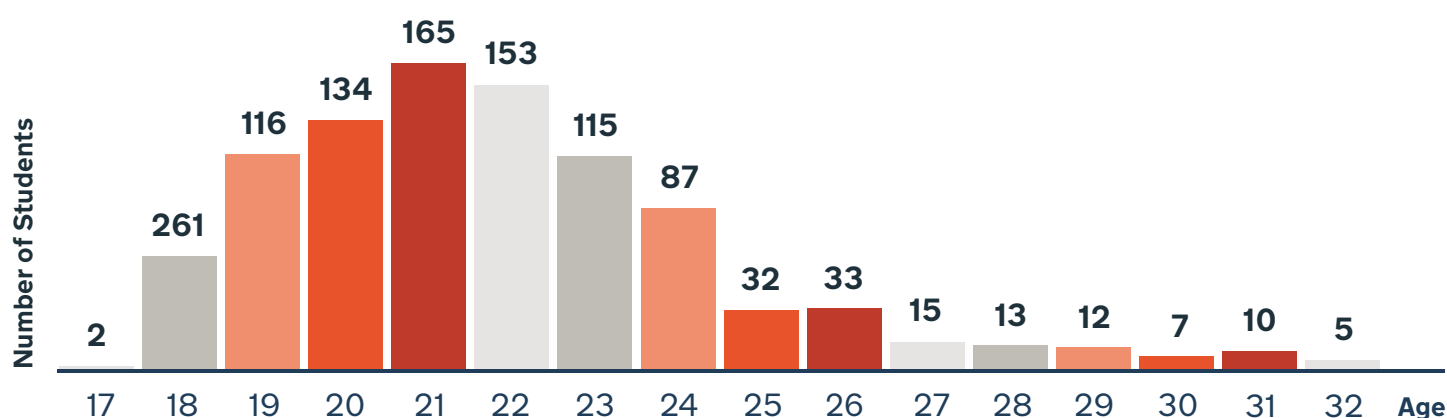


The health pillar remains the main academic choice by both genders across multiple programmes, with a grand total of 732 attending students.

Students Age Distribution

The student population at LUNEX reflects the institution's commitment to accessibility, diversity and internationalisation. Monitoring gender distribution, age profile and programme preferences supports strategic planning, targeted student support and the design of inclusive learning environments.

The analysis of student demographics also informs recruitment strategies and helps ensure alignment between programme capacity, labour market needs and student expectations. These indicators contribute to a holistic understanding of the student journey, from admission to graduation.



LUNEX predominant age range is between **19 to 22 years old**, highlighting the preference of young adult students looking into completing their academic pathway before entering the job market.

21 is the leading age, with a total 165 students, followed by **22 years old** (153 students).

LUNEX also attracts a significant number of mature students aged over 30, **with 67 enrolments** in our higher education programmes.

These students represent **7% of our total number of 1007**, reflecting the appeal of our programmes to learners at different stages of their professional and academic journeys.

Students Nationality

LUNEX continues to attract a diverse international student population, representing a broad range of cultures and perspectives. The international profile of the student body enhances intercultural learning, peer exchange and global employability.

Monitoring student nationality and diversity supports the institution's internationalisation strategy, integration initiatives and tailored support services. Particular attention is given to the needs of international students, including academic transition, language support and social integration.

According to the data presented in the report, students come from **66 nationalities, with a strong representation from France, Luxembourg and Portugal**, reflecting both regional attractiveness and international outreach.



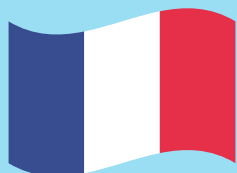
66 Nationalities
studying at
LUNEX

21 EU countries

45 Non-EU countries



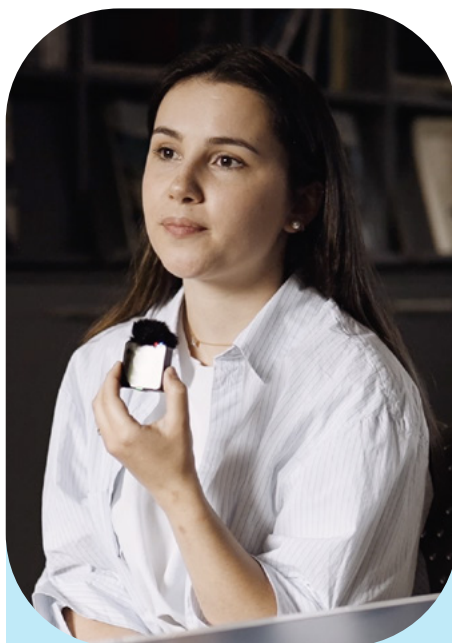
The Top 3 Nationalities



France

538 total French students.

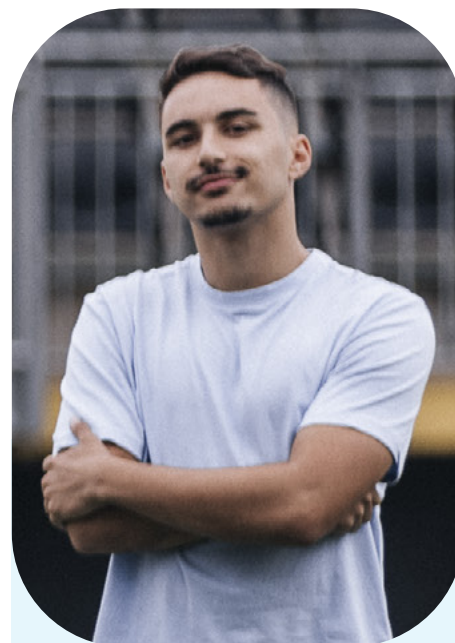
Bachelor in Physiotherapy is the highest attended programme, with 335 students.



Luxembourg

239 total Luxembourgish students.

Bachelor in Sport and Exercise Science is the highest attended programme, with 100 students.



Portugal

36 total Portuguese students.

Bachelor in Physiotherapy is the highest attended programme, with 14 students.

Students Residency Status

The distribution between resident and non-resident students is a key indicator for institutional sustainability and strategic positioning. As shown in the report, **62% of students are non-residents and 38% residents**, which reflects Luxembourg's international labour market and the cross-border attractiveness of LUNEX.

This analysis supports risk monitoring related to market dependency, financial accessibility and student integration. It also informs programme portfolio development, recruitment strategies and partnerships with regional stakeholders.

 **381**

LUNEX students are residents in Luxembourg, representing 37,83% of the grand total of students (1007).

Most Popular Programmes Among Residents:



Bachelor in Sport and Exercise Science

118 Students



Bachelor in Physiotherapy

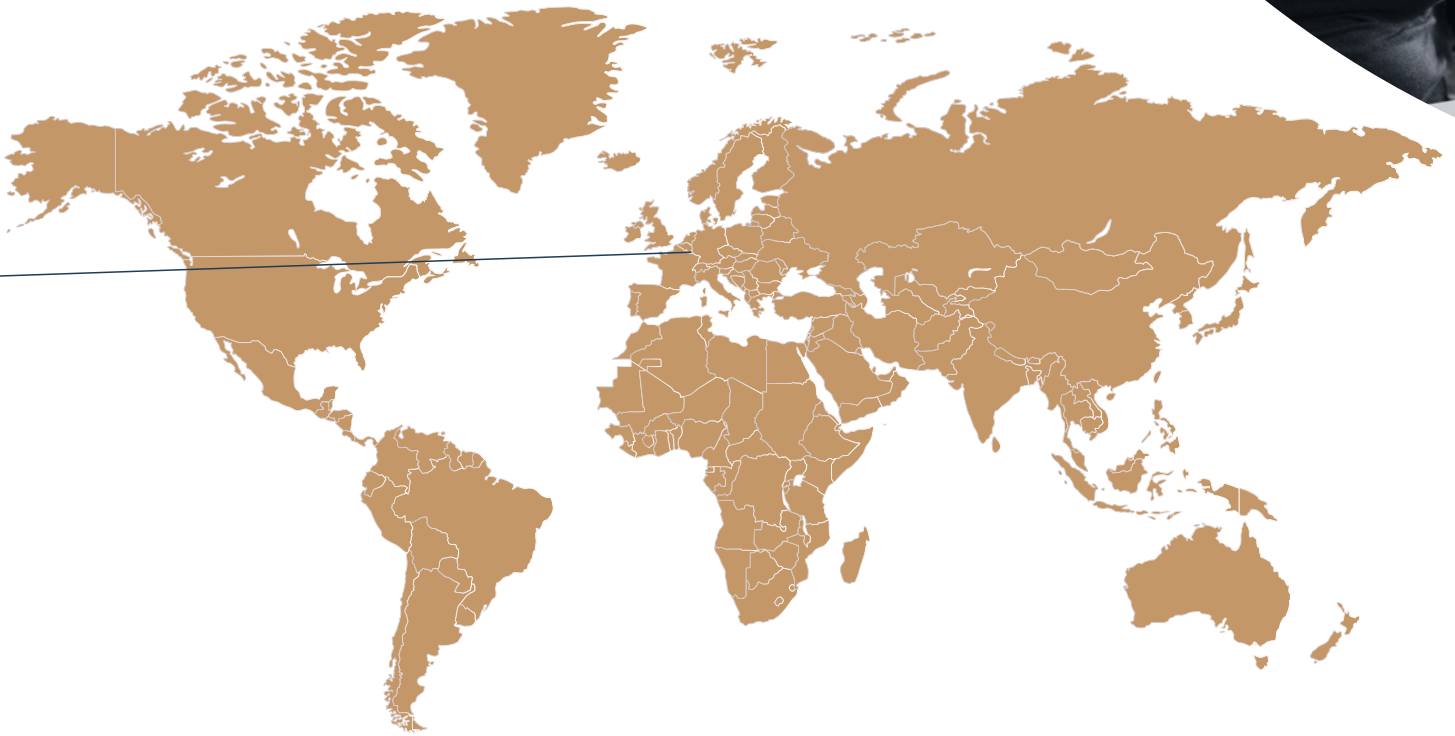
106 Students





626

LUNEX students are non-residents, representing 62,17% of the grand total of students (1007).



Most Popular Programmes Among Non-Residents:



**Bachelor in
Physiotherapy**
361 Students

**Master in
Physiotherapy**
175 Students

Students Success Rate

Student success and employability remain central indicators of academic quality and institutional effectiveness. LUNEX systematically monitors progression, completion and dropout rates across programmes. This analysis enables early identification of challenges and the implementation of targeted support measures.

The graduate employability survey indicates that **99% of graduates find employment or continue their studies within 6–12 months**, with a strong alignment between education and labour market outcomes.

Programme-level success and dropout rates are reviewed annually to support curriculum development, academic support and student engagement. These data contribute to continuous quality improvement and accountability.

Graduates Employability Stats



99%

find a job after 6-12 months or continue Higher Education



90%

work in the field of their studies



75%

find a job in less than 3 months

This dataset was sampled from responses to the LUNEX Graduates Employability Survey, conducted in 2024.





Bachelor in Physiotherapy

Average success rate: 89,39%

Average failure rate: 7,19%

Average dropout rate: 3,42%

Master in Physiotherapy

Average success rate: 98,92%

Average failure rate: 0,36%

Average dropout rate: 0,72%



Bachelor in Sport and Exercise Science

Average success rate: 83,12%

Average failure rate: 1,25%

Average dropout rate: 15,63%

Master in Sport and Exercise Science

Average success rate: 75,68%

Average failure rate: 10,81%

Average dropout rate: 13,51%



Bachelor in International Sport Management

Average success rate: 87,5%

Average failure rate: 2,8%

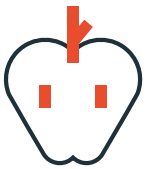
Average dropout rate: 9,7%

Master in Sport Management and Digitalisation

Average success rate: 86,11%

Average failure rate: 0%

Average dropout rate: 13,88%



Bachelor in Nutrition, Fitness and Health

Average success rate: 75%

Average failure rate: 7,5%

Average dropout rate: 17,5%



Bachelor in Corporate Health Management and Wellbeing

Average success rate: 100%

Average failure rate: 0%

Average dropout rate: 0%

★ ★ ★

1066

of total student success cases



Erasmus + Mobility Incoming

International mobility and partnerships remain key components of the LUNEX student experience. Participation in Erasmus+ promotes academic recognition, cultural exchange and employability. The increasing number of incoming and outgoing students reflects the growing attractiveness and maturity of the institution.

The expansion of inter-institutional agreements and the implementation of mandatory mobility for selected bachelor programmes support the development of global competencies and international academic standards. These initiatives also strengthen benchmarking, collaboration and programme relevance.

In accordance with the Luxembourgish Higher Education Law of 21 July 2023, a semester abroad is mandatory for all bachelor students. This requirement currently applies to students enrolling from October 2025 onward in the following programmes:

- **International Sport Management**
- **Sport and Exercise Science**
- **Physiotherapy**

66%

increase in incoming students for study degrees, between the period of 2024 and 2025.

At LUNEX, we welcome students from across Europe and around the world into an international community that combines academic excellence with practical experience and cultural diversity.

Find out some of the incoming partner institutions for our attending international students:

Italy

Universita Degli Studi Di Pavia



UNIVERSITÀ DI PAVIA

France

Ecole de Commerce Annecy - IPAC



Portugal

Universidade de Lisboa



Spain

Universidad Europea de Madrid



Erasmus + Mobility Outgoing

23

total students for study degrees, between the period of 2024 and 2025, representing a 76,9% increase.



Corporate Health Management and Wellbeing leads the Erasmus study requests, with a total of 10 students.

16

total students for traineeships, between the period of 2024 and 2025, representing a 433,3% increase.



Sport and Exercise Science is the most requested programme, with a total of 14 students for traineeships.

Erasmus + Mobility Inter-Institutional Agreements

Norway

- Molde University College - Science College in Logistics
- Norges Idrettshogskole

Poland

- Uniwersytet Szczeciński

Austria

- Universität Wien

Belgium

- Karel de Grote Hogeschool Antwerpen
- Haute Ecole Léonard de Vinci

France

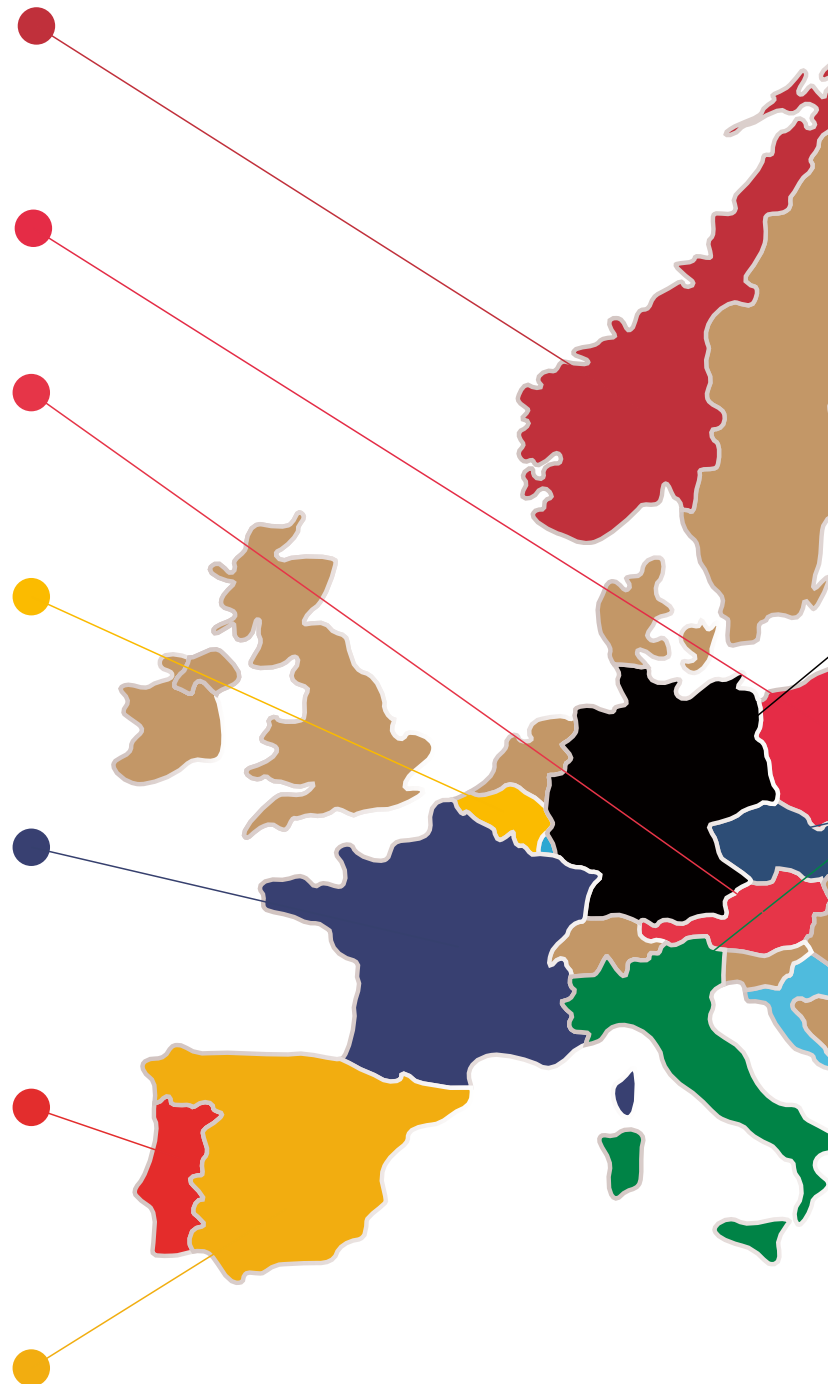
- Ecole de Commerce Annecy - IPAC
- Université Paris-Sud

Portugal

- Universidade de Lisboa
- Universidade de Évora
- Instituto Politécnico de Castelo Branco

Spain

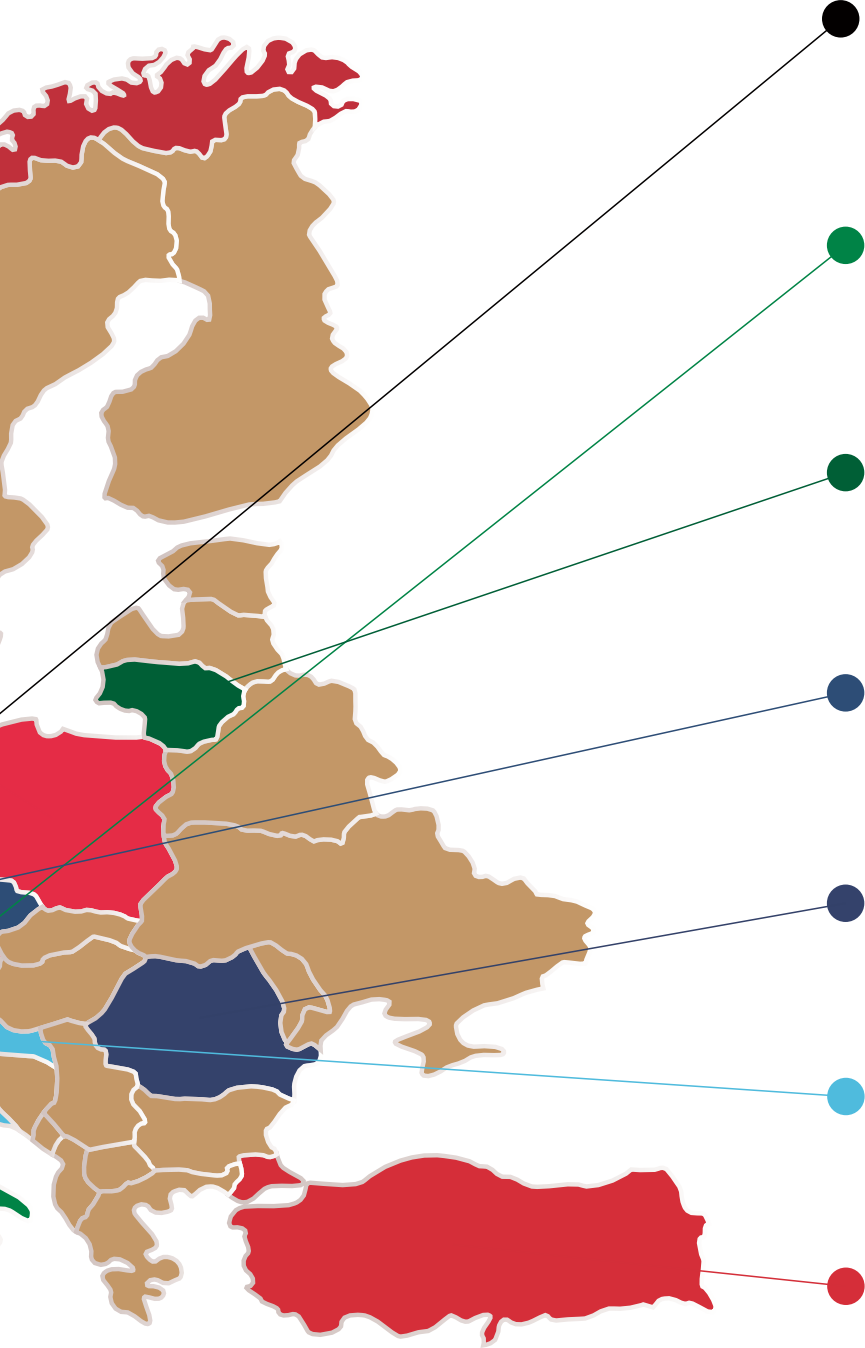
- Universidad Europea de Madrid
- Universidad de Murcia



25 grand total of signed partnerships.



Co-funded by the European Union



Germany

- Humboldt-Universität zu Berlin

Italy

- Università degli Studi di Cassino e del Lazio Meridionale
- Università di Pavia

Lithuania

- Lietuvos Sporto Universitetas Kaune

Czechia

- Ambis University
- Palacký University Olomouc

Romania

- Universitatea Transilvania Braşov

Croatia

- University of Split
- University of Zagreb

Turkey

- Istinje University
- Ardahan University

LUNEX Research Publications

Research at LUNEX focuses on applied and interdisciplinary approaches in health, sport and management. The institution's research strategy prioritises impact, innovation and collaboration with industry and healthcare sectors.

The increase in funded projects and international collaborations demonstrates the growing maturity of the research environment. In 2025, LUNEX reported **46 projects with a total funding of €2.7 million and 228 publications across departments.**

Research activities also support teaching, student engagement and societal impact, reinforcing the university's positioning as an applied sciences institution.

228

research publications in total, across the departments of Health, Sport, Management and Research and Development.



Health
117 publications



Sport
66 publications

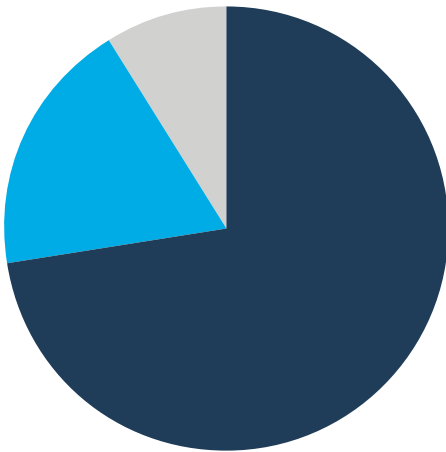


Management
26 publications



Research and Development
19 publications

Sectors of Impact:



- **Precision Diagnostics, Training and Rehabilitation**
191 publications
- **Good Governance**
49 publications
- **Injury Prevention**
23 publications



LUNEX Research Projects



46

total projects, with the funded amount of 2.698.221,00€.

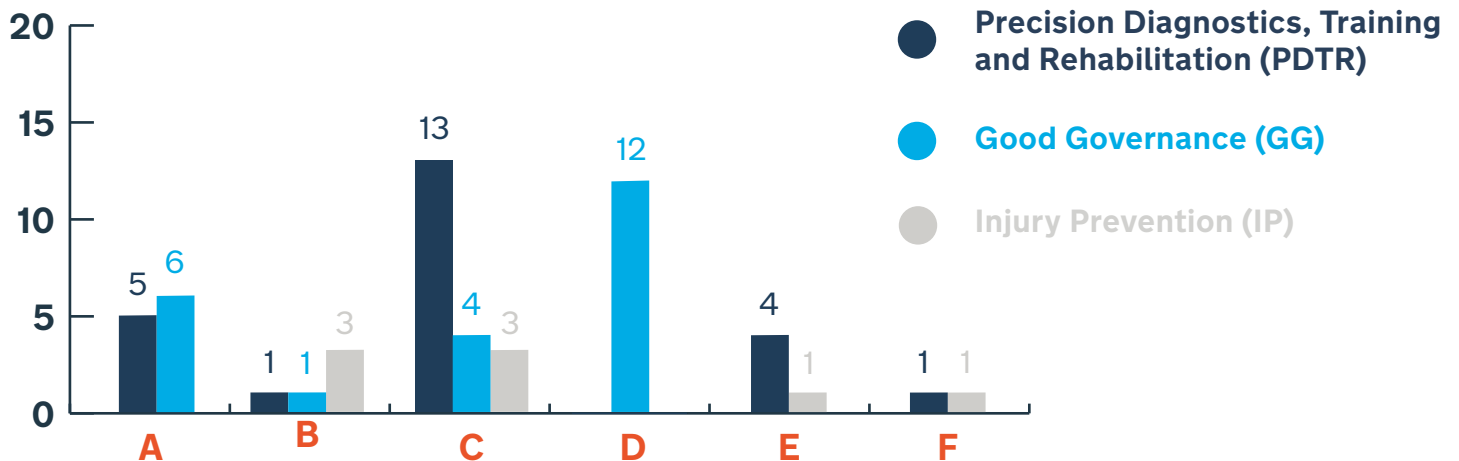
28

international projects, with the funded amount of 2.118.713,00€.

18

national projects, with the funded amount of 579.508,00€.

Sectors of Impact:



A - Administration

5 projects PDTR
6 projects GG

B - Health

1 project PDTR
1 project GG
3 projects IP

C - Sport

13 projects PDTR
4 projects GG
3 projects IP

D - Management

12 projects GG

E - Health x Sport

4 projects PDTR
1 project IP

F - Health x Management

1 project PDTR
1 project IP





Annual Report 2025

Looking ahead, LUNEX will continue to strengthen its quality culture and data-informed decision-making. Priority areas include further integration of recruitment, retention and student success strategies, enhancement of programme monitoring, and the development of predictive approaches to identify risks and opportunities.

The institution will also focus on teaching innovation, employability, international partnerships and sustainable growth. These priorities aim to ensure long-term academic excellence, institutional resilience and continued contribution to the health, sport and management sectors.

Transforming Lives Through Health & Sport

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Higher Education in Health and Sport.

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