

National Allergy Council – STUDENT allergen menu matrix EXAMPLE

This list helps staff and volunteers in the canteen easily see which children in the school have food allergies.

X = the child is allergic to that food.

YEARS 1,2,3														Tree nuts											
Last name	First name	Class	Milk (dairy)	Egg	Fish	Crustacean	Mollusc	Sesame	Lupin	Peanut	Soy	Wheat	Gluten	Almond	Brazil nut	Cashew	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sulphites	Other allergies/ dietary requirements	
																									
Year 1																									
Appleby	Johnny	1 A	X																					Vegetarian	
Crowther	Sam	1A																	X			X		Banana allergy	
Farmer	Ben	1B								X															
Robinson	Kate	1B			X	X	X																		
YEAR 2																									
Bishop	Jenny	2B			X											X									
Jones	Tim	2B	X					x																Banana, rockmelon allergy	
Nesbitt	Brett	2C	X	X							X														
YEAR 3																									
Marmot	Annie	3A	X									X	X											Coeliac disease	
Ovalton	Stephanie	3B														X									
Priest	Greg	3B																						Kiwifruit allergy	
Simpson	James	3C										X												Rye allergy	