



Massage Gun

FLOWLIFE

Flowgun Air Folder

Flowgun Air



Advanced, portable massage gun by Flowlife.

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Manifest

In a world where limits are meant to be shattered, we fuel the fire of relentless pioneers. Our brand champions those who break the mold and embrace the extraordinary, symbolizing a life lived without compromise.

Committed to relentless innovation, we design for those who demand excellence and performance, understanding that the journey into the unknown often leads to unforgettable achievements.

We want to power dreams, aspirations, and triumphs of the audacious, sparking the passions of the unstoppable.

For those who redefine boundaries and explore new horizons, we are Flowlife. Made Possible.

Why Flowgun AIR?



Compact Size - Convenient size to always carry on.



Sleek Scandinavian Design - Easy to use.



Whisper-Quiet Operation - Flowgun Air operates quietly.



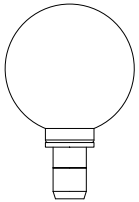
Seamless Operation - With six speeds.



Experience unrivaled strength with the Flowgun Air's impressive stall force of over 10kg.

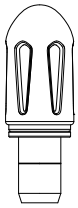
Accessories

Each attachment is specifically crafted to cater to different needs and muscle areas, providing a versatile and customized massage experience.



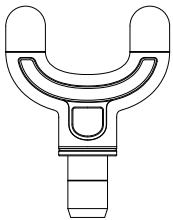
Round EPP Head

For sensitive areas and joints.



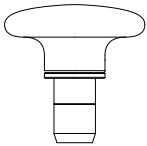
Bullet

For small specific areas and trigger points.



Fork Cushion

Wide surface with soft cushion for limb musculature.



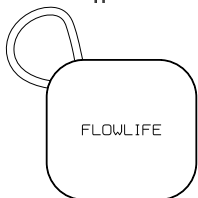
Flat

For large and dense musculature.



Type C-Cable

For charging.



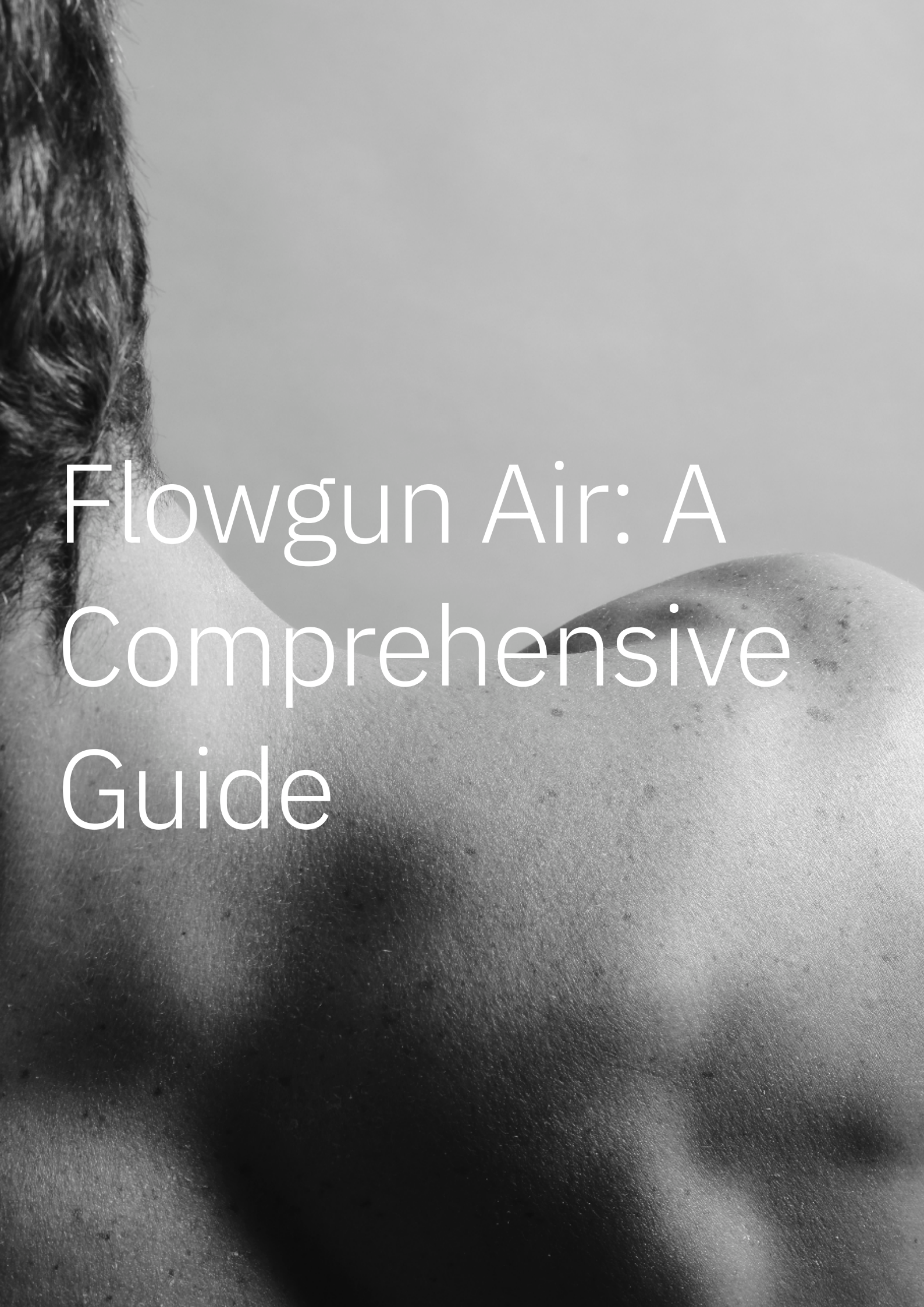
Carry Case

For easy carrying on the go.

Battery indicator color system:

Green light : 40-100%

Red light: 0-40%



Flowgun Air: A Comprehensive Guide

Flowgun Air, a small, powerful and innovative tool in our product suite, leverages the latest technology to deliver a stimulating massage experience. With five-speed settings, multiple attachments, and brushless motor technology, this massage gun is designed to enhance your workout recovery, boost your performance, and makes your active lifestyle possible. So, how can you extract the maximum benefit from your Flowgun Air? Follow our step-by-step guide, crafted specifically to help you understand its many features and their application in your muscle recovery regimen.

For Muscle Soreness

Spot The Hotspots

Identify your tension points or areas of discomfort. It could be the muscle group you strained during your latest workout or the stubborn knots causing frequent aches.

Choose Your Ally

Flowgun Air comes with four purpose-built attachments. Choose the right one for your need - flat head for large muscle areas, ball head for a deeper tissue massage, fork head with double point contact gives a wider spread of the percussion treatment of the tensions in the fascia, and bullet head for focused pressure on small muscle groups or trigger points.

Pace Your Move

Glide the massage gun smoothly over the muscle area in half-circle motions, maintaining a steady speed. Pay special attention to different sensitive spots.

Perfect Your Technique

When you find a sore spot, put some extra pressure on it and try to activate the area. If it's painful to work directly on the trigger point, try to work your way around it.

For General Recovery

Spot The Hotspot

Locate the areas that need recovery. It could be muscles that feel tight after your last run or the whole body that needs relaxation.

Choose Your Ally

Flowgun Air comes with four unique attachments. Select the one that suits your recovery needs - choose an attachment with a large surface area for a relaxing massage or the bullet for an intense treatment.

Perfect Your Technique

Apply the Flowgun Air with comfortable pressure. Start easy and gradually increase the intensity as you become more used to the massage. The massage should feel challenging but in a good way for best results.

Keep It Regular

Consistency is key in recovery. Use the Flowgun Air daily, spending approximately 30 seconds up to two minutes per muscle group for an effective massage.

Navigating Speeds and Auto Mode

Flowgun Air boasts a five-speed range, from 1500 to 3000 rpm, including a unique Auto Mode. The sixth mode cycles through speeds 1-5, creating a variable massage rhythm for a holistic recovery experience.

1500 RPM

This setting is gentle, perfect for warming up the muscles and soothing minor aches.

1800 RPM

A moderate massage intensity, suitable for muscle relaxation post-workout.

2100 RPM

The intensity increases here, which is great for loosening tight muscles and eliminating knots.

2500 RPM

An intense setting, excellent for serious muscle recovery post-demanding workouts.

3000 RPM

This setting provides the highest intensity, ideal for deep tissue massage and maximum relief from muscle tension.

Auto Mode

A dynamic mode that cycles from levels 1-5, catering to varied muscle needs in a single session.



Before your
Workout

Ignite your muscles and fuel your energy

Awaken and Energize

Flowgun Air stimulates your muscles, releasing stiffness and preparing you for the challenges ahead.

Boost Circulation

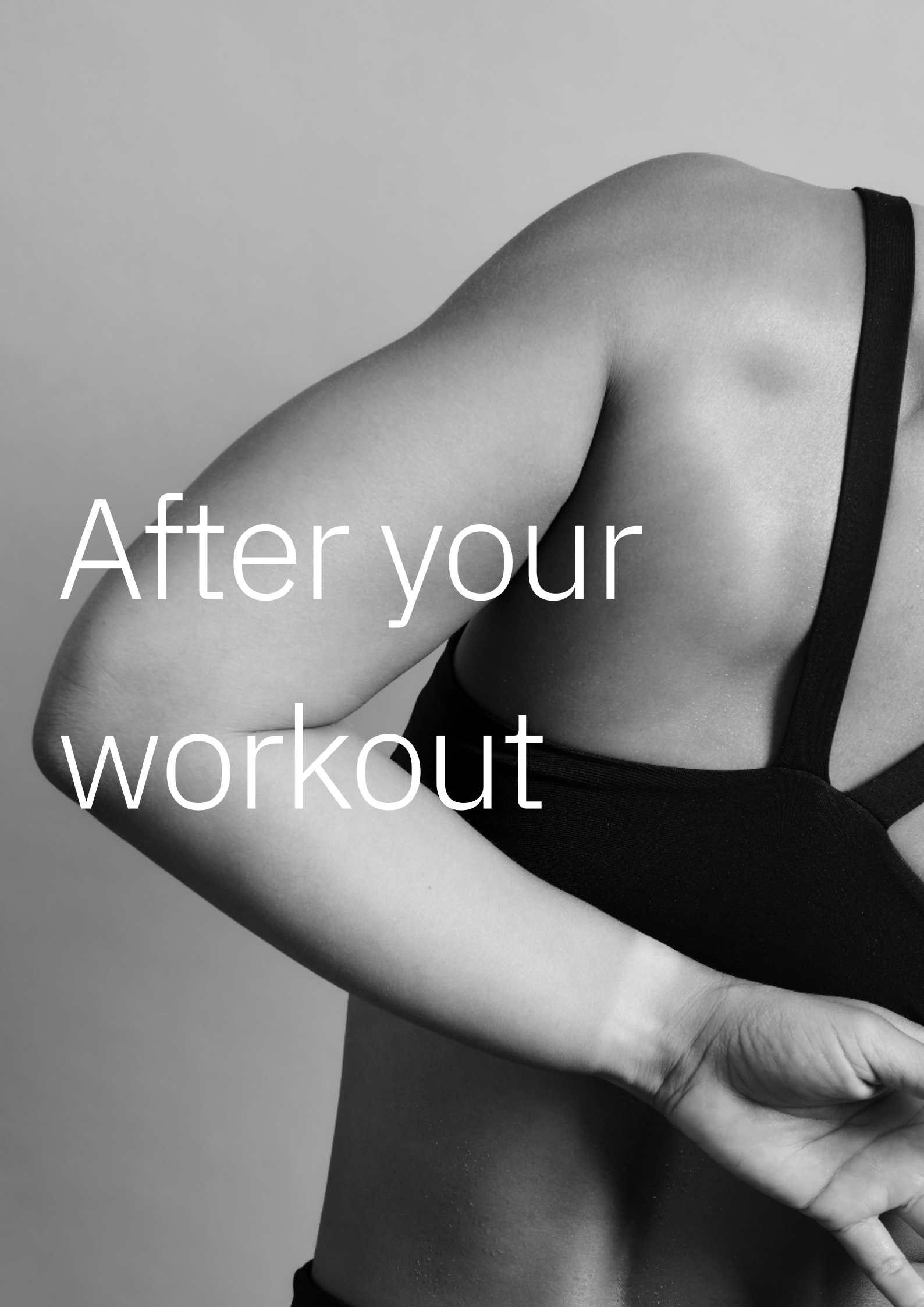
It enhances blood flow to key areas, priming them for the intense workout.

Expand Flexibility

Flowgun Air aids in improving your range of motion, setting the stage for dynamic movements.

Customize Warm-Up

Tailor your warm-up to your needs, or opt for a full-body warm-up.



After your
workout

Experience a soothing cool down like no other

Accelerate Your Recovery

Flowgun Air supports your fitness goals even after your workout ends. It expedites recovery time and makes it possible for you to be ready for your next adventure.

Melt Away Tension

It dissolves the stress and tension accumulated during intensive training sessions - which decreases the inflammation in the body.

Ease Pain and Soreness

Post-workout aches? Flowgun Air is your targeted pain relief and comfort tool, helping you to continue living an active life after your toughest training days.



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A black and white photograph showing the back and shoulder of a person. A dark strap, possibly from a bag or clothing, is visible across the shoulder. The lighting creates soft shadows, emphasizing the contours of the skin.

FLOWLIFE

An active lifestyle. Made possible.