

A black and white photograph of a woman's profile, facing right. Her hair is dark and pulled back into a bun. She is wearing a dark, possibly black, tank top. The lighting is soft, highlighting the contours of her face and neck. The background is a plain, light color.

Flowpression Goggles

FLOWLIFE

Brochure

Flowpression Goggles



Premium Eye Massager from Flowlife

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Manifest

In a world where limits are meant to be shattered, we fuel the fire of relentless pioneers. Our brand champions those who break the mold and embrace the extraordinary, symbolizing a life lived without compromise.

Committed to relentless innovation, we design for those who demand excellence and performance, understanding that the journey into the unknown often leads to unforgettable achievements.

We want to power dreams, aspirations, and triumphs of the audacious, sparking the passions of the unstoppable.

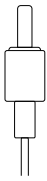
For those who redefine boundaries and explore new horizons, we are Flowlife. Made Possible.

Why Flowpression Goggles?

Flowpression Goggles Eye Massager is designed to relieve relaxation and stress through air pressure, heat, and vibration technology. This innovative device helps you achieve a state of mindfulness and well-being, promoting mental clarity and a balanced lifestyle.

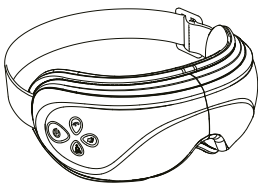
- **Meditation Mode** - It helps you achieve a state of relaxation and mindfulness, combining gentle air pressure with calming sounds to enhance your meditation practice. Promoting mental clarity and reducing stress helps you maintain a calm and balanced state, making a more active and fulfilling life possible.
- **Box Breathing Mode** - It guides you through a structured breathing technique to reduce stress, improve focus, and promote better sleep quality.
- **Therapeutic Heat Technology** - It delivers soothing warmth to relieve tension, improve blood circulation around your eyes, and enhance overall relaxation.
- **Customizable Massage Levels** - Offers tailored massage settings to ensure comprehensive well-being, catering to different needs and preferences.
- **Effective Relief for Various Conditions and Benefits of Meditation**
 - Flowpression Goggles relax face muscles, reduce stress, and improve sleep quality. They alleviate tension headaches, reduce eye fatigue, and relieve cluster headaches with targeted pressure and warmth. Flowpression Goggles also enhance meditation by calming the mind, reducing stress, and promoting overall well-being, mental clarity, emotional balance, and deep relaxation.
- **Ergonomic and User-Friendly Design** - It fits all face shapes and is easy to use with a luxurious feel.

Accessories



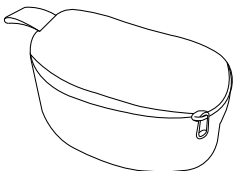
USB-C Charger

Keep your device charged and ready to perform. Ensuring your Flowpression Goggles is always prepared for your next recovery session.



Flowpression Goggles Unit

This set includes one Flowpression Goggles unit, designed to provide a soothing massage for your eyes.



Carry Bag

For convenient storage and portability of your Flowpression Goggles, ensuring you can take them with you. wherever you go.



Flowpression Goggles: A Com- prehensive Guide

Maximize the wellness benefits and performance of your Flowpression Goggles Eye Massager with this essential guide. The device features four multifunctional buttons, providing extensive control with ease. You will always receive confirmation of your selections through voice prompts from your Flowpression Goggles, ensuring smooth navigation.

Starting Your Session

Turn On

Long Press the Power Button to activate the device. It will start in the default setting mode: Meditation Mode.

Selecting a Mode

Meditation Mode

It helps you achieve relaxation and mindfulness.

Box Breathing Mode

Press the Meditation Button to enter this mode, which guides you through structured breathing.

Regular Massage Mode

Press the Power Button to switch from Meditation Mode to Regular Massager Mode. In Regular Massage Mode, you can switch between five different settings.

Buttons Overview

1. Power Button
2. Meditation Button
3. Air Pressure Button
4. Volume Button



Power Button

Long Press

Turn on your Flowpression Goggles. It will start in the default setting mode: Meditation Mode.

Short Press

Switch from Meditation Mode to Regular Massage Mode. In Regular Massage Mode, each short press cycles through the following settings:

- Mode 1: Air Pressure + Heat + Vibration + Music.
- Mode 2: Air Pressure + Heat + Music.
- Mode 3: Air Pressure + Music.
- Mode 4: Heat + Music.
- Mode 5: Vibration + Music.

Meditation Button

Short Press

Enter Box Breathing Mode.

Short Press Again

Switch between Box Breathing Mode and Meditation Mode.

Why Use Three Modes?

Meditation Mode

Promotes mental clarity and reduces stress through calming sounds, gentle treatment, and guidance.

Box Breathing Mode

It guides you through a structured breathing technique to reduce stress, improve focus, and promote better sleep quality.

Regular Massage Mode

It provides targeted relief with customizable settings to address specific needs and enhances relaxation.

Air Pressure Button

Short Press

Switch between Soft Pressure, Strong Pressure, and No Pressure. You will receive a voice confirmation for each selection.

Long Press

Adjust the temperature. Options include High Heat, No Temperature, and Low Heat (the default setting is Low Heat).

Why Use Air Pressure and Heat?

Air Pressure

Provides gentle or firm massage to relax muscles and improve blood flow, alleviating pain and discomfort.

Heat Technology

Delivers soothing warmth to relieve tension and enhance relaxation.

Volume Button

Short Press

Adjust the volume between levels 1, 2, and 3.

Quick Double-Click (twice)

Switch between Voice and Silent Mode. You will receive a voice confirmation for each mode.

More Details

Meditation Mode

In Meditation Mode and Box Breathing Mode, the device operates with the following settings:

- **Volume Setting:** Level 3.
- **Music:** Plays meditation music.
- **Heat:** Low temperature.
- **Air Pressure:** Low air pressure.

Note: In Box Breathing or Meditation Mode, the Air Pressure, Vibration Intensity, and Volume buttons are uncontrollable.

More Details

Regular Massage Mode

Switching to Regular Massage Mode from Meditation Mode provides various settings to target different needs:

- Mode 1: Air Pressure + Heat + Vibration + Music.
- Mode 2: Air Pressure + Heat + Music.
- Mode 3: Air Pressure + Music.
- Mode 4: Heat + Music.
- Mode 5: Vibration + Music.

Built-in Music:

- Meditation Massage Mode: Includes two recorded voice recordings. The Box Breathing program is approximately 6 minutes long, and the Meditation program is approximately 12 minutes long.
- Regular Massage Mode: Plays music sequences for 15 minutes

Volume Levels:

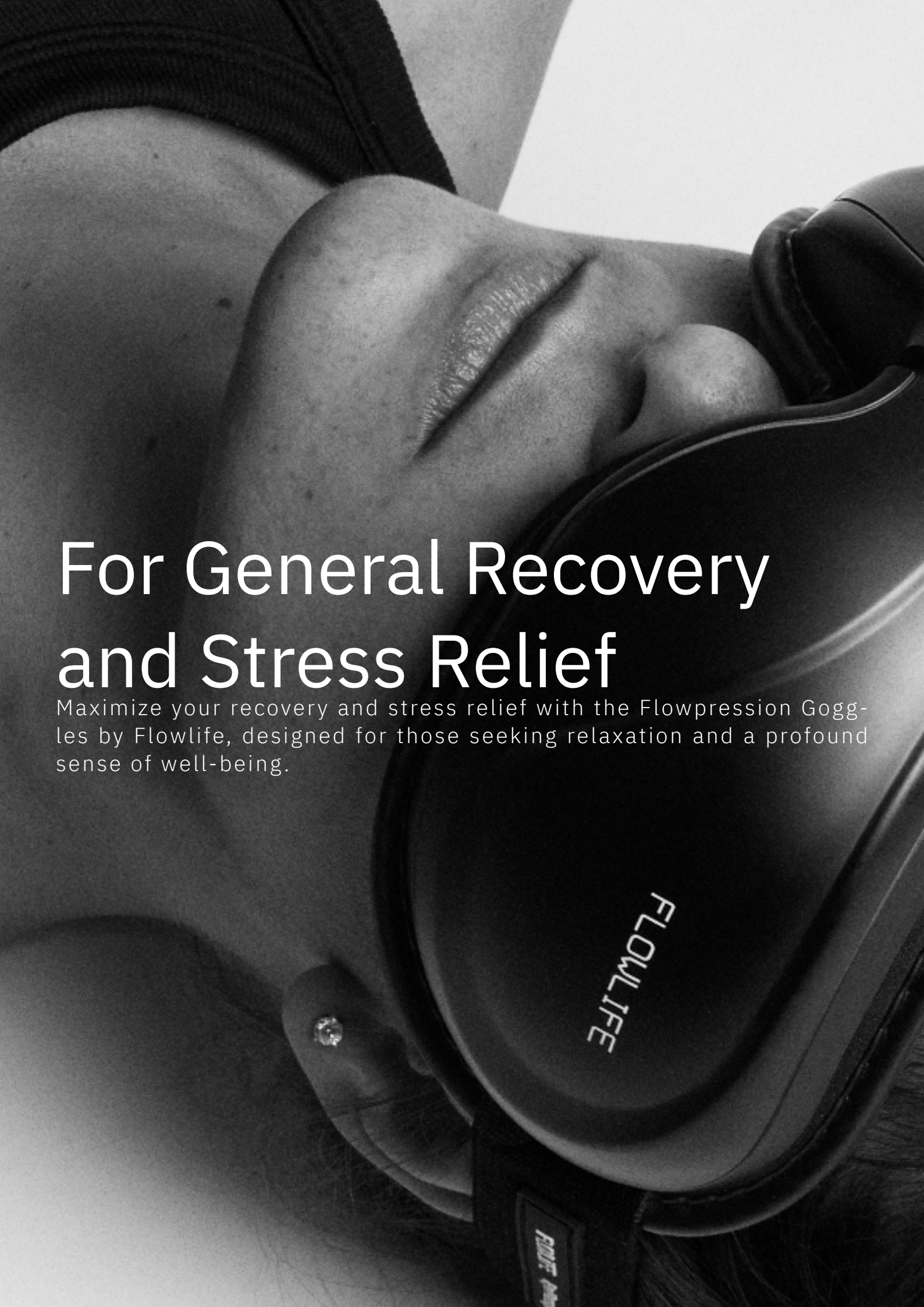
- Meditation Mode: The default setting is Level 3 and cannot be changed.
- Regular Massage Mode: The default setting is Level 2, and volume can be adjusted.

Concluding Your Session

Turn Off

Long press the Power Button to turn off the device.

By following this guide, you'll enjoy the full spectrum of benefits that the Flowpression Goggles by Flowlife offers, from therapeutic relief to enhanced eye health, all while maintaining ease of use and long-term functionality.



For General Recovery and Stress Relief

Maximize your recovery and stress relief with the Flowpression Goggles by Flowlife, designed for those seeking relaxation and a profound sense of well-being.

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Spot the Stress Points

Identify areas where you feel the most stress, whether due to work, daily activities, or general fatigue. The Flowpression Goggles is ready to tackle these stress points by helping you relax your facial muscles first, leading to overall body relaxation.

Choosing the Right Mode

Meditation Mode

Use this mode to achieve a state of relaxation and mindfulness. Combining hot compress and calming music with a guide to help reduce stress and promote mental clarity.

Box Breathing Mode

Guide yourself through structured breathing to reduce stress and improve focus. The hot compress and gentle air pressure enhance relaxation.

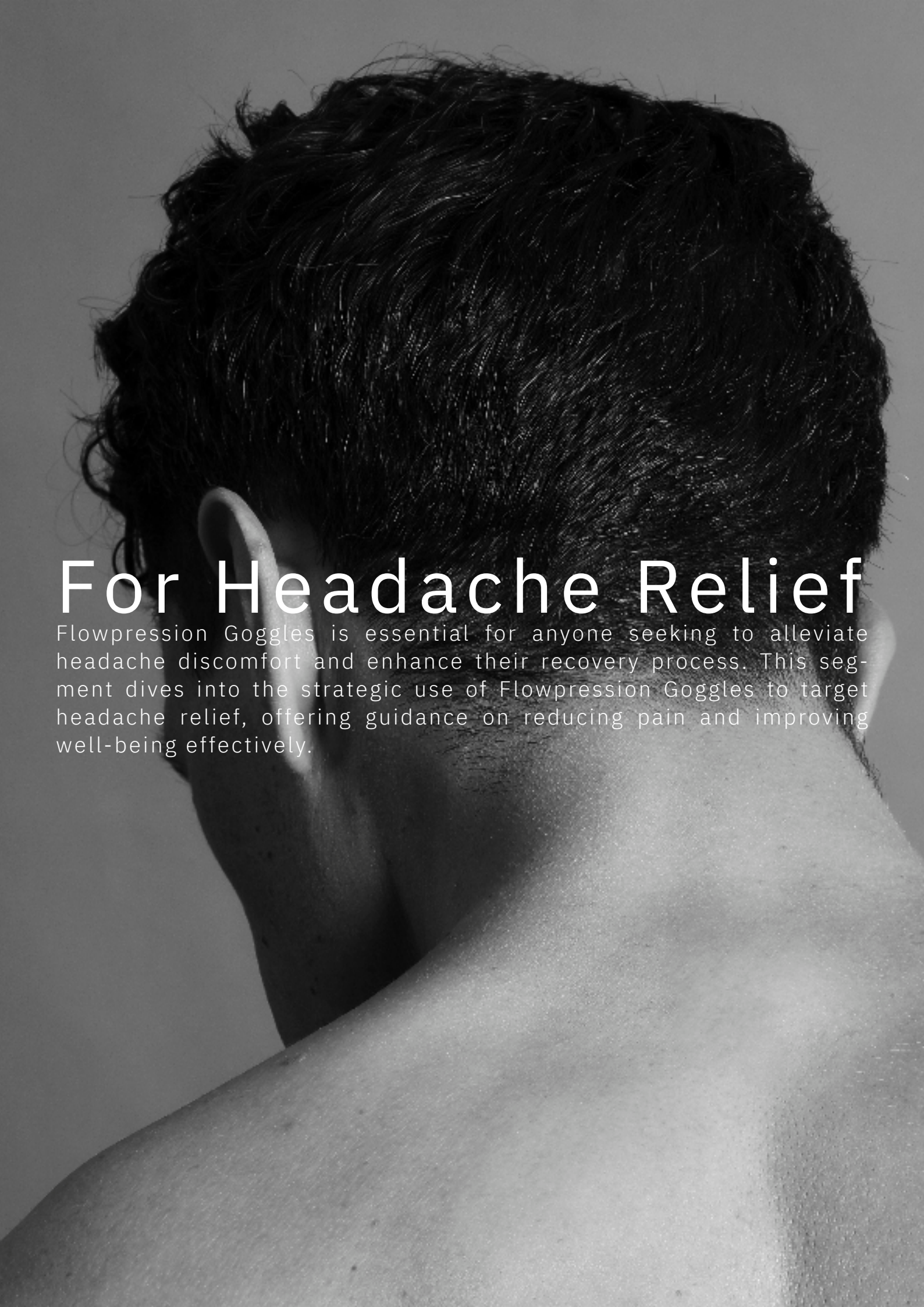
Perfect Your Technique in Regular Massage Mode

Begin with a gentle touch, using the Flowpression Goggles at a lower pressure setting for a soothing effect. Gradually increase the pressure for more profound relaxation as needed.

- **Start with Gentle Pressure** - Use the Flowpression Goggles at a lower pressure setting for a soothing effect. Gradually increase the pressure for more profound relaxation as needed.
- **Utilize Heat Therapy** - Adjust the heat settings to find the perfect level of warmth that helps relax your facial muscles and reduce stress.

Incorporate Regular Use

Incorporate the Flowpression Goggles into your daily regimen for effective stress relief and recovery. Regular use helps manage stress more effectively, promoting a calm and balanced state of mind and aiding overall recovery.



For Headache Relief

Flowpression Goggles is essential for anyone seeking to alleviate headache discomfort and enhance their recovery process. This segment dives into the strategic use of Flowpression Goggles to target headache relief, offering guidance on reducing pain and improving well-being effectively.

Identifying Headaches

Recognize which type of headache you are experiencing, whether tension, eye strain, or headache. Targeting these areas will help tailor your recovery session for the best results.

Using the Right Mode

- **Box Breathing Mode:** Utilize this mode to guide structured breathing, which helps reduce stress and alleviate headache symptoms. Combining hot compresses, air pressure, meditation guidance, and music is ideal for managing pain.
- **Meditation Mode:** This mode provides a hot compress and meditation guidance mixed with music, promoting deep relaxation and helping to relieve tension headaches and eye strain.

Technique for Headache Relief

Box Breathing Mode

Apply this mode to guide your breathing, helping to calm the mind and reduce headache symptoms.

Meditation Mode

Use this mode for deep relaxation. The hot compress will ease muscle tension, and the soothing music will help reduce stress levels.

Adjusting Pressure and Heat in Regular mode



Activate the device by pressing and holding the power button for 3 seconds.

Low Pressure

Ideal for gentle relaxation. Short press the Air Pressure Button until you hear the confirmation for Low Pressure.

High Pressure

Provides a deeper massage for more intense relief. Short-press the Air Pressure Button until you hear the confirmation for High Pressure.

No Pressure

Disables the air pressure function. Short press the Air Pressure Button until you hear the confirmation for No Pressure.

High Heat

Provides maximum warmth for deep relaxation. Long press the Air Pressure Button until you hear the confirmation for High Heat.

No Heat

Turns off the heat function. Long press the Air Pressure Button until you hear the confirmation for No Heat.

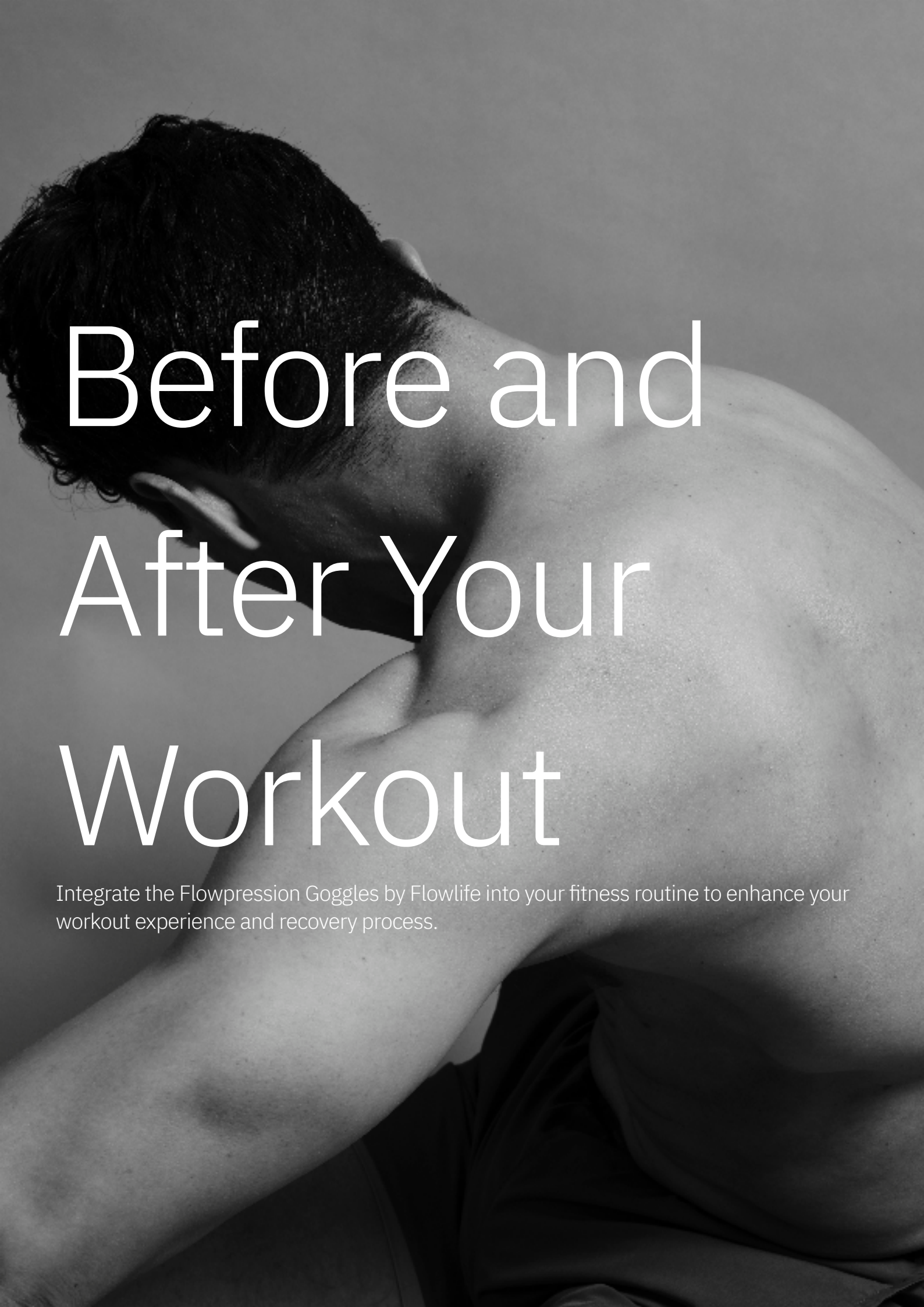
Low Heat

The default setting is for gentle warmth. Long-press the Air Pressure Button until you hear the confirmation for Low Heat.

Routine Use for Optimal Relief

Incorporate the Flowpression Goggles into your daily routine to manage and prevent headaches effectively. Consistent use helps reduce the frequency and severity of headaches, promoting overall well-being.





Before and After Your Workout

Integrate the Flowpression Goggles by Flowlife into your fitness routine to enhance your workout experience and recovery process.

More profound relaxation

For ultimate whole-body relaxation, it begins with the face. By relaxing the facial muscles, you can achieve deeper relaxation throughout the entire body.

Before Workout

Awaken and Energize

Use Flowpression Goggles to boost blood flow and reduce muscle tension around your eyes, prepping you for an effective workout.

Boost Circulation

Activate warmth to enhance blood flow around your eyes, ensuring optimal mental performance during exercise.

Expand Focus

Flowpression Goggles' heat and massage improve mental clarity and focus, reducing stress-related distractions during high-intensity activities.

After Workout

Relax and Recover

Use Flowpression Goggles post-workout to relax your mind. Heat, gentle air pressure, and calming music reduce tension and improve circulation around the eyes for faster mental recovery.

Enhance Recovery

The warmth increases blood circulation, removing toxins and delivering nutrients to tired eye muscles, speeding up recovery.

Promote Better Sleep

Use Box Breathing or Meditation Mode before bed to relax your mind, aiding in falling asleep and ensuring a restful night's sleep, crucial for recovery and well-being.



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Active Lifestyle. Made Possible.