

# Key principles for reducing the risk of anaphylaxis



Implement an allergy aware approach to preventing and managing anaphylaxis.



Provide age-appropriate education of children to help raise awareness and manage anaphylaxis risk in CEC services.



Have an anaphylaxis management policy. Review this policy and associated procedures if an allergic reaction occurs.



Implement reasonable and effective strategies to reduce the risk of accidental exposure to known allergic triggers and review anaphylaxis risk minimisation strategies if an allergic reaction occurs.



Obtain up-to-date medical information and develop individualised anaphylaxis care plans for each child at risk of anaphylaxis. These plans will include a copy of the child's ASCIA Action Plan.



Have at least one general use adrenaline device in each CEC service.



Educate and train staff in the prevention, recognition and treatment of allergic reactions including anaphylaxis. Educate and train staff who prepare, serve or supervise meals, in food allergen management.



Communicate about anaphylaxis management with CEC staff and the CEC community.



Ensure staff know which children are at risk of allergic reactions and understand that unexpected allergic reactions, including anaphylaxis, might occur for the first time in children not previously known to have allergy.



Appropriate reporting if an allergic reaction occurs while the child is in the care of the CEC service.