BEAUTÉ & FITNESS







OUR PHILOSOPHY

Dedicated to beauty, tranquility, and well-being, the Spa at Fouquet's New York is a peaceful haven away from the commotion of the city.

Located at the heart of Tribeca, the spa's facilities include five treatment rooms (including one for couples), a sauna and steam room, and a hydrotherapy pool. We also offer a cutting-edge fitness center, where the city's top personal trainers can create a bespoke workout.

Our Wellness Facilities

- 5 Treatment Rooms including a Couples Treatment Room
- Hydrotherapy Pool
- Sauna
- Steam Room
- Relaxation Area
- Fitness Center for hotel guests and members

BIOLOGIQUE RECHERCHE
PARIS

40 YEARS OF PASSION

Established four decades ago by a family of artisanal skincare experts, Biologique Recherche initially functioned as a research and development laboratory with the goal of developing new formulations for professionals dissatisfied with existing products.

Today, the company has earned a global reputation for the astounding effectiveness of its products and procedures, all based on a clinical approach to beauty care; pure, concentrated, raw ingredients; and innovative and meticulous protocols.





FACIAL TREATMENTS BY BIOLOGIQUE RECHERCHE

Our partnership with Biologique Recherche, a cult skincare brand based in Paris, allows us to personalize treatments to each guests' specific objectives and needs.

FOUQUET'S SIGNATURE FACIAL

A wellness experience uniquely customized for you and your skin. Our Spa Specialists use a sequence of massage techniques and a highly effective combination of active ingredients — developed by Biologique Recherche and tailored to your needs — to exfoliate, hydrate, tighten, protect, and ultimately transform your skin.

60min - $325
90min - $475

ULTIMATE GLOW FACIAL

Get ready for your close-up with the ultimate age-defying facial therapy. This treatment incorporates Biologique Recherche's Microcurrent Remodeling Face Technology to take lifting and sculpting to the next level. Clinical-grade products and unique massage techniques dramatically tone, tighten, and reshape the facial contours and regenerate the skin.

90min - $540
120min - $720

SUPERIOR MOISTURE FACIAL

Accelerate cell renewal and experience a visible and immediate tightening effect. Using 80% Hyaluronic Acid, this facials plumps and hydrates the skin, and treats wrinkles, providing an alternative to the conventional fillers.

60min - $395
90min - $540

FACIAL TREATMENT ENHANCEMENTS

Treatment enhancements can be reserved in addition to any full-length treatment, and cannot be reserved independently.

COLLAGEN FACE AND NECK MASK — $125
Plump and firm the skin with a moisturizing collagen sheet mask. Ideal for All skin types.

BRIGHTENING MASK — $85
Brighten uneven skin tone and dull complexions with this oxygenating mask.

GEMSTONE COLLAGEN MASK — Eyes - $35 / Face - $75
Add a Gemstone infused mask and allow the healing properties of the Gem to nourish, hydrate, plump and firm the skin. Experience the healing powers of Gold, Diamond, and Rose quartz

BIOLOGIQUE RECHERCHE SCALP MASSAGE - Additional 15 mins — $65
Moisturize and regenerate. Nourish your scalp and hair with Biologique Recherche leaving your scalp deeply nourished, your hair will feel shiny, supple and soft.





BODY TREATMENTS BY BIOLOGIQUE RECHERCHE

Experience our Skin Treatments featuring Biologique Recherche. Revitalize and detoxify the skin with tailored treatments.

SILHOUETTE BODY TREATMENT

An energizing body treatment, paired with a detoxifying thermal algae wrap, improves circulation rebuilds, tones, and smooths the skin. This restorative treatment restores a harmonious silhouette while enhancing the skin's overall quality and function.

60min - $300
90 min - $450

JET LAG REMEDY

Long flights and time zone changes cause fatigue and dehydration, resulting in congestion and toxins in the body. This treatment alleviates those negative effects utilizing a unique precise revitalizing technique with essential oils. The body and mind both return to homeostasis, a state of equilibrium that allows them to function at optimal levels.

60min - $285
90min - $365

SKIN LIFTING TREATMENT

Feel lighter and brighter with a treatment that exfoliates, moisturizes, re-energizes, and invigorates the skin over your entire body. Bio-Reflex technique and a unique, personalized formulation of natural ingredients remove dead, dry skin cells and rebuild the epidermis. The result: a brand new you.

60min - $285
90min - $365

BODY TREATMENTS

BODY BALANCE TREATMENT
Experience the healing properties of CBD with this calming Body treatment. The skin is exfoliated, nourished and deeply massaged with a healing balm to target relieve, improve flexibility and promote an overall sense of well-being.

90 Min - $395
120 Min - $785

REGENERATIVE BODY TREATMENT
A head to toe scrub is applied onto the body to remove skin impurities, followed by a full body massage to further nourish your skin to bring you to a truly relaxed state.

90 Min - $385
120 Min - $515

BODY TREATMENT ENHANCEMENTS

Treatment enhancements can be reserved in addition to any full-length treatment, and cannot be reserved independently.

BIOLOGIQUE RECHERCHE SCALP MASSAGE
Moisturize and regenerate. Nourish your scalp and hair with Biologique Recherche leaving your scalp deeply nourished, your hair will feel shiny, supple and soft.

$65

NOURISHING FOOT TREATMENT
Ease tension, and increase relaxation with our Foot Treatment, help nourish your feet with an exfoliation and follow by a relaxing foot rub.

$115

GEMSTONE COLLAGEN MASK
Add a Gemstone infused mask and allow the healing properties of the Gem to nourish, hydrate, plump and firm the skin. Experience the healing powers of Gold, Diamond, and Rose Quartz.

Eyes Face $35
$75





MASSAGE TREATMENTS

Soothe and harmonize the whole body and help promote relaxation. Allow our therapists to tailor your treatments to your specific needs.

FOUQUET'S SIGNATURE MASSAGE

Improve your mood, nourish the skin and reduce Inflammation. This treatment uses a combination of lymphatic drainage, trigger point therapy, and combinations of Swedish and deep pressure techniques, and features our blend of oils from Biologique Recherche known for their antioxidants, moisturizing and regenerative properties.

60 Min - $325
90 Min - $470

CALMING

Reconnect the body and mind with our calming massage for those who are feeling overworked, tired or tense. Perfect to help you to unwind, awaken your senses and discover deep, lasting inner tranquility.

60 Min - $295
90 Min - $415

THERAPEUTIC

Increase the body's mobility with this deep pressure massage, using a combination of regulated pressure, myofascial release, and trigger point therapy. This will help you to release muscle tension, and relieve pain in the body.

60 Min - $310
90 Min - $430

PERFORMANCE

Perfect for athletes and workout enthusiasts, this treatment includes light stretching and works deeper into the muscle tissue for a more effective release. The result is an improvement in range of motion as well as relief from pain and soreness.

60 Min - $310
90 Min - $430

MOTHER TO BE MASSAGE

This head to toe experience designed for expecting mothers offers an oasis of tranquility and a unique moment of indulgent relaxation. This treatment consists of long gentle massage strokes to eliminate any of the discomfort pregnancy can cause. Your body is left feeling rejuvenated and revitalized. *Must be beyond your first trimester to reserve.

60 Min - $295
90 Min - $415

LYMPHATIC DRAINAGE

A therapeutic and personalized lymphatic drainage that blends various lymphatic therapy techniques to help reduce stress, boost your immune system, and increase circulation.

60 Min - $295
90 Min - $415

MASSAGE TREATMENT ENHANCEMENTS

Treatment enhancements can be reserved in addition to any full-length treatment, and cannot be reserved independently.

GEMSTONE COLLAGEN MASK
Add a Gemstone infused mask and allow the healing properties of the Gem to nourish, hydrate, plump and firm the skin. Experience the healing powers of Gold, Diamond, and Rose Quartz.
Eyes - $35
Face - $75

CBD
CBD oils help release the tension stored in constricted muscles and work to reduce pain and inflammation in sore or injured muscles. The oils are formulated with organic, full-spectrum CBD of the highest quality.
$60

BODY POLISH - Additional 30 mins
Remove impurities and promote skin rejuvenation, a gentle exfoliator is applied onto the skin to leave your skin looking radiant and feeling refreshed and rejuvenated.
$130

BIOLOGIQUE RECHERCHE SCALP MASSAGE - Additional 15 mins Moisturize and regenerate.
Nourish your scalp and hair with Biologique Recherche leaving your scalp deeply nourished, your hair will feel shiny, supple and soft.
$65

NOURISHING FOOT TREATMENT - Additional 30 mins
Ease tension, and increase relaxation with our Foot Treatment, help nourish your feet with an exfoliation and follow by a relaxing foot rub.
$115





COUPLES EXPERIENCES

Unwind and experienced togetherness in our couples suite. Perfect for the romantic getaway or time together with a special loved one.

GLAMOUR

Experience togetherness in our luxurious couples suite. Begin your journey with a full body scrub to exfoliate the skin followed by a tailored massage specific to your individual needs. The treatment concludes with time together in the privacy of the suite to enjoy light bites and a glass of champagne.

120 Min - $995
150 Min - $1,245

COUPLES MASSAGE

Enjoy a tailored side by side massage in our luxurious couples suite.

60 Min - $650
90 Min - $900

SPA HIDEAWAY

Immersive and indulgent, our Spa Hideaways are a sequence of body, face, and skin treatments to ensure wellness inside and out. Packages can be upgraded and/or customized to suit your needs; please inquire with a Spa Specialist for details.

AWAKEN THE SENSES

$845

The perfect package to escape the commotion of the city and truly awaken all your senses. Enjoy a full body scrub to remove impurities, followed by our Therapeutic massage which will help release any tension, and end with our Signature Fouquet's Facial, allowing you to feel relaxed and rejuvenated. Includes healthy light bites and a glass of champagne.

30-minute Body Polish
90-minute Therapeutic Massage
60-minute Fouquet's Signature Facial

THE SIGNATURE FOUQUET'S ESCAPE

$745

Tranquility awaits, enjoy a 90 minute Fouquet's Signature Massage and a 60 minute Fouquet's Signature Facial. The ideal escape to rejuvenate the mind and body and allow your skin to feel completely nourished. Includes a glass of champagne.

90-minute Fouquet's Signature Massage
60-minute Fouquet's Signature Facial





DOGPOUND GYM

Smash your fitness goals with a personal training session from DOGPOUND, the exclusive Soho-based gym known for its top-tier trainers. Please inquire with a Spa Specialist for an appointment. For hotel guests and members only.

ADDITIONAL INFORMATION

HOURS OF OPERATION
The Spa is open daily from 9:00am to 7:00pm.
DOGPOUND is open daily 24/7.

SPA RESERVATIONS
Advance bookings are recommended to secure your preferred treatment date and time. We will request a credit card number from non-Hotel guests to secure an appointment.

SPA ARRIVAL
You are encouraged to arrive 30 minutes prior to your treatment time. This will allow for a smooth check-in and the opportunity to relax before your treatment. Late arrivals will be subject to reduced treatment duration.

SPA ATTIRE
We will provide you with a locker that has a digital keypad, allowing you to select your own secure code. You will be provided with a robe and spa slippers, located inside your locker. We do recommend arriving with a swimsuit for use in the hydro-pool. We recommend removing all undergarments prior to body treatments and massages, or undressing to your comfort level.

VALUABLES
We recommend you do not bring valuables or jewelry to your spa experience. Before leaving the spa, please ensure that you have not left any personal items behind in your locker or in the pockets of your spa robe. We are not responsible for lost, stolen or misplaced articles.

SPA FACILITY USAGE
As a guest we invite you to enjoy our heated experiences, relax and soothe aching muscles and prepare your body and mind for the treatment that will follow. Facilities include Aromatherapy Steam Room, Sauna and our therapeutic hydro-pool. We welcome our Hotel guests, 18 years of age or older, to utilize facilities throughout their stay. Children must be at least 12 years old and accompanied by an adult for usage.

PRIVACY AND QUIET
With tranquility in mind, we require that mobile phones and electronic devices be turned to silent mode and be used discreetly while at the Spa. To respect the privacy of others, no photographs, videos or other social media recordings are allowed inside our spa facilities.



ADDITIONAL INFORMATION

HEALTH CONCERNS
If you are pregnant or have any pre-existing conditions or allergies, please inform our team before booking any spa treatments or using the spa facilities. We will tailor your treatment accordingly. Guests are required to complete a health questionnaire, where you are able to detail any necessary health concern. Link is conveniently attached in spa reservation confirmation.

MINIMUM AGE REQUIREMENTS
Guests of The Spa must be at least 18 years of age to experience services

FEES AND SERVICE CHARGE
All prices are in US Dollars and are exclusive of sales tax as currently mandated by New York City and State, For your convenience, a 20% gratuity will be automatically added to each service.

CANCELLATION POLICY
Should you need to cancel or reschedule your treatment, we do require a minimum of 24 hours' notice from your service start time to avoid being charged the full value of the service. Rescheduled appointments are subject to availability.

IN-ROOM SPA SERVICES
A selection of spa services are available upon request. (24 hours prior notice is required and additional charges will apply).



Fouquet's New York
456 Greenwich Street, New York, NY 10013
Telephone: 917-965-2604
spa-ny@fouquets.com

fouquets-newyork.com