



SPA DIANE BARRIÈRE ST BARTH

Mother-to-be Massage

BIOLOGIQUE RECHERCHE

The Mother-to-be Massage offers a true moment of relaxation through various manual techniques and specific body positioning. Certified by Stéphane Cardon, physiotherapist-osteopath specialized in the management of pregnancy-related ailments, this treatment unravels tensions caused by the body changes of the mother-to-be. It will be 100% personalized adapting to the pregnancy stage, the desired positions, and any discomfort felt, ensuring a moment of complete relaxation for the mother-to-be and her baby.

60 minutes : €179

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