

A la carte			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Edamame, Salt													Soya			
Edamame, Spicy												Sesame	Soya		Garlic	
Edamame, Grilled												Sesame	Soya		Garlic (Supreme soy)	
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip))	
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)				Soya (Miso aioli)		Onion	Garlic (Miso aioli)
Tuna bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)	
Lobster&Ikura temaki			Crustaceans (Lobster)	Eggs	Fish (Ikura)				Mustard			Sesame	Soya		Garlic	
Hiramasa ceviche	Celery	Cereals containing gluten (wheat) (Kataifi)			Fish				Mustard			Sesame	Soya		Garlic	

A la carte/Come for a swim			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Come for a swim, Hotate kataifi		Cereals containing gluten (wheat)		Egg (Miso aioli)	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)				Soya		Garlic (Miso aioli)
Come for a swim, Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic /Onion
Come for a swim, Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic /Onion
Come for a swim, Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Come for a swim, Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip))
Come for a swim, Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy,Spicy goma)
Hotate kataifi		Cereals containing gluten (wheat)		Egg (Miso aioli)	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)				Soya		Garlic (Miso aioli)
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic /Onion
Seaweed salad									Mustard			Sesame	Soya		
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic /Onion

A la carte			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Gyoza	Celery (Okonomiyaki sauce)	Cereals containing gluten (wheat, Barley)		Eggs (Qp mayo)	Fish (Bonito flakes)				Mustard (Qp mayo)			Sesame	Soya		Garlic Onion
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)				Soya		Garlic Onion (Red onion)
Miso soup													Soya		Onion (Springonion)
Ricepaper shake					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)
Cauliflower									Mustard (Black truffle goma)			Sesame (Black truffle goma, Mixed sesame)	Soya (Black truffle goma)		
Hiramasa kama					Fish							Sesame (Soy sesame)	Soya (Miso soup)		Onion (Springonion in soup)
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aioli) Onion (Springonion)
Wagyu bites		Cereals containing gluten (wheat) (Toast, Kizami wasabi)											Soya (Kizami wasabi, Toast)		Onion (Springonion)
Caviar					Fish										

Sashimi			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Tuna sashimi					Fish				Mustard (Wasabi Plate)				Soya		Garlic (Supreme soy)
Salmon sashimi					Fish				Mustard (Wasabi Plate)				Soya		Garlic (Supreme soy)
Hiramasa sashimi					Fish				Mustard (Wasabi Plate)				Soya		Garlic (Supreme soy)
Sashimi Deluxe	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Kataifi)	Crustaceans (Lobster)	Eggs	Fish				Mustard			Sesame (Yuzumiso)	Soya	Sulphur Dioxide (Tsume soy)	Garlic

Nigiri			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Kinoko nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi on Nigiri&Plate)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)		
Hiramasa nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)			
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi, yuzumiso)			Sesame (Yuzumiso)	Soya	Sulphur Dioxide	Onion (Chives)	
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)		
Hiramasa yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)		
Shake new york nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		Garlic	
Inari		Cereals containing gluten (wheat)							Mustard (Wasabi)			Sesame	Soya			

Nigiri/Tokyo&Kyoto non stop			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Inari ikura		Cereals containing gluten (wheat)			Fish				Mustard (Wasabi Plate)			Sesame	Soya		
Tamago nigiri		Cereals containing gluten (wheat) (Table soy)		Eggs					Mustard (Wasabi Plate)				Soya (Table soy)		
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi, Nigiri, wasabi Plate, yuzumiso)				Soya (Table soy)		
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi Nigiri, wasabi plate, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)		
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)		
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Kyoto non stop		Cereals containing gluten (wheat) (Table soy, Inari)							Mustard (Wasabi, Nigiri, wasabi Plate, yuzumiso)			Sesame	Soya (Yuzumiso, Table soy, Tsume soy)	Sulphur Dioxide	Onion (Chives)
Tokyo non stop		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)	Sulphur Dioxide (Tsume soy)	

House rolls			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Full house																
Wagyu house roll		Cereals containing gluten (wheat) (Table soy, Kataifi)							Mustard (Wasabi Plate)				Soya (Kizami wasabi, Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)		Onion (Spring onion)
Aka ebi house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Ikura)				Mustard (Wasabi Plate)			Sesame	Soya			Garlic
Black cod house roll		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Plate)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)		Onion (Red onion)
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Plate, Yuzukosho mayo)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)		
Softshell house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Crab)	Eggs	Fish (Masago)				Mustard (Wasabi, Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)		Garlic (Spicy sauce)
Lobster&avocado house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Lobster)	Eggs					Mustard			Sesame (Soy sesame)	Soya			Garlic Onion

Temaki setto/As good as it gets			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
As good as it gets															
Temaki setto		Cereals containing gluten (wheat) (Kisami wasabi, Kataifi, Table soy)	Crustaceans (Lobster)	Eggs	Fish (Ikura)				Mustard			Sesame	Soya		Garlic Onion
Hotate kataifi		Cereals containing gluten (wheat)		Egg (Miso aioli)	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)				Soya		Garlic (Miso aioli)
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic Onion
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic Onion
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)
Tuna bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
New york subway		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Grilled edamame												Sesame	Soya		Garlic (Supreme soy)
Black cod					Fish								Soya		
Hotate bacon								Molluscs (Scallop)					Soya (Miso herb sauce)		Garlic (Miso herp butter)
Extra for 3 persons															
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion

Kaburimaki			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Maki maki/Mini maki maki															
Ceviche kaburimaki	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Plate)				Soya (Table soy)		Garlic onion(Lime-coriander sauce, Red onion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Plate, Miso aioli)			Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura,Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Miso aioli) Onion (Chives)
New york subway		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion

Uramaki			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, Mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Califonia uramaki		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Masago)				Mustard (Wasabi, Plate, Miso aioli)			Sesame (Mixed sesame)	Soya (Miso aioli, Table soy)		Garlic (Miso aioli)
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi Plate)			Sesame (Soy sesame)	Soya (Soy sesame, Table soy)		Onion (Chives)
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi Plate)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Nanban uramaki		Cereals containing gluten (wheat) (Karaage, Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi Plate)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)

Four meal drive			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Four meal drive															
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Plate, Miso aioli)			Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic Onion

Four meal drive			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Four meal drive															
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)		
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)		
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)		
Nanban uramaki		Cereals containing gluten (wheat) (Karaage, Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi Plate)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi Plate)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion

Sticks			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)	Onion Garlic (Supreme soy)
Shishito yaki												Sesame	Soya	Sulphur Dioxide (gochujang sauce)	Garlic Onion (gochujang sauce)
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)		
Eringi yaki												Sesame (Sesame oil)	Soya (Supreme soy, Miso herb butter)		Garlic (Supreme soy, Miso herb butter)
Momo nanban				Eggs					Mustard (Miso aioli)				Soya		Garlic (Miso aioli) Onion (Red onion)
Shoyu tebasaki												Sesame	Soya		Garlic
Tsukune				Eggs								Sesame	Soya		Onion
Tsukune chili				Eggs					Mustard			Sesame	Soya		Garlic Onion
Wagyu yaki															
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Spring onion)
Gindara no miso					Fish								Soya		
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya	Sulphur Dioxide (gochujang sauce)	Garlic

Set for succes			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Set for succes																
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy, Spicy goma)	
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic	Onion
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)	
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aiol)	Onion (Springonion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic	Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic	Onion
Nanban uramaki		Cereals containing gluten (wheat) (Karaage,Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi Plate)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic	
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi) Plate)				Soya (Table soy)			
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya	Sulphur Dioxide (gochujang sauce)	Garlic	
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion	Garlic (Chili dip)
Gyu katsu	Celery (Okonomiyaki sauce)	Cereals containing gluten (wheat)		Eggs (Qp mayo)					Mustard (Qp mayo)				Celery (Okonomiyaki sauce, Qp mayo)		Garlic	Onion (Okonomiyaki sauce)
Extra for 3 persons																
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)	
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk 24-25		Mustard (Wasabi ceasar)						Onion	Garlic (Wasabi ceasar)

Sticks			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Hotate bacon								Molluscs (Scallop)					Soya (Miso herb sauce)		Garlic (Miso herb sauce)
Yagi yaki							Milk								
Chiizu maki							Milk								
Buta yaki									Mustard (Yuzumiso)			Sesame (Yuzumiso. Mixed sesame)	Soya		
Iberico secreto													Soya		
Gyu habu													Soya (Miso herb sauce)		Garlic (Miso herb sauce, Garlic powder))
Gyu katzu	Celery (Okonomiyaki sauce)	Cereals containing gluten (wheat)		Eggs (Qp mayo)					Mustard (Qp mayo)				Celery (Okonomiyaki sauce, Qp mayo)		Garlic Onion (Okonomiyaki sauce)
Ramu niku							Milk (Garlic butter)					Sesame	Soya		Garlic Onion
Rice															
Teriyaki													Soya		
Chilidip									Mustard			Sesame	Soya		Garlic
Crunchy chili												Sesame	Soya		

Robust			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aiol, Springonion)
Edamame, Grilled												Sesame	Soya		Garlic (Supreme soy)
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)				Soya		Garlic Onion (Red onion)
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)	Onion Garlc (Supreme soy)
Shoyu tebasaki												Sesame	Soya		Garlic
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion Garlc (Chili dip)
Gyu habu													Soya (Miso herb sauce)		Garlic (Miso herb sauce, Garlic powder)

Perfect day			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Edamame, Salt													Soya			
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya			Onion (Springonion)
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)				Soya (Miso aioli)			Onion Garlic(Miso aioli)
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya			Onion (Red onion)
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)		
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Yuzukosho mayo, Wasabi Plate)			Sesame (Soy sesame)	Soya (Table soy)			
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, Mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce)	
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic	Onion
Tsukune				Eggs								Sesame	Soya			Onion
Buta yaki									Mustard (Yuzumiso)			Sesame (Yuzumiso. Mixed sesame)	Soya			
Shake teriyaki					Fish								Soya (Teriyaki)			Onion (Springonion)
Extra for 3 persons																
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi Plate)				Soya (Table soy)			
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Miso aioli)					Mustard (Miso aioli)				Soya			Garlic Onion

Greenkeeper			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Spicy												Sesame	Soya		Garlic
Seaweed salad									Mustard			Sesame	Soya		
Cauliflower									Mustard (Black truffle goma)			Sesame (Black truffle goma, Mixed sesame)	Soya (Black truffle goma)		
Kinoko nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi Nigiri, wasabi Plate, yuzumiso)			Sesame (Yuzumiso)	Soya	Sulphur Dioxide	Onion (Chives)
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Yuzukosho mayo, Wasabi Nigiri, Wasabi Plate)			Sesame (Soy sesame)	Soya (Table soy)		
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi Plate, Yuzukosho mayo)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)	
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)		
Eringi yaki												Sesame (Sesame oil)	Soya (Supreme soy, Miso herb butter)		Garlic (Supreme soy, Miso herb butter)

Salmon & Friends			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic	Onion
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi Plate)				Soya (Table soy)			
Ebi panko roll		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce, Mixed)	Soya	Sulphur Dioxide (Tsume soy)	Garlic	Onion
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)			
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya			Onion (Red onion)

Mixed emotions			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Edamame, Salt													Soya			
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Onion	Garlic (wasabi ceasar)
Shake tataki					Fish							Sesame	Soya			
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)			
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Nigiri, wasabi Plate)				Soya (Table soy)			
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic	Onion
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi Plate)				Soya (Table soy)			
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi Plate, Spicy sauce)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce)	Onion (Red onion)
Tsukune				Eggs								Sesame	Soya			Onion
Shake teriyaki					Fish								Soya (Teriyaki)			Onion (Springonion)

Desserts			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Matcha		Cereals containing gluten (wheat)		Eggs			Milk						Soya		
Yuzu		Cereals containing gluten (wheat)		Eggs			Milk								
Goma creme brulle		Cereals containing gluten (wheat) (Sesame crumble)		Eggs			Milk					Sesame (Sesame crumble)			
Karameru		Cereals containing gluten (wheat) (Cookie crumble)		Eggs			Milk						Soya		
Mango															
Kids lolly		Cereals containing gluten (wheat) (Cookie crumble)		Eggs			Milk						Soya		
Take away															
Matcha/Chocolate		Cereals containing gluten (wheat) (Matcha crumble)		Eggs			Milk						Soya		
Mango															

Kids menu			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request							
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic	Onion
Sticks menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya			
Chicken meatballs				Eggs								Sesame	Soya			Onion
Salmon teriyaki					Fish								Soya (Teriyaki sauce)			Onion (Springonion)
Sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya			
Salmon nigiri					Fish											
Prawn nigiri			Crustaceans (Prawn)													
Cucumber maki																
Salmon maki					Fish											
Prawn maki			Crustaceans (Prawn)													
Avocado maki																
Sticks n sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya			
Salmon maki					Fish											
Cucumber maki																
Dessert																
Kids lolly		Cereals containing gluten (wheat) (Cookie crumble)		Eggs			Milk							Soya		

Hosomaki			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Shake maki		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi Plate)				Soya (Table soy)		
Kappa maki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi Plate)				Soya (Table soy)		
Avocado maki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi Plate)				Soya (Table soy)		

Sauces			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Black truffle sauce									Mustard			Sesame	Soya		
Chilidip												Sesame	Soya		Garlic
Chojang sauce for spicy tuna												Sesame	Soya		Garlic Onion
Spicy gochujang sauce for shishito												Sesame	Soya	Sulphur Dioxide	Garlic Onion
Goma									Mustard			Sesame	Soya		
Garlic butter							Milk								Garlic
Spicy goma									Mustard			Sesame	Soya		
Kisami wasabi		Cereals containing gluten (wheat)											Soya		
Lime coriander sauce	Celery														Garlic Onion
Miso aioli				Eggs					Mustard				Soya		Garlic
Miso dip												Sesame	Soya		Garlic
Miso herb sauce													Soya		Garlic
Miso mustard dressing				Eggs					Mustard				Soya		Garlic
Okonomiyaki sauce	Celery												Soya		Garlic Onion
Ponzu					Fish								Soya		

Sauces			RED:Dish Contains allergen that can't be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Qp mayo		Cereals containing gluten (wheat, Barley)		Eggs					Mustard				Soya		Garlic
Sesame dressing									Mustard			Sesame	Soya		
Spicy miso sauce												Sesame	Soya		Garlic
Spicy sauce for maki				Eggs					Mustard			Sesame	Soya		Garlic
Supreme soy													Soya		Garlic
Sushi zu															
Shiso ginger sauce					Fish								Soya		
Table soy		Cereals containing gluten (wheat)											Soya		
Tamari													Soya		
Teriyaki sauce													Soya		
Tsume soy													Soya	Sulphur Dioxide	
Wasabi ceasar dressing				Eggs	Fish		Milk		Mustard						Garlic
Yuzukosho mayo									Mustard				Soya		
Yuzumiso sauce									Mustard			Sesame	Soya		