

Allergener

Hos Sticks'n'Sushi tilbereder vi al vores mad fra bunden i vores åbne køkkener. Vores kokke arbejder med flere forskellige allergener i løbet af dagen, og selvom vi gør alt, hvad vi kan, for at minimere risikoen for krydskontaminering, kan vi ikke garantere, at en ret er helt fri for allergener eller egnet til personer med allergi.

Vælg derfor retter, der passer til dine behov, og vær opmærksom på, at beskrivelserne på vores menukort ikke indeholder en komplet liste over ingredienser eller allergener.

Vores allergenguide er lavet for at hjælpe dig og viser de allergener, der indgår i hver ret. Den omfatter de 14 deklarationspligtige allergener samt hvidløg og løg. Kan du ikke finde den information, du har brug for, eller er du i tvivl om noget, så spørg en af os. Vi hjælper altid gerne.

Opskrifter og ingredienser kan ændre sig fra tid til anden. Derfor anbefaler vi, at du tjekker allergeninformationen, hver gang du besøger os, så du altid har de nyeste oplysninger.

✓=Indeholder allergen

M=Ikke tilsat som ingrediens – men da vi bruger samme fritureolie, kan der forekomme spor.

Allergens	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
TABLE/TAKE AWAY CONDIMENTS																
WASABI									✓							
GINGER																
SOY SAUCE/TABLE SOY		✓											✓			

ALLERGENS

WARM STARTER

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
WARM STARTER																
SALTED EDAMAME													✓			
GRILLED EDAMAME												✓	✓			✓
SPICY EDAMAME												✓	✓			✓
BROCCOLI									✓			✓	✓			✓
GYOZA	✓	✓		✓	✓				✓			✓	✓		✓	✓
MISO SOUP													✓		✓	
CAULIFLOWER									✓			✓	✓			
SPICY TORI		✓	m	✓	✓		m		✓			✓	✓	✓	✓	✓
KANI KOROKKE		✓	✓	✓	✓		✓		✓			m	m		✓	✓
EBI BITES		✓	✓	✓	m		m		✓			m	✓		✓	✓
EBI SANDO		✓	✓	✓	m		✓		✓			m	✓		✓	✓

ALLERGENS COLD STARTER	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
COLD STARTER																
COME FOR A SWIM		✓	✓	✓	✓		✓		✓			✓	✓		✓	✓
MAGURO CARPACCIO		✓		✓	✓		✓		✓				✓			✓
WAGYU CAVIAR BITES		✓	m	✓	✓		✓		✓			✓	✓		m	✓
TUNA TARTARE BITES		✓			✓				✓			✓	✓		✓	✓
BEEF TATAKI				✓	✓				✓			✓	✓		✓	✓
HIRAMASA KATAIFI		✓			✓								✓		✓	
SHAKE TATAKI					✓							✓	✓			✓
SEAWEED SALAD									✓			✓	✓			
WASABI CAESAR SALAD		✓		✓	✓		✓		✓			✓	✓			✓
SHAKE CEVICHE					✓							✓	✓		✓	✓
SASHIMI																
MAGURO					✓								✓			✓
SHAKE					✓								✓			✓
HIRAMASA					✓								✓			✓
SASHIMI DELUXE		✓	✓	✓	✓				✓			✓	✓		✓	✓
CAVIAR					✓											
TEMAKI SETTO																
WAGYU & LOBSTER		✓	✓	✓					✓			✓	✓		✓	✓
SHAKE & MAGURO		✓		✓	✓				✓			✓	✓		✓	✓

ALLERGENS MAKI

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
KABURIMAKI																
NEW YORK SUBWAY		✓	✓	✓	✓		m		✓			✓	✓		✓	✓
EBI PANKO		✓	✓	✓			m		✓			✓	✓	✓	✓	✓
SHAKE AIOLI				✓	✓				✓			✓	✓	✓	✓	✓
HELL'S KITCHEN	✓	✓	✓	✓	✓		m		✓			✓	✓		✓	✓
CEVICHE					✓										✓	✓
RED'N'GREEN									✓			✓	✓	✓	✓	✓
MINI MAKI / MAKI MAKI	✓	✓	✓	✓	✓		m		✓			✓	✓	✓	✓	✓
URAMAKI																
NANBAN		✓	m	m	✓		m		✓			✓	✓	✓	m	✓
CRISPY EBI		✓	✓	✓	m		m		✓			✓	✓	✓	✓	✓
CALIFORNIA			✓	✓	✓				✓			✓	✓			✓
PINK ALASKA					✓		✓					✓				
MAMMA MIA												✓	✓		✓	
SPICY TUNA		✓		✓	✓				✓			✓	✓		✓	✓
CHIRASHI MAKI				✓	✓				✓			✓	✓	✓	✓	✓
HOUSE ROLLS																
BLACK COD					✓							✓	✓	✓	✓	✓
AKA EBI			✓	✓	✓		✓					✓	✓		✓	✓
SOFT SHELL CRAB		m	✓	✓	✓		m		✓			✓	✓	✓	m	✓
SPICY BEEF				✓					✓			✓	✓	✓	✓	✓
WAGYU		✓					✓						✓	✓	✓	
LOBSTER ABOCADO			✓	✓					✓			✓	✓			✓
FULL HOUSE		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓

ALLERGENS NIGIRI

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
NIGIRI																
SHAKE					✓				✓							
SHAKE NEW YORK					✓				✓							✓
SHAKE YAKI					✓				✓				✓	✓		
HIRAMASA					✓				✓							
HIRAMASA YAKI					✓				✓				✓	✓		
EBI			✓						✓							
TAMAGO				✓												
MAGURO					✓				✓							
INARI		✓							✓			✓	✓			
INARI IKURA		✓			✓				✓			✓	✓			
ABOKADO									✓			✓	✓			
AKA PIMAN									✓				✓	✓		✓
ABURI NIGIRI																
WAGYU ABURI		✓							✓				✓	✓		
HIRAMASA ABURI					✓				✓				✓	✓		
CAVIAR ABOKADO ABURI					✓				✓							
SHAKE ABURI				✓	✓				✓			✓	✓			✓
MAGURO ABURI					✓		✓		✓				✓	✓		✓
ABURI SETTO		✓		✓	✓		✓		✓			✓	✓	✓		✓

ALLERGENS STICKS

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
STICKS																
CHIIZU MAKI							✓									
IBERICO SECRETO													✓			
YAGI YAKI							✓									
IMO YAKI												✓	✓			
ERINGI YAKI												✓	✓			✓
GYU HABU							✓						✓			✓
GYU KATZU	✓	✓	m	✓	m		m		✓			m	✓		✓	✓
WAGYU YAKI																
SHAKE TERIYAKI					✓								✓		✓	
GINDARA NO MISO					✓								✓			
AKA EBI			✓				✓					✓	✓	✓	✓	✓
SHOYU TEBASAKI												✓	✓			✓
MOMO KARAAGE		✓	m	✓	✓		✓		✓			m	✓		m	✓
TSUKUNE				✓								✓	✓		✓	
TSUKUNE CHILI				✓					✓			✓	✓		✓	✓
HIRAMASA KAMA					✓							✓	✓		✓	
STICKS SETTO			✓				✓					✓	✓	✓		✓
RICE																
RICE WITH CRUNCHY CHILI												✓	✓		✓	✓
RICE WITH TERIYAKI													✓			
RICE WITH CHILIDIP												✓	✓			✓

ALLERGENS KIDS MENU

Celery

Cereals/gluten
(wheat)

Crustaceans

Eggs

Fish

Lupin

Milk

Molluscs

Mustard

Tree nuts

Peanuts

Sesame Seeds

Soybeans

Sulphur Dioxide

Onion

Garlic

KIDS MENU

SOYFISH SERVED WITH ALL KIDS BOXES

SUSHI MENU WITH A FREE CHOICE OF

Salmon nigiri and Cucumber maki

Salmon nigiri and Salmon maki

Salmon nigiri and Avocado maki

Ebi nigiri and Cucumber maki

Ebi nigiri and Salmon maki

Ebi nigiri and Avocado maki

STICKS MENU WITH A FREE CHOICE OF

Chicken meatballs

Salmon teriyaki

STICKS N SUSHI MENU WITH A FREE CHOICE OF

Salmon nigiri and Cucumber maki

Salmon nigiri and Salmon maki

Salmon nigiri and Avocado maki

Ebi nigiri and Cucumber maki

Ebi nigiri and Salmon maki

Ebi nigiri and Avocado maki

WAKABA MENU

ALLERGENS

KIDS A LA CARTE

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
KIDS A LA CARTE																
RICE																
CHICKEN MEATBALLS				✓								✓	✓		✓	
CRISPY TORI		✓	m	✓	✓		m		✓			m	✓		✓	m
HOSOMAKI CUCUMBER																
HOSOMAKI SALMON					✓								✓			
HOSOMAKI AVOCADO													✓			
KIDS DESSERT																
ICECREAM LOLLY																
CHOCOLATE FISH							✓						✓			

ALLERGENS DESSERT		Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
DESSERT																	
MANGO																	
SAKURA			✓		✓			✓						✓			
MATCHA			✓		✓			✓						✓			
GOMA			✓		✓			✓					✓				
BIRTHDAY DESSERT			✓		✓			✓						✓			
GROUP MENU MANGO																	
GROUP MENU GOMA			✓		✓			✓					✓				
DESSERT TAKE AWAY																	
MANGO																	
MATCHA			✓		✓			✓						✓			
CHOCOLADE FISH								✓						✓			

ALLERGENS MENUS&TAKE AWAY	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
MENUS																
KAOS & KÆRLIGHED					✓				✓			✓	✓	✓	✓	✓
GREENKEEPER		✓							✓			✓	✓	✓	✓	✓
ROBUST		✓		✓	✓				✓			✓	✓	✓	✓	✓
SHAKE OVERDRIVE		✓	✓	✓	✓		✓		✓				✓	✓	✓	✓
BLANDEDE FØLESER		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
PERFECT DAY		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
SET FOR SUCCESS	✓	✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
AS GOOD AS IT GETS		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
FOUR MEAL DRIVE	✓	✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
WAKABA MENU		✓	✓	✓	✓		m		✓			✓	✓	✓	✓	✓
TAKE AWAY MENUS																
STICKS N STICKS		✓		✓	✓		✓		✓			✓	✓	✓	✓	✓
SOLO		✓	✓	✓	✓		m		✓			✓	✓	✓	m	✓
BORD TIL TO		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
SEVEN HEAVE		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
UPGRADE	✓	✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
SAMMENHOLD		✓	✓	✓	✓		✓		✓			✓	✓	✓	✓	✓
A LA CARTE																
SHAKE MAKI					✓											
KAPPA MAKI																
ABOKADO MAKI																
JUNGLEFISH		✓	✓	✓	✓		✓		✓			✓	✓			✓

Allergens

Bottomless lunch

	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
MENU																
SPICY TORI		✓		✓	✓				✓			✓	✓	✓	✓	✓
EBI BITES/EBI HAPSER		✓	✓	✓	m		m		✓			m	✓		✓	✓
TUNA TARTARE BITES/TUNA TATAR HAPSER		✓			✓				✓			✓	✓		✓	✓
BEEF TATAKI				✓	✓				✓			✓	✓		✓	✓
SPICY TUNA		✓		✓	✓				✓			✓	✓		✓	✓
PINK ALASKA					✓		✓					✓				
NANBAN		✓	m	m	✓		m		✓			✓	✓	✓	m	✓
EBI PANKO		✓	✓	✓	m		m		✓			✓	✓	✓	✓	✓
MAGURO NIGIRI					✓				✓							
SHAKE NIGIRI					✓				✓							
ABOCADO NIGIRI									✓			✓				
SHAKE TERIYAKI					✓								✓		✓	
TSUKUNE				✓									✓		✓	
MOMO KARAAGE		✓	m	✓	✓		✓		✓			m	✓		m	✓
AKA EBI			✓				✓					✓	✓	✓	✓	✓
MANGO CUP																
Add on																
SASHIMI MIX					✓				✓				✓			✓
CAVIAR					✓											
WAGYU YAKI																
GINDARA NO MISO					✓								✓			

Allergens Bottomless lunch Vegan		Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Onion	Garlic
MENU VEGAN																	
SPICY EDAMAME													✓	✓			✓
CAULIFLOWER/BLOMKÅL										✓			✓	✓			
SEAWEED SALAD/TANGSALAT										✓			✓	✓			
BROCCOLI										✓			✓	✓			✓
GARDEN ROLL													✓	✓	✓	✓	
RED&GREEN ROLL										✓			✓	✓	✓	✓	✓
KAPPA MAKI																	
MAMMA MIA ROLL													✓	✓		✓	
ABOCADO NIGIRI										✓			✓	✓			
INARI		✓								✓			✓	✓			
AKA PIMAN NIGIRI										✓				✓	✓		✓
IMO YAKI													✓	✓			
ERINGI YAKI													✓	✓			✓
MANGO CUP																	