A la carte			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Salt													Soya		
Edamame, Spicy												Sesame	Soya		Garlic
Edamame, Grilled												Sesame	Soya		Garlic (Supreme soy)
Okazu, Kimchi												Sesame	Soya		Garlic /Onion
Okazu, Poteto sarada									Mustard						Onion
Okazu, Kappa chili										Nuts (Almonds)		Sesame	Soya		Garlic /Onion
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip))
Bimi tempura		Cereals containing gluten (wheat)											Soya (Shitake dipping sauce)		
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)				Soya (Miso aioli)		Onion Garlic (Miso aioli)
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Lobster&Ikura temaki			Crustaceans (Lobster)	Eggs	Fish (Ikura)				Mustard			Sesame	Soya		Garlic
Hotate ceviche	Celery	Cereals containing gluten (wheat) (Kataifi)						Molluscs (Scallop)	Mustard			Sesame	Soya		Garlic

A la carte/Come for a swim			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Come for a swim, Hotate kataifi		Cereals containing gluten (wheat)		Egg (Miso aioli)	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)				Soya		Garlic (Miso aioli)
Come for a swim, Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic /Onion
Come for a swim, Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic /Onion
Come for a swim, Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Come for a swim, Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip))
Come for a swim, Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy,Spicy goma)
Hotate kataifi		Cereals containing gluten (wheat)		Egg (Miso aioli)	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)				Soya		Garlic (Miso aioli)
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic /Onion
Seaweed salad									Mustard			Sesame	Soya		
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic /Onion

A la carte			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Gyoza	Celery (Okonomiyaki sauce)	Cereals containing gluten (wheat)		Eggs (Qp mayo)					Mustard (Qp mayo)			Sesame	Soya		Garlic Onion
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)				Soya		Garlic Onion (Red onion)
Miso soup													Soya		Onion (Springonion)
Ricepaper shake					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)
Cauliflower									Mustard (Black truffle goma)			Sesame (Black truffle goma, Mixed sesame	Soya (Black truffle goma)		
Hiramasa kama					Fish							Sesame (Soy sesame)	Soya (Miso soup)		Onion (Springonion in soup)
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aioli) Onion (Springonion)
Wagyu bites		Cereals containing gluten (wheat) (Toast, Kizami wasabi)											Soya (Kiozami wasabi)		Onion (Springonion)
Caviar					Fish										

Sashimi			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Tuna sashimi					Fish				Mustard (Wasabi)				Soya		Garlic (Supreme soy)
Salmon sashimi					Fish				Mustard (Wasabi)				Soya		Garlic (Supreme soy)
Hiramasa sashimi					Fish				Mustard (Wasabi)				Soya		Garlic (Supreme soy)
Sashimi Deluxe	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Kataifi)	Crustaceans (Lobster)	Eggs	Fish			Molluscs (Scallop) (Hotate ceviche)	Mustard			Sesame (Yuzumiso)	Soya	Sulphur Dioxide (Tsume soy)	Garlic

Nigiri			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Kinoko nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Hiramasa nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi, yuzumiso)			Sesame (Yuzumiso)	Soya	Sulphur Dioxide	Onion (Chives)
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Hiramasa yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Shake new york nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		Garlic
Hotate yaki nigiri	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)			Fish (masago)			Molluscs (Scallop	Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	Garlic (Lime-coriander sauce) Onion (Springonion)
Inari		Cereals containing gluten (wheat)							Mustard (Wasabi)			Sesame	Soya		

Nigiri/Tokyo&Kyoto non stop			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Inari ikura		Cereals containing gluten (wheat)			Fish				Mustard (Wasabi)			Sesame	Soya		
Tamago nigiri		Cereals containing gluten (wheat) (Table soy)		Eggs					Mustard (Wasabi)				Soya (Table soy)		
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)				Soya (Table soy)		
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Kyoto non stop		Cereals containing gluten (wheat) (Table soy, Inari)							Mustard (Wasabi, Yuzumiso)			Sesame	Soya (Yuzumiso, Table soy, Tsume soy)	Sulphur Dioxide	Onion (Chives)
Tokyo non stop		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)	Sulphur Dioxide (Tsume soy)	

House rolls			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Full house															
Wagyu house roll		Cereals containing gluten (wheat) (Table soy, Kataifi)							Mustard (Wasabi)				Soya (Kizami wasabi, Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	Onion (Spring onion)
Aka ebi house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Ikura)		Milk (Garlic butter)		Mustard (Wasabi)			Sesame	Soya		Garlic
Black cod house roll		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)	Onion (Red onion)
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)	
Softshell house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Crab)	Eggs	Fish (Masago)				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce)
Lobster&avocado house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Lobster)	Eggs					Mustard			Sesame (Soy sesame)	Soya		Garlic Onion

Temaki setto/As good as it gets			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
As good as it gets															
Temaki setto		Cereals containing gluten (wheat) (Kisami wasabi, Kataifi, Table soy)	Crustaceans (Lobster)	Eggs	Fish (Ikura)				Mustard			Sesame	Soya		Garlic Onion
Hotate kataifi		Cereals containing gluten (wheat)		Egg (Miso aioli)	Fish (Ikura)			Molluscs (Scallop)	Mustard (Miso aioli)				Soya		Garlic (Miso aioli)
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic Onion
Ebi hapser		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic Onion
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)
Tuna Tartar hapser		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
New york subway		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Grilled edamame												Sesame	Soya		Garlic (Supreme soy)
Black cod					Fish								Soya		
Hotate bacon								Molluscs (Scallop)					Soya (Miso herb sauce)		Garlic (Miso herp butter)
Extra for 3 persons															
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion

Kaburimaki			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Maki maki/Mini maki maki															
Ceviche kaburimaki	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)						Molluscs (Scallop)	Mustard (Wasabi)				Soya (Table soy)		Garlic onion(Lime-coriander sauce, Red onion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)			Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura,Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Miso aioli) Onion (Chives)
New york subway		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion

Uramaki			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, Mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Califonia uramaki		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Masago)				Mustard (Wasabi, Miso aioli)			Sesame (Mixed sesame)	Soya (Miso aioli, Mixed sesame, Table soy)		Garlic (Miso aioli)
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)			Sesame (Soy sesame)	Soya (Soy sesame,Table soy)		Onion (Chives)
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Nanban uramaki		Cereals containing gluten (wheat) (Karaage,Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)

Four meal drive			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Four meal drive															
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)			Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura,Table soy)	Sulphur Dioxide (Tsume soy)	Garlic Onion

Four meal drive			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Four meal drive															
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)				Soya (Table soy)		
Nanban uramaki		Cereals containing gluten (wheat) (Karaage,Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion

Sticks			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)	Onion Garlic (Supreme soy)
Shishito yaki												Sesame	Soya	Sulphur Dioxide (gochujang sauce)	Garlic Onion (gochujang sauce)
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)		
Eringi yaki												Sesame (Sesame oil)	Soya (Supreme soy, Miso herb butter)		Garlic (Supreme soy, Miso herb butter)
Momo nanban				Eggs					Mustard (Miso aioli)				Soya		Garlic (Miso aioli) Onion (Red onion)
Shoyu tebasaki												Sesame	Soya		Garlic
Tebasaki															
Tsukune				Eggs								Sesame	Soya		Onion
Tsukune chili				Eggs					Mustard			Sesame	Soya		Garlic Onion
Wagyu yaki															
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Spring onion)
Gindara no miso					Fish								Soya		
Aka ebi			Crustaceans (Prawn)				Garlic					Sesame	Soya		Garlic

Sticks			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Hotate bacon								Molluscs (Scallop)					Soya (Miso herb sauce)		Garlic (Miso herb sauce)
Saba yaki					Fish								Soya (Shiso-ginger sauce)		Onion (Springonion)
Yagi yaki							Milk								
Chiizu maki							Milk								
Buta yaki									Mustard (Yuzumiso)			Sesame (Yuzumiso. Mixed sesame)	Soya		
Iberico secreto													Soya		
Gyu habu													Soya (Miso herb sauce)		Garlic (Miso herb sauce, Garlic powder))
Gyu katzu	Celery (Okonomiyaki sauce)	Cereals containing gluten (wheat)		Eggs (Qp mayo)					Mustard (Qp mayo)				Celery (Okonomiyaki sauce, Qp mayo)		Garlic Onion (Okonomiyaki sauce)
Ramu niku							Milk (Garlic butter)					Sesame	Soya		Garlic Onion
Rice															
Crunchy chili										Nuts (Almonds)		Sesame	Soya		Garlic Onion
Teriyaki													Soya		
Chilidip									Mustard			Sesame	Soya		Garlic

Robust			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Robust															
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aiol, Springonion)
Bimi tempura		Cereals containing gluten (wheat)											Soya (Shitake dipping sauce)		
Okazu, Kimchi												Sesame	Soya		Garlic Onion
Okazu, Poteto sarada									Mustard						Onion
Okazu, Kappa chili										Nuts (Almonds)		Sesame	Soya		Garlic Onion
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)	Onion Garlc (Supreme soy)
Shoyu tebasaki												Sesame	Soya		Garlic
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion Garlc (Chili dip)
Gyu habu													Soya (Miso herb sauce)		Garlic (Miso herb sauce, Garlic powder)

Set for succes			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Set for succes															
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy, Spicy goma)
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic Onion
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aiol) Onion (Springonion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Egg (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Nanban uramaki		Cereals containing gluten (wheat) (Karaage,Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya		Garlic Onion
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion Garlic (Chili dip)
Gyu katzu	Celery (Okonomiyaki sauce)	Cereals containing gluten (wheat)		Eggs (Qp mayo)					Mustard (Qp mayo)				Celery (Okonomiyaki sauce, Qp mayo)		Garlic Onion (Okonomiyaki sauce)
Extra for 3 persons															
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Onion Garlic (Wasabi ceasar)

Perfect day			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Perfect day															
Edamame, Salt													Soya		
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)				Soya (Miso aioli)		Onion Garlic(Miso aioli)
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, Mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce)
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Tsukune				Eggs								Sesame	Soya		Onion
Buta yaki									Mustard (Yuzumiso)			Sesame (Yuzumiso. Mixed sesame)	Soya		
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Springonion)
Extra for 3 persons															
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic Onion

Greenkeeper			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Spicy												Sesame	Soya		Garlic
Seaweed salad									Mustard			Sesame	Soya		
Cauliflower									Mustard (Black truffle goma)			Sesame (Black truffle goma, Mixed sesame	Soya (Black truffle goma)		
Kinoko nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi, yuzumiso)			Sesame (Yuzumiso)	Soya	Sulphur Dioxide	Onion (Chives)
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)	
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)		
Eringi yaki												Sesame (Sesame oil)	Soya (Supreme soy, Miso herb butter)		Garlic (Supreme soy, Miso herb butter)

Salmon &friends			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Ebi panko roll		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, Mixed	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)

Mixed emotions			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Salt													Soya		
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Onion Garlic (wasabi ceasar)
Shake tataki					Fish							Sesame	Soya		
Maguro nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Shake nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)
Tsukune				Eggs								Sesame	Soya		Onion
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Springonion)

Salad&Chirashi			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Jungle fish			Crustaceans (Sushi ebi)	Eggs (Miso mustard)	Fish				Mustard (Miso mustard)			Sesame (Soy sesame, Tuna tataki)	Soya		Garlic (Miso mustard))
Green gate									Mustard (Goma)			Sesame	Soya		
Green bird				Eggs (Soy egg, Wasabi ceasar)	Fish (Wasabi ceasar		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)			Sesame	Soya		Garlic (Wasabi ceasar)
Chirashi deluxe		Cereals containing gluten (wheat) (Ebi tempura,	Crustaceans (Lobster, Prawn)	Eggs (Lobster, Tamago)	Fish				Mustard (Wasabi)			Sesame (Soy sesame, Salmon tataki)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion (Tempura ebi) Garlic (Lobster)
Beautiful mess		Cereals containing gluten (wheat) (Ebi tempura)			Fish				Mustard (Wasabi)			Sesame	Soya	Sulphur Dioxide (Poke sauce)	Garlic (Poke sauce) Onion (Red onion, Springonion)

Desserts			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Matcha		Cereals containing gluten (wheat)		Eggs			Milk						Soya		
Yuzu		Cereals containing gluten (wheat)		Eggs			Milk								
Goma creme brulle		Cereals containing gluten (wheat) (Sesame crumble)		Eggs			Milk					Sesame (Sesame crumble)			
Karameru		Cereals containing gluten (wheat (Cookie crumble)		Eggs			Milk			Nuts (Hazelnut) (Hazelnut& chocolate)			Soya		
Mango															
Kids lolly		Cereals containing gluten (wheat (Cookie crumble)		Eggs			Milk						Soya		
Take away															
Matcha/Chocolate		Cereals containing gluten (wheat) (Matcha crumble)		Eggs			Milk						Soya		
Mango															

Kids menu			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Sticks menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya		
Chicken meatballs				Eggs								Sesame	Soya		Onion
Salmon teriyaki					Fish								Soya (Teriyaki sauce)		Onion (Springonion)
Sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya		
Salmon nigiri					Fish										
Prawn nigiri			Crustaceans (Prawn)												
Cucumber maki															
Salmon maki					Fish										
Prawn maki			Crustaceans (Prawn)												
Avocado maki															
Sticks n sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya		
Salmon maki					Fish										
Cucumber maki															
Dessert															
Kids lolly		Cereals containing gluten (wheat (Cookie crumble)		Eggs			Milk						Soya		

Hosomaki			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Shake maki		Cereals containing gluten (wheat) (Table soy)			Fish								Soya (Table soy)		
Kappa maki		Cereals containing gluten (wheat) (Table soy)											Soya (Table soy)		
Avocado maki		Cereals containing gluten (wheat) (Table soy)											Soya (Table soy)		

Seven heaven			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, Mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Califonia uramaki		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Masago)				Mustard (Wasabi, Miso aioli)			Sesame (Mixed sesame)	Soya (Miso aioli, Mixed sesame, Table		Garlic (Miso aioli)
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)			Sesame (Soy sesame)	Soya (Soy sesame,Table soy)		Onion (Chives)
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Nanban uramaki		Cereals containing gluten (wheat) (Karaage,Kataifi, Table soy)			Fish (Karaage)				Mustard (Yuzukosho mayo, Wasabi)			Sesame	Soya	Sulphur Dioxide (Tsume soy)	Garlic
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)

Group menu Ichi ban			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Salt													Soya		
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)				Soya		Garlic
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)				Soya (Table soy)		
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Tuna nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy)		
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Tsukune				Eggs								Sesame	Soya		Onion
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Springonion)
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut& chocolate)			Soya		

Group menu Ni ban			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Spicy												Sesame	Soya		
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy, Spicy goma)
Ebi bites		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs (Miso aioli)					Mustard (Miso aioli)				Soya		Garlic Onion
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aiol, Springonion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Ceviche kaburimaki	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)						Molluscs (Scallop)	Mustard (Wasabi)				Soya (Table soy)		Garlic (Lime-coriander sauce) Onion (Red onion)
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)			Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura,Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Miso aioli)
Aka ebi			Crustaceans (Prawn)				Milk (Garlic butter)					Sesame	Soya		Garlic Onion
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion Garlic (Spicy sauce)
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut&chocolate)			Soya		

Group menu San ban			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Grilled edamame												Sesame	Soya		Garlic (Supreme soy)
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)
Hiramasa kataifi		Cereals containing gluten (wheat) (Kataifi)			Fish								Soya		Onion (Chives)
Wagyu bites		Cereals containing gluten (wheat) (Toast, Kizami wasabi)											Soya (Kizami wasabi)		Onion (Springonion)
Hell`s kitchen kaburimaki	Celery (Bbq sauce)	Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Ebi panko		Cereals containing gluten (wheat) (Table soy, Ebi tempura)	Crustaceans (Prawn)	Eggs (Spicy sauce)					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, mixed sesame)	Soya	Sulphur Dioxide (Tsume soy)	Garlic Onion
Softshell house roll		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Crab)	Eggs	Fish (Masago)				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce)
Iberico secreto													Soya		
Black cod					Fish								Soya		
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut&chocolate)			Soya		

Group menu Yasai			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Spicy												Sesame	Soya		Garlic
Blomkål Cauliflower									Mustard (Black truffle goma)			Sesame (Black truffle goma, Mixed sesame	Soya (Black truffle goma)		
Green tartar bites		Cereals containing gluten (wheat) (Flat bread)							Mustard			Sesame	Soya		Onion (Springonion)
Nasu aburi nigiri		Cereals containing gluten (wheat) (Table soy, Kizami wasabi)							Mustard (Wasabi, yuzumiso)			Sesame (Yuzumiso)	Soya	Sulphur Dioxide	Onion (Chives)
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Inari		Cereals containing gluten (wheat)							Mustard (Wasabi)			Sesame	Soya		
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)			Sesame (Soy sesame)	Soya (Soy sesame, Table soy)		Onion (Chives)
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)		
Shishito yaki												Sesame	Soya		Garlic Onion (gochujang sauce)
Mango (without mango sorbet)															

Group menu Sticks			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Edamame, Spicy												Sesame	Soya		Garlic
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy, Spicy goma)
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)				Soya		Garlic
Beef tataki				Eggs (Miso aioli)	Fish (Ponzu)				Mustard (Miso aioli)			Sesame	Soya		Garlic (Miso aiol) Onion (Springonion)
Aigamo tsukune				Eggs									Soya	Sulphur Dioxide (Tsume soy)	Onion Garlic (Supreme soy)
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion Garlic (Chili dip)
Buta yaki									Mustard (Yuzumiso)			Sesame (Yuzumiso. Mixed sesame)	Soya		
Yagi yaki							Milk								
Chocolate lolly				Eggs			Milk			Nuts (Hazelnut) (Hazelnut& chocolate)			Soya		

Zu Tisch lunch menu 1			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Shake tataki					Fish							Sesame	Soya		Garlic (Miso dip)
Pink alaska uramaki		Cereals containing gluten (wheat) (Table soy)			Fish		Milk (Creme cheese)		Mustard (Wasabi)				Soya (Table soy)		
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Broccoli									Mustard (Spicy goma)			Sesame	Soya		Garlic (Supreme soy, Spicy goma)
Tsukune chili				Eggs					Mustard			Sesame	Soya		Onion Garlic (Spicy sauce)

Zu Tisch lunch menu 2			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Seaweed salad									Mustard			Sesame	Soya		
Mamma mia uramaki		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi)			Sesame (Soy sesame)	Soya (Soy sesame,Table soy)		Onion (Chives)
Red&green house roll		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya	Sulphur Dioxide (Tsume soy)	
Aka piman nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Imo yaki												Sesame (Sesame oil, Soy sesame)	Soya (Teriyaki, Soy sesame)		
Shishito yaki												Sesame	Soya		Garlic Onion (gochujang sauce)

Zu Tisch lunch menu 3			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Kani korokke		Cereals containing gluten (wheat)	Crustaceans (Crab)	Eggs	Fish		Milk		Mustard (Wasabi ceasar)						Garlic Onion
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Califonia uramaki		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)	Eggs (Miso aioli)	Fish (Masago)				Mustard (Wasabi, Miso aioli)			Sesame (Mixed sesame)	Soya (Miso aioli, Mixed sesame, Table		Garlic (Miso aioli)
Chirashi maki		Cereals containing gluten (wheat) (Table soy)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi)			Sesame	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Spicy sauce) Onion (Red onion)
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Springonion)

Zu Tisch lunch menu 4			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Karaage		Cereals containing gluten (wheat)		Eggs (Wasabi ceasar)	Fish		Milk (Wasabi ceasar)		Mustard (Wasabi ceasar)				Soya		Garlic
Ceviche kaburimaki	Celery (Lime-coriander sauce)	Cereals containing gluten (wheat) (Table soy)						Molluscs (Scallop)	Mustard (Wasabi)				Soya (Table soy)		Garlic (Lime-coriander sauce) Onion (Red onion)
Shake aioli kaburimaki		Cereals containing gluten (wheat) (Table soy)		Eggs (Miso aioli)	Fish				Mustard (Wasabi, Miso aioli)			Sesame (Soy sesame)	Soya (Miso aioli, Soy sesame, Ikura,Table soy)	Sulphur Dioxide (Tsume soy)	Garlic (Miso aioli)
Ebi nigiri		Cereals containing gluten (wheat) (Table soy)	Crustaceans (Prawn)						Mustard (Wasabi)				Soya (Table soy)		
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Shoyu tebasaki												Sesame	Soya		Garlic
Chiizu maki							Milk								

Family menu page 1			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Perfect day															
Edamame, Salt													Soya		
Tuna tatar bites		Cereals containing gluten (wheat) (Flat bread)			Fish				Mustard			Sesame	Soya		Onion (Springonion)
Kinoko korokke		Cereals containing gluten (wheat)		Eggs			Milk		Mustard (Miso aioli)				Soya (Miso aioli)		Onion Garlic(Miso aioli)
Ricepaper salmon					Fish				Mustard (Goma)			Sesame (Goma)	Soya		Onion (Red onion)
Shake yaki nigiri		Cereals containing gluten (wheat) (Table soy)			Fish				Mustard (Wasabi)				Soya (Table soy, Tsume soy)	Sulphur Dioxide (Tsume soy)	
Abocado nigiri		Cereals containing gluten (wheat) (Table soy)							Mustard (Wasabi, Yuzukosho mayo)			Sesame (Soy sesame)	Soya (Table soy)		
Crispy ebi uramaki		Cereals containing gluten (wheat)	Crustaceans (Prawn)	Eggs					Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce, Mixed sesame)	Soya (Spicy sauce, Table soy)	Sulphur Dioxide (Tsume soy)	Garlic Onion
Spicy tuna uramaki		Cereals containing gluten (wheat) (Table soy, Kataifi)		Eggs (Spicy sauce)	Fish				Mustard (Wasabi, Spicy sauce)			Sesame (Spicy sauce)	Soya		Garlic Onion
Tsukune				Eggs								Sesame	Soya		Onion
Buta yaki									Mustard (Yuzumiso)			Sesame (Yuzumiso. Mixed sesame)	Soya		
Shake teriyaki					Fish								Soya (Teriyaki)		Onion (Springonion)

Family menu page 2			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Sticks menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya		
Chicken meatballs				Eggs								Sesame	Soya		Onion
Salmon teriyaki					Fish								Soya (Teriyaki sauce)		Onion (Springonion)
Sushi menu with		Cereals containing gluten (wheat) (Soya fish)					Milk (Cholate fish)					Sesame (Misodip)	Soya		
Salmon nigiri					Fish										
Prawn nigiri			Crustaceans (Prawn)												
Cucumber maki															
Salmon maki					Fish										
Prawn maki			Crustaceans (Prawn)												
Avocado maki															

Sauces			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Black truffle sauce									Mustard			Sesame	Soya		
Chilidip												Sesame	Soya		Garlic
Chojang sauce for spicy tuna												Sesame	Soya		Garlic Onion
Spicy gochujang sauce for shishito												Sesame	Soya	Sulphur Dioxide	Garlic Onion
Crunchy chili for rice										Nuts (Almonds)		Sesame	Soya		Garlic Onion
Crunchy chili sauce for kappa chili										Nuts (Almonds)		Sesame	Soya		Garlic Onion
Goma									Mustard			Sesame	Soya		
Garlic butter							Milk								Garlic
Spicy goma									Mustard			Sesame	Soya		
Kisami wasabi		Cereals containing gluten (wheat)											Soya		
Miso aioli				Eggs					Mustard				Soya		Garlic
Miso dip												Sesame	Soya		Garlic
Miso herb sauce													Soya		Garlic
Miso mustard dressing				Eggs					Mustard				Soya		Garlic
Okonomiyaki sauce	Celery												Soya		Garlic Onion
Poke sauce												Sesame	Soya	Sulphur Dioxide	Garlic
Ponzu					Fish								Soya		

Sauces			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Qp mayo				Eggs					Mustard				Soya		Garlic
Sesame dressing									Mustard			Sesame	Soya		
Spicy miso sauce												Sesame	Soya		Garlic
Spicy sauce for maki				Eggs					Mustard			Sesame	Soya		Garlic
Supreme soy													Soya		Garlic
Sushi zu															
Shiso ginger sauce					Fish								Soya		
Stitake dipping sauce													Soya		
Table soy		Cereals containing gluten (wheat)											Soya		
Tamari													Soya		
Teriyaki sauce													Soya		
Tsume soy													Soya	Sulphur Dioxide	
Wasabi ceasar dressing				Eggs	Fish		Milk		Mustard						Garlic
Yuzukosho mayo									Mustard				Soya		
Yuzumiso sauce									Mustard			Sesame	Soya		

Cocktails 1			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Shiso Ha														Sulphur Dioxide	
Yuzu Zoo														Sulphur Dioxide	
Yuzu Seltzer															
Whisky Miso Sour				Eggs								Soya			
Koji Lychee															
Hibiscus Margarita															
Japanese Spring Punch														Sulphur Dioxide	
Blackberry Mule															
Purple Rain															
Tiki Fuji Punch															
Orange Chocolate Old Fashioned							Milk								
Miso Salted Caramel Espresso Martini							Milk						Soya		
Matcha Cool Down							Milk			Nuts					

Autumn Specials			RED:Dish Contains allergen that can`t be removed						GREEN:Allergen can be removed on request						
Dish	Celery	Cereals/gluten (wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Garlic Onion
Spicy Tori		Cereals containing gluten (wheat)		Eggs (Qp mayo)					Mustard (Qp mayo)			Sesame	Soya	Sulphur Dioxide	Garlic Onion
Maguro Carpaccio		Cereals containing gluten (wheat) (Yuzu-ponzu)		Eggs (Cheese aioli)	Fish		Milk (Cheese aioli)		Mustard (Cheese aioli)				Soya		Garlic Onion (Cheese aioli)