

# My Health Record for clinical immunology/ allergy specialists:

## What's in it for you and your patients?

My Health Record is an online record of patient health information that has been uploaded by health professionals, health services and/or patients. It is operated by the Australian Digital Health Agency. My Health Record can support you in caring for your patients by enabling easier access to their health information.

A patient's My Health Record can contain:

- Allergy and adverse reaction information
- Immunisations
- Pathology
- Diagnostic imaging reports
- Prescription and dispensing information
- Hospital discharge summaries

You can use a conformant clinical information system (such as Genie, ZedMed, Best Practice) upload your specialist letter to your patient's My Health Record. This allows the information you choose to include in the specialist letter, such as their allergy status and management plan to be shared with other members of the patient's healthcare team. For a full list of conformant software, visit [the Australian Digital Health Agency](https://www.adha.gov.au) website.

My Health Record is secure, it can save you time, and it may reduce unnecessary duplication of diagnostic services. Accessing My Health Record ensures safe prescribing, especially for patients with known food or drug allergies.

### What allergy information can be viewed in a My Health Record?

Clinical immunology/allergy specialists can view (if uploaded):

- current allergy status and adverse reaction information.
- medications and adrenaline device prescriptions.
- hospital discharge summaries for anaphylaxis events.
- other health conditions.
- specialist letters (useful for conditions where other specialists e.g. ENT, gastroenterologist, are involved).information from other healthcare providers such as allied health professionals.

My Health Record can provide you and your team with better access to your patients' allergy information via:

- **Shared health summaries** (created by the patient's nominated healthcare provider)
- **Event summaries** (created by healthcare providers).
- **Hospital discharge summaries** (e.g. anaphylaxis event/s).
- **Pathology and radiology test results** (e.g. allergen-specific IgE blood tests).
- **Prescription and dispense records** (e.g. when the patient last filled an adrenaline device prescription, prescription of eczema steroids and asthma inhalers).
- **Personal health summary** (entered by the patient).

Currently, allergy and other adverse reactions information can be found in:



Shared health summaries (general practices)



Event summaries (all healthcare providers)



Discharge summaries (hospitals)



Pharmacist Shared Medicines List



Personal health summary (entered by the patient)

## What information can be uploaded to a My Health Record by a specialist?

Clinical immunology/allergy specialists can upload a specialist letter with details about

- consultations
- test results (blood tests for allergen-specific IgE, food allergen challenges and drug (medication) challenges)
- allergy status
- commencement of allergen immunotherapy
- other treatments and events

## Information security

The Australian Digital Health Agency has many safeguards in place to protect the information held in My Health Record such as strong encryption, firewalls, secure login/authentication mechanisms and audit logging.

By default, documents in My Health Record are set to 'general access' so healthcare professionals can upload clinical documents and view information in relation to a healthcare consultation or clinical event.

These default settings are controlled by the patient and can be changed at any time.

### In June 2025:

- Around 99% of general practices and pharmacies were connected to My Health Record and uploading or viewing documents.
- 97% of public hospitals are now connected.
- More than 754 million pathology reports are in the system.

## Further information and training

Visit the [Australian Digital Health Agency](#) website for more information on how you can view or contribute to your patient's My Health Record.

Training and related resources are available through the [Australian Digital Health Agency webinars page](#) or your PHN.

There are additional factsheets that have been developed by the National Allergy Council, covering the following topics:

- Getting started with My Health Record for private allergy practices
- Event summaries guide for clinical immunology and allergy specialists
- Uploading specialist letters in Genie
- My Health Record FAQs for clinical immunology and allergy specialists
- My Health Record use cases for clinical immunology & allergy specialists

The following eLearning modules are also accessible on the [National Allergy Council](#) website.

- Digital health for specialists.
- Introduction to My Health Record for healthcare providers.
- Registering your organisation for My Health Record.
- My Health Record Security, Privacy and Access.