

# LUNCH

## MONDAY

Salad bar

Puréed vegetable soup (L, G)

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Mashed potatoes (L, G)

Soybeans and green beans (M, G, V)

Breaded flounder (M)

Remoulade (M, G)

Beef patties in brown sauce (L)

Pesto-veggie tortellinis (M, V)

French fries (M, G, V)

Sausages (M, G)

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Tosca cake (L)

Fruit, biscuits, bundt cake

## TUESDAY

Salad bar

Jerusalem artichoke soup (L, G)

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Potato wedges (M, G, V)

Roasted carrots (M, G, V)

Cod tempura (M)

Lemon yogurt (L, G)

Chicken with vegetables (M, G)

Chickpea-vegetable couscous (M, V)

French fries (M, G, V)

Chicken nuggets (M)

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Bilberry quark (L, G)

Fruit, biscuits, bundt cake

## WEDNESDAY

Salad bar

Parsnip soup (L, G)

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Pasta (M)

Roasted cauliflower (M, G, V)

Breaded chicken (M, G)

Tzatziki (L, G)

Bolognaise sauce (M, G)

Grated Parmesan cheese (VL, G)

Pea & swede patties (M, G, V)

French fries (M, G, V)

Fish fingers (M)

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Pancake (L) with apple jam (M, G, V) & whipped cream (L, G)

Fruit, biscuits, bundt cake

## THURSDAY

Salad bar

Puréed carrot soup (L, G)

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Mashed potatoes (L, G)

Peas and soybeans (M, G, V)

Rye-breaded saithe (M)

Sour cream sauce (L, G)

Meat & root vegetable stew (L, G)

Spinach ravioli and fried kale (M, V)

French fries (M, G, V)

Spicy pork (M, G)

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Ice cream (G), strawberry jam (M, G, V))

Fruit, biscuits, bundt cake

## FRIDAY

Salad bar

Cauliflower soup (L, G)

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Thyme rice (M, G, V)

Lentil & carrot gratin (M, G, V)

Rainbow trout with Café de Paris sauce (L, G)

Pork escalopes (M)

Chipotle mayonnaise (M, G)

Carrot rösti (L, G)

French fries (M, G, V)

Small sausages (M, G)

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Chocolate mousse (VL, G)

Fruit, biscuits, bundt cake

## SATURDAY

Salad bar

Butternut squash soup (L, G)

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Roasted potatoes (M, G, V)

Steamed broccoli (M, G, V)

Lasagna (L)

Pulled pork (M, G)

Roasted oat balls (M, V)

French fries (M, G, V)

Breaded chicken filet (L)

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Pannacotta (L, G)

Fruit, biscuits, bundt cake

## SUNDAY

Salad bar

Sweet potato soup (L, G)

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Rice with paprika (M, G, V)

Fried vegetables (M, G, V)

Chicken Kiev (L)

Chili con carne (M, G)

Soybean-bulgur wheat-kale gratin (M, V)

French fries (M, G, V)

Chicken kebab (M, G)

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Crepes (L), raspberry jam

(M, G, V) & whipped cream (L, G)

Fruit, biscuits, bundt cake

**M** – Dairy free  
**L** – Lactose free  
**G** – Gluten free

**V** – Vegan  
**VL** – Low in lactose