

DINNER

MONDAY

Varied Salad Bar

Traditional
Salmon Soup
(L, G)

Garlic Cream
Potatoes
(L, G)

French fries
(M, G, VEG)

Sautéed
tomatoes
& onion
(M, G, VEG)

Potato falafel
(M, G, VEG)

Crab steak with
lobster and
shrimp sauce
(L, G)

Roast beef in red
wine sauce (M, G)

Chicken nuggets
(M)

Mac & Cheese (L)

Profiteroles

Blueberry pie
(M, VEG)

Vanilla custard
(L, G)

Sweet biscuits

Fruit (M, G, VEG)

Cheeses, savoury
cracker,
marmalade

TUESDAY

Varied Salad Bar

Caramelized
onion soup
(L, G)

Potato rösti
(M, G)

French fries
(M, G, VEG)

Oven-baked
root vegetables
(M, G, VEG)

Chickpea-
vegetable stew
(M, G, VEG)

Spruce tip-
pesto gratinated
rainbow trout
(M, G)

Slow-roasted
pork neck with
cream sauce
(L, G)

Meatballs (M, G)

Pulled chicken
(M, G)

Chocolate cake

Oat & apple
bake (L)

Sweet biscuits

Fruit (M, G, VEG)

Cheese, savoury
cracker,
marmalade

WEDNESDAY

Varied Salad Bar

Mushroom soup
(L, G)

Potato mash
(L, G)

French fries
(M, G, VEG)

Ratatouille
(M, G, VEG)

Vegetable
lasagna

Cold-smoked
salmon steaks
(L, G)

Spruce shoot
and yoghurt
sauce (L, G)

Pork sirloin with
peppercorn
sauce (L, G)

Small sausages
(L, M)

Fish & Chips

Apple & rhubarb
pie (M, VEG)

and vanilla
custard (L, G)

Tiramisu

Sweet biscuits

Fruit (M, G, VEG)

Cheeses,
savoury cracker,
marmalade

THURSDAY

Varied salad bar

Tomato soup
(L, G)

Roasted
Lappish
potatoes
(M, G, VEG)

French fries
(M, G, VEG)

Roasted
beetroot
(M, G, VEG)

Vegetable-tofu-
noodle wok
(M, VEG)

Pork tenderloin
with mushroom
sauce (L, G)

Mutton
meatballs with
fried onion (M)

Fish fingers (M)

Chicken kebab
(M, G)

Chocolate
Swiss roll

Caramel
pudding (L, G)

Sweet biscuits

Fruit (M, G, VEG)

Cheeses,
savoury cracker,
marmalade

FRIDAY

Varied salad bar

Salmon soup
(L, G)

Roasted
potatoes with
herbs
(M, G, VEG)

French fries
(M, G, VEG)

Roasted
vegetables
(M, G, VEG)

Quinoa, wheat
and broccoli
(M, VEG)

Chicken with
tomato and herb
sauce (M, G)

Wallenberg
steaks, thyme
sauce (L)

Chicken nuggets
(M)

Baked sausage
with cheese
(VL, G)

Berry pie (L)

Berry coulis
(M, G)

Chocolate & nut
profiteroles

Sweet biscuits

Fruit (M, G, VEG)

Cheeses,
savoury cracker,
marmalade

SATURDAY

Varied salad bar

Creamy tomato
soup (L, G)

Rice with herbs
(M, G, VEG)

French fries
(M, G, VEG)

Lentil & bean
gratin
(M, G, VEG)

Beetroot falafel
patties
(M, G, VEG)

Rainbow trout
Bearnaise (L, G)

Slow-roasted
beef in cream
sauce (L, G)

Beef patties (L)

Chicken kebab
(M, G)

Carrot cake
(L, G)

Apple & rhubarb
pie
(M, VEG)

Sweet biscuits

Fruit (M, G, VEG)

Cheeses,
savoury cracker,
marmalade

SUNDAY

Varied salad bar

Creamy smoked
reindeer soup
with cheese
(L, G)

Mashed
potatoes (L, G)

French fries
(M, G, VEG)

Fried courgette
(M, G, VEG)

Tomato & basil
fagottini in
tomato sauce
(M, VEG)

Turkey in
blackcurrant
sauce (L, G)

Elk steak with
fried onion (L)

Meatballs and
sausages (M, G)

Pulled pork
(M, G)

Cheesecake (L)
and raspberry
sauce
(M, G, VEG)

Blackcurrant &
rhubarb pie
(M, G)

Sweet biscuits

Fruit (M, G, VEG)

Cheeses,
savoury cracker,
marmalade

M – Dairy free
L – Lactose free
G – Gluten free

V – Vegan
VL – Low in lactose