Lunch

MONDAY

Selection of salads

Vegetable purée soup (L, G)

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Pasta (M, V)

Soybeans and green beans (M, G, V)

Breaded chicken (M, G)

Tzatziki (L, G)

Bolognese sauce (M, G)

Grated Parmesan (G)

Vegetable tortellini with pesto (M, V)

BBQ pork belly (M, G)

Frankfurters (M, G)

French fries (M, G, V)

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Tosca cake (L, G)

Fruit, biscuits (L) and assorted cake

TUESDAY

Selection of salads

Jerusalem artichoke soup (L, G)

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Mashed potatoes (L, G)

Roasted carrots (M, G, V)

Cod tempura (M)

Sour cream sauce (L, G)

Meat and root vegetable stew (M, G)

Chickpea and vegetable stew (M, V)

Chicken nuggets (M)

Kebab meat in tomato sauce (M, G)

French fries (M, G, V)

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Bilberry quark (L, G)

Fruit, biscuits (L) and assorted cake

WEDNESDAY

Selection of salads

Carrot purée soup (L, G)

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Paprika rice (M, G, V)

Roasted cauliflower (M, G, V)

Pea and parsnip patties (M, G, V)

Chicken Kyiv (L)

Chili con carne (M, G)

Yoghurt sauce (L, G)

Fish fingers (M)

Mac & Cheese (L)

French fries (M, G, V)

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Finnish oven pancake (L), apple jam (M, G, V) and whipped cream (L, G)

Fruit, biscuits (L) and assorted cake

THURSDAY

Selection of salads

Vegetable purée soup (L, G)

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Mashed potatoes (L, G)

Peas and soybeans (M, G, V)

Breaded flounder (M, G)

Remoulade sauce (M, G)

Minced beef patties with brown gravy (L)

Spinach ravioli with sautéed kale (M, V)

Chicken kebab (M, G)

Oven-baked sausage with cheese topping (L, G)

French fries (M, G, V)

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Ice cream (L, G) and strawberry jam (M, G, V)

Fruit, biscuits (L) and assorted cake

FRIDAY

Selection of salads

Cauliflower soup (L, G)

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Roasted potatoes (M, G, V)

Lentil and carrot bake (M, G, V)

Pulled pork (M, G)

Lasagne (L)

Carrot rösti (M, G)

Cod tempura (M)

Chicken pops

French fries (M, G, V)

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Chocolate mousse (G)

Fruit, biscuits (L) and assorted cake

SATURDAY

Selection of salads

Butternut squash soup (L, G)

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Jumbo potato wedges (M, G, V)

Steamed broccoli (M, G, V)

Rainbow trout with Café de Paris sauce (M, G)
Lamb meatballs with fried onions (M)

Roasted oat balls (M, V)

Breaded chicken fillets (M, G)

Frankfurters (M, G)

French fries (M, G, V)

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Pannacotta

Fruit, biscuits (L) and assorted cake

SUNDAY

Selection of salads

Parsnip soup (L, G)

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Thyme rice (M, G, V)

Sautéed vegetables (M, G, V)
Chicken with vegetables (M, G)

Rye-breaded pollock (M)

Citrus yoghurt (L, G)

Soybean, bulgur wheat and kale bake (M, V)

Spiced pork (M, G)

Kebab meat (M, G) with garlic sauce (L, G)

French fries (M, G, V)

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Pancakes (L), raspberry jam (M, G, V) and whipped cream (L, G)

Fruit, biscuits (L) and assorted cake

M – Dairy free **L** – Lactose free **G** – Gluten free **V** – Vegan **VL** – Low in lactose