



Simplyhealth

Certified



Corporation

# Your ASDA Health Plan

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This product meets the needs of someone who would benefit from support with everyday healthcare costs each year like routine dental check-ups and treatment; routine eye examinations and prescription eyewear; physiotherapy treatments; 24/7 access to a GP or nurse and mental health support services.

**Amount you can claim back each year**  
**Covered children have their own annual benefit entitlement**

	Basic	Level 1	Level 2	Level 3
Weekly premium for you and up to four of your children under the age of 24	£1.41	£2.76	£4.53	£6.30
Weekly premium for you, your partner and up to four of your children under the age of 24	£2.82	£5.52	£9.06	£12.60
Four weekly premium for you and up to four of your children under the age of 24	£5.64	£11.04	£18.12	£25.20
Four weekly premium for you, your partner and up to four of your children under the age of 24	£11.28	£22.08	£36.24	£50.40

Premiums include Insurance Premium Tax where applicable

Healthy eyes and teeth	We pay	Annual limit per person			
Sight tests, glasses and contact lenses	100%	£45	£105	£130	£160
Everyday dental treatment - hygienist's fees, fillings and more	100%	£45	£105	£130	£160
Dental treatment needed as a result of an accident (3 month qualifying period)	100%	-	-	£500	£600
Healthy body	We pay	Annual limit per person			
Seeing a Chiropractor, Osteopath, Physiotherapist, Acupuncturist, Homeopath or Reflexologist	75%	£50	£150	£300	£400
Seeing a Chiroprapist or Podiatrist	75%	-	£50	£60	£120
Discounted gym membership*		✔	✔	✔	✔
Healthy mind	Annual limit per person				
24/7 helpline service, including mental health support*	Up to 6 sessions, per issue, per year, if deemed clinically appropriate				
Healthy checks	Annual limit per person				
Finding out what's wrong – appointments with a clinician, plus referred tests and scans	75%	£100	£150	£200	£250
Prescription charges	100%	£10	£20	£30	£40
Speak to a GP or nurse 24/7 through our app or via the telephone*	24 hours a day / 7 days a week				
Access to a private prescription service when prescribed through our GP service. (Charges apply)*		✔	✔	✔	✔
Healthy extras	Annual limit per person				
Cash amount when you are admitted to hospital, paid per night (or day) dependent on your admission circumstances (max 30 nights/days)		£10	£16	£18	£40
Single cash amount if you have a baby or adopt a child (6 month qualifying period)		£100	£150	£200	£400
Worldwide cover - you'll be covered wherever you are in the world		✔	✔	✔	✔

\*Information on how to access these services is available via our SimplyPlan app or your online account.

Please refer to your policy documentation for full details of what is and isn't covered and any geographical restrictions that may apply. Additional services are also available. GP/nurse service not available on Christmas Day. Mental health support services not available for children under the age of 16. Up to four children under the age of 24 can be covered for free with each child receiving their own annual benefit entitlement. The level of cover you select will be in your policy documentation.

**You can find full details about the policy in your policy documentation.**

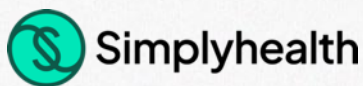
# Is this product right for you?

Please use this needs questionnaire to determine if this product is suitable for your needs.

Do you have or plan to have regular eye examinations?	Yes		No	
Do you have or expect to purchase prescription eyewear?	Yes		No	
Do you have or plan to have regular routine dental check-ups and/or treatment?	Yes		No	
Do you have or plan to have treatments such as physiotherapy, chiropractic or osteopathy?	Yes		No	
Do you want to have 24/7 access to speak to a GP/nurse or for mental health support?	Yes		No	

If you have answered 'No' to all of these questions above this product may not be suitable for your needs. Please check the full policy documentation to make sure this product will meet your needs before completing your application. Simplyhealth do not provide advice or recommendations.





You can contact us here:

**[simplyhealth.co.uk/customercontact](https://simplyhealth.co.uk/customercontact)**

or call on:

**0300 100 1020**

Lines are open Monday to Friday

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