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	Level 1	Level 2	Level 3	Level 4	Level 5
Monthly premium for you	£7.75	£11.00	£23.00	£44.00	£66.00
Monthly premium for you and your partner	£15.50	£22.00	£46.00	£88.00	£132.00
Monthly premium for each child under the age of 18	£1.50	£3.00	£6.00	£12.00	£18.00

Premiums include Insurance Premium Tax where applicable

Healthy body	We pay	Annual limit for each person				
Physiotherapy, osteopathy, chiropractic, acupuncture Treatment from a registered professional	100% of your receipt up to your annual limit	£50	£50	£150	£250	£350
Chiropody / podiatry & reflexology Treatment from an HCPC registered chiropodist / podiatrist, or treatment from a reflexologist		-	£50	£100	£150	£200
Digital muscle and joint pain assessments*	A muscle and joint pain triage service to point you in the right direction and help get the care you need					
Healthy eyes and teeth	We pay	Annual limit for each person				
Dental Includes check-ups and treatment, for example fillings, crowns and bridges, hygienist fees and more	100% of your receipt up to your annual limit	-	£60	£110	£165	£220
Optical Includes sight tests, prescription glasses and contact lenses		-	£50	£100	£150	£200
Healthy checks						
Speak to a GP or nurse 24/7, through the SimplyPlan app or via the telephone*	24 hours a day / 7 days a week					
Healthy mind						
24/7 helpline service, including mental health support*	Up to 6 sessions, per issue, per year, if deemed clinically appropriate					
Healthy extras	We pay	Limit for each person				
Hospital admission Cash amount when you are admitted to hospital, paid per night (or day) dependent on your admission circumstances	For each night or day (max 20 each year)	-	£20	£20	£20	£20
Prescription charges Prescriptions issued by a clinician	100% of your receipt up to your annual limit	£20	£20	£30	£40	£50

* Information on how to access these services is available via your online account or the SimplyPlan app.

Please refer to your policy documentation for full details of what is and isn't covered and any geographical restrictions that may apply. Additional services are also available. GP service not available on Christmas Day. Mental health support services not available for children under the age of 16. You must be over 18 to join this policy.

You can find full policy details in the policy documents.

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