

# Tesco Health Plan table of cover



This product meets the needs of someone who would benefit from support with everyday healthcare costs each year like routine dental check-ups and treatment; routine eye examinations and prescription eyewear; physiotherapy treatments; 24/7 access to a GP, nurse and mental health support services.

**Amount you can claim back each year**  
**Covered children and adult dependants have their own annual benefit entitlement**

	Core	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Monthly premium for you	£6.36	£11.20	£22.40	£33.59	£44.78	£55.99	£67.18
Monthly premium for you and your partner	£12.72	£22.40	£44.80	£67.18	£89.56	£111.98	£134.36
Monthly premium for each adult dependant (up to four)	£6.36	£11.20	£22.40	£33.59	£44.78	£55.99	£67.18
Cover for up to four of your children under the age of 18	Free						

Premiums include Insurance Premium Tax where applicable

Healthy eyes and teeth	We pay	Annual limit for each person						
Sight tests, glasses and contact lenses	<b>100%</b> of your receipt up to your annual limit	£30	£75	£105	£135	£165	£195	£225
Everyday dental treatment – hygienist’s fees, fillings and more		£75	£75	£105	£135	£165	£195	£225
Dental treatment needed as a result of an accident		-	£200	£300	£400	£450	£500	£600
Healthy body	We pay	Annual limit for each person						
Seeing a Chiropractor, Osteopath, Physiotherapist, Acupuncturist or Homeopath	<b>75%</b> of your receipt up to your annual limit	£75	£100	£200	£300	£400	£500	£600
Seeing a Chiropodist or Podiatrist		£75	£100	£200	£300	£400	£500	£600
Discounted gym membership*		✔	✔	✔	✔	✔	✔	✔
Healthy mind		Up to 6 sessions, per issue, per year, if deemed clinically appropriate						
24/7 helpline service, including mental health support*		Up to 6 sessions, per issue, per year, if deemed clinically appropriate						
Healthy checks	We pay	Annual limit for each person						
Finding out what’s wrong – appointments with a consultant, plus clinician referred tests and scans	<b>75%</b> of your receipt up to your annual limit	£50	£100	£200	£300	£400	£500	£600
Prescription charges	<b>100%</b> of your receipt up to your annual limit	£10	£15	£20	£25	£30	£30	£35
Speak to a GP or nurse 24/7, through the app or via the telephone*		24 hours a day / 7 days a week						
Access to a private prescription service when prescribed through our GP service. (Charges apply)*		✔	✔	✔	✔	✔	✔	✔
Healthy extras	We pay	Annual limit for each person						
Cash amount when you are admitted to hospital, paid per night (or day) dependent on your admission circumstances	For each night/day (max 20 each year)	£10	£10	£20	£30	£40	£50	£60
Single cash amount if you have a baby or adopt a child (6 month qualifying period)**		-	£100	£200	£300	£400	£500	£600

\*Information on how to access these services is available via your online account or the app.

\*\*New child payment only available to the employee and their partner, not additional adult dependants or children.

Please refer to your policy documentation for full details of what is and isn’t covered and any geographical restrictions that may apply. Additional services are also available. Mental health support services not available for children under the age of 16. Up to four children under the age of 18 can be covered for free with each child receiving their own annual benefit entitlement. Up to four adult dependants over the age of 18 can be covered at an individual cost each, with each adult receiving their own annual benefit entitlement. The level of cover you select will be in your policy documents.

You can find full details about the policy in your policy documentation.