

Your Marks & Spencer Health Plan

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This product meets the needs of someone who would benefit from support with everyday healthcare costs each year like routine dental check-ups and treatment; routine eye examinations and prescription eyewear; physiotherapy treatments; 24/7 access to GP, nurse and mental health support services.

Amount you can claim back each year
Covered children have their own annual benefit entitlement

	Level 1	Level 2	Level 3	Level 4	Level 5
Monthly premium for you	£15.60	£24.10	£32.72	£51.44	£69.70
Monthly premium for you, your partner and up to four of your children under the age of 24	£31.20	£48.20	£65.44	£102.88	£139.40

Premiums include Insurance Premium Tax where applicable

Healthy eyes and teeth	We pay	Annual limit per person				
Sight tests, glasses and contact lenses	100%	£60	£80	£105	£150	£215
Everyday dental treatment – hygienist's fees, fillings and more	100%	£80	£110	£150	£200	£285
Healthy body	We pay	Annual limit per person				
Seeing a Chiropractor, Osteopath, Physiotherapist, Acupuncturist or Homeopath	75%	£160	£250	£350	£450	£700
Seeing a Chiropodist or Podiatrist	75%	£85	£125	£170	£215	£310
Discounted gym membership*		✓	✓	✓	✓	✓
Healthy mind						
24/7 helpline service, including mental health support*	Up to 6 sessions, per issue, per year, if deemed clinically appropriate					
Healthy checks	We pay	Annual limit per person				
Finding out what's wrong – appointments with a consultant, plus clinician referred tests and scans	75%	£150	£200	£250	£300	£500
A health assessment that includes <u>all</u> of the following: • BMI • blood pressure reading • cholesterol or diabetes check	75%	£50	£75	£75	£100	£150
Prescription charges	75%	£10	£15	£20	£25	£30
Speak to a GP or nurse 24/7, through the app or via the telephone*	24 hours a day / 7 days a week					
Access to a private prescription service when prescribed through our GP service. (Charges apply)*		✓	✓	✓	✓	✓
Healthy extras						
Cash amount when you are admitted to hospital, paid per night (or day) dependent on your admission circumstances (max 20 nights/days each year)		£20	£25	£30	£40	£60
A single cash amount if you have a baby or adopt a child (6 month qualifying period)		£150	£200	£250	£300	£500
Worldwide cover - you'll be covered wherever you are in the world		✓	✓	✓	✓	✓

*Information on how to access these services is available via your online account or the app. Please refer to your policy documentation for full details of what is and isn't covered and any geographical restrictions that may apply. Additional services are also available. Mental health support services not available for children under the age of 16. Up to 4 of your children under the age of 24 can be covered for free with each child receiving their own annual benefit entitlement. The level of cover you select will be in your policy documents.

You can find full details about the policy in your policy documentation.

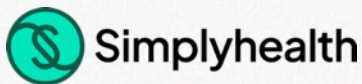
Is this product right for you?

Please use this needs questionnaire to determine if this product is suitable for your needs.

Do you have or plan to have regular eye examinations?	Yes		No	
Do you have or expect to purchase prescription eyewear?	Yes		No	
Do you have or plan to have regular routine dental check-ups and/or treatment?	Yes		No	
Do you have or plan to have treatments such as physiotherapy, chiropractic or osteopathy?	Yes		No	
Do you want to have 24/7 access to speak with a GP, nurse or for mental health support?	Yes		No	

If you have answered ‘No’ to all of these questions above this product may not be suitable for your needs. Please check the full policy documentation to make sure this product will meet your needs before completing your application. Simplyhealth do not provide advice or recommendations.





You can contact us here:

simplyhealth.co.uk/customercontact

or call on:

0300 100 1020

Lines are open Monday to Friday

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