## Right where you want to be



#### **Forest Hill Place**

RETIREMENT LIVING



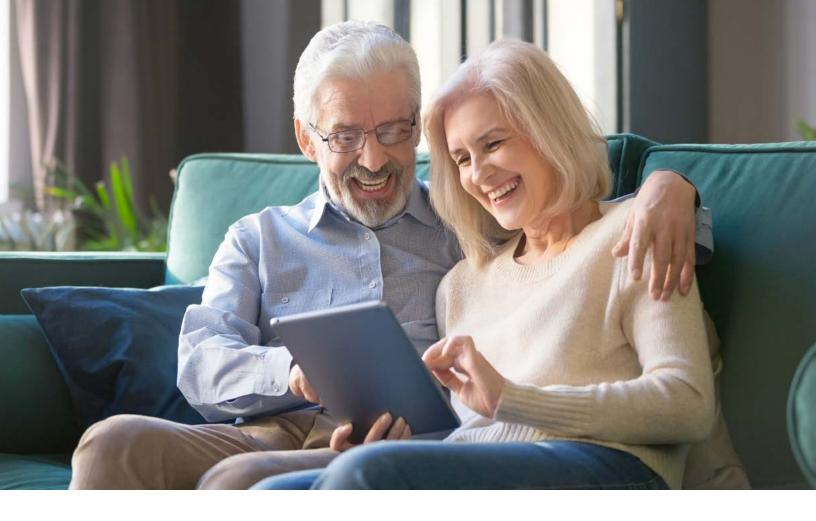
# Live the life you love.

Elegant and stylish with a warm and friendly, community feel, Forest Hill Place is perfect for active living nestled in a vibrant community.

You'll feel right at home, just with more services and less responsibilities. Enjoy meandering through our large, lush courtyard garden, then pamper yourself in the beauty salon.

Evenings bring a flourish of activity and social events to explore. Try challenging a friend to billiards in our games room, grab a popcorn and watch a film in the theatre, or relax in the book-lined library.

You are also close to dining, shopping, entertainment, galleries and more.



### What's in the neighbourhood?



Bus Stop | 0.2 km



**Park** | 0.7 km



Coffee Shop | 0.5 km



Pharmacy | 1.0 km



Gas Station | 2.2 km



Library | 1.1 km



Grocery Store | 2.0 km



Hospital | 4.7 km







## Life is great when the food is too.

From the moment your day starts, great food helps fuel an active life.

Our expert chefs make your meals from scratch daily with fresh ingredients that are seasonal and local. You'll love the variety found on the menu, and you'll really love the way great food sparks great conversation with family and friends.

Imagine a full-service dining room with your certified Red Seal Director of Culinary creating and offering a menu right under your own roof. That's a taste of your dining experience at Forest Hill Place.

Treat yourself to monthly specialty dinners and daily à la carte selections along with dessert. You can also request the Forest Hill Place culinary team to host a family dinner just for you, provide private catering, or deliver tray room service.



#### Active Living is all about choice.

Maintaining your physical, mental, and emotional health is key to retirement living. Active Living programs take a holistic approach, based on 7 core dimensions of wellness that fuel the body, mind, and soul. And while they're designed with you in mind, they're also fun and engaging activities that will bring new vigour to life and help you meet new friends in the community.



Social



Physical



**Environmental** 



Community **Engagement** 



**Emotional** 



Intellectual



Spiritual





#### Keeping well for your wellbeing.

Flexible, personalized and comprehensive, it's all about helping you feel your best now – and in the future. That's why our LiveWell™ plan puts you at the core.

Talk to us about your health goals and see how a customized plan can work for you. Best of all, you only pay for the services included in the plan. Through daily engagement, families will have trust, confidence and peace of mind in the resident-centred care approach that our long-tenured staff provides.



# Living that feels like home.

There's so much to see and do. We're excited to show you how Forest Hill Place can complement your lifestyle.

With a people-centric approach, attention to detail and quality services and amenities, you and your family will find a lot to like at Forest Hill Place. It's your new home to help you live your best life every day.

Choose from spacious and bright studio, one or two-bedroom suites with kitchenettes or seniors' apartments with full kitchens and access to ondemand services. Resident short-term guest stays are also available.



#### What does Forest Hill Place cost?

Well, imagine your rent or mortgage, meals, phone, heat, internet, cleaning and social activities bundled together. Now imagine culinary delights, movie nights, specials events catered to your interests, and friends all under the same roof.

These are the joys and conveniences of living at Forest Hill Place.

Call us today to check availability and the latest rates. We can't wait to welcome you.

Forest Hill Place

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